



Margaret Rhasoda Varga

Meeting of worlds

*Questions & non-conventional
answers*

Meditation talk with

Sri Yukteswar Giri

The general supreme leader of
**Spiritual Realm of Universal Christ
Consciousness**

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This edition is based on the Hungarian edition of
Rhasoda Varga Margit: Világok találkozása, Meditációs
beszélgetések Sri Yukteswar Girivel az Univerzális
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Translated by the author (Margaret Rhasoda Varga).

Questions & non-conventional answers about

- birth, life, death,
- partnership, sexuality, celibacy,
- reproduction, contraception, abortion,
- nutritional forms,
- development of human personality,
- science & art,
- supernatural world and metaphysical science,
- terrestrial & extraterrestrial intelligence,
- past, present and future of humanity,
- aim or aimlessness of human life
- religion & irreligion
- yoga & meditation,
- saints, miracles,
- salvation, enlightenment, damnation,
- God, Heaven, Satan, Hell...

Spiritual Realm of Universal Christ
Consciousness Movement

was founded by permission, blessing and support of

Supreme Lord (Krisna-Narayana)
furthermore
Siva, Brahma & Kamalatmika

Entities supervising and supporting the Realm

Mahavatar Babaji, on behalf of Siva
Jesus Christ, on behalf of Brahma
Tripura Sundari (Holy Spirit), on behalf of
Kamatmika

The general supreme leader of
Spiritual Realm of Universal Christ
Consciousness:

Sri Yukteswar Giri



*Thanks for my Guru his particular attention having
allowed to writing this book*

Margaret Rhasoda Varga

Om Amen Om!
Oh, Power of Soul!
Thou manifest yourself from waters!
Truth, Beauty, Consciousness.
Delight of Existence.
Divine presence and divine sign.
Flood me with your grace-shine!
Om Amen Om!

Thanks for Kamalatmika Mahavidya,
so that I can take part in direction and organization of
Realm on behalf of her.

Om Amen Om!
Oh, Goddess of Creative Self Expression!
Responsible for divine voice colorization!
You are the words created by the heart,
poured into spoken form and purified.
Om Amen Om!

Thanks for Matangi Mahavidya her help for
converting the thoughts to words.

Margaret Rhasoda Varga

Some reader's opinion

„The reader holds a special book in his hand, which is a niche in esoteric literature in all respect. It is unique, wide-angle knowledge which is converted to comprehensible form. It is thought-awakening and stop-thinking work that replaces the knowledge of disciples having completed the UCCM yoga course on a higher level, while those who are still in front of the course it is more than a fun."

Lóránd Nyíró

„The book confirmed in acceptance of my destiny and helped to understand my conflicts better. It gave strength to everyday life. It contains peerless information for those whose hearts are open to it. I recommend it to the brave and those who have the courage to face themselves."

Nikolett Goupil de Bouillé

„Thank you for sharing this valuable conversation. I think it is an extraordinary possibility to have a book prepared of it, because probable few pure meditation conversations have been revealed on Earth as this is. I really liked as the Guru and you communicate in love and unity. The discussion of different topics answered my several questions, e.g. it is possible to be aware of both physical and spiritual levels at the same time. There were also several topics in which the book confirmed my own experiences. I presumed to discover similarities between you and me, which I haven't seen so far. Although the conversation style is very similar as the Guru talks with your words, but it can be still felt the difference. The experienced unity is so profound between you that an external person who has not undergone similar situation is not able to imagine. Only the really qualified and spiritually advanced disciples

can understand the full content of this book. So, without pre-training, so that I didn't read your other books, I wouldn't understand so much, and my mind would begin to contradict because it would not understand the inner meaning.

I think this book can be one of the heights of your previous writings, as it can open gates in individuals having been in the state of acceptance and they can evolve a lot by the book. It is likely that the readers have to study several times for the complete understanding, because new discoveries may occur. This book is a great gift from you because these conversations are very personal. The fact that you let the readers into your experienced world, which takes place between you and your Guru so deeply, is an exceptionally valuable act because this can affect as a bridge for the people. As you are present in two different dimensions (one in the spiritual dimension and the other in the physical) therefore, the lived unity of yours breaks down the walls in the individuals having between the physical and the spiritual world, and one who knows and accepts both of you, will feel closer to God. I would like to thank for being part of the UCCM Project and learning in this system. Since I contacted you (or I was led to you) I feel that I have found the road paradigm what I've been looking for. Thank you very much for getting to know you and learning from you."

Szilveszter Kis

"If the kind reader is already familiar with the author's previous works, he/she will not be disappointed, while he/she hold another, very interesting and meaningful writing in his/her hand. The true content, compactness, and aspirations to the essence are known, but the author now publishes her message in a new style, in dialogue form. There is not only the information content of this dialogue essential, but rather it is who she continued with.

This is not an inner monologue, but an operative connection with Sri Yukteswar Giri, who was and remained an outstanding

personality in Hindu Yoga traditions, and he is currently the top leader of the UCC Realm. The questions, from many areas of life, are common, but the non-conventional responses originated from a higher consciousness, from universal point of view. Naturally, we get only a taste, not all the important questions of life can be answered in a single book, but it is enough to get an impression, how the participants of conversation think, what they represent, who they serve, and whom they are in contact with. This is just a start-up word, warm-up, I mean an attunement to all the possibilities what the UCC represents, and to what the seeking, serving and developing disciple can receive in it.

It would be enough for us to live according to the book's philosophy and message, or if we would keep up to half of it. Behind the principles and philosophy, there is well-trained path, lot of practices, real experiences, and a spiritual empire which verifies the content, makes it true and credible. The worth is even higher if it is supported by personalities such as Mahavatar Babaji, Jesus Christ, Cosmic Forces, and Krishna himself. And they are not the only ones.

The slight hundred pages of the book are just a paragraph in the history of the rise of mankind - which is perhaps not yet well-known - but it is already taking place; an encouraging word for the seekers, a refuge for the lost, an uplifting suggestion for all people. If you can manage the integration of any part of the book into your life, it will take you forward and it was worth. I wish this book to be a jumping-off point for every enthusiastic seeker, a spiritual elixir for raising the awareness. May the authors' and their supporters' bless with every reader! I have already got it. Om Amen Om!"

Chit-Ananda (László Vofkori)

Preface

The creation of this book was made necessary by the establishment of the Spiritual Realm of the Universal Christ Consciousness (UCC). I have written the book according to the suggestion of Sri Yukteswar Giri, who wanted to publish the most important guidelines that characterize the operation of the Realm, because he was chosen as the supreme leader of this Realm after his mahasamadi and he represented another system in his life. Naturally he personifies the previous system further, but he entered to the UCC system as a controlling entity also. In the course of the collaboration, he answered only that questions which have significance from the point of view of the tasks to be solved.

Questions and answers being in connection with my personality could stay in the book because he could give an insight on this way how a guru-disciple relationship works in the UCC system. Of course, this relationship is not so close at the beginning; it can reach similar depth by the disciple's complete self-surrender only. Complete self-surrender means that the disciple entirely reveals his/her subconscious to the master, and he/she gives the permission that the guru accomplishes energetic modifications, including the application of awareness transfer technique. The creation of the book was made possible by the author's absolute and complete self-surrender.

Sri Yukteswar Giri informs the disciples that he does not plan to create neither more books nor by others, nevertheless he does not rule out the possibility, but he initiates this solution in the most necessary cases. However, anyone can turn to him for help and teaching for their spiritual development either according to the UCC system or other independent systems.

Margaret Rhasoda Varga

Introduction

R: Dear Guru Ji! As an introduction, I would like to ask you to tell us how you have found me. I have some external and internal experiences about this, but I would like you to supplement, explain and review them. Furthermore, the reader has the right to know who and why has authorized me to write this book.

G: Our system has general guidelines. Entry into the Mahavatar Babaji-controlled system is preceded by severe trials and investigations. The reason why Yogananda has been sent abroad was that his activity there makes his name world famous. After his mahasamadi¹, he undertook to work with the angels to find those souls who are worthy and ready for service. Then you had connection with your spiritual leader, who you called the guardian angel, so you could contact with Yogananda. Yogananda is the first step in choosing the disciples. He tells Babaji if he finds someone who looks competent.

R: I remember one of my meditations when I was investigated by a never-before-experienced force or energy. He penetrated to the depths of my cells, analyzing even the smallest details. I felt like I was standing before God, I had no thoughts, and I couldn't move. He finally made his decision in one sentence. He spoke to me in Aramaic, which I did not understand, but immediately following my meditation, I searched for its meaning. „*Mene, tekel, upharsin*”² It was an obliterating feeling. It cannot be expressed by words; it was like when everything collapses.

G: This is typical for Babaji (*smiling*). It's his method. Babaji can speak to you in any language. Usually, he chooses a language you have known in a previous life, but not at the moment. You will be able to understand later, and you will not confuse with your own

¹ death with complete consciousness

² „*You have been weighed and found wanting*”, (Book of Daniel 5. Old Testament, Holy Bible).

thoughts. The choice of language may also indicate when you were the closest to God and you should remember for that.

R: Though I was broken by the decision, still it was uplifting, because I felt that if such a force was found me worthy of his attention, maybe there is some hope. After that, a spiritual helper started to work with me, who taught me basic yoga practices, but I wanted to talk to him rather than practice. The exercises were boring, but his teaching was extremely interesting. However, he always left if I initiated conversation. Once I asked him to show me his face or form. Suddenly he appeared to me and I saw a long-haired Creole-skin man whom I identified as Yogananda much later. Approximately after half a year, he asked me for complete self-surrender.

G: What you refused...

R: Yes, and now I'm sorry for everybody. I wasn't in that situation. I had to know who it was and what he wanted from me. I asked for testimony. I told I was only willing to self-surrender to Christ-Force.

G: You have got exceptional grace when Babaji gave it to you. He only appears to disciples who have made significant progress in his system. In my life (when I was in a material body) I saw him only a few times.

R: I didn't know who he was, but he was really convincing³ (*laughter*)! Then I agreed to complete self-surrender, although I

³ In 1995 in an autumn day I was cooking in the kitchen thinking about the testimony. My 15 months old son was playing around me. Nobody else was at home. Suddenly the fridge switched off and after some minutes it switched on again but not because of a blackout. In the meantime, my son went upstairs. An extraordinary silence and peace descended on the house. The windows were open and the children were playing opposite of our home in the kindergarten at the other side of the road but any noise got in. The energy as an enormous light bell covered the whole house. I went upstairs looking for my son. At upstairs I realized that the air conditioner which was not used, switched on without touching. At upstairs I had to stop because of an experienced energy wall. I saw a light entity standing at the entrance of my son's room. Then a conversation started between us. "Who are you?" "The one you called." "Have you come to get testimony?" "Yes". "Thanks. What happened to

didn't know what it means. Then another entity appeared who was different from Yogananda, and my feeling is that you could have been.

G: Yes, this was our first contact. At first, we release the subconscious information in the selected disciples that facilitates the progression in yoga, hoping that he/she will begin to seek the path and enter into the practice of the necessary yoga process. Then we are waiting and observing. But in your case, something else happened. You soon recognized a practice which started the kundalini while you didn't know what you were doing.

R: But I realized quite soon that I am in a trouble (*laughter*). Since I could not control the energy at all and I had various symptoms of illness, therefore you forbade me from all meditation.

G: After the release of the first granthi⁴, we expected you to go to a yoga course where you learn the basics. You couldn't be thought by me.

R: I followed the guru's instruction, I didn't really meditate, but you didn't say that I couldn't pray. I listened to a prayer for Christ-Force and I got into samadi for about two hours that led to the release of the second granthi, although I didn't recognize it immediately.

G: Look, nobody could have expected this. If Visnu granthi is released in an ecstatic experience of disciple, his/her fate is predestinated, either he/she fights with it, or dies. I could only provide one thing, an energetic securing rope what would prevent death, so that you gain time because your physical body was not prepared for the energy.

R: This was our second contact. Thank you for saving my life. I had to face that my fate would be the strife between life and death. Although I have never really believed that I could die.

him?" "Nothing harms." I run through the energy wall into my son's room. The little boy was lying on the ground motionless. His eyes were open and he held his games tightly in his lifted hands. My first thought was: he was switched off! I touched him and he started to play again as if nothing had happened. I had memory loss after the event for some weeks and we communicated with my son by thought transfer for some years.

⁴ psychical knots baring the uplift of kundalini

G: „*Blessed are the poor in spirit, for theirs is the kingdom of heaven.*”⁵ This is a net for the ignorant. And even then, you didn't start to learn yoga. You have been saved by your scientific knowledge, by your life science and spiritual healing skills. If this is not the case, you will be immersed in mental fluctuations (in the sea of emotions), which formally means madness according to the medical definition.

R: At that time, I should have a master who gives me the yoga technique in a few months. Nobody was willing. On the other hand, no one believed in my situation. As the only solution, I thought I would turn personally to Krishna, the king of yoga.

G: You didn't realize how much grace you received then. Krishna ordered Babaji to accept you into yoga school in Himalayas in the spiritual world, which I lead. Only those disciples who have made significant progress in the Kundalini Yoga can enter this ashram. This meant that someone would be admitted to the university who hasn't even finished the elementary school. But if Krishna said, then it is. I have to note that the problem was not the missing consciousness but the lack of technical knowledge. Your samadian experience with Krishna⁶ proved that you have the proper

⁵ Matthew 5.3. New Testament, Holly Bible

⁶ In 2005 I travelled to India to visit some holly places. My plan was to ask for help from Krishna because of my diseases caused by the awakened kundalini. Of course, the physicians had no idea about the kundalini they said I had panic disorder and they offered medicine. I did not take the medicine because I knew the real reason. The symptoms occurred only when I had to concentrate. In these cases, I felt an extreme energy entering into my central nervous system like a lightning and my adrenalin level suddenly increased consequently the blood pressure went up and the heart function speed up. The sudden and extreme symptoms caused giddiness and collapse. I was not able to control my adrenalin level and it seemed to be that I could follow neither my journey to God nor my job. During my stay in India nothing interesting happened. I prayed at different holly places and I asked for help so that I could continue my way to God. At the last day we travelled to Matura, the place where Krishna was born. After entering to the sacral place suddenly I had a Samadhi experience. Everybody disappeared around me and Krishna appeared as a 6-8 years old boy. He asked me to follow

consciousness. It's easier to complement the technique than the lack of awareness.

R: On my journey in India I have found a book, which helped me to supplement my technical knowledge. This book portrayed Babaji on the cover page. I recognized him, and then I realized that He gave the testimony. As a result, all of the symptoms of my illness disappeared in a few days. In the Himalayan Yoga ashram, I had an experience which left deep remembrance in me. Our third contact. I think I have received your personal attention from that moment.

G: There are many disciples in the ashram. I'm not dealing with anyone personally. Your yoga training took place nightly; you followed as you were able, what the others practiced. What you are referring to it was really decisive because it turned out that the development of kundalini is not a goal but a tool for you. Why does somebody want kundalini yoga to achieve Krishna? What's the point? There are many more feasible roads. Unless she wants her kundalini force to offer in the service of Krishna. And if that is the case, she deserves exceptional attention. This justified Krishna's decision.

R: The third personal meeting was followed by the nearly two decades of work together leading to the start-up of the Universal Christ Consciousness Movement (UCCM), the development of the UCC Yoga School, and the beginning of this book we have just started. Thank you for the conversation!

Him. We went into the Krishna temple where I experienced the *gopi* dance with Him. After traveling to home, the panic disorder appeared again on my workplace early in the morning. Nobody was present to help me. I have heard instructions in my head and I followed them. This was a mantra and a certain action. After 10 minutes I realized that I have won! I was able to control the adrenalin level and the symptoms never came back.

Mahavatar Babaji and his mission

R: Please talk for us about Babaji's personality and his mission.

G: Babaji is considered to be Lord Shiva's incarnation. However, this wording is not accurate enough. He is an entity who realized Lord Shiva completely and he acts by His authority and behalf. Siva is not known to be involved in the process of creation, but it has to be seen that objectives change. The whole creation itself can be compared to a feature film that has no pre-written scenario, only the rules of the game are fixed. This also means that each player's place of action is allocated, similar to chess. The actors write the script themselves during the play, so the next event of the story cannot be predicted; only the probability can be seen. Believers think that it was God's decision, especially if something else happened what they wanted (*smile*). This viewpoint needs to be refined. We can say that God's will was fulfilled and this is true on the level of laws that is, the conditions defined in the game rules everybody must keep. God cannot be given checkmate. Nevertheless, between the game rules the freedom is complete. Shiva or any other demigod can create a representative who can try other plays different from the classical, regular ones. In other words, Shiva can realize any other aspect of Vishnu.

R: Is it possible to attribute personal forms to the representatives or demigods?

G: They have no personality in the sense as a human being living in material body but they have individual awareness and authority. I'd rather tell you that there are information fields having individual atman consciousness that join a particular point in the body of God. The information field can be extended without limitation and the connection point can be changed as well. The latter is the reason of the role modification. You can understand me because you are not a person in the sense that human being, as a person, is a separate entity from God.

R: May we try to define his role!

G: He undertook to evolve such conditions that help people to get closer to atman.

R: How new or old is this system?

G: At the level of principles, it is old, but at the implementation level it is new, because the entry of new players creates new opportunities. Entering your quality has also opened new ways. I'm talking about quality because you were important not as a person, but as an information field.

R: Do you mean entering the female quality?

G: Entering the hidden, unexpressed aspect of female's quality so far. The unity of the two basic qualities (female and male) is important for the success of creation. Since the majority of enlightened people are male and moreover sannyasi (abandoned monk) this may be an obstacle of the transfer of spiritual culture. Everybody can show his own implemented information-pattern, so the disciples feel as if it is expectation to be sannyasi (*smile*) although neither Krishna, nor Rama were sannyasi. Therefore, the biggest question was how to develop a spiritual culture, a certain form of training that takes into account that most of the people won't be sannyasi and they mustn't to be sannyasi. This question has already arisen by keeping under observation Yogananda's disciples. Yogananda was sannyasi, and most of his disciples, even it is not officially, chose a similar life form because they could only keep the path of self-realization following his information-pattern.

R: I think I'm starting to realize. So, you were looking for a person who is not a pattern follower so that she will be the subject of the experiment, weren't you?

G: You should consider this as an honor for you. Yogananda was self-directed, but you're far beyond that. You do not follow any religious rule, you overwrite any dogma, revise all principles, wander on paths between paths, answer back insolently, and the most shocking thing is that you are too often right. Nobody wanted to accept as a disciple. I admit neither me.

R: I thought myself as obedient ...

G: On a relative scale...

R: Maybe I am socialized differently compared to Indian women (*laughter*)...

G: This is only partly a cultural issue. You persisted in your internal program, even if nobody supported therein. Not to follow external rules does not mean that you are not following any rules.

You keep your internal rules. At least it's hard to convince you to change.

R: That's true Yukteswar, but I'm not a defiant person at all. Please don't introduce me like someone who is disobedient!

G: You fight an internal struggle for independence. Your self-rule personality sometimes pushes you into the depths while your love for God uplifts. Though you know that the road followers will reach their destination sooner, you do not step into someone's shoes. It's hard with you, but it's not boring. The depths you recognized have provided us valuable information for developing of the project - using the phrase I learned from you. We have already noticed observing Yogananda's lady disciples, that the Christian women realize the love towards God differently. Their relationship with God is lover, so they will be in love with everybody who embodies God (e.g. a guru). Yogananda's every lady disciple was in love with him. Of course, it was not arisen the realization as love relationship, but still it was love. Love is the only power that overwrites all rules. They didn't dare to do it, you did. When I say I cannot take you, it means "you sweep me off my feet with your love." The creatures don't have anything above their love, nothing is theirs; everything is received from God. Love is the only property which is theirs, and they decide freely whom they give it for. If somebody directs his/her devotional love towards God, He cannot refuse it. Krishna promised you to fulfill your request and He entrusted you to me, so what could I do against it?

R: (*long silence*) This touched me so deep that you should continue my psychoanalysis in private, please. Let's talk about the goals of his project, if it can be told.

G: I cannot avoid the deep analysis of your personality if you take the public, because I can show some relations through it.

R: All right.

G: I tell the goals of the project in points:

1. We are going to build a spiritual path compatible with the modern life form for people who do not follow monastic life. This will result in a new personality pattern and a new road model.
2. We are going to eliminate or reinterpret the religious dogmas that are incompatible with scientific results.

3. We are going to create intermediate realms, in which developing souls can be purified, where they can learn and get ready for their next incarnation after their death.
4. We build connections between existing spiritual realms to facilitate the exchange of information.
5. We elaborate a unified, universal philosophy of religion, which contains the individual religions as subset.
6. We guide all disciples along their inner path to find their place and service in creation.

R: Do you think that mankind is already grown-up for this?

G: No, but we have no other choice. If we cannot stop the decline of the spiritual level and do not reverse the process, then earthly existence likely will die out in its present form. Because, as I mentioned, God cannot be given checkmate, the game will continue, but it will not be too pleasant for the survivors. God does not want anyone to suffer because God is love. But God must allow mankind in accordance with His own laws, to try out suffering.

R: Thank you for the conversation.

About birth, life, death

R: During our meeting today, I would like to ask you to discuss the issues of life and death. Somebody is afraid of life, others are afraid of death and there is someone who both of them. People should overcome their fears.

G: Lot of writer have written about this topic including you. I can add nothing new to this.

R: What I have written could came from you.

G: I don't think so. You have the ability and opportunity to call information onto the earthly level connecting to various heights, and your spiritual intelligence is high enough to integrate this information. Those who have mediumistic abilities are in contact with a particular entity, so the information is transmitted from a given perspective, namely from the perspective of entity in question. Even if these information originate from a very high level, these are one-sided, and the medium is rarely able to synthesize them. You

collide the information emerged from various levels in yourself, and then you communicate the result of synthesis to the reader. This has a drawback; since you have performed the synthesis in yourself only you understand the result of deduction. There are only few readers who read the derivation, because everyone is result-centric in your world. So, they aren't interested in the derivation, consequently they cannot accept the result of synthesis because they don't understand.

R: This is a brilliant summary what is happening in myself, and I realized just now completely, but what should I do differently to be more effective in communication?

G: You can't do it differently because this is your character. What you create gains existence, if not elsewhere, then in the collective memory of humanity.

R: Let's get back to our original theme. Since I know your spiritual abilities, situation and level, I can't accept that you wouldn't be able to add something to this question. I feel that you excuse because you are not sure that I can mediate your inspiration clearly. I accept your advice and I try to meet nobody's expectations.

G: All right. There is neither life nor death. However, the entity can experience both. Religions say "there is eternal life" except Buddhism, which says "there is eternal death." At that moment when we are not thinking in duality the life and death cannot be distinguished. Because what can we call life or death? Let's consider the change as life, and changelessness as death. When we observe the divine plane, we find that both are present at the same time, because there are subsets that are just changing, while others are at rest, and these parts are constantly exchanged. As for example it takes place in the human nervous system. If we compare God to an infinite nerve network that represents infinite intelligence, then it may be more understandable how it works. When there is a change in a subset of God, we experience creation. So, creation is a mental fluctuation in the mind of God, in other words, this is the divine Thought: „*In the beginning was the Word and the Word was with God and the Word was God.*”⁷. The divine Thought does not remain

⁷ John, 1.1. New Testament, Holly Bible

in the subset where it was created, but it is projected to outside. Just like if you think of something, it will not remain inside you, but it will be externalized in the periphery and initiate an effect on the outside world. If it remained inside, it would die, disappear, or be realized later. This projection is completely virtual but it is absolutely realistic for those who are in it. So, it is virtual if you look from outside, it is realistic if you're inside. If you look at a movie, you know it's virtual, but if it happens to you what the movie is about, it's realistic. What's happening in your dream, it is virtual but when you're in your dream, it's completely realistic. God dreams the creation in the same way, but being fully conscious He is inside and outside at the same time. If somebody learns to observe the object under investigation, from outside and inside, then he/she will see that only the viewpoint changes, the object remains unchanged. Now let the object in question be the death. If you look at it from viewpoint of life, it exists, but if it is observed from viewpoint of death, it does not exist. But the same is true even if the object under investigation is life. That's why I said, there was neither life, nor death, the only change is in the viewpoints.

R: However, your explanations are crystal clear and transcendental experience for me, try to transmute please the differences for the human beings. What do individual religions teach about post-life status?

G: Countless religions teach countless versions. The deepest truths are hidden in symbols. The confusion is caused by the fact that the symbolic formulation is expressed differently by individual teachers at a given time and in a given cultural environment. So, the interpretation is a limitation at the same time. ***“According to your faith will it be done to you.”***⁸. Namely, the faith is a creation. If you believe in reincarnation, you can return into a next life and continue your progress. If you believe in the final judgment, you will be asleep after your death and only awaken on the Day of Judgment. When do you get better? I do not recommend “nominal” Christians to sleep till that day, because they will not be able to pass the final

⁸ “According to your faith will it be done to you.” Matthew, 9.29. New Testament, Holly Bible

judgment exam. The truly Christians are not asleep in order to help others. All religions give the theoretical possibility for the human beings to be able to ascend to the divine plane without further birth, but the realization of this is minimal. Therefore, I would rather suggest that the time remaining until the final day should be used by the souls for development, so that they will have the chance to enter the level of Godhead.

R: Consider the case when an average person dies. What are his/her possibilities after death?

G: Depending on how one has lived, what awareness they have developed, they are arranged in layers based on the quality of the energy body. It can be raised and fell down compared to the earthly level. Somebody will rise until his/her consciousness is lost then he/she falls asleep and stays on this level until the corresponding information for him/her enters into the creation. He/she will fall down until he/she is able to maintain his/her consciousness, while he/she will still perceive his/her environment vaguely so he/she can improve his/her situation if he/she fed up from suffering. The third option is to join the Realms organized and maintained by enlightened entities, which is also stratified. By subjecting himself/herself to the rules there, he/she is trained according to his/her level, and he/she rise up or fall down into the direction of repeated birth. The spheres organized into Realms are beneficial for the souls because they remain in contact with them even after their birth and they can receive help and guidance from there. Such is the Realm of UCC.

R: I note here that we have established the Universal Realm of the UCC, because the rigorous conditions of the existing realms were fulfilled by too few souls, and the progress has been stopped on the life-planes unorganized into realms.

G: It is not so easy to found such realms, and only a few undertake this, as you have been experiencing for some time. That's why you asked for help.

R: How is the new life chosen, if any?

G: In the most cases unconsciously. The entity sleeps in the information field of his/her last incarnation, and when the time quality appears again having the highest similarities to this, and

when somebody makes sex on Earth, he/she connects to the fertilized ovum. If such a connection does not occur, then the ovum will not fertilize or die. Since the information field also has a socio-cultural component in addition to the individual components, the entity is born most often into the same socio-cultural environment, and often into the same family. If we look at it from the point of view of karma, he/she is born where he/she can work off on his/her individual karma with the greatest chance, and he/she also joins a family and group karma. However, elevated entities consciously choose parents, they are born for a particular task, and their birth is less affected by space and culture. You e.g. (since Kali yuga) have always been born that your experiences will enable you to join to Christ power. This does not mean that it was good in the earthly perception, but it was useful according to the divine assessment.

R: Thank you for giving answer to an important question that regularly arises in my disciples. Why do they have to suffer? Why are they born in a place where they are suffering?

G: Beyond the fact that suffering contributes to work off karma, there is another benefit. It steels the personality because somebody can try himself/herself in difficult situations. Suffering turns to God and stabilizes the close connection with God. After a life which was full of suffering, the state of separation is deeply imprinted into the personality, and the consciousness will be easier to stabilize in the divine consciousness. It happened in these days that we were witnesses of the consciousness falling down of a high-level companion in the Realm. Since you are on a spiritual path, you have been able to solve the most critical situations maintaining your consciousness. The reason of this is the immeasurable suffering that you have experienced in your earlier lives. You had to arise from such depths that smaller fluctuations are not bother you anymore. He was always carried by God on His hand, and received everything from you as a present.

R: Why didn't you indicate me if it wasn't right when I helped him?

G: I see into you as deep only as you let me. If someone surrounds oneself to me, I'll pick him/her into pieces. Working with a personal guru leads to the highest level of self-knowledge, and

there can be no dark area, as I immediately highlight it. Not everyone can suffer this.

R: I had to release my companion whom I love and appreciate inexpressibly because he, as a realm leader, must keep himself and if he is unable to do so, he will not be able to keep others. I had the sorrow that he might never return. Is this God's feeling when He let us to go on our way?

G: For God it's easier, (*smile*) for Him everybody returns. In reality 'never' doesn't exist, but the Universe is large enough to pass an immeasurable time until we meet someone again. In fact, nobody and nothing can be lost, because if something is yours, then you cannot lose it and if you lose it, it has never been yours.

R: Returning to our companion. What happens in the entity in this case?

G: This has to be divided into two parts; what's going on in you and what's going on in him? You have to consider why his leaving hurts you? Because you gave everything to him and he didn't? Don't do something for someone, but for yourself. You did it because this was you. You gave yourself. He also gave himself when he left. When you gave yourself to him, you have passed on your desire for perfection. Perfection cannot be enhanced, there is no more perfect, something is it or it isn't. Did he ask you if he could give everything?

R: I answered, yes.

G: But that wasn't true. Because if yes, then you don't need me.

R: This is absurd!

G: Your love is absolute to both of us. But he wants to reach the perfection because you gave this desire to him. He won't rest until he reaches, and when he has reached, the question doesn't arise again. Why are the children leaving their family? Because they want to become adults. Independent. Nowadays, parents want their children not to go. This is absurd!

R: It's different when somebody lifts up than he falls down. If he steps on higher, you know that he is on a right place; you can count on him. You have realized yourself in him. If he steps down, it will be a failure for you too.

G: The reason of step back is desire because some experience is lack. He cannot proceed because a piece of the puzzle is missing, the image does not fit together.

R: I understand and I can accept it. But there is a mission what we have undertaken together, and if someone leaves, that it will not be completed or it will not be performed on the same way.

G: What is the task really?

R: (*silence*) I surrender! Yes, the development. In other words, it is not the result but the process is essential. But you know, in the material world the situation is a little different than where you are. Let see, if no one will wash up for several weeks because everyone is "developing" and always that person does the washing up in the end, who works the most, one will eventually be fed up. In other words, if always the highest realized entities have to undertake the most tasks in the group karma because the others are busy with fulfilling their desires, then after a certain time one has had enough.

G: Then you have understood why the enlightened entities are leaving this existence. They have had enough.

R: But that's not the way of Christ.

G: Yes. That's harder. You could also choose another way. Why do you prefer this? Why do you want to help them? Why do you want to redeem or lead them to redemption? Why? Have you got any promise for it?

R: No. This is my inner program what any other enlightenment program couldn't overwrite.

G: The suffering you went through in your earlier life led you to the experience of oneness with the sufferers. You know what is suffering. You realized the meaning of the others' help. This gives you the motivation to help others. If you can't change your internal program, you have to accept it.

R: I was touched so deep that I am requesting a pause. I cannot continue. Thank you for the conversation.

Partnership, sexuality, celibacy

R: Returning to our previous conversation, my companion in the Realm, who undertake a group karma with me, successfully integrated the events of his last life and returned to the mission. Through the insertion of the missing recognition into his information field, his awareness has really reached higher level. The question is no more arise, who do I like better you or him? Love is the greatest force which creates and keeps moving the Universe. People do not expect philosophical ideas from us, but a lifestyle model that they can use in the material world. The people experience the love in relationship on the Earth. How can be accomplished to ascend by loving?

G: What was your first task you have got from me in connection with this?

R: You said me to look for a partner in the spiritual world. Which aspects would I take into account? I said, I considered who accepted me totally, and I would do the same. I have no other conditions. In the material world this condition works quite well. People strive to get the fullest acceptance from the partner.

G: In the material world, partnership is determined by the ties of the past life. Attraction of the unclosed karma brings the parties together for the sake of closure. But we need to create an idea pattern. Is the condition you said satisfactory?

R: Your lead-in methods are not conventional ones. You sent me to a heavenly realm where Tantric love is practiced so that I study partnerships there. On the earthly level there was no man who could have completely accepted me, there other aspects dominated. The energy body and the information field determined the attraction. Everyone is endlessly cultured and polite and full with love on that plane. One introduces himself, requests permission to try the union. Then he thanks and leaves, or he offers to continue. Suddenly there were too many entities who complied with the condition. My openness and limitlessness, I went with into there, made me limited because I could not have been able to fulfill every desire so that I remain energy for someone else. In the lower, deep astral projection of this plane, only crude sexual desire exists. Everybody was trying

to touch my intimate zones without asking and my consent. They thought, perhaps rightly, that whoever came here she comes for this. I had to apply for energy protection, otherwise I would have to explain one by one that I'm sorry, I got a visitor visa only! It was clear that both planes are present in the body of God and the lower plane is projected particularly into the material world. When one experiences similar situations on Earth, he takes patterns from these planes. His pattern comes from where he has connection. No matter what religion prescribes him how to behave, he can't follow it because the program-pattern is stronger. Then I realized that the definition was not enough. I choose that one who can guide me the closest to God.

G: Could you find somebody (*smile*)?

R: Only the guru can satisfy this condition. This formulation assumes a follow-up attitude from the female principle. The woman is usually a follower, due to her recipient nature. So, the ancient Vedic idea suggests that she should confide herself to a spiritually advanced man whom she follows. This man can be the husband or a guru. In the latter case, she can live the earthly love with her husband and the ideal love with the guru, so she can finally leave the material world.

G: Could you accept this?

R: There was a point where I got stuck. Consider the case of us. If the God realization does not mean the same to you as me, it is not clear whether you will guide me the closest to God? I revised the condition again saying: "If you come with me, I'll go with you." Might I ask you, will you come with me?

G: (*long silence*)

R: Sorry Yukteswar, our way is not joint (*long silence*).

G: Then I summarize:

1. If a woman wants to progress, she should look for a spiritually advanced man to live with him as her husband.
2. If she does not find any, she should find someone for the everyday life who accepts her and she should seek for a guru who guide her.
3. If somebody does not find a guru whom she can follow, that goes alone.

R: You can't send me because I'm engaged with God and I'm looking for a guru for this reason. I supplement:

4. The man and woman who are on a spiritual path should follow their own way, work on their own mission, and find possibility to exchange information living in unity with each other.

G: In this way the principles cannot be fulfilled because man is the creator and woman provides the power to the creation and she sustain it. They should do everything together if you want to accomplish the principle "if you come with me, then I go with you".

R: The principles are achieved because at atman level, no one is male or female, but everyone is male and female, just as Siva is male and female and Vishnu is male and female. Gender roles are separated gradually moving away from the source of creation. In fact, every woman evolves accordingly her inner male idea pattern, and in the outer world she looks for the closest manifestation of it, and vice versa. I chose you as my outward male idea pattern. That's why I followed you up to now and after that also. You didn't come everywhere with me, however my inner male idea pattern does it. This is the essence of the contradiction in my mind.

G: (*long silence*) I'll be with you forever.

R: Why did you find this so difficult to say?

G: If you become a guru, you will understand how great responsibility is to promise this. Going with you is not the same as being with you. I can always be with you, but cannot always go with you. As a male, you are already enlightened at a certain level. Now you want to realize the same as a female, therefore you chose me as your male idea.

R: After that, I surrender myself completely to the guidance of our united Vishnu-tattva form (*long silence*).

G: You communicate with this form. It's important to know that we extended our consciousness to different levels at the same time. Depending on the level at which the disciple joins us, he/she will invoke the teaching from different levels.

R: Thanks.

G: Let's summarize how we imagine a love relationship concept.
1. In the material world, everyone should live the biological gender choosing before birth.

2. Both female and male can learn certain gender roles characterizing the other gender and choose partner to complement each other.
3. Both female and male can energetically enter into other's role in order to reinforce each other, but they both hold back the opposite quality in themselves in order to complement each other.
4. They both evolve according to their inner idea pattern; the choice of an external idea only promotes the deeper understanding of the inner one.

R: I feel perfectly one with this formulation (*long silence*). Our conversation was hard today, but if you agree, I would like to raise another topic related to love relationship, namely sexuality. Everyone knows the religious standards which are barely kept, not only on Earth but also in spiritual dimensions. What is the sense of a rule what is not followed? What is the principle behind this ban? If we know the principle, we can find a way to fulfill the principle, which allows the human beings to satisfy their sexual desire and to realize God at the same time.

G: The desire at the highest level means to experience the union, the being in unity, and the main motivation of that is to be loved with full of pleasure and exchange information. Two human beings with the same information field will not desire for one another because there is no attraction between them. Sexuality is the projection of this desire for unity on the lower planes. Sexuality is not a problem in itself, but the fact that people want to enjoy it without taking responsibility. Two principles can be hurt; one is related to energetic field and the other to creation ability.

Human beings are connected to the divine creative energy through their highest energy center (Sahasrara). During orgasm, however, energy is released from them through a lower energy center, specifically during male ejaculation, through the lowest energy center (opposite side of Muladhara). However, life energy cannot be lost. If a woman's germ cell picks it up, she will have a baby that she might not want. So, either the woman or the man will somehow protect themselves from childbirth. When a man's energy is released into the outside world, it is absorbed by the environment. This energy is definitely a creative force, that is, something is

created from it. This can be accepted by e.g. animals which can proliferate. In fact, the Earth floats in a sexual energy cloud, from which e.g. violent sex offenders or porn users are supported. Energetically two types of orgasms are possible for a woman. The clit orgasm is male's type, this is the same outpouring process what releases a creative force that temporarily makes a woman masculine in energy terms. The other is vaginal or receptive orgasm, when woman absorbs the male's energy and that fuses with her own energy system. This is the original reason why in India, traditionally, women are always upwardly married in the caste system. The caste system is not classified by birth, but by consciousness level. That is, if a woman lives with a man with a lower consciousness level, this pulls her back, and in the opposite case, raises and develops her. The energy release is the reason why in many cultures the female's clitoral orgasm is not supported (or it is prevented by different dangerous practices).

The lack of responsibility originates from the fact that people cannot control their bodies, their energy, but rather they disperse high-level energy through their lower energy centers, which is exactly the same as somebody goes into the bank, taking out a million loans to build a house, but he/she turns it into small coins, and he/she scatters around the world. God provides life energy so that people build the temple of their soul, their energy body in which they can exist in the spiritual realms. The other irresponsibility is coming from the unwanted childbirth. So, it is not right that if they want to enjoy therefore they give birth to all children, as it is quite common in India. The quality of time changes from minute to minute on Earth. An information field can be assigned to each minute. The souls entering into the material world pick up the information field that is determined by the quality of time at the moment of conception. If we look around on Earth, we can see what level of human beings have been produced by the unrestricted and uncontrolled reproduction which is the collective karma of mankind.

One of the solutions is self-restraint, but because of the progress of the whole process, this will be less and less successful, even for the monks, because the collectively created sexual energy field cannot be excluded outside the monastery walls. The other is Tantric

lovemaking, which requires earnest studies. Regardless of that what is sold as tantric sex in the material world (since it has become a business), the essentiality of the process is that neither man nor woman can release energy below fourth chakra (Anahata) during orgasm. This is not yet the highest level of Tantric love, but it already helps a lot, because in this way, the partners increase love and do not sexual energy around them. At the highest level, they both lift up the energy to the top of their heads what they can do with or without creative intent. This is called sublimation of life energy (or sexual energy). If one is practicing kundalini yoga, he/she has the opportunity to gather and raise his/her previously scattered energies again, thus depleting his/her karma. Furthermore, he/she can even participate in the sublimation of energy scattered by others, such as those who practice Tantric lovemaking in the celestial realms. So, this is actually a ministration, though it is considered by ones having material viewpoint as prostitution. I know that you are familiar with practicing the Tantric principles, so when you entered there, it was not new to you. You were attractive to them because you have the ability to the highest sublimation, so they were hoping for ascension. There were ages in India, when Tantric lovemaking was taught in temples, and the members of the highest caste learned from temple priestess who were not prostitutes in the modern sense, but honorable ladies of outstanding families with prominent intelligence and abilities. In that time when prostitutes are falling down because they are forced to satisfy other's best menial desires, the entire population declines, both energetically and in vibration level. Even married women reach on the state of prostitutes, and the process results in the birth of such low consciousness human beings, which worsens the situation further and ends up in disaster.

R: Can this process be stopped yet?

G: Development on Earth follows a self-regulating system. Sexual freedom is replaced by a more ascetic age. Let's say the sexual freedom of the Roman era was followed by the inquisitions of the dark Middle Ages. This is a seamless process for those who are currently living; it can be seen only by those who have historical perspective.

R: What would you consider appropriate for the next generation?

G: For the monks, the self-restraint way which they could hold through yoga practices, and for the secular yogis, the Tantric love. Even if only a small group acquires it, they would still improve qualitatively the vibration level of humanity, they could serve as a sexual model, and after their death they would enter into spiritual realms, which are not the highest state, but there they could develop further without rebirth. For the ordinary people, I suggest practice the sexuality with full love and beside the secular lifestyle, regular prayer, mantra, meditation and other spiritual practices which are also taught in UCC. The Babaji Project, if it cannot reverse the spiritual decline of mankind, will prepare the devoted souls for salvation in order to they can enter into the intermediate planes.

R: Thank you for the conversation!

Reproduction, contraception, abortion

R: In the context of this topic, I would like to address such embarrassing issues that the priests of different religions are fear of. I know you don't have sensitive subject, you always answered straight, with raw honesty to all my questions. May or can or must we regulate our reproduction, and if so, by what methods and means?

G: First of all, I would like to state that I do not represent any religion. The fact that I was a Hindu Yogi is a classification, a category which means that I believe in Vishnu, the Supreme Being, and in all His personal incarnations, e.g. Krishna, demigods, enlightened gurus, saints, etc. But this does not mean that I have anything to do with the existing rituals, dogmas of Hinduism or any other religion. On the yoga path, yogis gain inner experiences of God, the Law (dharma), and share them with people through parables. The people either understand or misunderstand according to their respective levels of awareness. I am pleased that I am no longer subject to the material world because the religious hypocrites cannot exclude me because of my opinion.

Never, no god of any religion said that human beings should reproduce without limitation, even the opposite was suggested.

Although Krishna declares in Bhagavad Gita that He will make people to multiply in Kali Yuga. God wants to force the humanity to face its irresponsibility, which is caused by unlimited reproduction. Not only the quantity, but also the quality of population can cause troubles. Qualitative reproduction should aim for, shouldn't quantitative. Yoga traditions recommend for men sexual self-restraint, so the partial or total celibacy to avoid unwanted childbirth. However, today a vanishing number of men practice this technique. Yoga calms the mind, direct the attention to God, in this way the sexual desire is declined. Some types of asanga yoga enable for partial or total sublimation of sexual energy. So, this would be the way, but if humanity does not use it, they will have to resort to other means to regulate their further reproduction when they are already unable to control their desire.

R: This is already quite different from what we hear from priests.

G: I won't go into the details of that priests say other than they do. They will have to face this. However, I can state that if one deliberately misleads people as a priest, one can never be again a pastor; God will not confide any soul for him.

R: The basic situation is that man does not control his sexual desire, he refuses to defend, does not allow the woman to defend, is unable or unwilling to take care of his family; women is either forced to give birth to all children or, in extreme case, she aborts and the top of all, she is judged. She is guilty of being raped or is coveted because why is she attractive? She's to blame, if she's not attractive, why doesn't she arouse desire; why doesn't suffice the man, when that would be her job. Would you be a woman in such a society?

G: I understand that you cannot deal with this issue without emotional charge, but calm down. There is a revolving stage in consecutive lives. Someone is a woman in one life, a man in the another, and the opposite; they give each other these experiences countless times until some change occurs.

R: I see progress in this regard in the Christian culture, but e.g. in India, Arabia or Africa nothing. It seems as if the whole of society has stagnated in that ancient patriarchal form that consciously holds the woman ignorant and then condemns her for her ignorance and it states that she should be supervised by man who then holds in his

possession her and uses her as a sex robot, or a children's factory. Wherever we look in the Christian culture, emancipation, which is also controversial, has made it possible for women to study and work, and as a result, to escape from male guardianship and control over their own destiny.

G: Increasing exploitation of human beings made it necessary and possible for women to work because the owner needed cheap labor force and the rest was a subsequent process. In poor countries, the labor force of women was not needed, or not so much, because the population is so large that even men cannot find work. In retrospect, however, I agree. But God will solve neither social injustice nor inequality.

R: That's what many believers expect from Him. They ask, why does God allow this?

G: God intervenes only in the play of those who turn to Him with devotion. The rest is spun by the wheel of karma up and down. While one expects something from God or makes God responsible for something, he/she suffers ignorance because he/she does not know the laws of creation, as everyone is responsible for his/her own life, he/she creates that himself/herself, and God does not help unless He is specifically asked to do so.

R: Let's go back to the most drastic method of contraception namely abortion. It is murder, sin, or opportunity?

G: First of all, I have to state that God does not punish anyone. The construction of creation was generated in such a way that everyone punishes himself/herself. Hindus say that karmic retroaction is punishing, but that is partial truth. In fact, the divine essence within us is punishing. People think that God punishes them because they are separated from them. But since this separation is not real, one is punishing himself/herself for violating the principle of unity. So, in such a case woman does not get the retroaction because she murdered, but because that entity who was removed from herself was actually the same with her; the action was done with herself. So, her self-punishment is that she will be thrown out in her next life. Otherwise, no one can be killed; everyone is an eternal soul, but when ones are deprived from the possibility of incarnation than they are restricted in their freedom and pain is caused for them.

R: What is the situation if the fetus is injured, ill, unviable, or he/she is originated from violence?

G: The point is not in the circumstances, but in consciousness. If you are conscious about the unity, you strive not to hurt the principle of unity. In this case, you can do anything because you will not judge yourself after the time of your death. If you are God-conscious, the occurrence of such an event with you is definitely precluded.

R: Many nuns were raped. Were they not God-conscious?

G: Not in the sense as I think. God-consciousness does not mean that we believe in God, but it means that we know God within ourselves and know how the created world functions. When there is war, violence rages, today even without it. What did the women do in Krishna's time, who were abducted and raped? They prayed to Krishna, and He lifted them out of their situation. Therefore, if a nun is raped and conceived, the karmic best solution is to leave the monastery, raise her child in faith, and thus her karma is fulfilled. She may have yet to be born, but the same event will never happen to her again, because she solved it in the unity principle. But they reacted differently, the pregnancy was concealed and the children were killed. I'm not beside anything and against anything. The earthly plane is a playground having been created for trying and doing anything. There are acts that will not have karmic consequences, some that will. It can be done, but you have to know that once you face the principle of unity and you have to repair it. For example, you have never had any abortion or been raped in your lives, even though you have been in a situation where it could have happened countless times.

R: There were eras when mass sexual violence could be get away with only such a way if somebody became a concubine of a rather influential man.

G: If you then found this as a solution to avoid rape, it is important that you do not qualify yourself as good or bad. You are in a situation what you need to solve. There are always more options. If there is no good solution, then the least bad one should be chosen. If you make decision in this way, you made the right one. In every situation, choose the best compromise what you can and that one

will be the best which has the least retroaction. Then you will rise. Another example is that instead of abortion, the child can be taken into public care or to be adopted. If he/she is born ill, he/she will die anyway when his/her parents' or his/her own karma is completed.

R: Let's look at the other ways of protection against pregnancy.

G: I mentioned earlier that when ejaculation occurs, energy is always wasted. This is male's karma. Even the greatest saints started before they became saints with morning erections and spontaneous ejaculation. It is coming from the human existence in the material world. One can learn to control this. The yogi consciously lifts his semen into the prostate and then excretes it with the urine so that energy is not released, only matter. There are also higher degrees of sublimation. If one practices it alone and do not associate the process with sexuality, it becomes exactly like stool or urine excretion and this is the basis for maintaining celibacy. If one does not do this practice, he should realize that it results in karma, which can be compensated, even in a lifetime. If one is married and regularly makes love without procreation, this results in karma which can be equalized. If he begets, it is also karma, because the offspring must be raised. One must decide what to choose.

R: And what about the interrupted intercourse or masturbation?

G: Masturbation is a sexual action which somebody does alone if he/she has no partner. The interrupted intercourse has another name onanism which originates from the biblical Onan⁹. Energetically both cases result in the same situation as making love without procreation. Both actions are forbidden by the official forms of religions. The yogis are able to sublimate their sexual energies but the ordinary people aren't taught to do the same therefore they are not able to keep this rule. In the case of the biblical story the reason for the judgment was not the interrupted intercourse itself. In Jewish culture the customary law was that the first-born son was the heir and he had to look after the members of the family. That's why every woman wanted at least one son so that he takes care of her after her husband's death. Another common law was that if a woman had no

⁹ The books of Moses 1. 38. Old Testament, Holy Bible

son and she was widowed but still able to conceive, her husband's closest male relative married with her; the polygamy made this possible. This was a certain social safety net. Onan, by custom, married with his deceased brother's wife, but did not want to have a child so he interrupted the intercourse. His death was interpreted as divine punishment. In fact, his punishment was self-punishment, not because of onanisation, but because he did not follow customary law. Traditional customary laws can be very important in a nation's culture because they often hold the people together and allow them to survive at all. However, traditions can hinder the development over a time.

R: Hindus are attached very much to their religious traditions and many of them for us (I mean for the Christian culture) seem to be very outdated. What do you think about this?

G: According to the followers of traditional path, the cohesive force of society is the tradition, while according to the followers of Tantric path it is the love. Where there is not enough love, one has to stick to tradition. Human society should allow people or groups to live according to their traditions, while others, who rejecting them, to develop new traditions. I, for example, lived in the spirit of ancient Hindu traditions, and now I have taken role in creating a modern, new age lifestyle that will result in new traditions which will be overthrown by others after thousands of years. I have never thought that it would happen once. And here I have to note that knowing your situation played a key role in that.

R: I remember for my Hindu Master's (living in a physical body) advices which I did not follow, and none of his threats came to fruition. Although, I neglected his advices not because of my self-direction but because I didn't believe in them.

G: You didn't believe in them because you were on a different path. There is a conception which forbids acts that involve karma, and this is an executable solution. Another system of thinking elevates all activities to the divine level, so that, in this system all action must be performed in the divine consciousness. If you are able to realize this, then you can do anything without karma. But in this system thinking, you will not be able to do any action, because there will be some, what cannot be done in God-consciousness.

R: I clearly understand, but it would be fine if you could highlight for us with an example.

G: Let's see the sex when we talk about it anyway. While I know your former master, he must have told you to keep celibacy.

R: Yes, because of the kundalini's starting, he recommended total celibacy to avoid kundalini shakti's revenge. And he declared that my sickness is caused because I didn't hold celibacy.

G: This is the rules of traditional yoga system, what I have followed it myself. Why didn't you keep it?

R: By then I knew the technique of sublimation of sexual energy that I had come to know myself, and in the light of that, this thinking was childish. All my love-making was celibacy itself, in the sense that sexual energy didn't leave my body.

G: What else were you forbidden?

R: As I am a "Western" woman, the promiscuity.

G: You could have done without retroactivity not to keep the celibacy with your husband because you knew the sublimation technique, but could you have done it with others?

R: I didn't try it. I thought it's enough to sublimate the energy of one male with a lower energy level. I don't need more (*laughter*).

G: A peculiar way of thinking... I interpret the situation. A female, as receiving principle, absorbs the energy of the male, which, if the kundalini is not active in him, can have a lower energy level only. Accepting more men's energy, you have to work severely to lift up what you have absorbed. You felt good. Your development could have stopped if you are not capable to achieve it. Kundalini was not given to humanity to make love with it. Furthermore, at the initial stages of Kundalini awakening, sexual desire may increase significantly if the chakra system has not been yet cleared. Your master was right when he protected you. In summary, so that you can live with your husband, you had to undertake an extra karma, namely the sublimation of his energy, but if you try to sublimate more male's energy you are no longer doing your duty. Primarily, the principle of unity is hurt what you use the energy for; secondly, by that you cheat on your husband. Surely you cannot excuse yourself from the primarily; the secondary is a psychical question. In such a case, you had to consider how you can remain the closest to

God-consciousness, that is, how you can achieve with the least amount of karma to resolve the situation. If your husband leaves you because there is no sex and you have to raise your children as a single mother that is definitely more karma, because you have less time for development.

R: Exactly. That is why I don't understand why masters want to prescribe general rules for somebody how to live.

G: People tend to believe that the method which works for them is the only possible and salvation solution. This can be applied to everything. This is also true for the competition between cultures, which tries to convey that one culture is better or more advanced than the other, and tries to export one culture to another country or people to raise them. It's a basic concept that every culture develops well only in its own system, and what one thinks to be valuable it may be rejected by another. Every culture applies the universal laws differently for the earthly circumstances. However, there are universal principles by which certain cultures can be compared and whose export is useful, such as: love, respect, acceptance of each other, and avoiding of deception or exploiting others etc. Furthermore, it is important to know that only that person can avoid keeping the rules who can look behind them.

R: May be my self-legitimacy is a kind of looking behind?

G: Self-legitimacy is not something what should be avoided, but an ability what can be used or abused. If seeing behind the rules results in self-rule, it does not lead to abuse, but not all self-governing people look behind the rules.

R: Returning to our previous topic, if you have analyzed me so detail in relation to my sexual behavior, what about men? Why can they do what women can't or can they do at all?

G: Indeed, some spiritual masters, including those having active kundalini, alternate their sexual partners, with the idea that they "uplift" women with the transferred energy. Although this is true in itself, the principle of unity is hurt just as I said before, because they cannot fulfill every woman's desires. They try to play Krishna's role but they actually can't. Because of their actions, they usually find themselves in heavenly realms where they can practice tantric love, which is a relatively preferred place. But it is a dead end in

realization of God. I had to make sure in your case also whether you stuck in this state of consciousness; this should always be examined in the case of yogis, independently whether they maintain celibacy or not, because we can only pass certain techniques only if they have become sexually independent. You were subjected to several tests.

R: You created a "sex program" from yourself and sent it to me. Do you mean that?

G: Do you understand what happened (*laughter*)?

R: I tried to decipher it. You created a template from your information field that was just like you were and you uploaded a sexual program onto it. When I have met your projection, I was wondering what to do? If I refuse, I am in contradiction with my own principles. There is no denial in unity, because your desire is my desire, and vice versa. Suddenly have I got an idea, I have made such a programmed template from myself. The programmed energy bodies began to implement the program. When you noticed, you withdrew yours. What was the real meaning of this?

G: Awareness exam. How did you find out that it was not me?

R: Searching for your atman form, I noticed that the programmed energy body template was empty; did not include atman.

G: Many saints have had similar sexual experiences in meditation or in material world. Sexuality was perceived as a temptation and was solved in various ways: 1) refusing the tempter (e.g. running away), 2) killing the tempter, 3) exhausting the tempter (e.g. with mantra) 4) praying to God as savior, etc. You solved it almost with the highest awareness. You made a template from yourself, but you did not identify with it (you did not insert your atman form), so you can do the act observing and understanding it. This was proved that you were not sexually tempting. One who experiences the sexual activity as temptation and still performs, his/her consciousness falls down. Who experiences as before and does not perform it he/she is closing from the unity. Who cannot be tempted he/she can perform it because he/she does not identify with it. Sexuality is not something which should be punished, but a game program. It can be filled to an energy body or deleted. One who considers sexuality as just a program can use it because he/she doesn't depend on it. Kardama

Muni¹⁰ made nine templates filled with sex programs for his wife, who did not realize that Muni was meditating on his ashram in the meantime.

R: What would have been the most conscious solution?

G: That is, if you do not have to experience such a trial.

R: Then one doesn't even need a guru. Thank you for teaching!

Nutritional forms

R: There are currently a wide variety of nutritional forms on Earth. What is the main rule and how to choose it?

G: There are two rules to consider, one is to solve the nutrition with the least of force resulting in the least of karma, and the other is the principle of maximum tolerance with followers of other dietary ways. I have to make it clear that no one has right to prescribe obligatory any rules of nutrition to others, but one can give explained advices or suggestions.

R: The debate between people is meat-eating, vegetarian, vegan, etc. nutrition. What would be the most appropriate method?

G: It should be based on that at present time the Eden diet (completely non-violent) is not feasible on Earth because human beings are not prepared for it neither biologically nor socially or technically. Biologically isn't because the physical body of contemporary humanity is not the same as the human body originated from the Garden of Eden (from the previous yuga). The original human body was destroyed, only animals survived the catastrophe on the rough material world. The surviving animals have eaten what they found, everything what was edible. In other words, the present human body was not created by God, but it was formed during evolution through the accelerated evolution of animal bodies. You know that because you were involved in this process. After spreading throughout the Earth, the biochemical functioning of human bodies was adapted to the area in which they lived. An average person would be unable to continue permanently vegetarian

¹⁰ Srimad Bhagavatam 3.23.44

nutrition under minus twenty degrees in a sunlight deficient area. I don't mean that it is impossible, but one should train oneself for that. Socially, humanity is unprepared because various religions are differently permissive on the issue, that is, the nutrition debate would turn into religious disagreement. Technically, it is unprepared because, with the current population of mankind, it is a huge waste to throw away edible food. While millions are starving, it is simply foolish to leave animal flesh unused; on the contrary the humanity should be prepared to consume anything that is eatable in order to survive.

R: The most common counter-argument against meat-eating is the rule: don't kill.

G: Of course, killing will result in karma, but if you have to choose between starving to death or eating meat, what would you choose?

R: Once I asked a Hindu master: 'If you have one holly cow and hundred starving children what would you do?' He answered: 'I don't intervene the children's karma; I don't touch the cow because the cow is the symbol of dharma. The children can rebirth.' This is a substantial difference in thinking of Hindus and Christians. I replied: 'I kill the cow to feed the children the cow can rebirth.' So, I would choose the survival by consuming any food available. I've been vegetarian for decades, but now I'm on a flexible diet. It can be integrated into this culture with the least effort. So, I mustn't concentrate my efforts on following some dietary rule rigidly, but I can sublimate the material energies, in this way I am compatible with all diets. I don't agree with throwing away any food. It's just material vibration which needs to be sublimated in the same way as sexual energy. I cannot experience any effect on my energy level. Usually I thank the animal for its serving as my food.

G: This maybe reduces your karma but does not eliminate it completely because humanity's collective karma related to killing animals also affects you.

R: Otherwise, I disagree killing any living entities but we should realize that we can kill only the material body, the life energy which made the entity to live, returns to the collective energy field and the human soul turns back to other material body. I think it's impossible

to exist without creating karma unless one leaves the society for living in a Himalayan cave. Every day, I face killing: I vacuum up spiders, ants, kill aphids, insects, naked snails that damage plants, and walk away without compassion beside stray dogs and cats, and even for homeless humans. I realized that I can't accommodate every stray dog, and there's no place for homeless people in my house. This is a complex social problem and for solving this I, as a taxpayer, contribute every day. I am not solely responsible for human society functioning improperly.

G: I've always appreciated your honesty. The brahmanas who most emphasize the principle of non-violence (ahimsa) and judge other nations for that reason do nothing for the starving millions of India, more ever they exclude them into an out-of-cast, untouchable category.

R: Yes, in India the karma-creating activity has done with the out-caste and in return they are even ostracized. However, the "sinful" activities of the lower castes are also beneficial for the higher castes, because without this activity, society would collapse, and then who would support the brahmanas? India is a strange, controversial country. Cow is a sacred animal and should not be harmed. When they no longer give milk, they are thrown to the street, because their owner can no longer feed them while he has nothing to eat also. On the streets they wander hungry seeking for food. Eventually, poor cows die of starvation. If this happen in Europe the owner would be judged for animal torture. For all this, the Indian people manufacture a religious ideology to cover themselves with it.

G: Indian culture is neither less nor more hypocrite than the European.

R: I agree (*laughter*). Here is e.g. the leather industry which is one of the leading industries in India. Evidently, they do not wait for the animals to die by themselves before they are skinned. However, it would be difficult to replace the leather industry while artificial leather is a non-degradable environmental pollutant. Some parts of India can be barefoot, but most of places of the Earth some footwear is necessary. No Indian guru blames India for the leather industry, only us for eating meat. What about ahimsa?

G: I don't want and I can't say a general rule. Everybody should strive to perform the least karma in their lives if they want to develop. Therefore, one must make his/her own decisions. Humanity should respect the Paramatma present in all living beings, which is a form of God. The way man treats animals is to degrade God himself. It would be completely absurd to leave the pests alive, because they would destroy the crop, and currently, leather processing is also indispensable. Human existence in this present form is associated with destruction and, in appropriate case, with killing. Everyone minimizes this as they are able. Within the society, one should be found individual paths and opportunities which absolve from the collective karmic bonds. One of these opportunities is the service which, when it is appropriately selected, has a karma repaying effect and with which individual karma can be compensated. Take an imaginary balance and place the karma in one of the pans caused the humanity by killing and treating of animals and balance the other pan with serving. If the level of service increases, the individual will rise. Your ministration in UCCM largely compensates the karma what you have produced with your eating and proceeding your life. As a person evolves in God serving, the diet pattern changes automatically without he/she commits any violence on his/her body.

R: Another question is e.g. uncleanliness. Any religious leader has thought about where and why this concept comes from? Dead burners or sewer cleaners are considered unclean, as menstruating women. Is it not possible that the teachers who taught the primitive prehistoric human could not explain that there are bacteria which can cause disease, therefore after such activities, one must be thoroughly cleansed? It was easier to say, these are unclean activities, which conception then turned into they are unclean people! Has anyone ever thought of revealing the root of these rules?

G: Not in India. In India, the members of lowest caste perform such duties and they are automatically considered unclean.

R: I think there is connection between pathogens and uncleanness. Menstruating women fall into this category because of the rapid growth of bacteria in the blood, which can infect the entire community. In Jews, the animal must be bled and the blood forbidden to drink maybe for the same reason. Muslims and Jews

forbid the consumption of pork because pig is an impure animal. Why is that? I think because of the way as it lives, it often gets gut worms. Intestinal worms were very common in these cultures, and they observed that in case of pork-eating one got it more likely. In India, vegetarianism may have become more widespread because it was impossible to preserve the meat properly by the ancient methods.

G: On traditional way, it is not customary to review the origin of the tradition. That's why it's traditional. Who, and on what basis, would have the courage to revise or overwrite an ancient tradition? If this happens, it will lead to a new direction which will cease to be traditional. This is what Buddha did. He overwrote a tradition that led to the beginning of Buddhism. Nowadays Buddha's teaching is also traditional because the newer paths have overwritten some Buddha's teachings. The significance of traditional way is, and therefore it must survive, because it serves as an eternal basis of reference.

R: If tradition be in opposition to the wisdom, which one should we listen to? In the 21st century, a Krishna-believer priestess cannot present a ritual offering in the temple because she is menstruating, independently how modern tools are available for the hygienic solution of this, then I have to say the human wisdom failed!

G: You ought to understand that one who follows a tradition cannot change his position. The solution is to develop a new attitude what people can follow, thereby the original tradition declines. As long as there is someone who follows, it entitled to exist. A tradition can last for a long time because there is no appropriate alternative.

R: The Indian caste system has already been criticized by Buddha. I feel Krishna's teaching fundamentally right that the classification is determined by the level of consciousness and by the people's character, but I disagree with the common view in the Indian culture that the cast is determined by the birth because of the latter the individual almost has no possibility to break from it. When I have visited India, it was astonishing that I immediately was classified. The Indian people put me into the ksatria caste and behaved me accordingly. Interestingly, I also picked up this habit

pattern, especially after realizing that I could not conduct myself as Brahmana (*laughter*). In fact, I was sudra by birth.

G: According to your present role, you are a ksatria, a leading personality. Religious caste system is mismanaged by Indian society. Krishna's original intention was to help the lower classes to lift up, not to suppress them. In the material world, little is accomplished by divine intention. What is lacking most in current societies is the exemplary ksatria behavior; leaders who work with integrity for the advancement of the whole society in accordance with the divine intent and set a positive example for other members of society by their behavior and attitudes. From this point of view, learning, training, and development play a major role.

R: In Europe, the nobility was chosen for this role, but they abused their power and the whole social class was swept away by the two world wars and the intellectuals could not take over this role. Returning to non-violence, I find contradictory that if nobody and nothing can really be killed, then why do we work so hard to accomplish non-violence? In the world of ideas, I can imagine a non-violent society, and that is how the UCC Spiritual Realm was founded, but here on Earth, where there is a constant war, presently this is a total utopia. By the way, even the Spiritual Realm of the UCC was attacked on astral level at the point where we receive the deceased souls because we were deceived by the false seekers asking for admission and we (including me) were beaten to half-dead in the fight. We had to protect our spiritual home. One cannot die in the Spiritual Realms, but it could have happened to me in earthly dimension.

G: Who have founded a Realm must be able to defend it. The Indian gurus, being Brahmanas, do not establish a realm based on universal reception and therefore they do not take part in such struggles even they do not understand it.

R: Then they read another Bhagavad Gita, for sure (*laughter*). The fight against wickedness is clearly displayed in the Gita. The fight is necessary in the Universe to maintain the balance. When the ants or the snails proliferate, they become pests, and it is the same as when the evildoers proliferate. If we suddenly let go of all the cows on Earth saying we were abolishing dairy farming, what would

happen? They would become pests and it should be killed them. Otherwise, Siva did so when His realm was flooded with milk produced by surabhi cows (*laughter*).

G: The task of the ksatriyas is to maintain the lawfulness in the society, and therefore they are permitted to kill if their purpose is to maintain the order so that to ensure the functioning of society and the development of mankind. Who kills from duty with divine love is not burdened with karma, but if one kills with hatred, for his/her own sake he/she collects karma with his/her action. Can you kill with divine love?

R: I think so. I say e.g. to the slugs, I am now gathering you up and you will be destroyed, but you can be reborn as a snail. I offer to chinch a bee form. I convert harmful insects into useful insects. I thank the farmed animals for their obligation to serve as food. In this way their paramatma¹¹ may return to the Supreme Paramatma, and their death will be salvation. For people suffering in torment the death will be salvation because they may find themselves in better conditions in their next life, and for miscreant is the same because they cannot perpetrate any more evil that multiplies their karma, so I don't pray for their lives but I ask for them death.

G: One who realized the Paramatma is able to liberate the paramatma from others. One who has such awareness does not produce new karma. You must live according to the Book of Law what Babaji showed you in your dream. But most of people are not able to understand the law of unity therefore we cannot recommend them to kill, what we can suggest only that they should limit themselves in destruction to avoid collecting further karma.

R: I agree. Nevertheless, the Indian gurus should teach at home because they have more duty there. Where male groups rape and kill women for a minute of pleasure because they can't have sexual intercourse outside of marriage, where the girl babies are killed because too much cost to marry off them, in this society the religious leaders should review and adapt traditional rules to the age at least those which have no more sense or lead to anti-life actions.

¹¹ Paramatma means one of the macrocosmic forms of God; paramatma is the divided part of it inserted into the entities' microcosm.

G: The traditional gurus' opinion: *When traditions are over, starts society's disorder.*

R: The words have creative force. This paradigm should change: *When traditions are ending, can start the understanding.* Hypocrisy does not help to clarify neither opportunities nor connections.

G: Do you send me back to India too (*smile*)?

R: Never. You are the most progressive guru whomever I have heard about.

G: I have enlightened on traditional path, but when I have found a realizable alternative road for humanity I became a representative of it.

R: My deepest respect and love for that. What was your main motivation for this?

G: The realization of the Christ way, which builds the ascension of humanity on love, not on traditions.

R: Don't you think that one can opine you have left your way?

G: According to Buddha's teaching the boat (tenet) serves for crossing not for keeping.

R: Thank you for the conversation.

Development of human personality

R: You have already mentioned that the present human form is not God's creation. The importance of this that many believers absolve themselves from self-development by saying that they were created by God as such.

G: For understanding this process let's take an example of robot technology. Man creates self-developing robots and gives them free volition. The robots begin to live an independent life and make such decisions which turn against their creator. Because of the separation, they are moving away from their original characters and programs. Then who is responsible for this and who created them so?

R: Responsibility is shared.

G: God's responsibility is only that this was foreseeable and even so He undertook. In this case the duty of God to ensure that created beings can return to their designated path. The rest, however, is the

matter of the created beings. If they organize themselves improperly and therefore wrong programs are running on them, then they have to do everything to rectify it, and they have every opportunity to do so because they were designed accordingly.

R: What are the external and internal mechanisms that are designed to perform self-development?

G: First of all, the divine essence is the atman, which is eternal, not created, the part of God, and thus consubstantial with it. All actions against the principle of unity are directed against unity with atman, thus turns back to the creature itself. The second is paramatman, which is a vital energy. She is essentially love energy and permeates all beings. Paramatman in Christianity could be best translated into the Holy Spirit. Paramatman transforms itself to every level, so it is present in plants and animals. Animals have emotional bodies and plants do not. This does not mean that the plants are not able to sense, but their perception does not cause their emotional body to fill with pain because they do not have it. For this reason, it is important that human nutrition not to result in pain bodies because they remain in the human environment and affect the emotional body of humans. So, the human astral field overlaps with the animal astral field and the interaction results in karma for those who are involved in animal abuse. In order to this energy to be ineffective, one must have a higher level of consciousness than the astral sphere. But most of people identify themselves with their emotional body. The third built-in mechanism is the programs in the cerebral cortex, as you call, command icons (shortcuts), that connect human consciousness to the appropriate entity of the macrocosm.

R: If, despite this triple built-in mechanism, mankind is unable to follow God's path, then something really went wrong!

G: Well, we are witnessing this. If consciousness is fixed in the astral-mental body, which means practically mind-centered, since the mind is also the generator of emotions, people cannot find neither atman nor the shortcuts in themselves, because they are not able to look deep enough or high enough in themselves. The place of the paramatman, which is the absolute love in man, is formally taken over by affection, remorse, pity and other emotions that people identify as signs of love. Because of this, when they see a suffering

being, they respond with pity and they help from regret, these responses do not take into account neither the true interests of the being nor the right solution.

R: When I said that I was going without compassion beside the homeless, that was exactly what I meant. Pity does not help because no one can do nobody's duty. And the task is for him to learn to get out of his position; he is there exactly because he has sinned against the principle of unity.

G: Those whose consciousness is fixed on the astral-mental level do not understand this. They may consider you indifferent or even cruel.

R: The situation is familiar. When I talk about the Christ way, people think I should give everything to the poor because Jesus did it. And I say Jesus didn't do that.

G: Jesus did many things, and one comprehended those elements from his action which correspond to his/her own consciousness.

R: Jesus drew the attention of the rich to the importance of conferment in a society where was no social network. In modern societies, the income taxes should maintain the social network, not donations. The tax is already a donation. But if the state spends the tax on self-financing, not on maintaining the social network, this is another matter. Then the state works badly.

G: The actions of Jesus cannot be independent of the age in which he lived, so the mechanical copying of his actions does not produce the same effect. The principles should be applied correctly. The most important acts of Jesus have not come into the public consciousness, and they relate to self-development.

R: Do I have the feeling only that the Christian Church has castrated Jesus' teachings (*laughter*)?

G: I would express it differently.

R: You always impart perfect inspiration, but I am not always able to demonstrate the tones of subtlety and power that appear in your inspiration.

G: You should practice (*smile*). Jesus' teaching unfolded on several levels and those went to the public knowledge whose were destined for the crowd. His teaching to the disciples has not subsisted or is not public. It may be that on the education of the

monks is taught such spiritual practices that bring them close to God, but this is not commonly known and unfortunately cannot be seen in the Christian priesthood. Believers do not have access to these, and if one truly wants to reach God, he/she will turn to other religions. This is one of the greatest problems of Christianity.

R: I didn't really receive any effective means in Christianity, so I was looking elsewhere. I had the feeling that the priests were standing between God and me, so that I could reach valid experience through them. I said to Jesus: 'My Lord! Your priests have placed me so far from you that I had to turn to Krishna!' (*laughter*)

G: That religion can lead only to a successful experience of God which brings God very close to the people; which places Him into them. However, without a serious commitment to the road, nowhere are given determinative teaching.

R: Why?

G: Because one can take responsibility for the disciple only if he/she follows the designated path. If you are following a path that the master does not know, how can he take responsibility? Wide paths can give only shallow knowledge, while narrow paths can lead to profound realization. Jesus said you to enter through the narrow door¹².

R: You mentioned that I wandered among paths, therefore could not anyone take responsibility for me? Was there a path you haven't realized?

G: There wasn't. Nevertheless, gurus do not tend to adapt to the disciple; they lead on the way they have accomplished.

R: What can be done in this case?

G: One can hold traditions or one can change viewpoint. Love overwrites traditions.

R: Eternity wouldn't be enough to thank you that you come with me (*long silence*). Returning to the three mechanisms you

¹² Someone asked him, „Lord, are only a few people going to be saved?“ He said to them, „Make every effort to enter through the narrow door, because many, I tell you, try to enter and will not be able to.“ Luke 13:23-24. New testament, Holly Bible

mentioned, how would people have the opportunity to correct and develop their own personality?

G: Any spiritual path can be used to get started, which brings someone closer to one of these three mechanisms. Both UCC Self-Knowledge and the UCC Yoga School were developed to help. Without a master, teacher or pastor there is little chance of success. You were motivated to develop these modules because you have seen no other option than to build a systematic training what can be operated after placing the appropriate fundamentals. My most important task here and now is to say that God does not come through the door by Himself; human must take the first step, or even the series of steps. The prospective disciple should express serious and committed intent either in prayer, in a temple, or in a holy place. On the other hand, human's present personality, all his/her attributes, are not given by God, but are distorted by the mistakes and karmic obligations of multiple births. These can be corrected, and such conditions can be developed which bring someone closer to his/her divine essence. It is never too late, and the development of human personality can continue not only in the present life but also for eternity. Joining spiritual pathways enables someone to participate in post-mortem training what can begin in the present life.

R: How important duty is this for humanity? Religious systems emphasize surrender, humility, faith, religious lifestyle and not self-knowledge.

G: „*For many are invited, but few are chosen.*”¹³ The crowd can enter to the higher worlds unaltered through the gate opened by the god of the primordial unity, for which the above conditions are the most important. Those who want more must look deeper into themselves.

R: Thank you for the today conversation!

¹³ Matthew, 22:14, New testament, Holly Bible

About science & art

R: Ever since man become conscious science and art have existed. What is their role in the history of mankind, and what is their real function?

G: Science and art are the means of self-realization and self-knowledge. The practitioners of both reach closer to their self by cultivation of science and art. This process can be successful if they are able to achieve a deep and meditative state of creation. The result will be timeless if the creator is able to bring others, besides himself/herself, to states of inspiration, catharsis, or self-awareness. Inspiration is always a sign of a higher state of mind; what poets see as a muse, in fact, their own higher self. Although the scientific, artistic creation is a high-level intellectual activity, it does not necessarily involve self-realization from spiritual point of view.

R: Nowadays, the degradation of these activities can be experienced. In arts, the gratification of demands of public or political client is preferred. In science, the self-administration gained importance so that one can compliance to the conditions required for scientific advancement. Both of them kill the inspiration.

G: If the scientist or artist is not motivated by an inner urge to ascend then their activities are no longer science, or art, but they are imitations. These are not authentic and do not need to deal with it. The entertainment industry what replaces art, and the scientific data collection what replaces research, is not the category what produces lasting creation. These are money making activities.

R: We can see wonderful artistic works from ancient times, which were also born in the Kali yuga, so it is not necessarily the era that determines the quality of the work. What has changed?

G: In the old eras, the theme of creation was mainly God, and since sponsors sometimes wanted something from God, they supported the creators. Today, hardly anyone wants something from God, but even more people refer to Him (*laughter*).

R: Is there any irreconcilable contradiction between the results of science and the claims of religions?

G: There isn't (*silence*).

R: According to a many-worshiped spiritual teacher, man has never been on the moon, the sun revolves around the Earth, which is flat, and it would be the best if women wash by hand in rivers instead of using machines.

G: (*laughter*) You made me laughter well now!

R: It's not a joke Yukteswar, you know who I mean! And among others, that led me not to remain in their system. I feel that the material and spiritual worlds must be consistent. It cannot concern something else to one than to the other.

G: That's true. The material and the spiritual world overlap, these are not discrete worlds, but continuous interaction occurs between them. One of the cosmic principles (as you know: "as above, so below...") clearly supports this. If anything happens in the material world, it will affect the spiritual one and vice versa. Events are in synchronicity between these worlds. This principle can allow knowing the world independently at which level we begin to study. Therefore, if one investigates the laws of the material world and he/she does it with genuine commitment, one may attain to the spiritual level. You, as a researcher, could experience these many times.

R: I cannot understand that a person who had outstanding knowledge of the Vedic scripture and whom I owe a great deal to how can state stupidity and how can his system reach the degree of dogmatism that a statement of a spiritual leader is unquestionable by their followers, and who dares to doubt, he/she is excluded, or at best case he/she is merely labeled ignorant?

G: I have never known the Hungarian language¹⁴, but now when I work with you, I feel it. What I suggest, it appears in your thoughts, after you describe it, read it back to me. In this way I can check whether you could translate the idea into spoken language. The Hungarian language is brilliant. It has such visual power what is rare. Well, the guru in question had a "tubesight" (*laughter*). This is a certain type of fixation, a narrow-mindedness. He had a high-level connection where the information comes from; he retrieves it and does not integrate it with any other view. This is a focus problem.

¹⁴ The conversation was written originally in Hungarian.

When you use a camera and take a photograph about a house, you neglect its surroundings because you focus on the house. When you look at the photo of a house, you may not know that the house is in a wilderness or there are many houses around it. If you want the environment to be in the photo, the house will look smaller. Beyond the focus issue the other difference originates from the viewpoint. If you look at e.g. the operation of the solar system from the material world, then scientists are quite correct, but there is another perspective from which the same system looks like to operate reversely. Look at the UCC spiritual Realm, how can you see it?

R: An oasis surrounded by desert and located on the spiritual Earth.

G: Is the spiritual Earth spherical or flat?

R: Flat.

G: What limits it?

R: Ocean.

G: What revolves around it?

R: Sun and starry sky.

G: It is not worth arguing about which is right, because in fact both are created realities. None of these have anything to do with absolute reality. Spiritual Earth has been created like this by those who have been there before you! You alone will not be able to change it. In contrast, the material Earth is the reflection of the spiritual one. When you look in the mirror, your right face appears on the left. True? Astronomers have already discovered countless reflections in the material universe. With the suitable mirror surfaces, even a tiny room seems endless. The material world is the series of optical illusion.

R: So, the guru talks about the spiritual level?

G: Yes, but he doesn't clarify it. This is quite common among Indian gurus. For them, the material Earth is flyspeck on the screen of the Universe which is not worth a word.

R: What about the statement: "God created the world in six days"?

G: It is true but it was not an earthly day. That's logical. It is not feasible to base the time calculation on something which was created later than the whole process started.

R: What I miss the best in explanation of religious texts is the logic. The usual answer that one should believe in the scriptures, that's all. Can faith exclude logic?

G: It is excluded for many people (*laughter*). If not, there are two cases, either someone throws religion with God out of the window or throws out just the religion in question and looks for another. But one who has logical thinking will find inconsistency in another religion too. This process can be avoided if one knows God inwardly. Then, within him/her, the creed gradually evolves with comprehension, that is, as his/her consciousness expands, so increases his/her knowledge about the whole creation and its mover. This way, all inconsistencies will be processed from time to time.

R: Almost every religion contains dogmas; statements which are unquestionable within a given system. The emphasis here is on the expression "within a given system," because one religion tends to call into question the claims of the other therefore they contradict each other; this situation diminishes the credibility of all religions, because if each one defines itself as divine revelation, how can they teach opposing statements? This initiates a rivalry among religions, which turns into a "battle of gods".

G: I know that gods (angels etc.) often compete with each other in the various scriptures. However, this happens in people's minds only. The gods' forms who are part of the Supreme Being are present in the human mind as programs. If more divine programs start in someone, it can result in a quiz, because the programs can confront. If one recognizes these programs, he/she may reject them, thinking that somebody (a person outside of him/her) has uploaded them (e.g. parents, priests, gurus, etc.). In fact, the god programs (you called them as divine mathematical functions in your writing) are information fields being present at macrocosm level which are projected into the human mind. They are only activated by the parents, priests, gurus, but these aren't uploaded by them. So, if these programs are present in the macrocosm, where did they come from? Obviously, they come from an even higher level. If someone is programming people, then He can only be an entity having higher intelligence. We call this supreme intelligence as God. When you

started different god programs in yourself, what was your experience with them?

R: They got mixed up. It needed serious internal struggles to harmonize them within myself. When I witnessed your entering to the Buddha consciousness¹⁵, it had brutal effect. My mind-computer was blocked for a week at least, because I was unable to reconcile the experience with e.g. Jewish Cabbalistic tradition or Hindu Tantric teachings (*laughter*).

G: That gate had to be broken which was closed. Why should I knock on an open gate?

R: It is an incredible experience to feel afterwards; my mind was getting stuck on such a way as an old record player's needle on the vinyl record which always repeats the same two tactics because it cannot step further.

G: In my time we used gramophone, but it could also get stuck (*laughter*).

R: I'm just rolling on the floor laughter how many people's mind will be stopped by this book? It's like an advertisement: you are left behind if it stops your mind (*laughter*)...

G: Answering to your question the cause of dogmas is the rigidity of the mind-computer programs. If the mind does not understand something but it is engraved e.g. through repetitions, it is present as a dogma. While there is no understanding when the individual encounters an item what is incompatible with the dogma, the mind stops at that item and the person is angered, get outraged and shouts "Satan, let go off from me!".

R: Solution?

G: Transformation of the ordinary mind into a spiritual mind. The spiritual mind is a faithful servant, it synthesizes and analyzes, and if it does not understand something, it knows where to turn (causal and buddhi consciousness).

R: Another hard-line statement of this guru in connection with our topic is: 'It should not be cut off the forests to make paper from it, except for the purpose of printing the Vedic scripture on it because everything else is superfluous.'

¹⁵ Sri Yukteswar Giri was the member of a Buddhist order too.

G: The Earthlings have indeed created many useless things. There is no need for machines or printed books in the spiritual realms. In the material world, however, they are part of everyday life. When people utilize the materials in their environment, they participate in the game of self-knowledge, ultimately, in a game of creation. God provides the conditions for this developmental activity. If one says that we need to know nothing only the shortest way to return to God then it was a pity to come, then we will be left out from the self-knowledge process which is inherent with the struggle to create the living conditions in circumstances of the harsh material world. This can be a useful game that prepares you for a specific ministry. In the spiritual realm of the UCC, we regularly experience that ordained saints who left the Earth a few hundred or thousands of years ago are incapable of teaching the today people because they literally don't know anything; they have no idea neither the present problems nor the solutions. At first, I also rejected the tools like mental shapes (e.g. computer, spacecraft) you made me available, saying 'why we create tools in the spiritual world', but I realized that most of people who are going to be born cannot live in a bamboo hut on the Earth, so they have to be prepared for the latest technology, and even for those which will be discovered only afterwards. However, they must also be taught to continue their creation in unity with the Earth instead of the exploitation of it, otherwise destruction of humanity is unavoidable. The Earth is now a purulent lump in the body of God, which will be purified, and that cannot be sublimated from its contents will be thrown into a still more distant rubbish heap.

R: Thank you for the conversation!

Mystical world and metaphysical science

R: Some religions deal with only God and human, and the creatures of the intermediate world don't seem to exist. It is absurd to imagine that only these two final states of creation would have generated. Even the religions which mention angels, demigods, pay little attention to these spheres. Why?

G: The scriptures should be presented to everyone in an acceptable and simplest way and this would not fit inside without further explanation. Anyone can pray to God without any trouble but the communication with the creations of the intermediate spiritual world requires education. Even so, more people are dealing with this issue as they are prepared to do it. The communicative contact with the mystical world is like turning on a world-wide radio that can receive all broadcasts on Earth. They are separated by very narrow frequency bands and fine tuning is necessary from the receivers, who cannot perform it properly, can get information from unexpected places, and this is the smallest problem that can arise. How were you prepared for this?

R: First I have got a basic training. As a result, the levels of supernatural helpers who lived once as human beings and stay now in the buddhi body, angels, and archangels became distinctive to me. I visualized this process as if I had set three constant bands on my world-wide radio and placed the other creatures relative to them. My general experience is that angels and beings above them do not tell a lie and they are not mistaken but because they can communicate with us only in symbols, errors can occur during their understanding. Downwards, the highest classes of supernatural helpers (those who are in buddhi body) do not tell a lie, but they may be mistaken because of their particular viewpoint. Going downwards, the creatures of the causal region have ever narrower horizon, while the creatures of the astral-mental world convey their obsessions as truths, and there are even explicitly liars among them. They are trying to get people to work together with deceptions or promises that bring them seeming benefits. And the creatures below the Earth level are sneaky, dangerous, and may exhibit offensive behavior.

G: How do you know who you are talking to?

R: During the past decades, I have developed a fine-tuning ability. I learned to concentrate on a particular entity or a particular plane. I have worked with you many times and based on this I know your information field. In addition, I can always hope for help from angels as connecting forces who form channel between the entity and me if my concentration ability fluctuates during the process. I have gone through a clearing and regulating process of the mind, which allows me to remain in a state of thoughtlessness and to distinguish, what the mind is talking about and when a thought comes from a part of it (e.g. consciousness or subconscious). In an everyday situation, if I am not capable of these functions, I observe only and later, during meditation, identify the source of the information. That is, I do not attach importance to every thought of my mind, and I accept that the mind chit-chats at times. I had a basic ability that I had gradually developed over the decades, but I still do not consider myself to have extrasensory hearing therefore in the evenings, I check the meditation talk with you and then correct the occasional mistakes in next day.

G: Is there much to improve?

R: Usually a few words; using synonyms of the word so that the message will be fine-toned. During writing my own thoughts I never used a thesaurus because I relied on my own vocabulary. During the mediation process I need to use words also which do not belong to my basic vocabulary. Sometimes I need to rewrite some sentences. In this case I know that the suggested thought required internal recognition, which will be done for next time. If I realize this, I will only move on when the certain mind area is cleared. And there are some cases where the information transfer is so fast that I can't follow it with writing. In these cases, I write neglecting the grammar as it comes and refine later according to the linguistic rules and word order.

G: You are working on the right way. Few people follow that path.

R: Nowadays, many metaphysical books are published having different levels. If people want to distinguish these they should learn conscious reading. My next question is with whom is worth to talk from the paranormal world?

G: Without training with nobody. This is what yogis recommend. Gurus from the supernatural world do not dictate books or answer questions. What we are doing now with you is a unique and exceptional case, which was made possible by removal of the ego program from your mind with your consent some years ago. This was also necessary because of the passing of the third (Rudra) granthi. While the first two granthis were crossed by your own strength with the kundalini, the third one was with initiation. The initiation does not have an immediate effect, because the release of the knot is gradual, and the disciple must work on it himself/herself.

R: What about working with angels?

G: Cooperation and communication are different. It is advisable for all people to meditate, pray, or ask for angels or spiritual gurus. However, communication must be learned. Before (or after) any communication course, it is advisable to take a course related to mind control so that the individual will be able to distinguish his/her thoughts from inspiration.

R: Who do you think are angels? Different religions refer to them in different interpretations.

G: The difference originates from the fact that the various religions mean different entities as angels. There is no uniform definition of angels, so several beings could be included into this category. If someone lives consciously, then the best thing what you have done, you defined for yourself what angels mean to you, from this point, if you call an angel, nothing else can appear. I can only repeat what you have previously described, which comes from me anyway, the angels are Visnu-tattvas, not-separated whole-parts of God. Not-separated means that they do not belong to the dual world. The whole-parts mean that while they are complete in themselves, they represent only a subset of God. In the Christian culture, it is also appropriate to state that they are parts of the Holy Spirit. All other definitions do not refer to angels. If one calls angels and does not know what the word means, then other entities can take on themselves. During the communication with the supernatural world, it is extremely important that one defines exactly what he/she wants to achieve, because he/she will attract beings like his/her desires. Angels, as defined above, have the task to direct human beings back

to God and help them to remember their objective in earthly life, so they are allowed to come very close to human to make effect. However, this proximity is taken on only temporarily and then they return to their own vibration levels.

R: Is there an example of working with angels in your yoga system?

G: Yes, angel beings were regularly seen in the presence of Lahiri Mahasaya. I myself have connection with many Vishnu-tattva forms.

R: What about Mahavatar Babaji? Is he an angel or something else?

G: Angels are emanations of God's female quality. They had never a human incarnation, that is, they were created to be angels. The demigods are subsets of God who are specialized for certain tasks. They may project themselves separating into female and male entity, or they may remain together. The demigods can create their own emanation, who undertakes a specific task e.g. at different levels of the material or supernatural world. Mahavatar Babaji is divine incarnation, in whom the male and the female qualities are present together (was not separated), and above this he-she is in unity with his own Vishnu-tattva form, that is, he has realized his own angelic nature. He was not essentially created to be an angel, but he has become.

R: In the UCC Yoga School, the disciples will receive instruction that will make it easier for them to navigate in the supernatural world. The Yoga School is under your personal supervision, and on the basis of spiritual interest and level that students are selected who can be enrolled in higher grades. Could you say something about the lower planes, because for most of the people it can be experienced more directly?

G: You are thinking of dead human souls, aren't you? This was not a problem for a long time, because the dead souls left the people in peace. Ancient cultures put great emphasis on leaving their dead from the living world; this is indicated by the Tibetan or Egyptian Book of the Dead. In Christianity there are innumerable rituals designed to facilitate this also. The more unreligious a culture is, the greater the chance that the dead will not follow the path assigned to

them and as a result of their attachment they will remain in the near-Earth sphere. Even for their relatives, who perceive them, this will be natural; and that level where they are, represents the supernatural world. Many living souls are led by their dead relatives, which is like when the blind guides the sightless, because how can guide who has lost the way. Onto this situation a market was built, a low-level occultism, the activity of sorcerers, necromancers, who are concerned with summoning the lost ghosts, though their only task would be to guide them from the earthly plane. It never results in a spiritual development when the Realms of the Living and the Dead overlap. The souls who follow the divine laws cannot remain on the plane of the living.

R: The reader may be wondering why is not allowed for the deceased husband to guide her, and why may you guide me if all of those involved agree.

G: The question is excellent (*laughter*)! Of course, he may guide her, but they will not go far.

R: The previous question originates from the fact that people do not know what the Realm of the Dead means and what is the task with it?

G: If one has not completed his/her karma he/she must pass through the Realm of the Dead after his/her death, in accordance with the divine Law. There are those who consciously enter here to face their unrecognized situations, but for most of the people this experience seems to be like falling into the darkness, into the unconsciousness as a deep dream. This is mostly so scary for the deceased souls that they cling to a living relative to avoid falling. That's why they remain on the earthly plane. When the connection to a living entity is established, the dead stays awakened by the living being's energy, which requires double absorption of the living one, for oneself and for the deceased. Sooner or later, the result will be that the living entity will die, and they will fall down together even deeper. Some people do not have to stay long time in the Dead Realm because they have worked their karma in their lives, and they are immediately moving to higher planes. In the moments after death, it will turn out whether someone will have another incarnation or not. Yogis are consciously dying, that is, after they have closed

their karma, the spark of the soul (atman) is lifted through the head. This is called as mahasamadi. Even in this case, one may have to look at the Realm of the Dead, but consciousness does not produce a dream-like state and a feeling of falling down. If the yogi realizes at a glance that the sight is not a reality and he can detach, can go further. There is also a case like Jesus who wittingly descended into the Realm of the Dead to lead souls who are willing to follow him. Returning to the average person, if one falls into this dream-like state, his/her dreams might be very "bad". These dreams originate from the revival of the unrevealed areas of the subconscious. It is also possible that one spends years or even decades in this state. When somebody has viewed everything and he/she suffered what he/she has done to others, the pictures may become clearer and a guiding light will appear, by following this he/she can uplift to higher level. There are opportunities for mercy, such as the UCC also offers for the souls. By joining a properly trained entity (who can be in a material body such as you or a buddhi body such as UCC Realm leaders), they can enter the realm of the UCC without entering the Realm of the Dead. Here he/she is asleep and later he/she can see the subconscious content of his/her information field in a conducted process. In the latter case, the whole procedure is less traumatic. He/she can live with this grace if he/she commit to going on the path of awareness to develop himself/herself.

R: What happens if one enters the UCC Realm but later refuse to self-develop?

G: You should give the answer for that.

R: We see him/her off from the UCC Realm and put him/her back into the state of consciousness where he/she was after his/her death, before entering to the Realm.

G: This pedagogical method is very effective, everyone wanted to come back (*laughter*).

R: We didn't reach the metaphysical sciences.

G: This one concerns how to gain knowledge through a spiritual method e.g. meditation. In the yoga school, we teach the levels of samyoga, samjama and samapatti. The conscious application of these can be learned. If the metaphysical science is not connected to a yoga process that allows one to attain higher states of

consciousness, then the whole process only a wandering in the mind, in its subconscious and unconscious spheres. This roam can extend to the collective areas of these spheres also. In itself, it is a good exercise for someone to perform such self-discovery, if one can control the process and does not get lost in the endless paths of his/her own mental realms¹⁶. If he/she teaches from this, he/she spreads likely misconceptions, because his/her meditation does not go beyond the level of the mind which is not cleaned from the incorrect information.

R: Thanks for the conversation!

Terrestrial & extraterrestrial intelligence

R: Our topic today is the terrestrial and extraterrestrial intelligence and their connection. How was earthly intelligence born?

G: Only extraterrestrial intelligence exists. Human beings are merely carriers of this extraterrestrial intelligence, just as a compact disc is merely a carrier of data. The data carrier is situated in the central nervous system. Human minds are like computers that vary in speed, capacity of memory, size of RAM, utilization, and so on. There are people e.g. fast but superficial mind, in this case the processor is fast but the connection with the data storage unit is inadequate; if the saving is not proper, the information will not remain in the memory. The biggest problem of people today is the fullness of storage unit which originates from the oodles of information. There is not enough free space therefore the memory seems to be weakened, even though today's people have greater mental capacity than the men of old ages. The highest level of

¹⁶ **4.19, 4.21.** Mind-consciousness cannot highlight to itself, since it is itself only an object to be known. If the mind were knowable by its other part, which would appear as the consciousness of the mind, then the mind would confuse in the abundance of the memories. (Yoga sutras of Patanjali, translated from Sanskrit by Rhasoda.)

intelligence that I call God, creates projection into the creation and creates billions of beings who will embody His infinite intelligence. By providing to human beings self-existent, they are able to recognize their own intelligence, so they can also conceive the infinite intelligence that created them.

R: What can be done to prevent this apparent memory insufficiency?

G: It can be done many things. You can select the input information, that is, narrow your interest to important areas; regularly clean up the memory by retrieving and processing the stored information; speeding up the mental activity, i.e. the input, processing and deletion; the memory can be expanded.

R: Scientists believe in developing of artificial intelligence as solution.

G: It may be, but it will lead to a different result.

R: This is a very exciting topic. Let's go step by step. How can be realized the opportunities you listed?

G: This is an unexplored opportunity of yoga. Because Indian yogis just wanted to become enlightened by practicing yoga, they were not interested in this area. That is why we thought we would pass it to disciples who venture to transform earthly hell into earthly heaven. They represent the creative aspect of God and seek to use their spiritual knowledge to transform matter. This transformation concerns both the outer and the inner world; their environment, their personality and even their bodies. Elements of this are already taught in UCC self-knowledge courses and then in yoga school. You could tell more about the effects of the method because you've been practicing for a long time.

R: Working with kundalini in the brain really opens unimaginable possibilities, but it won't be the way of the crowd if I just think about what trials I have had to go through. Are there any solutions what an ordinary disciple can achieve?

G: Obviously yes. Narrowing the interest is only a matter of decision. It's unnecessary to watch all the action movies on TV you can meditate instead of it. There is a special version of meditation which facilitates self-transformation, and you give this possibility on the UCC self-knowledge training which requires daily routine. The

special breathing and concentration techniques speed up and expand memory.

R: Let us return to the question of what effect artificial intelligence can have on the development of humanity?

G: Because artificial intelligence is created by the human mind, it will increase the intensity of mental activity. However, the mind is a disconnected part of the human being from the God therefore the separation increases, and technical civilization pushes forward even further against the spiritual culture. Artificial intelligence could be used to improve people's living conditions, but people would have to enter into the spiritual spheres of consciousness to regulate the mind, and the artificial intelligence also. Nevertheless, the barriers of spreading of spiritual awareness are religions. Exactly the religious dogma is that requires unthinking faith. If beliefs cannot be debated within a religion, then no deeper understanding will supervene. It is true that the ignorant people can also reach a certain spiritual level for staying after death by their faith, but who creates and maintains these intermediate spheres for them? Humanity needs knowers who can provide this.

R: We have been talking about extraterrestrial intelligence which is related to God and the higher spiritual dimensions. The readers are also concerned whether there is an extraterrestrial intelligence what gained material form?

G: It can occur, but it is far less common than the existence at the level of energy and information field. That is, the coarse material form in which you are now is only an extreme, non-preferred solution of the mathematical functions of creation.

R: Is there any chance that we can contact with this form of life?

G: It has already happened. The earthly powers are also in competition with each other in this therefore they keep in high secret.

R: Does humanity benefit from this?

G: As long as they want to gain an advantage at each other's expense, no. Universal laws pervade everything. It is not possible to attain advantages without providing compensation. Who and what does give so that to gain supposed benefits? What can humanity learn from a civilization which is technically more advanced than

you and they are still in material form? Even larger technical progress and even more dramatic separation from your intrinsic essence, while they are in this material form exactly because they have broken away from their creator. Humanity must decide the direction of their development. There will be those who move toward the spiritual realms while others will move toward the technical advancement. The increasing separation from the divine life energy results in the atrophy of physical body which has to be replaced by artificial limbs and organs. A part of humanity can gradually pass into a robot-like being whose mind is connected to artificial intelligence. This is also a form of existence, but it does not serve the ultimate aim of human life, which is to return to God.

R: Those who think in this way do not believe in God and Creator, so for them it can be an inspirational solution what they want to try.

G: They have freedom to do it.

R: Are all creatures the same creator?

G: The Supreme Creator is sole but He entrusts His creation to His subsets. Looking from the lowest level we no longer see one creator, but every civilization is directly connected to its own creator. The created worlds of the secondary creators do not overlap, so it is impossible to meet the creatures of another creator, at least it is not simple, but it does not make sense. On the other hand, a civilization may encounter its own creator's living beings originating an earlier creation cycle. While secondary creators learn the creation and they gradually perfect it, the living beings and created words from their previous creations are less perfect, but they are not destroyed by grace, at least until these words have spent their time.

R: If we gain material form, are we not the subject of the most successful creation?

G: The bests always move on to the next, more perfect cycle of creation, and they can continue their evolution, while the laggards are stuck in lower-level life forms, and it becomes increasingly difficult to get out for them. A part of the present earthly civilization belongs already to the many times lagged category, but there are always new human beings, or so-called helping souls who provide the laggards a chance to ascend again.

R: Well, that's pretty shocking!

G: Do not despair, there are many even after you (*laughter*).

R: It's time to thank the today conversation!

About the past, present and future of humanity

R: You mentioned in the previous section that humanity's journey has been proceeded through many creation cycles to this point. What are the major events of the past that have led to the current situation?

G: According to Hindu scriptures, four eras (yuga) alternate within one day of Brahma. At the moment, earthly humanity lives after the finished Kali yuga in rough material dimension. The duration of the yugas, expressed in earthly years, is debatable, since the coarse material Earth does not always exist, so it is not reasonable to derive the time calculation from the earthly circumstances for the higher levels of existence. On the other hand, if you step into higher worlds it seems as would be higher yuga there to compare with the earthly situation.

R: That is why I am asking this question because reading the explanations of the Vedic scriptures I have failed to understand. I had the impression that these yugas were going at the same time, but on different planes of existence.

G: There are three created worlds, which overlap each other to some extent. I use the terms of the Jewish mystics because they may be more familiar to many. In the highest, eternal world (Acilut, Transcendental), which is above the created worlds, there is always Satya-yuga. Moving downwards, the four yugas alternate simultaneously in the three created worlds, but in relation to each other, conditions typical of the Treta-yuga in Beriyah (Swarga loka), the Dvapara-yuga in Jetzirah (Bhuva loka) and the Kali-yuga in Assiyah (Bhu loka) are formed. Therefore, your perception was that they are taking place simultaneously. On the other hand, existence does not always extend to the created worlds. When existence retreats to the Acilut, it becomes only Satya-yuga. At present, existence has extended to the lowest world, so all the conditions of

yuga can be observed simultaneously at different levels. Those who have the opportunity to enter the higher worlds will be in the conditions of higher yugas, i.e. they need not wait for the end of the Kali-yuga to attain a higher form of existence. Thus, they will be able to progress to higher yugas by remaining in the world in question. The purpose of the Kali Yuga and the lower world is to enable human beings of the lowest consciousness to become conscious. If they are elevated to a higher world, they simply fall asleep. Your experience in the spiritual realm of the UKT confirms this.

R: Yes, absolutely. The spiritual realm of UCC extends to the Jetzirah and Beriyah worlds. When we raise the deceased souls to Jetzirah, they fall asleep, except those who have developed suitable consciousness to remain awakened. They will be the ones who can be trained further in this dimension.

G: To make it more complex, a sole human being itself exists in several dimensions (worlds) at the same time. But the majority of people can be awakened in one world only. He/she is present consciously in one world and he/she is asleep in all others. Last time, when you were sitting in a classical music concert in Assiyah you could enter to the Acilut. This showed us that you can be conscious at all levels at least for a limited time.

R: I was surprised a little bit and first didn't want to go with you. I didn't feel feasible, but finally I tried. Thank you for the opportunity.

G: We can't pay attention whether it's suitable for you. Babaji came and I went with him because we are in unity. You had no other choice because you declared that you would come with me everywhere. If you cannot enter consciously, you will remain unconscious, but you will still be there. In this case, you would have fallen asleep at the concert (*laughter*). Based on what we have discussed so far, the time is a relative concept and it cannot be defined clearly what the past or the future is because you can enter into the past in a similar way.

R: This unavoidably raises the question of whether entering in the past can change the future?

G: Yes, but not on that way as you can see in science fiction films. Let's take an example from your life. You entered into a life 1500 years ago where you were in karmic connection with a certain person knowing in this life too. There you closed your karma by forgiving him. What happened next?

R: He disappeared almost immediately from my life and from my thoughts. In addition, I also understood why I had to suffer from what he had done. I created a situation and assigned him that role. Considering his possibilities, I could have done differently, but he couldn't.

G: This recognition made it possible for you to detach from him. You no longer give him any role in your life. Everyone plays according to his/her own abilities, not as you expect. If you want to go along with someone, you choose your companions based on their ability and willingness whether they want to play in your game and if yes what they want? This is what unity means. In other words, we don't play with whoever we want with, but – as you expressed – we play with whoever comes with us and we accept as he/she is able to play.

R: I have often had an impression watching my lives, that I play different roles in several films at the same time in various ages and it has a "crosstalk" between these roles. But I cannot comprehend, if that is the case, how will be formed from this the history of humanity?

G: The relativism of time gives the explanation. When you view it from the material world the series of consecutive events draws the history of humanity. If you look at the material world from a higher dimension, the events are so close that they seem almost simultaneous, so the future cannot be sharply differentiated. In other words, it seems as if the future is prewritten. However, if you look at it for a longer period of time, you will see that the future changes as the present progresses. For every human being, the present is where he/she is with his/her highest consciousness and he/she defines the past and future in relation to his/her present. If you ask about the past of mankind, for me it is the sum of all human consciousnesses so far, if the question is the future, it will be the sum of the consciousnesses that will be developed in the future. In other words,

the future will be determined by the level of total human consciousness at a given moment. Total human consciousness fluctuates in the same way as individual human one, and therefore cannot be accurately calculate the future. The more stable the general human consciousness, the more predictable the future is because it is not influenced by fluctuations. And this is accomplished if even more people are willing to stabilize and increase their awareness with concentration, prayer, mantra or whatever they want. Therefore, we currently try to start trainings in the spiritual realms.

R: Returning to an earlier thought, Kali yuga and the lowest created world is necessary that all human beings have the opportunity to reach awareness?

G: Yes, if one sleeps, he/she cannot develop and he/she can only be awakened in a low-vibration level world. If we look at this question, then this level of creation had to be originated because humanity, due to its uncontrolled reproduction, invited entities into information fields characterized by such low vibrational quality, for whom only this plane of existence enables to experience the self-consciousness.

R: Is there any theoretical possibility that this rough material plane, where we currently live on, will be completely eliminated and the development continues at higher levels of existence?

G: There is.

R: What is necessary for that?

G: The will of most human souls and the divine grace.

R: Thank you for the today's conversation.

About the aim or aimlessness of human life

R: How would you define the purpose of human life?

G: If I could say only that to go back to Oneness or to God, that wouldn't express the essence. If someone returns in the same way as they left, without changing, it doesn't make any sense. Many people think that leaving the Oneness was the consequence of a sin or fall. This is a human concept about the divine world. In divine dimension one cannot fall because sin does not exist, you cannot drop off because God is the supreme holding force.

R: What happened then?

G: Some subsets of God (demigods) had a desire for self-knowledge. They were given the opportunity to self-realization by becoming creator. Their parts repeated the same creation led by the same desire. This is how creation spread to lower levels, as smaller and smaller parts started to create. At the end of this process stands human as elementary unit (atman) with his/her creation which cannot be complete because the elements have no view of the whole. **Consequently, the purpose of creation is not to be perfect, but to lead to self-knowledge.** Self-knowledge can only originate from observing ourselves, namely our creation in the eyes of others and we perfect it by taking ideas from other entities. Thus, the creation process leads us not only to deeper self-knowledge but realization of God too. What is true for demigods is also true for human on a smaller scale. In this sense, the purpose of human life is self-knowledge and, at the same time, God-realization. The later means that the individual atman develops certain divine attributes, abilities and offers them to the service of universal creation and of God Himself. Using a parable, the child is born, grows up and leaves his/her parent's house and family business. He/she goes to study a profession, then returns and, with his/her increased knowledge, develops the family business. This is the path of man in the family and the same in God.

R: It sounds so uplifting that I don't understand why people can't find a purpose in life, or why they become aimless, lost their way, or set meaningless goals?

G: Although these goals seems to be meaningless, when it is viewed in larger contexts, the mosaics combine into a coherent image. If you think back to one of your lives, when you did not accept the offered monastic life preferably you became a traveling singer, which ended in begging and freeze to death, then what was the sense of this life?

R: I understand this with my current knowledge, but it took hundreds of years until the picture fit together.

G: Your spiritual master at that time, a leader of the Paul's order, looked at your misery just as incomprehension as you watch the others now, because he saw that you would have no chance to integrate into the society if you left the order and your plan was doomed to failure. Still, he helped as he could.

R: I ask for pause... I can't continue. Those memories touched me so deep (*long pause*) ...

G: Now, you are the founder of a spiritual realm, and you teach in the spiritual dimension that monks who have received and brought up you. Then you were a baby left on the side of the road and you can thank them for their compassion saving your life. They could see only a baby they couldn't know the circumstances. Since then, you have acquired a certain knowledge which they do not have because they have not gone through those experiences. If you remained a monk then you could not be who you are now. You couldn't become a monk because you felt your way was different!

R: I can't forgive myself ...

G: You're not a pattern follower, you have never been. You could develop the new pattern you wanted, through more lives only, and therefore you could not integrate into society beforehand.

R: Since then, this is the first life in which I have managed to live longer than 30-40 years, but just now I was very close to death too.

G: Was it worth to continue?

R: Now I say I wouldn't change my life with anyone.

G: If you look at your lives not wanting to make a successful story from them, but focusing on the depth of experiences what have been indelibly burned into you, then everything is in the place.

R: I think I have just come to the point that I no longer want to save anyone from himself/herself or from suffering.

G: There is a given spiritual knowledge that must be brought to the lowest world. You can't do it without knowing what suffering is. Neither Buddha nor Jesus could escape from the experience of suffering, because if you do not know what the others are suffering from, you cannot show them the way out.

R: This is in place now. Thanks. So, are the aimlessness and the search of path is inherent of the human life on this plane?

G: Followers get to their destination sooner because they join a group. The group is also a protection and a form of integration, which reduce the universal loneliness what comes from finding the way. Those who are suffering now have not yet found their road, either because their path is only realized in a later project or because in majority they are not seeking it.

R: Is joining for any paths, religions, groups, etc. lead back to God or are there wrong ways, delusions?

G: God's genius is also manifested in the fact that, although there are bad ways and delusions, each one lead us back. It is also possible to reach God through hell. However, people are afraid to join new paths, especially if they have few followers. Joining to the majority always entails a sense of security, although there is no guarantee that it will be more effective.

R: What is the guarantee that whatever happens, one can go back? The priests of certain religions threaten their believers with eternal damnation if one departs from the path designated by them.

G: These priests hand over their own fears as the parents pass their unexplained experiences of fears to their children. Don't touch the fire as it will burn! Transferring experience is useful, but it does not lead to understanding. People need entities like you who reach into the fire, experience and understand it, and then explain to those who are open to it why the fire burns. Only those people are able to undertake any experience as e.g. Jesus, who knew that return is assured.

R: Once again, what guarantees the return to God?

G: I let you to formulate this.

R: (*short silence*) The human's construction! Magnificent! The spiritual body is given by the Mother goddess and the soul is given by Father God. The soul (atman) descends into the physical body,

the spiritual body (Vishnu-tattva form) remains in heaven. The eternal relationship between them ensures the return.

G: But if one does not seek eternal relationship, then neither infinite time is enough to realize. There's another factor here, the technique, because what elevates the soul to the spiritual body?

R: The power that lies in the root chakra and is activated when the intention of the seeker becomes earnest. This is the kundalini power.

G: This is the answer to your question.

R: Is this the only way?

G: Yes. It is also possible to reach temporary planes without it. Some will be able to return to the highest level from the lowest world of creation, while others can enter there only from the higher dimensions. And they will have plenty of time to realize it.

R: Another question about this. Does active kundalini guarantee the return?

G: Not by itself, because activated kundalini is only a technique. The guarantee is the connection and the knowledge of the interrelation.

R: Thanks for today's talk.

About religion & irreligion

R: What is the role of religions in human history?

G: If you ask the question like this, then my answer is that the role is the suggestion of a God-derived set of rules so that the order can be maintained easier in earthly society. The prevailing leader's service is, independently from the historical ages, always to keep a kind of legitimacy in the society. If the social rules are derived from God, less violent organization is needed to keep the order.

R: What does God have to do with this?

G: He has to do with it in the sense that if there is chaos in a society, if it builds on the law of the fists and the injustice, then nobody can live, develop, or realize God in it, the group karma will grow and the whole society will decline. The order has to ensure the social rules so that the survival of the group (people, country) is

assured and the karma of the group (people, country) is processed. If the question sounds like what *should* be the role of religion in the history of mankind, then my answer points to some different contexts.

R: If I ask the question on this way, then I know your answer: the role of religions is to lead human beings back to God.

G: Yes. This is the universal purpose of religions. In addition, it conveys to the crowd a moral order so that they do not to beat each other with a stick. When you were the queen of a certain country, how did you treat this issue?

R: At that time many of us undertook a similar task in primitive nations. It wouldn't have been possible to explain to the uneducated nomadic people what is right. I used religion also to make order. The shamans, who did not support the rules represented by me, were accidentally hit by a "stray" arrow.

G: Have you collected karma with it?

R: I didn't care about it. My intention was clear, I wanted to uplift my nation and serve God at the same time. I was able to forgive myself at the time of my death from the effect of my actions.

G: We have already talked about this, no God judges, but everyone judges themselves after death from the perspective of his/her higher consciousness. Could you upraise the nation?

R: Two generations, namely mine and my son's time of reign wasn't enough for a sustained ascension. Nevertheless, there were lasting effects, e.g. instead of nomadic lifestyle they were resettled. In order to achieve some change during one or two generations, it had to be ruled literally with force and power. I did not wish this type of role repeatedly.

G: The fact for what and how the ruling class uses the religion questions in itself neither the *raison d'être* of religion nor the fact of divine revelation, nor the existence of God.

R: As I can see at the same time, when the ruling class uses religion in a hypocritical way for its own sake only, the religion and even God Himself becomes discredited to people, and that is one of the main reasons of irreligion. What do you think to be the reason that the people are non-religious in growing percentage?

G: Everybody has religion. The difference is that someone believes in what. The materialists e.g. believe in matter or nature. If one does not follow a particular religion, the others call him/her irreligious. Then are you religious?

R: I don't follow any organized religion.

G: Are you a believer?

R: By my own faith, yes.

G: The reason of non-religiousness and unbelief is that the people can no longer believe in old, outdated formulas, and the new one has not yet been found. There are such transitional periods. The experience of God that could lift the people above faith is a rare grace. When this has happened, the role of faith can be taken over by knowledge, cognition of God. You cannot follow organized religion and you can live according your inner faith because you have undergone more God experiences.

R: Then, if I understand it well, the role of religion is to shepherd the sheep. One who grow out of the lamb age, they become believer, one who grow out of faith they can reach knowledge.

G: To say it strongly, yes. These steps cannot be missed. Nowadays, people become indignant if they are shepherded as a sheep, but in order to become knower they have not yet grown up because they should train themselves. The flock-thinking does not require training, just following the shepherd; faith does not require learning, only self-surrender; but for knowledge one needs to evolve.

R: How has the development of sciences influenced the following of religions?

G: There is no sure connection. Following a religion is more a matter of family or social pattern than of erudition or education.

R: I am often asked if a scientific approach is compatible with religious one?

G: And yes?

R: Yes, I think. As I do not follow a religious pattern, I have developed my own viewpoint resolving the contradictions.

G: Most of people don't do this. If he/she is working on a scientific field he/she switches to materialistic mode. If he/she is dealing with religious activity then he/she changes to believer mode. The two modes mostly are not in connection. If he/she is confronted

with what he/she says as a scientist and a believer, he/she will be amazed at the contradictory statements. Then he/she apologizes, I know this, but I believe that.

R: For me, this would be unimaginable due to the lack of the unified approach. So, I had to give up traditional religiosity, or probably I have never been its follower.

G: In your case this was a long development process. You looked at the Universe as an object to be known, and you looked at God in the same way. That is, God is not somebody who is somewhere and the task is not to pray to Him, but God is a reality to be known. And for knowing anyone, first we need to discover ourselves, and if we know ourselves, we have a chance to find God in ourselves, which leads to the experience of the God of the Macrocosm. This is the inner way. It is the first degree of being chosen.

R: For materialists the God is the matter — you said. Would you explicate this?

G: The materialistic definition of matter: Matter is an objective reality what exists independently of our consciousness¹⁷. This means that matter is eternal, it exists forever, it existed before our consciousness was formed and it is the source of the consciousness.

In fact, we have no evidence that matter is an objective reality that exists independently of our consciousness, because if there is no consciousness, then there is no one who perceives it. The definition of materialism about matter is an axiom what one must accept without further verification if one declares himself/herself materialist. If we exchange Matter to God, we get another item, which is also an axiom. We will never find any material evidence of God's existence because He is not material. If the axiom is to be proved by saying that matter can be experienced by anyone, and therefore exists, the same can be said of God. God can be experienced by everybody (theoretically) and quite a lot of people have experienced Him, so their experience cannot be ignored. In Kali yuga the matter is experienced by more people and in Satya yuga the opposite.

¹⁷ "The matter is a philosophical category which denotes the objective reality what is revealed, copied, reflected by our senses, and it exists independently of our perception." Lenin's All Works, 18:116.

R: So, in Satya yuga the matter is unimaginable for the entities (*laughter*). Is atheism the same as materialism?

G: No, because atheism is the opposite of theism. Theism is a belief in the Almighty God, and atheism denies it. The original form of Buddhism is also atheism.

R: What kind of effect does have faith on the personality?

G: Faith or religion can be realized formally, that is, at the level of patterns. In this case, it has no significant effect, which explains why priests or believers do not follow the rules of their own religion. The lived religion, while lead to total self-surrounding, has profound, personality-forming effects.

R: If we ponder that religions have held themselves massively for thousands of years despite of the development of science, technology, education, erudition etc. what can be the reason? Can religion be said as psychical need?

G: Yes. This psychical-spiritual need originates from the construction of the human personality. There is a divine essence (atman) in the human's personality that leads us to seek God. Those, in whom it has not yet become active, are living in a state of isolation. After many incarnations, it can occur any destiny turn-round that results in the activation of atman and the personality becomes God-seeker. In a materialist the divine essence is inactive, so for him/her the self-movement of matter created the Universe, life, consciousness. As it was created, it can disappear. The self-movement of matter has no purpose, no particular direction; human beings are only dissipative patterns in it who can drift aimlessly. Their only goal can be the total enjoyment of life, because it will end soon and they die anon. This approach makes the personality very self-centered. This viewpoint leads to the excessive accumulation of wealth, the exclusion of others from it, and the waste of the Earth's resources. Atheism can be materialistic and idealistic. The latter highlights an idea, e.g. in Buddhism the Law (dharma) is the idea. But the movement of dharma has no direction, it does not tent to anywhere; in this approach the only way of development is to be released from the influence of dharma, from the cycle of existence and to enter to nirvana, where there is neither bonding nor change. Previously, I defined life as alteration and death as changelessness.

Therefore, nirvana is actually death. It is death in the sense that the inhabitant of nirvana dies for the others because the movements of dharma continues without him. In theism there is personal God who sets the course for things, whom one can turn, whom one can know or realize. In this sense, He gives purpose and meaning to the cycle of life, and the ultimate goal is rest in the kingdom of God. Everyone is free to choose what makes him/her happy. Your development is outstanding because you have been playing in one life all opportunities, materialism and idealism, atheism and theism, and many options within theism. When I say, you know God that is what I mean. You have experienced many more aspects of God than even a person who reached the enlightenment. Some follow a narrow path and reach God-realization, while others discover a series of paths and make them accessible to others.

R: During my personal development, I have really experienced that theism, and the faith in the Supreme Creator alone, made me happy and kept me alive. Without God, there is no sense of existence. If a thinker reaches this point and wants to remain true to himself/herself, he/she has two options, either to become a God believer or to tie himself onto the first tree, because if there is not any sense of existence, what would make him/her go on?

G: Many seekers give up attaching any sense of existence. Still, they are kept alive by the desire for existence, and they seek something illusory transitional purpose, which may be even noble. By the time you have realized this far the life-desire was gone in your mind; at this point Buddhism would have been suitable too...

R: No. I moved on three paths simultaneously: Christianity, Krishna Consciousness, and Buddhism. Buddhism fell out because there was no love in it. God can be loved, but what could I love in dharma!? It was already easy to reconcile the Jesus' love for God with the love for Krishna.

G: Easy...?

R: „*For my yoke is easy and my burden is light...*”¹⁸ Thanks for today's talk.

¹⁸ Matthew 11:30. New Testament, Holly Bible

About Yoga and meditation

R: I was wondering if I should ask a yogi about a trivial question what is yoga (*laughter*)?

G: The question is admissible in that point of view that an average westerner knows about yoga: postures, perhaps respiratory control and meditation. These don't mean yoga. These are techniques what bring you closer to the goal of yoga.

R: Perhaps it will be better: What is the purpose of yoga?

G: Let's start at the beginning. Yoga is a combination of physical and mental practices by which the ultimate goal of yoga namely atman (divine) realization can be accomplished. The central nervous system of human consists of the cerebellum and the spinal cord. The nervous system is the carrier of consciousness, but these two are not the same; consciousness can exist independently from the nervous system. Human consciousness is multi-layered and the highest layer of consciousness (atman) is not placed in the cerebellum but in the center of the spinal cord (in Anahata chakra). The cerebellum is the carrier of the mind consciousness, and the cerebral cortex is the Buddhi consciousness. Thus, the mind is situated between the atman and the Buddhi layers of consciousness and due to the noise of the mind, the two layers of consciousness cannot be combined. The integration of them can be fulfilled by practicing yoga because it controls, calms and trains the mind. When one learns to turn off the mind-consciousness which is responsible for solving everyday life situations, the atman and the Buddhi layers become in contact with one another and the human begins to develop a higher spiritual state of consciousness, which is being able to break away from the illusory world of everyday life.

R: If I experience it well, the two highest layers of consciousness merge in several steps. Which are these steps?

G: By calming the mind, atman gains space, activates and begins to transform both mind and Buddhi consciousness. This is the first step. Then the atman remains in its place. The second step is when the atman can be elevated to Buddhi consciousness and it remains there for a while. The last step is if the atman does not descend again. Each stage in itself consists of several steps.

R: According to your explanation the uplifting of atman would be the ultimate goal of meditation?

G: Meditation can have many purposes. At the beginning of the first level, the only purpose is to calm the mind. This in itself has many benefits. The personality will be more peaceful, more balanced, and he/she will learn to look at the world not only from the perspective of mind-consciousness. At the end of the first level, the goal is to delete the ego program. That's why yogis meditate by fixing their attention between their eyebrows. At the level of the ajna chakra is situated the center of the ego program, the seat of the mind-consciousness, from which the information emanates which enables individual and separate self-identification. The power of concentration or initiation can delete this program which removes the barrier from the path of kundalini so that it can ascend into the brain. This marks the beginning of the second stage of transformation. Through a series of practice, kundalini dislocates and then lifts the atman into the buddhi etc. Additional goals can be set in stage three, but lot of disciple forgets about that.

R: The end of the first stage is quite remarkable for me because I had to stop here. As a result of the concentration, the ascending kundalini tried to break through this center, causing severe discomfort. That was the stage when I started earnestly looking for a kundalini master. The first person I turned, said, "One who wants to enlighten or should sit on a ship and overcome his/her seasickness, or should board an airplane and defeat his/her acrophobia." (*laughter*) Well, if somebody speaks in symbols shouldn't be surprised if his symbolism is decoded differently than he has thought. So, I boarded an airplane and traveled to India, though he might have been the ship. Staying with the example, it was clear to me that the destination will be reached by the crew and won't by the passengers, so my choices were to be a sailor or a stewardess.

G: What made you decide?

R: Then I could have been in connection with you, but I couldn't know who you were and I had no idea who should I look for. Did I get inspiration?

G: I couldn't influence you.

R: That sounds very polite, but if I decode it sounds differently: 'I don't take responsibility for you'.

G: Let me specify: I couldn't take responsibility for you.

R: In India, the question was decided by whether I would see Krishna and follow Him or wouldn't.

G: Yogis don't used to turn to Krishna.

R: I know. They turn to Siva, but my decision was this. When I arrived to home, I knew already where to turn specifically. Babaji said only: You can go ahead as long as you are able; that is, only my own capability will be the limit.

G: After that, I could give you the initiation.

R: It is quite clear now why this is so. If one does not surrender himself/herself to the guru then he/she must do it with some divine archetype, otherwise there is a good chance that he/she will be lost after ego-deletion, like the particular cow that Buddha talks about who does not find the new pasture, but who can't even find it back to the old one. In my case, there was no question of surrendering to the guru, because I had not personally known you at that time.

G: The relationship between the guru and the disciple rarely reaches such a depth that the perfect devotion of the disciple can be realized. And when that had happened, that depth is even rarer where the guru fully exposes himself to the disciple. There was only one disciple beside you with whom I did this.

R: Yogananda.

G: Yes.

R: But for me, you're the first. If I say that I am in love with you, then I am not really with you, but I am love with what you represent, the information you carry, the sat-chit-ananda...

G: It's the same (*long silence*).

R: Let's go back to meditation.

G: As I supervised your path and situation, I realized that it is necessary to teach differently in the West and in the East. I used to do traditional yoga meditations. It was unrealizable for you. It would have been meaningless to expect you to be in a state of thoughtlessness for more hours beside your daily work, housekeeping, and parenting. The method you worked out proved to be fully functional. Moreover, there is no contradiction with

Patanjali's Yoga Sutras. The learning how to shift attention consciously to different mind centers can be a perfect substitution of realizing thoughtlessness. With this technique, you have overwritten all traditional meditation patterns.

R: I used to go different yoga circles and saw the disciples to take a “yoga pattern”. They begin to behave like yogis and first this manifests in outward appearances as dressing, behaviors and gestures. Nevertheless, they do something like meditation. At least I don't pretend.

G: Is this an advantage or a disadvantage (*laughter*)?

R: If we consider who believes me to be a yogi, then maybe it's a disadvantage. Anyway, I can be who I am and I don't have to play a role, it is an advantage.

G: Another major difference between the traditional yoga pattern and, may I speak, the UCC yoga pattern is the conscious use of archetypes. Using these, another rule was overwritten. As you defined archetypes in modern language as shortcuts in buddhi consciousness, this also makes it clear for an average student how is in connection the experience of God on the level of microcosm and macrocosm.

R: The masters usually teach, and it is quite natural, how they went along a road. This is how the paths are created. Everyone becomes a model for others. However, I strive to be a model only for the necessary time and as soon as possible we try to find the path which fit the disciples' own abilities. In fact, I do not explicitly recommend anyone to start the roadless road I started. I have an inner ability what I did not need to be developed, that I go through fire-water, ditch-bush to reach a goal what I loosely release before I reach the finish. If this does not exist in somebody's character by default, then my pattern is unsuitable for him/her. However, I have gained a lot of experience that helps to create a walkable path for others for the safety progress. This way also involves redefining concepts and undoubtedly it requires a certain level of education to understand them.

G: I like your yoga school, even though it has nothing to do with the traditional line I practiced or even with other yoga schools. Hindus would not have been able to work it out therefore they will

not understand it. For example, that you teach logic and symbolism will be incomprehensible to some Hindu masters (*laughter*).

R: Do you know how teaching is done among the disciples of a Hindu guru? World-renowned masters come and tell a story from the Vedic scripture. (Usually I know it from the beginning to the end.) Practically, they narrate an evening story for the children. The close disciples nod with a smile in the front rows; they had heard many times. They understand the words, but deep symbolism remains hidden for them and the guru does not solve it.

G: Maybe, he's waiting to be recognized.

R: Perhaps the guru understands the symbolism, and maybe he thinks that everyone should understand. However, the Vedic symbolism does not undergo for a person who is socialized in another culture. If the disciple hears about a "radiant cow," he/she does not think of the mother of gods (perhaps of a radioactive cow - *laughter*). In the worst case, there is nothing to convey, because the guru interprets the scripture literally and doesn't symbolically, as the Christian priests. But this fact does not appear to disenchant Christians because they have not spent thousands of years in Hinduism. That's why I teach logic and symbolism.

G: The strength of the UCC Yoga School is goal-orientation, talent development, and the synthesis of spiritual paths. Unused potential of yoga is also included in it.

R: One who has already attended a yoga school may wonder, this is not that; and on what basis would others evaluate it (*laughter*)?

G: Why are you doing?

R: From love!

G: That's it! You will be enlightened by it, and one who does not need he/she should look for another way. But once a gate is opened, it remains open forever, and it rarely happens that only one person passes through it.

R: Thanks for the union!

About saints and miracles

R: Yukteswar, you are worshiped as a saint, but I feel you so close to myself that I have never been able to treat you like a saint.

G: Fortunately. I would be poorer with a few experiences.

R: I'm glad that I can give you something too (*laughter*).

G: The saints are made by human. They raise them above themselves, admire and pray to them instead of following them. No man has been ordained a saint in his/her life, and often the opposite has happened; this is a post-mortem appreciation. However, we would rather disciples follow our path with devotion than they admire us as saints. Anyway, you have always given me the respect, only you have added straightforwardly your opinion (*laughter*). Furthermore, I revere you because your sincerity helped me to understand you. The disciples think they have to meet the guru's expectations therefore they are not honest with their master. They try to look more perfect than they really are. You have never tried to do this; you always indicated where you are exactly. The base for the development is to be aware of exactly where you are because you can move further only from solid foundation. I have always been rough honest with you. Telling the truth, I don't wish better disciple for any master, though no guru could have endured you (*laughter*).

R: I know your style, you praise so that you reprimand. Returning to our subject, who is the saint? Who can be considered sacred?

G: The confusion among the people is caused by mixing up the saint and the holy-life man. The holy-life man is who performs various kinds of resignations in order to follow a set of rules and conduct a God-pleasing lifestyle. In this case the emphasis is on compliance of rules and renunciation. Rules are traditionally given within a religious system. If one is fully devoted by keeping the rules and making penitence, he/she is a holy-life man. However, this does not mean that he/she has realized God. In Christianity, canonization is institutionalized and miracles must be performed to it. In Hinduism, the situation is different; becoming a saint is not institutionalized, if enough people begin to worship somebody as a saint or one is proclaimed by some authority, then he/she is accepted and it is spread. In fact, one can be considered saint if he/she has

accomplished some form of God. At present, not all persons who are considered saints have realized God, and not all persons who have realized God are considered saint.

R: What is the role and mission of the saints?

G: Leading people to God. In this sense, it does not matter if someone strictly meets the definition, if they are believed otherwise, they can fulfill their role. People cannot determine who realized God and who did not, and what kind of realization was made, so they take decision according to other criteria and these are the miracles. People think that if someone can accomplish a miracle after his/her death, he/she is saint, because the most of people cannot.

R: How did you become a saint?

G: It had two components. One is that I have achieved the atman realization. But this would remain between God and me if others did not know about it. I owe it primary to Yogananda, who has become an international authority and has declared my accomplishment. In addition, I appeared for others, just as for you too, who believed in me because of this event.

R: In order to be considered saint, does one have to stay close to the earthly level? If one goes into God *smoothly*, will anyone notice it?

G: If one can go *smoothly* into God, there must be at least one disciple who will notice (*laughter*). Otherwise, we stay on the earthly plane because it is our task and it will affect the material world.

R: Let's go back to the miracles. Is it already a miracle for people that one is able to show up after his/her death?

G: The miracle act always requires two people. The miracle maker and the miracle receiver. Therefore, without followers, no one will be saint because there is no one to be influenced. For at least a decade you didn't know who I was, but I appeared several times. Of course, my motivation was not that you consider me saint, but I was doing my task. There are many helpers whose names no one knows, they will never be ordained by men, but they act in silence. Even the greatest saint cannot do a miracle unless there is a person who will open to the miracle. Therefore, most miracles are related to healing, because this is what can be documented and incurable patients tend

to open up to the transcendent and it can be performed miracles with them, through which God is quasi manifesting himself. The saint or servant is only an instrument in the hands of God. Some miracles have already happened through you, but no one has documented it or even nobody attributed it to you. People in critical situations can also turn to saints for help, and if they do, it can be a documented case. In many cases, however, people do not turn to a specific person, but help arrives, often through servants who remain unknown.

R: What can we call a miracle?

G: There is no miracle in reality. What cannot be explained to the people by the laws of the material world is considered a miracle. A miracle can happen when a higher world extends into the material world and overwrites the laws that are valid here. However, this is not a real overwrite of the laws, but it happens that the people are only partially or completely ignorant of the laws of the higher worlds. What a miracle for them is natural to us. When you met Krishna in Matura did you experience as a miracle?

R: No. But even my healing had happened. I went there to meet Him. It would have been a miracle if it hadn't occurred, because then I had failed in my faith.

G: You knew that you could only hope for mercy from Krishna, because everyone had refused you before, and you knew that you would receive it. There was no doubt in you. The miracle is, when someone giving up his/her doubts opens to an event, and this unhopd happening changes his/her attitude so far. Miracle is created by doubt and the consequent abandonment of it; miracle and knowledge are mutually exclusive.

R: Many are trying to prove their connection with God or the Transcendent by miracle. Could it be right to do this?

G: As in everything, in this case also the pure intention is important. If the helper considers himself/herself as a tool, he/she always knows whether he/she acts rightly or whether he/she can do it? What's the sense of doing a miracle with someone who wouldn't believe it anyway? According to Jesus, this would mean throw pearls

to pigs¹⁹. It is given somebody who believes in you, he/she is just opening for the miracle then you can do it. It's hard to do a miracle nowadays. There's more miracle maker than the miracle receiver (*laughter*)!

R: My previous question also included the existence of false miracle makers. How can we recognize them?

G: I advise everyone not to be afraid of miracles, because the miracle is in everybody. If one believes in an unsuitable person, the miracle can still happen to him, because the miracle is never done by the person, but is created by attachment to the transcendent. It happened to you as well that a non-self-realized person gave you a teaching which did not work for him, but it came into effect at your case.

R: It was misleading situation because it seemed that I've got the opportunity from him and I held on beside him almost to the end, while I owed the development for my connection with God. I was taught by many masters and I only found out later that they didn't even know what they were teaching. Therefore, they could not know what kind of effect of their teaching had on me.

G: If you had such a relationship with a master it is partly karma. You gave him the opportunity to redeem. On the other hand, many people teach as a medium and they do not know actually what they are saying and why. If someone later asks what they have said, they won't even remember it. I'd like to emphasize something else in this regard; no one steps accidentally on false road, meets with fraudulent masters, unfaithful priests, miracle maker fake-magicians. These experiences fit in his/her tasks of learning how to make difference. This is the path to adulthood. Just as one has to undergo bodily development, so he/she must perform psychical, mental and spiritual development. God does not protect anyone from his/her own mistakes. When you look at someone seeing that he/she is an unreliable, unacceptable personality, you have self-knowledge. This self-knowledge originates from your having faced with these

¹⁹ "Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and then turn and tear you to pieces." Matthew: 7.6. New testament, Holly Bible

characteristics in yourself you made a decision and rejected them. No fraudsters will come in your door because you are not; they have nothing to show you; you have no further duty with them.

R: Thank you for existence for us!

About salvation, enlightenment, damnation

R: I would like to ask you to clarify the concepts of salvation and enlightenment.

G: There are three main realizations of God's faces, and there are many levels and forms of these. The Jewish mystics distinguished 22 gate-opening demigods, and these were, indeed, principles. If one has fully implemented a principle, that gate opens for him/her. In Hinduism, there are several gate-opening demigods, and they are constantly multiplying, but all of them are traced back to the same 22 principles. The reason is because Hindus think in entities, not in principles. Once one has attained an accomplishment and has entered the demigod plane, the gate opener entity exists as a demigod for others, and one can cross the gate through him. Among these principles there are three exceptional: absolute love-serving, devotional knowledge-serving, and perfection. These three together are the Christ Consciousness. Thereafter, under salvation (or liberation; moksha) we mean that at least one of the gates was opened, and the concept of enlightenment is maintained for perfection. The kundalini is necessary only for the attainment of perfection, because the disciple is confronted with the precipice in this way only. On this he/she must pass through by his/her own force while there are no helping light-entities at this point. Neither salvation nor enlightenment means automatically somebody's entering into the transcendental world, but only into a transition realm. From this he/she doesn't have to descend anymore into the harsh material world.

R: Do we mean under the level of implementation that one which world has entered to?

G: When a gate is opened, one automatically enters to a subtle material world. Here his/her position depends on what kind of additional service he/she is willing to do for his/her development. Someone who has achieved an implementation level tends to ignore the others and from this originates his/her feeling that he/she is accomplished. In this case, he/she waits at the level reached. For me, several gates were already open in my material existence, but the realization of Christ Consciousness some were missing, which came afterwards. You experienced yourself when you sought for supporters for the UCC spiritual Realm that the liberated and enlightened entities were not helpful because they did not recognize that they should serve further for realization of Christ Consciousness.

R: People in the material world think that a liberated or enlightened soul knows and understands everything. It was a surprise to me that this was not the case.

G: Neither liberated nor enlightened souls know everything. They entered to a world through a narrow gate and were immersed in the realization they had achieved. Until something happens, they stay in that state. This *something* can be an interaction with another entity who is calling them for a task. If there is no response, this indicates that they have no duty with that task. Each era has its own set of principles that can be realized. When you recognized this, you immediately started looking for partners. It is not surprising that you have hardly found any, because people do not mean the same concept under the principle of Christ consciousness.

R: I think this may be due to the fact that the realization of Jesus is not understood or misinterpreted.

G: Exactly. From the essence of Jesus' principle has not been successfully integrated everything into people's minds during the past 2000 years, so therefore it is necessary the second step.

R: When I began to deal with the organization of the Realm, I also had to face that the liberated or enlightened souls, though might be willing to undertake an additional service, they cannot because they have no ability in any special service.

G: I at least, have ability in knowing you (*laughter*). Most of the liberated souls have ascended onto the subtle plane through the

realization of the Primordial Unity principle, and this is the only one for it is really unnecessary any ability. This is the child's realization or otherwise total surrender. Children are placed in a state of grace; they are protected by God from the further hardship and, if they do not strive for themselves, will remain in childhood until the end of time. They do not need to develop abilities; God gives them all what they need.

R: A question arises whether isn't this the right ending, and maybe I'm the one who is adventuring on the false paths?

G: You have the Primordial Unity principle for a long time, therefore you got it again from Krishna for the first word, you did not have to make any effort in this life, you just had to apply for it again. Some having the Primordial Unity principle does not remain in the subtle world but serve on the coarse material plane and on the basis of their further experience they recognize that other realizations exist. While dealing with this, they traverse the three created worlds and even descend into the lower worlds. Your experiences so far make you capable for what you have just started, but this does not mean that everyone who is in a higher dimension is automatically suitable for it. Suitability means the development of certain abilities (siddhis), and you have some.

R: Wow! Good to hear! I didn't know that I had siddhis. I can't levitate, materialize, walk on the water, or do space jump (*laughter*).

G: These abilities are already in your possession in the fine material world and are unnecessary elsewhere. However, they are spectacular in the rough material plane, they have a little use and would not increase people's faith. Your most important ability includes your relationships, that is, you have access into the three upper and three lower worlds. Have you found a closed gate?

R: Buddha did not open the gate. You went in and left me outside.

G: That's not what happened. The gate was open and you remained outside. Why did not you come?

R: Working with you it's not always easy to find out what the task is...

G: You don't have to find it out, but do what you feel.

R: I couldn't go in. Actually, I was afraid I could not come out!

G: When I went in, I was leading you to Buddha's female aspect. In Buddhism, the two principles are the most differentiated. In this way you are able to use the power of all mahavidya, that is, you have access. Your task is now to increase the amount of energy what is invoked and set in motion in time unit.

R: However, I cannot perform any miracle. If I really have certain abilities, shouldn't some of these be manifested in the rough material world as well?

G: How much time have you invested in this?

R: Almost nothing.

G: Are you going?

R: I didn't get such a task.

G: Patanjali clearly states that siddhis form a bonding force²⁰. The bonding force is created by the yogi's insistence of the manifestation of his/her own ability freely. This means that his/her ability is not subordinated to the divine intention and cosmic law. In this case, the manifestation of the ability is more important than service. On the other hand, if service is more important than the manifestation of ability, then bonding is not created and the yogi becomes an instrument in the hand of God. He/she really cannot do any miracles because it is not him/her who makes the miracles, but through him/her God performs the miracles, if He will.

R: I understand, and accept completely.

G: I testify that you have demonstrated such a siddhi that even I said it was impossible when you brought your companion back from the impersonal Brahman realization.

R: I knew he didn't want this realization, he just missed the road. Why should he wait thousand years to recondition it?

G: Others regard impersonal Brahman realization as the highest degree. And you take yourself and bring someone out of this. Who are you?

²⁰ **3.38.** The siddhis are obstacles of samadhi, although directed them outwards they can be considered as forces. (Yoga sutras of Patanjali, translated by Rhasoda)

R: A tool, as you said. I felt myself responsible for his missing the road, and without you I could not have reinstate his information filed. This was a point of our collaboration that goes beyond the traditional guru-disciple relationship. No guru would have done it, because it is beyond the competence of the guru.

G: Sometimes, we step beyond our competence (*smile*)...

R: That's what I've always been looking for, a brave, cool guru! What would I do with an enlightened soul who has realized a point-like god (atman) and he is afraid to expand in creation because two hen steps away (*laughter*) he no longer knows what to do?

G: It is a pleasure the existing with you. I've been meditating alone in boredom so far (*laughter*)!

R: You mentioned the lower worlds. Are these the planes where the damned go? Does the condemnation exist and in what form?

G: That souls are placed into the lower worlds who have seriously sinned against the law of oneness. At the moment of death, the human being is always confronted with his/her actions. This can be so surprising and traumatic that the soul runs away from the confrontation. But doing so only exacerbate his/her situation by excluding himself/herself from grace. In the lower worlds, entities are also layered according to the weight of their actions.

R: Is there a way back from here and how?

G: The events in the lower worlds are not created by God. These planes are the projections of the subconscious of humans, in this sense God is not competent to look into it. Under the law of free will, God and light beings (angels) cannot look into the subconscious spheres of human beings. If an elevated entity wants to assist in such a plane, it must take the form of a human. This was also done by Jesus, who went through the lower worlds after his crucifixion in condition of mahasamadi and freed those who were willing to follow him. But this was just a one-time act, these planes are full. The gates of the lower worlds are opening up one after the other, and incarnation into the material body can also occur because human beings engage in uncontrolled reproduction and the increasing amount of rape also attracts the lower world beings. As a result, the energy quality of earthly humans is gradually deteriorating. God cannot make these gates closed forever, so there is no eternal

damnation. These souls must also be given the opportunity of experience in material body. In the lower worlds there is suffering, but there is no death. Human beings staying here torture each other to death but they cannot die. If someone from this plane is born into a material body on Earth and tortures a fellow human being to death and then says he/she did not know that one could die then he/she may tell the truth. He/she faces the possibility of dying in torture here in the terrestrial dimension. Nevertheless, this does not console the person who died, and does not absolve the person who caused one's death. For millennia, the problem is how to clean these planes. UCC Realm provides a long-term solution to this therefore we support it. You recognized well that for this cleaning, it is also necessary to win the support of Siva while He rules over the demonic souls. What do your own experiences indicate about this situation?

R: At the first time, angels accompanied me to the gate, then they told it was not to allowed them to go further. I had to be successful there without help. It was a part of my training. In my later entries, when I had to go deeper, I was hold through an energy cord. Who descends from the UCC Realm to lead those who beg for help and whose karma is over, the same happens. The connection with the Realm is the guarantee that the helper can return, whatever happens. Obviously, Jesus didn't need any cord, but we did. In spite of that many souls were initiated as a saint or enlightened, there are hardly any who can and are willing to perform such activities.

G: Only those who want to realize the Christ Consciousness will undertake such task. That soul who has no judgment in relation to those who are there, and who is in absolute love and devotional service is capable to do this. The absolute level of perfection is not a requirement therefore energy security is necessary, but if one has it, he/she can descend from his/her own strength as far as his/her abilities allow²¹.

²¹ The gates of lower worlds were closed by God at Easter 2021, so it is no more possible to incarnate from these levels to the Earth. This possibility could be accomplished only after that the following manu and his shakti furthermore their followers undertook that regularly descend and clean these worlds.

R: Thank you for the today conversation!

About God, Heaven, Satan, Hell...

R: Who and what is God, and what is His relationship with human?

G: God is the supreme idea, and the atman of the human beings is the individual ideas. Thus, God is the sum of all individual ideas, and beyond these, He is the essence of Himself. This means that He exists in the form of the Supreme Personality of Godhead (Supreme Atman), and all created worlds are His body and the living beings are His parts, like cells or organs of a material body. He can also be characterized by His most important qualities: being in a state of absolute perfection (Sat), absolute consciousness and knowledge (Chit), absolute happiness and love (Ananda).

R: Religious leaders and scholars argue for the superiority of personal or impersonal form. What forms can God have and what is this significance?

G: Since the human being is a person and an individual soul, it may be important for him/her to treat God as a person. God can take any form, personal and impersonal, these relate to each other like the nature of light particles and waves, the forms can be transformed into each other, and it depends on the observer which one he/she perceives. If He manifests as a particle, He becomes an entity (personal) character, and if He manifests as a wave, He becomes a field (impersonal) character. God regularly manifests Himself in creation in personal form, in this case He is called names, and these names carry a set of manifested qualities and abilities. Names represent an information field which can be attractive to a group of people, so they specify that particular form and pray or want to realize Him. It is important that we can interpret God independently from the information field, consequently from the name in which He manifested, because He is not identical with that, but more than that. God implies all the entities and fields that have already manifested and will manifest in the future.

R: Heaven or Paradise Garden, referred to in Christianity, is a very simply concept about the higher levels of creation. How can we summarize what this concept means?

G: Creation emanated through three worlds which overlap. The Garden of Paradise or Eden is the second (Jetzirah) and Heaven is the highest created world (Beriyah). Above the latter is the transcendental world, which has not been created, here all living beings, who are conscious, are present in forms of Visnu-tattva, these are the ideas which are projected into the lower dimensions in order to develop autonomous awareness and activity.

R: How do you interpret the Christian parable about the expulsion from Paradise?

G: The parable talks about the obedience on one hand and the responsibility on the other. Those who are not yet able to take responsibility for their actions must obey a higher entity; nevertheless, who are capable of taking responsibility they can create the rules for themselves. If one can take neither responsibility nor obedience, he/she must leave the home that has been created for him/her and he/she must take care of himself/herself. That's right in small and large scale. As long as the parent takes care of his/her child, he/she gives the rule, if the child grows up and he/she becomes independent then the parent can no longer give the rule.

R: Was the Fall of Man a denial of obedience or has it happened something else too?

G: God would have given everything, even knowledge, but have not yet, because longer learning process would have been necessary. The serpent as a tempter is the symbol of kundalini, which leads to knowledge. If it is waked up too early and it is not subordinated to a higher consciousness, it can induce an unwanted creation. Such a creation is e.g. the appearance of unwanted descendants. While the patriarch (forefather) and progenitrix (foremother) were not trained to use this power, there was no other option only to break the connection with the higher worlds. Expulsion symbolically means that the kundalini tube has been broken from the sahasrara, causing the downfall of consciousness therefore the human pair have awakened in a lower world.

R: Was the kundalini inactive in the couple and they have woken up?

G: The tube was connected, but the technique was not given over. So, when they perceived the technique, they became creators in Eden, but because they were not in a state of self-surrender to God, they had to leave. At leaving, the tube was broken off and now it rests by scrolled in the bottom of muladhara.

R: Is this story related to making sex if once every religion forbids or tries to regulate it?

G: Definitely. In the consequence of their unlimited and uncontrolled reproduction they would create full the Eden with their descendants who would have been born also in a state of disobedience. At the same time, God should have taken care of their descendants. So, now this entire thing can be done in the terrestrial dimension. But the opportunity is open to everyone to connect the kundalini tube into sahasrara and for this one must learn to take responsibility for his/her actions and the obedience to the cosmic laws or directly to God. When this happens, the obstacle from entering into Eden is removed.

R: Is the serpent as the tempter the same as Satan?

G: The serpent, the kundalini is the symbol of the development of autonomic consciousness, is not the same as Satan. The misunderstanding of the symbolism resulted in that they are considered the same. Satan is another symbol, a symbol of denial of obedience. It exists in the macrocosm and entity character is attributed to it. In the macrocosm it can be characterized as the lack of light. The light beings which emanate from God do not constantly fill the space in a certain distance and the vacancies appear as darkness for the observer. Light beings are called angels, and voids are visualized devils by human beings. So, there are no devils, but there is the lack of light. When one has great ignorance or disobedience he/she attracts darkness, which is realized as entity by him/her. In man, as in microcosm, there is also light, as consciousness and darkness, as ignorance, because human's information field is created as a representation of the macrocosm. At the moment of expulsion, when the consciousness fell down, separation program was generated. This is now called as ego

program, which separates atman and buddhi consciousness. This separation creates darkness and ignorance. When this program is abandoned in the human being, then the personality development is reversed to return rather than separation.

R: How can the ego program be removed?

G: It can only be removed completely by deleting it. However, this requires first finding a higher awareness center from which the mind can be controlled. At the present stage of human development, the mind is controlled by the ego center, that is, the mind defines itself relative to the ego program. If this center disappears, then the mind cannot define itself compared to nothing, and as a result, the human being is confused, becomes insane. In the case of the development of a higher awareness center, if the entity is stable in it, the ego program will be unnecessary and can be deleted. In addition to deletion, it is possible to overshadow it forcibly into the background. Primarily among the monks, one tries with mantra, prayer, penitence and surrender to God. Since this entails suppression until the higher center is developed, the outbreak of the ego must always be expected when one is following a religious path. These relapses are quite common, but because they are kept in secret for the public eye, it is not known what psychological confusion can be caused among the monks if the situation cannot be managed. The passage of kundalini through the ego center, either by its own power or by the initiation of the kundalini master, deletes it temporarily but it can be reorganized again. The maintained practice of kundalini is necessary to avoid the reorganization and only the breakthrough of sahasrara with kundalini deletes it forever. At the initiation, the guru undertakes responsibility for the disciple as long as the master-disciple relationship exists. However, this can only be interrupted by the disciple, so it needs thorough consideration for us to whom we give it.

R: It was mentioned that I have got this initiation from you. Did I bring you in a situation that you regret?

G: No. If I sent you sometimes, that was from pedagogical reasons and purposes. If someone is being held on a long leash, she is frolic as she wishes. Sometimes she needs to know the freefall to

learn how can she hold herself (*laughter*). And do you had a point when you regret it?

R: Never. Sometimes I found your methods excessive, but they didn't dissuade me.

G: One who is not a model follower, should not be object that she is not taught by schemas. Anyway, you didn't get any hard training at all.

R: Ah! I'd rather say nothing about it otherwise I'll get to look for another guru.

G: Yes. Kundalini is an adult game, not in the hands of a child.

R: As the higher worlds are Eden or Heaven, do the lower worlds mean Hell?

G: The lowest levels of the lower worlds are called Hell. But God does not condemn anyone to Hell, especially not to eternal damnation, but everyone condemns himself/herself to Hell. Exactly for this reason, no one can expect to be redeemed from his/her own darkness without request.

R: What happens with the souls who cannot or do not want to come out from these worlds?

G: They have plenty of time for this. But once, this cycle of creation ends. When that time comes, who has not been able to enter higher worlds till then his/her information field will be erased. The atman liberates from it and returns to the impersonal Brahman radiation. However, since he/she did not consciously accomplish the atman, he/she cannot carry any information from his/her previous lives into the next cycle of creation. He/she starts from zero.

R: Using a computer example, will be the Winchester formatted?

G: There are cycles with reversible or irreversible memory loss. If once is irreversible, there is no way to recover the information.

R: This can also be considered as grace. Who is happy that he/she exists in Hell? Why don't they get it sooner?

G: Anyone who asks can get it sooner!

R: We've come to the end of our talks. Thank you for your existence as an entity between us and for staying with us for a while. I also thank you for all that you personally have given to me, to your disciples, and to all of humanity. Thank you for getting to know you, for experiencing you, that I can love you, and for loving me. Thank

you for letting me pass on my way and you still accepted me. Working with you is an exceptional experience, and I am happy to be able to share a small part of it. Finally, please close our discussion in a few sentences.

G: I would like to thank you for transmitting my thoughts to my fellow human beings. Anyone reading this book with devotion will experience its truthfulness. Those who recommend it to others receive a state of grace. Whoever begins to accomplish what is described here becomes the resident of the Spiritual Realm, who realizes it becomes leader. See you there later!

I'll always be with you!

Appendix

The objectives and rules of Universal Christ Consciousness' (UCC) Spiritual Realm (in further Realm)

I. Objectives of the Realm

A) To ensure the spiritual development and further ascension of human beings (hereinafter referred to as entities) to their divine ideal. To this end, the Realm maintains a residential school system in the spiritual dimension, in which multiple levels of training, both theoretical and practical, are provided.

Entities can enter the Realm after their death on earth in one of five ways:

- 1) by invitation from the higher dimensions of other Realms by the UCC Realm's senior leaders,
- 2) by their own will, through their own consciousness,
- 3) by consciously following the angels,
- 4) guided by the designated leaders (masters, teachers, delegates) of the Realm, and by unconsciously following angels, from the earth plane of existence,
- 5) lifted from the psychedelic world (bardo) by the guides mentioned under 4).

The center of the Realm is located in the third garden of the Tree of Life (upper Eden, lower Heaven), but it extends both downward and upward, thus encompassing all gardens. Entities are placed in the garden corresponding to their level of development and are enrolled in the school system that operates at that level.

B) To ensure that the entities are prepared for their rebirth to Earth. To this end, the school system provides a form of training in which the entities can learn and rehearse their future earthly tasks, so that they can prepare for them. This is based on a computer simulation program that creates realistic situations that the entity can experience and live through to understand, change and choose its personality traits.

C) To purify entities. Purification means the cleansing of the astral and mental contamination suffered in the psychedelic and terrestrial worlds, to the extent that it allows for schooling. Further stages of purification must be undertaken by the entity itself for its further spiritual ascension.

II. The Process of Integration into the Realm

a) Those who are admitted by way 1) are received by the founder, supreme leader or a senior leader of the Realm. He or his delegate shall guide them through the Realm, assigning them a residence, a place of work, a task, and servants.

b) Those who are admitted in 2) and 3) are received by organizing masters, who provide basic information on the workings of the Realm and then place the entities in temporary quarters where they may stay until further instruction. During the waiting period, they are free to move around the Realm in areas covered by their awareness, visit the library, attend events, meet and communicate with residents, and thus acquire information on their own. They have to wait until they are assigned a personal instructor from among the residents to help with housing and orientation. Once a personal interest has been established, the instructor is replaced by a teacher and a master foreman, whose study group and work group the resident is placed in respectively.

c) Entities admitted in ways 4) and 5) will be transferred to the reception center where they will receive first aid and basic information. They are not allowed to leave the reception center on their own. After receiving basic care for their injuries, they are escorted either to the health center (revitalization center) or to the temporary accommodation. Entities who are unable to regain consciousness in the second garden of the Realm will remain in the Health Centre until their fate is decided. Who are staying in the Health Centre will only be considered admitted when they have been granted temporary accommodation.

d) Compliance with the rules of the Realm is mandatory for all residents. Anyone who fails to abide by the rules after repeated warnings, or whose attitude is not improved, will be asked to leave by the senior leaders, and if necessary will be escorted beyond the borders of the Realm by the masters responsible for the order. In addition, any entity may leave the Realm of his/her own free will, in which case he/she has to provide for his/her own leaving, and may return in the ways already mentioned (1 to 5).

III. Rights and duties of the inhabitants of the Realm

a) Every inhabitant has the right to progress and learning at his/her level and the same is his/her duty, that is to say, every inhabitant is obliged to participate in some form of learning and work agreed upon with him/her.

b) The residents of the Realm (with exception of the invited ones /see I.1/, the founder, the supreme leader and the senior leaders) are not entitled to anything by subject right, but must participate in the creation of the living space, the care, the environment, etc., according to their abilities and the instructions of the leaders.

c) Residents have the right to ask for help in their own development and in solving their problems, and to this end they may turn to the instructor, the teacher, the foreman in the first instance. If they are unable to help, then the residents can ask for audition from leaders of the Realm in a second round, and from superior leaders of the Realm in a third round. For this purpose, they will make their request by "electronic" means.

d) Residents have the right to make use of extra-curricular opportunities (lectures, training, workshops, events, library, etc.) for their development, but these are not compulsory.

e) Residents have the right to quiet and peaceful study and development to the extent of their abilities and the duty not to disturb others in the same.

f) They shall strive to develop friendship, love, compassion and helpfulness in their relations with each other. They have the right

and the duty to deal with any negative emotions and to ask for and receive help to do so.

g) They have the right to move in and out, change schools and jobs.

h) Love affairs between residents are allowed, as long as they are conducive to their development and based on mutuality.

i) For residents of the second garden, any form of sexual intercourse will result in departure from the Realm and rebirth on earth. The traditional form of sexual intercourse is forbidden because the outputting of energy at the lower chakra levels negatively affects the energy system of the Realm. Correcting this imposes an unnecessary burden on the senior leaders of the Realm.

j) For the inhabitants of the third garden, a tantric form of sexual intercourse is allowed without energy projection, as long as the energy can be raised above the fourth chakra at least. If the chakra activity is below this level, they will be included in the second garden and will be subject to that rules. Tantric sexual practices may be mastered during their studies and practiced with a partner.

k) The residents are obliged to respect and care for the flora and to appreciate the fauna (which is present in the form of ideas).

l) If they still need nourishment, residents may only consume energized liquids (holy water, herbal tea, herbal soup), globules made from plants and their extracts, fruits, vegetables in raw and dried form, and seeds. Since they are present as energy, they are fully used up by the body and do not produce waste products.

m) The killing of any animal or human being is prohibited and will result in immediate expulsion from the Realm.

n) Any harassment, provocation, persecution or damage to the body of any living creature shall result in the isolation of the offender, who shall be treated by the caretakers of the appropriate department of the revitalization center and he/she will be reintegrated into the community after recovery.

o) Entities of child age shall be placed in the child reception center. Children may wait to rebirth after cleansing or they are placed to residents (as foster parents) and incarnate with their

foster parents at earth birth. Their education and development will continue at an age-appropriate level, in the absence of a foster parent, by Realm's staff.

IV. The Supreme Leader and senior officials of the Realm

- The universal Supreme Leader of the Realm: Sri Yukteswar Giri,
- The terrestrial leader of the UCC: Margaret Rhasoda Varga
- Universal Superior Leader: Rhasoda May (terrestrial name: Margaret Rhasoda Varga),

The universal leaders can only be replaced by the entities above them and cannot be excluded from the Realm. They are bound to act in unity with each other, with their own leaders and with divine law. The universal leaders select the territorial leaders, who are obliged to cooperate with each other and with the universal leaders. The selection of the top regional leaders is ongoing.

- The leaders are appointed by the upper-leaders (superior or territorial leader) and the supreme leader.
- The appointee may refuse the assignment, but if he/she accepts it, he/she is obliged to perform the task with full dedication until it is withdrawn (or returned).
- A supreme leader can only be a person who has the connection with the fifth garden (transcendental plane), a superior leader can only be a person who has the connection with the fourth garden, and a leader can only be a person who is the resident of the third garden.
- Universal leaders and upper-leaders are above the rules described in III, but are obliged to act for and under the guidance of their own divine ideal.
- It is the duty of the supreme leader and the upper-leaders to ensure the realization of the goals of the Realm, taking into account the respective divine will and cosmic laws.

(The universal leaders of the Realm)

About the author



Margit Varga was born on 22 July 1957 in Gyöngyös (Hungary).

Her scientific qualifications are: pharmacist and mathematician, PhD in pharmacy and chemistry. She worked as teacher and scientist for forty years in one of the largest University of Hungary (Eötvös Lóránd University of Budapest, Hungary). Her scientific interest involved the field of physical-chemistry, environmental chemistry and biochemistry. She published several scientific articles on the topic of non-linear thermodynamics, and environmental pollution.

Her spiritual activities started as REIKI-, AROLO-, Active Spiritual Healing Master-Teacher, Angel Course Leader, Essene Master. She is expert in the religion-philosophical systems of Buddhism, Hinduism, Taoism, Christianity. She is also familiar with modern psychological trends and alternative healing methods. She was co-author of the textbook on natural medicine in Hungary. She worked some years as naturopath too. She was a founding member of the Hungarian Essene Church of the Children of Light and later its ordained priest. Then she left the Church following her inner journey.

She perceived the starting of kundalini force in 1996. She experienced death threshold in consequence of uncontrolled kundalini activity in 04. 01. 2003 and this event turned her interest to the direction of yoga practices which was strengthened by the journey to India in 2005.

For four years, she was a personal disciple of the God-& Self-realization Foundation (India, Delhi) founded by Dharam Vir Mangla, whose guru is the world-renowned yogi Paramahansa Yogananda. She was initiated into Kriya Yoga by an international master of

Yogoda satsang also. Her current guru and spiritual master is Sri Yukteswar Giri.

She changed her name to Rhasoda May first, then she used her unified name as Margaret Rhasoda Varga as the author of her writings. She is the founder of UCCM, leading yoga master and teacher of UCC yoga courses which were worked out by directing of her Guru. She founded the UCC spiritual Realm and work together with her Guru in spiritual dimensions too.

In addition to this volume, she has written several books published by UCC Association.

Other UCCA publications

Margaret Rhasoda Varga: 22 Atlantean Initiation Paths Part I-II (available Hungarian) Music by S. Jancsó Miklós.

Lao-tze: Tao Te King (translated to Hungarian and interpreted by Margaret RhasodaVarga) (available in Hungarian)

Margaret Rhasoda Varga: Dimension Gate (available in Hungarian)

Margaret Rhasoda Varga: The Art of Living Life I. Path to awareness and happiness (available in Hungarian and in English)

Margaret Rhasoda Varga: The Art of Living Life II. Change of mindset (available in Hungarian and in English)

Margaret Rhasoda Varga: The Art of Living Life III. (available in Hungarian and in English) *The book is the material of "IQ-EQ-QS" spiritual self-knowledge, lifestyle training (the basic level of UCCA "Tat-Tvam-Asi" yoga school)*

Margaret Rhasoda Varga: The Sky and the Earth Meet (available in Hungarian and in English)

Margaret Rhasoda Varga: Interpreting the life and spiritual mission of Jesus (available in Hungarian and in English)

Margaret Rhasoda Varga: Without Illusions (available in Hungarian)

Margaret Rhasoda Varga: UCCA “Tat-Tvam-Asi” Yoga School.
(available in Hungarian and in English) *The book is the material of
“Tat-Tvam-Asi” Yoga School (first level)*

Margaret Rhasoda Varga: The book of the inner path I-II (available
in Hungarian and in English) *The book is the material of “Tat-Tvam-
Asi” Yoga School (second level)*

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- nutritional forms,
- development of human personality,
- science & art,
- supernatural world and metaphysical science,
- terrestrial & extraterrestrial intelligence,
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- aim or aimlessness of human life
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