

A full-page background image showing a sunset over a mountain range. The sky is a gradient of colors from light blue at the top to deep orange and red near the horizon. The sun is a bright red-orange disk partially hidden behind a dark, silhouetted mountain range. The overall mood is serene and contemplative.

Margaret Rhasoda Varga

The Sky touches the Earth

**Lessons from the school of Earth
& Heaven**

Margaret Rhasoda Varga

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**Lessons from the school of Earth
and Heaven**

Thank you to the *Supreme Being*,
and to the angels, namely
ANANDEL, ASMODEL, LIRIEL
that with their help and contribution, I was able
to play a small part in the process of creation.

Thank you for
the grace of **Sri Mahavatar Babaji**,

furthermore, to my gurus
Sri Yuktesvar Giri
and
Sri Paramahansa Yogananda
for overseeing my inner journey.

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INTRODUCTION

Separation and return

For a long time, I have studied the human race from the point of view of what shuts people off from God? Why do so few seek, and even fewer find, the way to God? In these few introductory thoughts, I summarize my findings.

Uneducated people are separated by ignorance.

The lack of knowledge that they are unaware that God is not an entity that exists independently of them, but is the purest part of themselves. Because they do not know the way to this realization, they don't get closer to themselves.

Educated people are separated by knowledge.

The acquired knowledge of the world is so diverse, and the capacity of the mind is so small in comparison, that the mind is completely occupied with storing, putting together and combining what has been learned. So, there is no room for God.

Poor are separated by poverty.

Since they are forced to spend their days trying to get their daily bread, they no longer have the strength to develop the skills, that could lead them to the knowledge of God. Because they do not know the correct technique of prayer, even when they do pray, it has little effect to make a difference.

Rich are separated by richness.

Vast wealth opens up opportunities for them to experience worldly pleasures, that God cannot fit into it, and even appears as a mental barrier that they understand as a limit to their freedom.

Monks are separated by dogmatism.

The monks are following a particular path, which the founder has already trodden before them. But God can be approached for each of them in an individual way, so they must sooner or later dare to stray from the trodden path, which they do not have the courage to do.

Freethinkers are separated by freedom of thought.

The freethinkers (e.g. existential philosophers; ontologist) who break away from dogma, recognize such an immense number of paths, that they are unable to try them all and make sure they are passable. This is why, after a while, they find themselves lost in a jungle of their own making, their mind preoccupied by the innumerable versions of the possibilities: it can be this way or can be that way...

Women are separated by men.

The woman who is living the feminine quality wants to follow the man who represents the masculine quality, but the man goes astray and does not offer her any upliftment.

Men are separated by women.

The women knowing the way scare men away because the latter cannot live through the masculine quality with them, and the other women tempt them to worldly pleasures.

Children are separated by parents.

Because they show false, childish and hypocritical images of God (Santa Claus, putto-like figures, Father Christmas...)

Parents are separated by children.

Because they are busy acquiring the material goods they need to grow up them.

Criminals are separated by fear of conviction.

Fearing that God will punish them, they refuse Him. Because they do not know that no one punishes anyone, all punishment is self-punishment.

Judges are separated by verdict.

Not knowing that when they judge others, they are judging themselves.

Young people are separated by inexperience.

Because they don't know that the only real purpose in life is to find their way home.

Old people are separated by fear of death.

Because they don't know that only the body dies and the soul is eternal, or if they believe this, they are afraid of what can happen to them after death, because they have no effect on it.

Hermits are separated by solitude.

Because there is no external mirror against they can compare their progress.

People living in society are separated by socialization.

Because they have to fit into the social pattern of a given society, and God-realization requires a break from social patterns.

Between these extremes, the soul moves from life to life, or even within a single life, only to find that no single state brings it lasting happiness. When his/her desires burn out, his/her mind calms down. We can help this process, but we cannot hurry it. Yet we sympathize with humanity in seeing the sea of suffering that is their class lot while they wander. That is why we are creating secular and afterlife schools, so that at least those who have already had enough of suffering can be empowered to achieve a happier existence by moving closer to the primordial state. The contents of this book are intended to facilitate that return.

Find opportunities to quiet the mind and experience the inner silence. Give God a chance to touch us.

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LESSONS FROM THE SCHOOL OF EARTH

Spiritual approach in everyday life (educational stories)

This chapter contains spiritual analysis and interpretation of everyday life situations. Ordinary life situations are lessons which, when properly evaluated, can bring us closer to understanding the meaning of life. In our analysis, the point is never what actually happened, because the event only provides a framework for understanding the spiritual essence.

The mulberry tree and Vedic wisdom



Nature is infused with the highest wisdom, you just have to live with the trees, the flowers, the bushes. When you tune into the plants, you become one with your own soul.

When I was five, I went to a summer kindergarten in a small village, which was more like a childcare than a nowadays kindergarten. The conditions typically were that 40-50 children were running around under the supervision of a single unqualified kindergarten teacher in a medium-sized yard having some sand, minimal sandbox play and two huge mulberry trees. The bleakness was such that I escaped once, but since everyone knew me, I was taken back from the street. Still, I owe my first meditation experience to this kindergarten. After lunch it was obligatory to sleep. Since I had no need to sleep, I was laying quietly with opened eyes, but if they realized that my eyes were open they were immediately admonished. So, I found out how to "meditate" with closed eyes.

I was a scrawny little girl, free from the slightest aggression. This determined my possibilities. Most of the kids chased and punched each other, the others fought over toys. I only had the chance to play with toys thrown aside by the others. So, all I got was a mortar and a sandpit pan. I find out that I could use the mortar to crush the purple fruit of the strawberry trees, color the sand with it and make colorful cookies. My joy didn't last long, because when the others saw the colorful cakes, they took the mortar and the sandpit pan. I then collected pebbles and painted colorful patterns on them with the sap of the strawberry trees. The others liked the patterned pebbles and soon took away my creations. I hid a colored pebble in my hand so that no one would notice. So, it was time for lunch and then the afternoon sleeping.

In my afternoon meditation, with the pebble in my hand, I "travelled" to the mulberry tree in my thought. I was sad that I could not preserve anything. The mulberry tree comforted me: "Act for the sake of acting, and do not be attached to the result of your actions."

As I stood in the world when I was five, so I stand now:

"Just as the ignorant do their deeds in the desire for results, so the wise man acts to lead men in the right path, but he/she does not cling to the fruits of his/her deeds." (Bhagavad Gita 3. 25.)

"He/she who neither desires the fruits of his/her labor nor hates them, lives always in renunciation. Such a person, free from opposites, easily cuts material ties and attains total liberation." (Bhagavad Gita 5.3)

A psychological experiment



Experiments have been carried out (in England and in Hungary) to see how long it takes a stranger to lure children under five away. The average time it took the child to agree to go with the stranger was half a minute. The aim of the experiment was to raise awareness of the vulnerability of our children to child

abduction. The method used by the fake child abductor was very simple. He/she piqued the child's interest with something that awakened desire in him/her. The hope of obtaining the desired object almost immediately overrode fear programs and parental admonitions not to go away with strangers. I am expressing my opinion on this subject because the explanation of the results of the experiment was completely wrong. And if a result is misinterpreted, the solution will also be wrong. Of course, I am looking at the issue from the point of view of spiritual psychology.

Children always show the adults a mirror. So, the first question that arises is, what does this experimental result mean for us? When I read the story, I immediately thought of Adam and Eve's "fall into sin". Since, what the serpent did, that was exactly what the false child snatcher did. It awakened a desire in Eve, Eve in Adam, and both forgot the divine prohibition. The meaning of the experiment, then, is precisely to draw attention to the most fundamental flaw in human nature, which is nothing other than a desire-oriented way of being.

The experiment also shed new light on the meaning and significance of eating apples in paradise. There is no fall! The snake was a symbolic reminder of the most powerful moving force in creation. The prime mover is the *thirst*! Desire is what creates everything, the whole material world around us, and all that we experience. It is no coincidence that Buddha set the elimination of desire as his banner.

But let's return to the relationship between parent and child here on Earth. What does child behavior indicate? It says: " Mom, Dad, you are like that." Yes, adults behave exactly like the children in this experiment. They know, for example, that cigarettes are harmful to them, yet they suspend their good judgment for desire. They know, for example, that it's dangerous to make love to a stranger, yet desire overcomes aversion. In countless cases, people are motivated by desire to do something that then has untoward consequences, and even if they regret it, they do it again and again. He/she does this until he/she has gained an understanding of the experience, so that he/she is able to renounce the satisfaction of the desire in question. But then another desire appears and everything starts all over again.

The other important thing to say, besides desire orientation, is that we forget the admonition. The hope of satisfying desire fills the experiencer with such excitement that everything else is pushed to the background. Divine admonition fulfilled for Adam and Eve exactly the same role as parental admonition does for a child. The children in the experiment forgot the parental admonition, and even the parents. This is exactly what adults do. They forget the divine admonition, and even God Himself. And so, they get caught up in the cycle of life, and they are subjected to all kinds of inconvenience, pain and anguish, from which God wants to protect them, just as a parent protects His child.

So, if we ask how we can protect our children from kidnappers (or sexual abuse), there is only one answer. We must never forget our guiding light (angelic, external and internal masters), our relationship with God, and we must teach our children to do the same. If we keep this in mind, we will always be able to sense when we or our loved ones are in danger, and even call for help. If we increase our awareness, our self-knowledge, then our understanding of what we are experiencing will be quicker and can be passed on to our children.

Genderism, the women-team's own goal



The purpose of my writing is not to take sides with or against genderism, but to promote a clarifying dialogue. As long as the representatives of the genders seek to distance themselves from the other's positions, as long as they

seek to defeat (persuade) each other, the struggle (even if justified) will result in resistance and will not lead to progress. At the moment, this struggle is full of emotions, fears and tensions on both sides, and often leads to below-the-belt blows, with the disputants seeking to humiliate and discredit each other. The majority of original genderism's supporters are women, while its opponents are both women and men.

It is important to remember what was the original meaning of genderism (gender theory). It was initially a branch of feminism that fights against social discrimination of the sexes. (This theory is misinterpreted nowadays. The essence of this misinterpretation is that people are free to choose their gender. We do not deal with this misinterpretation here.) Originally the theory did not deny that gender is biologically determined, but points out that gender roles are the result of the acquisition of social behavior patterns in the mind, i.e. they are essentially stereotypes and templates. Patriarchal (male-centered) society mentally imposes these on the personality from an early age and even later. These are the patterns that lead us to buy, for example, pink dresses and dolls for girls and blue trousers and cars for boys. Genderists want to eliminate these premature gender role templates and gender stereotypes in adult society, claiming that they result in the discrimination of women.

So, the story is about the fact that a person has a biological sex and a conventional gender role is built on top of it, and if one deviates (unintentionally) from this traditional role, one is punished, discredited and even ostracized. Conventional female and male gender roles appear in dress (woman: nylon stockings, high heels, make-up; man: trousers, sports shoes, suit, tie), behavior (woman: background

role, subordination, expression of emotions; man: controlling role, suppression of emotions, mental and physical ability, emphasis on power), role-taking (woman: child-rearing, household management; man: money-earning activities, hobbies).

Who knows me, wots that I cannot be accused of preferring the traditional female role. Even as an adolescent, I caused consternation in my village among old women by talking to adult men as an equal partner, I am not a 'feminine' woman, I like to wear trousers and sports jeans, I never wear make-up, my behavior is controlled, my attitude is firm, I put intellectual skills before emotional expression. In this sense, I would be a typical genderist. But...

In our time, gender roles seem to be blurred and reversed. The other day at the cashier's desk in a swimming pool, there was a man who was biologically male, but a woman in tone and gesture. As I handed over the deposit fee in exchange for the locker key, I emphasized that I was asking for a key to the women's locker room. The cashier, in his girlish embarrassment, handed me a key for a man's locker, which I only realized when I entered and searched for my locker. Hm... I'm not man enough to do that, so I walked back to the pay office to change the key. I had a good chuckle about the incident. This was the cashier's way of instinctively letting me know that I was a man compared to him, while I pointed out that I was asking for a woman's locker, precisely because I wasn't convinced he was correctly delimiting my gender identity. He respectfully apologized and I let him know with a kind, now feminine smile that I accepted him.

Genderism needs to be addressed because it raises legitimate questions in many respects, but if we do not seek to clarify the concept of gender identity, it leads to unreasonable excesses. Genderism uses the concept of sexism, which (by analogy with racism) is discrimination on the basis of sex. In order to avoid sexism, e.g. in Sweden in the nursery all children play with the same toys, use the same dress and even little boys have to pee sitting down to avoid discrimination against little children. It is necessary to draw the line here. It is biologically determined that a boy can pee standing up and sitting down, while a girl can only pee sitting down. On what basis, then, do we identify sitting pee as the only salutary solution? This would be analogous to saying that if there are blind people, then everyone should have their eyes closed so that the blinds are not

disadvantaged. With this requirement, we are restricting the freedom of little boys, while we cannot extend the freedom of little girls. This provision is therefore unreasonable and limiting.

Another example of sexism is the use of the naked female body as a commodity in advertising to sell something. There is a product that has nothing to do with sex, women or nudity, yet they put a naked woman on it to make it easier to sell. But the advertising industry is motivated by the profit, it knows the nature of the man who, if he sees a good woman on the wrapping, will buy it even if he doesn't need the product. In fact, the woman is more inclined to buy it too because she compares her to herself and thinks that if she consumes the product, she will be like the woman on the packaging. These kinds of advertisements, rather disgustingly, use people's gut instincts to influence their buying habits. But the solution is not to ban them from now on, because that's sexism.

Women like to be beautiful. According to genderism, this is because it is instilled in them by the beauty industry and the expectations men have of them, which they try to live up to. I don't think that's true. **Notice that in addition to biologically determined gender roles, there is also an evolutionarily determined gender role.** The latter is not a social construct, and in this sense cannot be eliminated. It is that men seek feminine women because they carry the evolutionary code that such women will be good mothers to their offspring. He looks for a beautiful woman because she arouses his desire more, which makes it more certain that his offspring will be produced. Conversely, the woman seeks a masculine man because it is evolutionarily coded that such a man will protect her and her offspring, and it is evolutionarily coded into the beautiful woman that she will use feminine practices to seduce men rather than wanting to be a nuclear physicist. And this is where genderism fails. For that the uncountable majority don't want to live according to the gender theory. Genderism should have the basic principle, if it doesn't want to become impassible, **to extend the freedom of genders to evolutionary-biological limits, so that those who wish to enjoy freedom can do so.**

Women's emancipation has indeed led to a situation where women have the opportunity to live both female and male gender identities in a social sense, and this can lead to role confusion for both genders. But

the solution of this role confusion will not be found by following isms. The solution is to increase awareness and empathy. By awareness, I mean that a woman who wants to live both roles should be able to switch roles consciously. If she is a 'man' at work, she should be a 'woman' in a social sense when she gets home. The family is definitely the scene of evolutionary role-play, and no one has yet invented a better one. If we want to keep the family as a basic unit (man, woman, children), we have to assume the 'traditional' female role. Of course, we can live differently, but we cannot make it obligatory for society as a whole.

And by empathy, I don't just mean that a woman must be able to put herself in a man's shoes, but a culture of behavior. Why for the woman? **Because the woman educates (ennobles) the child and the man, the woman makes society, life, sex, everything worth living for, more sophisticated, more demanding.** And a culture of behavior means knowing when and how to dress and behave (we don't put the top or bottom part of our body out when we go to exams, but we can do the same when we go to parties). It means developing a positive sense of feminine consciousness. We know what we want, with whom, when, and if we don't want it, we are able to give a clear signal of our intentions.

When I visited India, I thought it was important to show my respect for the culture by the way I dressed. I didn't wear a sari because I'm not Hindu, but I wore a long skirt and put a scarf over my head to enter the holy places. Even though I was in my fifties, I was still looked at with longing by much younger men (no one at home even looked at me). I had to confront how attractive a white woman was to them. But my behavior was respectful and aloof. A woman can look at a man saying: "To your place!" (Trouble is, if she looks at her husband like that, she can say goodbye to him...) The one who is cleaner is the stronger, her thought will be fulfilled.

However, there may be situations where there is a clear physical dominance. In such a situation, it is inappropriate to resist, but to let happen what happens. Less resistance will result in less physical injury, which will be easier to recover from. It is important for the woman to realize that she is not the same as her body, that whatever happens to her body is only the body that suffers. So, whatever has happened to you, get up and move on with an unwinking face. The

soul is imperturbable and eternal, the soul cannot be humiliated, it cannot be dishonored, and you are a soul. You accept yourself as a perfect spirit, whose vehicle is the body, which is subject to impermanence, sickness and death. Nurture this body, cherish it, so that you may dwell in it long and willingly. Don't want to be cleverer, the male thinks himself cleverer anyway... Listen to your feelings, these override his cleverness.

If you live like this, you will not need genderism to be admitted and accepted.

The role of admiration in partnership

A woman wants a partner she can admire. She wants him to have some quality or ability that she admires, so that she can look up to him. This admirable quality or ability may be different for each woman. One can admire someone for example, who is good at making money, but also someone who is excellent in riding or above average in education. This is probably the reason why young women are eager to partner with older men, since most age-matched men in their 20s and 30s don't yet have admirable skills.

If this admiration is maintained over the long term, then a lasting partnership can be expected, because admiration maintains the woman's love for the man as an emotional attachment. Men, on the other hand, love to be surrounded by admiration. They almost bathe in it. It dissolves their inhibitions, removes their inferiority complex, makes them soar and sometimes they can really touch the sky.

Today's women are unable to admire men because they think they are subordinating themselves.



On the other hand, what should I admire on him? – they ask. Well, basically it doesn't matter, as long as it is honest. If there is nothing else, that his little toe is smaller than the others. You have to look for something to admire in him. Another reason

for the missing admiration is that, what was admirable about going out

together can quickly fade away after moving in together or getting married. Admiration is dispelled by the drabness of everyday life. It turns out that this admirable creature snores, burps, has stinky feet, farts under our noses, in short, he is a flesh and blood human being like everyone else. What he may not have done before, now does uninhibitedly, because he is in his home where everyone wants to let themselves go. So, the miracle dissolves.

For a man, the beauty of a woman, the forms of her body, the gleam of her eyes, the grace of her movements, the melody of her voice, the charm of her being are the objects of admiration. Rare is the man who is captivated by a woman's wisdom or education. The latter may be admired, but it does not end in partnership. Because for a man, a woman is a love toy, a jewel that can be put in bed and admired, that can be made love with and owned.

This is the ancient evolutionary program that operates in conscious or unconscious mind of every human being. But life is different, much more complex. Women are tired of playing the role of toy, they desire all the qualities that were only available to men until now, and thus they have lost the man. They can no longer admire, because they can do everything a man can do, and they cannot be admirable because they do not use their feminine qualities, because society expects them to have masculine qualities in other areas of life. In a workplace can be a particular disadvantage to be a woman and not a neutral gendered figure.

Women's emancipation is undoubtedly the main cause of the partnership crisis and the breakdown of families. But female emancipation cannot be reversed. It would be like trying to live in the past instead of the present. Women have simply taken a big step forward on the road to self-realization, while men's attitudes are stuck in the past. They have an incomplete and limited knowledge of women as an idea. They think that the TRUE WOMAN, the IDEA OF WOMAN, fits within the narrow framework they have set up.

The ten cosmic forces (Mahavidyas) are proof of how wrong this is. The most powerful forces and energies in the universe are all tied to female personalities according to the philosophy of Tantra. And these feminine personalities cover the totality from the ugliest to the most beautiful, from the darkest to the brightest, and from the most violent to the gentlest, just as we experience it in the material plane of

existence. Woman, then, as an idea, is wholeness, just as man, as an idea, is wholeness. We are all narrow representatives of this idea.

"PRIDE" or are homosexuals going to heaven? (I wish it were so...)



I'm not even surprised anymore when human stupidity is put on a pedestal, which was the case in earlier times too. I believe and confess that this world we are forming around us is precisely for trying anything, regardless of whether it makes sense or not, whether it moves us forward or backwards. In this sense, the slogan 'No love is illegal' is entirely justified. Of course, no love is illegal, but has anyone ever said otherwise?

Even though in our world anything can be tried, it may not be necessary. People feel the need to try a situation when they do not understand the motivations behind it. First of all, let's be clear that a rigid rejection of something, or, on the contrary, an attachment to it, is a sign of emotional binding. In other words, anyone in whom homosexuality arouses desire or rejection has something to do with it. It does not provoke rejection in me, because I am aware that homosexuality is a mind-program (pattern, template) present in all people, but not active in everyone. Activation is not determined by genetic factors, but by spiritual life situations. If a person is able to understand the life situation, the homosexuality mind-program (like other programs) will be erased, because it loses its meaning.

Because I sense that society is incapable of dealing with the issue of homosexuality in the right way, I am forced to address it, in case anyone who understands it will save themselves an unnecessary round. On what authority do I share the opinion, you may legitimately ask? Answer: **1. I know my past lives, in which I have been both a man and a woman, i.e. I have lived both sexes. 2) I recognized the homosexual mind-program in myself and got rid of it (I understood and deleted it without physically trying it). 3) Both the female and male archetypes are active in me, which means that I**

can perceive and act as both male and female if I want to, but it doesn't drive me to any compulsive action.

To understand my explanation, it is important to know that we had previous lives, and unfinished relationships. Furthermore, the soul is free to choose his/her sex, born male or female, and can change sex from life to life. It is also important to know that everyone has a female and a male ideal (as archetype), who is no different from himself/herself, and that they are part of his/her own personality. He/she works on developing the identities of each of them from one life to the next, experiencing the woman as herself and the man as a separate being (partner), and then they swap roles. The roles can change between two, three or more participants as on a revolving stage.

Identity disorder can therefore be caused by being physically male (female), but the active archetype in the mind can be the opposite sex. In this regard, the spiritual basic rule is that it is always advisable to live the biological (genetic) gender on this physical plane, because the soul chose the given body. The active archetype in the mind always serves the purpose of providing a reference point. If I am male in body and male in mind (base case), then the task is to develop my male personhood to the male in mind (to the ideal). If I am a man in body and a woman in mind, then the task is to find the woman in my mind as my partner in the outside world and to live my masculinity in relation to the woman in my mind. Thus, homosexuality is also an identity disorder because, although the partners are of the same sex, their roles in the relationship are divided into male and female roles. In other words, they are not actually homosexual in terms of their role-playing in the relationship. So, what's the point? **1. Homosexuality is a disharmony between body and spirit, which the personality cannot resolve because he/she does not understand the complexity of his/her own personality, i.e. the essence of it is the lack of self-knowledge.**

Ignorance of past lives is an important component of homosexuality, because the person who is ignorant of past lives is now in love with John, who in a past life happened to be called Mary, and they have developed an excessive emotional attachment. Strong emotional binding from a past life can be of a partnership origin or a parent-child relationship. Someone may have been your child in a

previous life and you loved them dearly, and now you find them as an adult of the same sex. In such a case, the mind translates the infatuation of a parent from a previous life into love in our present life, and thus we live it as so. In this case, the task that arises from the situation is to sever the emotional binding, since the partners are born as same-sex, so that they can separate from each other and learn to accept somebody else and love each other without emotional attachment. Our next finding: **2. A major motivation for homosexuality is the ignorance of past lives.**

An additional motivation is analyzed in a non-exhaustive manner. It can happen that someone is unable to orgasm with the opposite sex, but can with the same sex. In this case he/she identifies himself/herself as a homosexual and explains the situation to himself/herself by saying that the reason for his/her inability to orgasm is his/her homosexuality. In reality, however, homosexuality is not the cause but the consequence. **3. In such cases, deep hatred of the opposite sex may be behind it.**

It is possible that the individual has been carrying the problem for many, many lifetimes, and that many misunderstandings have accumulated on top of each other. A corollary of the previous case is when the orgasm itself is the object of misunderstanding for the individual. People associate orgasm with sexual activity, mostly because they can live it through during this, if they are able at all. But orgasm can be separated from sexual activity. Orgasm (definition): a phenomenon in the human (animal) body, during which thousands of nerve cells are simultaneously excited (stimulated), and this excitement is released simultaneously by traveling up in the spinal cord to reach a specific point in the brain, where pleasure hormones are produced.

The point is that you need thousands of nerve cells in a well-defined area, and they have to discharge simultaneously because only then do they reach the brain. Where are thousands of nerve cells present in a small area to be excited simultaneously? Answer: a) genitals, b) rectum, c) mouth. The chances of having an orgasm by stroking my knee are small, but not impossible! So, the center of orgasm is in the brain, and the periphery is just assisting. The starting point of the orgasm phenomenon can be moved anywhere on the periphery, most easily to the rectum instead of the genitals. Thus, if

the stimulation of the genital nerve cells is blocked for whatever reason (hatred of the opposite sex, religious dogma, sexual violence etc.; all of these could happen in past life), then the initial point of the orgasmic phenomenon can be transferred to the rectum and the individual will identify himself/herself as homosexual. Our conclusion: **4. Homosexuality is caused by the lack of understanding of the essence of orgasm.**

Anyone who can control the mind and knows the brain orgasm center can produce an "orgasm" independent of the genitals, simply by concentrating on the right area of the brain. What everyone can do, however, is to learn a degree of concentration that enables him/her to experience orgasm there where evolution has given place to it. Of course, it is also possible to step back in evolution to the level of the birds, which do everything through their cloaca, from defecation to laying eggs to sex, because each one of us has the free will to experience what he/she wants. Even in the human form of existence, you aren't obligatory to be born, you can choose!

In this chapter I just wanted to share some important information with you. Each case requires a unique solution, because the mind-programs behind the situation need to be uncovered. Unfortunately, homosexuals do not go to heaven, no matter how believing or religious they are. Namely the ascension depends on that one has been able to recognize and rise above one's own mind-programs. In this sense, homosexuality is an unnecessary circle in the process of our life, because it does not lead to the elimination of root causes, but to the deflection of the problems and the accumulation of further karma.

It is not worth running unnecessary laps just out of pride.

Give, give, what God has given?

The issue is lying on the street, you just have to notice it and bend down to pick it up. One such topic was provided to me nowadays by a help wanted post on the UCCM Facebook page by an unknown person. The post asked for financial support for a disabled woman raising her children alone. I have replied to the post, but in this article, I will explain my position about the issue in more detail.

My reply to the post:

"Respected Address! The Universal Christ Consciousness Movement (UCCM) is not a charitable organization, has no assets and does not move money. As it is stated in the introduction on our website, 'UCCM is a spiritual and lifestyle movement for those who choose self-knowledge, the inner path, as their spiritual life's mission.' According to the spiritual aspect of UCCM, the miserable fate can be explained by karmic debts from previous lives. Unconscious people learn at the cost of their suffering, while conscious people create their destiny according to their consciousness. This way of thinking does not allow for any deflection mechanism whereby a person can blame others for his/her own bitter fate. This is entirely consistent with the authentic teaching of Jesus, but people are generally unaware of it. Nevertheless, out of our compassion for suffering people, we provide a free service to those who are interested, which is done through the Soul-ministry. This includes lifestyle counselling and prayer healing."

Explanation:

Apparently the 'Christ consciousness' in the name of UCCM motivated the request for help which was posted on my site, based on the stereotype that by appealing to the emotions of Christian believers, by causing them to feel remorse, they are usually available to donate and if they don't, they can be branded as hypocrites. With this in mind, let us first study the person to whom they refer, that is, how giving worked in Jesus' day. I base my knowledge on the scriptures of the Old and New Testaments, anyone can look up my claims.

In Jesus' day, the social network for Jews worked like this. The first-born adult son was obliged to care for elderly, sick parents until they died, and in the event of the parents' death, for his own minor siblings until they grew up. Therefore, the first-born right came with serious obligations. A woman, if she married, was henceforth part of the man's family, looked after by her husband, and if he died, the first-born son. If the woman had no adult male child, she could turn to her husband's nearest male relative who, if asked, could not refuse, i.e. he had to marry her by customary law (e.g. Ruth married Boaz in this way). Those who fell out of this circle and were no longer able to work could help themselves collecting grains. After the harvest, the grain left on the stalk and the scattered grains could be gathered by the poor. The disciples of Jesus also picked the grains on the Sabbath day, and there was a stumbling block among the Jews! Well, not because of the

collecting, but because they did it on Sabbath. Those who were not even physically able to pluck the grains, supported themselves by begging, which usually took place in front of the temples, and the richer Jews would help them with alms. Jesus himself never gave alms. He healed for free, and the donations he received were collected by his disciples. The disciples used this money to support the beggars. Jesus himself repeatedly fed the poor who followed him. After the crowds had listened to his teaching, he materialized bread and fish for them.

This makes it very clear to me what I have to do if someone asks me for a donation.

First, in the 21st century, in Hungary it has a governmental funded social safety net. I am a working human living on a wage and salary, and I give about half of my income to the state in the form of various contributions and taxes, which is also used to maintain the social safety net. I have been paying health insurance contributions for 35 years, and have used the health service a total of twice in the meantime (when I gave birth). The difference can safely be seen as a donation.

I am convinced that the only essential cause of all illness is the separation from God. Therefore, true healing can only come about by leading the patient back to God. I live a life close to God, that's why I'm not sick, I recommend this to others, and even the healing of all sick people who come to me is solely due to the approach to God and the divine grace resulting from it. In addition, I give 1-2% of my taxes and occasionally special donations to charities that I trust in and whose mission is to help the poor. I only support registered organizations that have an account number and are therefore accountable, and that I know are not working out of their own pockets, but if they are, they stand a chance of being exposed sooner or later. I do not recommend anyone to support private individuals or unregistered phantom organizations, because in such cases it is impossible to check and trace where the money is going.

Many people criticize the Hungarian social system for not supporting many people in need. But if we look closely at the situation of those who are missing out, it turns out that there is always a solution, but they are not looking for it, they are looking for the easy way out, which is to beg. But here too, Jesus' teaching is valid: "Seek ye first the kingdom of God, and all things shall be given unto you,

whatsoever ye need." For example, how can an invalid woman, who is raising her two children alone, seek the kingdom of God? First of all, it didn't come out just now that her husband drinks, and in her absence, he can squander the family wealth. In such a case, either the divorce must be obtained in time or the assets must be put in the children's names to prevent the bailiff from taking them. If it has already been done, one does not drag her children into her and her husband's karma so that they too become beggars, but place them in state care so that they can finish school and have a chance of not falling into their parents' fate. She would move into a homeless shelter and support herself on her disability pension. She could even become a nun, donating her disability pension to her host community, and even carry out useful activities for the community or society, according to her abilities. Of course, these solutions would not be preferred by the woman very much.

There are thousands of homeless people in Hungary, who don't even have a rented room. At the same time, there are thousands of unsaleable uninhabited houses on the country, whose owners are extinct. If, for example, these homeless people were given a social benefit (free rent) with an initial amount of crop seed to start farming in their backyard of these empty houses, how many homeless people would be willing to move there and plant potatoes, hoe and wait for them to sprout? My guess is not many. In the capital, a beggar at a busy intersection gets about half amount of money (without paying tax) than an uneducated worker. So, why would he/she go to work? This is enough to keep him/her from starving, and own apartment won't be even from the double of that, so he/she prefers to live from the creative and working members of society.

For me is unnecessary to explain what poverty means! In my previous life I was a beggar who froze to death in the ditch, although I could have joined a monastic order to devote my life to God. Surely, I would not have had to be born again if I had done so... And my present childhood was spent in such poverty for years that the food of the family had the crop grown in the backyard. I learnt to mix potatoes with flour and fat in countless combinations so that the resultant dishes would give the appearance of variety and still be good to eat. Yet we never thought of begging or soliciting for donations. We worked hard and we survived. Those who do not make every effort to escape

beggary will be born beggars next time; but there are things lower than that.

So, no one should ask me for any more personal donations, because I don't owe anyone anything, I have paid all my debts. All my wealth belongs to God, ask Him to see if He will give to you from it. And if I reach the Jesus' level and acquire the ability to materialize, then I will also invite the poor to have some materialized fish, bread, or water turned into wine, but only after they have listened to my teaching. First the Word, then the food, because that's how Jesus did it. He just knows that if you don't progress, the gate of Heaven will not open.

The ByeAlex phenomenon

The singer ByeAlex, who we sent to the international song contest one year, has burst into the Hungarian public consciousness like Saint-Exupéry's little prince on Earth. The reason for his arrival is that fewer and fewer people like to read adult stories, so they need to be taught through song. But the little prince disguised himself as a dwarf to make him harder to recognize. *'My Darling'* (ByeAlex's nominated song) is not a love story. The song is about how everything works differently in the world of the dwarfs. The dwarfs' darlings are bees, green-backed beetles, butterflies. The song touches the soul of those who long for childlike simplicity and purity. In fact, this desire is in everyone's soul, but many people's souls have been covered by the cultural mire of the 21st century.

ByeAlex, like the youngest prince in a folk tale, went out into the world in disguise to seek his fortune. He knew he would not win, yet he would go out victorious, because he would have the moral victory that comes from giving himself to the world. The whole song is an exhortation spoken on behalf of many of us. We are fed up with the hypocritical, false glamour of the celebrity world, and we want something different. What Saint-Exupéry's little prince radiates, what is in ByeAlex's song, what is the main virtue of the smallest prince in folktales, what is in the depths of our souls: honesty, openness, love.

I wish this country many little princes (princesses)! May they not be touched and stained by the filth of the earthly world. May they stay in touch with the purest essence of themselves, because if this connection is lost, the magic will vanish and we lose them. I, as the

mother of all little princes (princesses) in disguise, secretly take care of them so that they can stay among us for a long time, because "Who is impregnated by the Law-text, is not affected by the vortex." The Law (Tao, Dharma) is the absolute truth engraved in the souls of all of us.

Bye Bye Alex!

Edifications of a Himalayan expedition



The emotions have slowly subsided that were stirred up in the lukewarm standing waters of Hungary's lake by a tragic Himalayan expedition, during which two climbers died. Many people have analyzed the events from many different perspectives, so allow me to add my own, as it suits me, from a spiritual-philosophical aspect.

The materialistic human, once he/she reaches a certain level of consciousness, starts looking for the meaning of the uppercase LIFE. He/she no longer finds it in eating, drinking, making love, raising children, but today he/she is looking for a higher purpose. This search is directed – according to each person's abilities – towards showing of a particular physical or intellectual achievement. Athletes, for example, want to break a world record, scientists want to make a unique scientific discovery, artists want to create something eternal. It is a natural human aspiration, since the Pharaohs themselves sought immortality by erecting pyramids to commemorate themselves. In those cultures where people do not believe in the immortality of the soul, they strive to keep their name alive. They believe that if they achieve something unique, they give something to the world, and in return, successive generations will preserve their memory. Of course, not everyone can become a king, head of state, scientist, artist, sportsman, etc., so the Guinness Book of World Records was created for more ordinary people, where you can get into the Guinness Book of World Records by eating, say, 400 pancakes.

The search for the meaning of LIFE is the highest activity of the human mind. It belongs to those people who have developed very subtle mental functions but are not yet able to free themselves from the limitations of the mind. Thus, they develop within themselves a mind program by which, guided by it, unique achievement can truly be achieved. If, for example, there are 12 mountain peaks on Earth above 8,000 m, they all must be climbed, because only then will the mind be satisfied, since it has then executed the program. The mind-program, just like a computer program, is rigid, it can neither modify nor stop itself. The more often one uses this mind program that he/she written for himself/herself, the more it becomes a part of one's life and one cannot renounce it, it becomes a fanaticism. No one may expect any more special achievements, because one has done enough to keep one's name alive, but the program drives him/her even further, because the goal must be fulfilled, because we live only once, don't we?

It becomes particularly interesting to analyze this issue from the perspective of another culture. The Tibetan Sherpas, of course, believe in reincarnation, and for them any foreigner, who risks his/her life to climb mountains in search of fame, is a fool. The mountains are the dwelling places of the gods, who must be respected, and one should go up the mountain to establish contact with them if one wants to ask for something or give thanks for something. So, they don't climb mountains of their own accord, or even if they climb them ten times, it's not important for them to have their names recorded. They have to make a living, of course, so for a fee they can climb, and sometimes their performance is even more extraordinary than the noted climbers, but nobody cares, because they are not sponsored.

So, the climber, on his/her way to the summit, falls into the trap of his/her own mind if he/she cannot break out of the clichés and modify the mind-program that controls him/her. Of course, one could argue that the lack of oxygen in the brain, thirst, exhaustion, etc., does not allow for a flawless functioning of the mind. However, yoga practitioners have long known that turning off the mind leads to the wisest thoughts, provided one has developed a higher level of consciousness. When the mind is not functioning, this higher consciousness takes over. This could also be the solution of the problem, namely, that no one should go to a high mountain expedition without advanced yoga practice, because it could save his/her life. On

the other hand, yoga practices can make the whole climb pointless. Indeed, doing some yoga exercises can be as challenging as climbing the Himalayas.

The question may be raised whether the yoga process practiced at a high level does not create the same conditioned state as climbing a mountain, with the difference that it sets up a different mind program that creates the delusion in the practitioner that he/she will become enlightened, self-realized, which is the most perfect goal in life according to yoga literature. From my experience I can say that it is not the case. The yoga practice actually shuts down, eliminates the compulsive mind programs and one becomes free of them. He/she can still climb a mountain or do anything of his/her own free will and with full responsibility for what he/she does, but no longer guided by the mind, no longer under the influence of a compulsion, but fully aware of his/her own spiritual origin.

The case of the sex-addict swimmer girl with "Little Uncle"

The case of the sex-addict swimmer girl who was molested as a child by her own masseur will sooner or later be forgotten, as there will always be new cases that are lessons to teach humanity. My analysis is not intended to misrepresent the facts, but to deepen our understanding of the human nature. In this respect, the facts are secondary, perhaps never to be revealed. The point is always what the case teaches the characters in the story and the outside observers.

The outside world is always a (curved) mirror for us, in which we can discover one of our qualities, and by analyzing it we can come closer to knowing ourselves. In this sense, the characters in the story, like actors in a cinema, are only presenting us a scene to which we react according to our own personality. We can react with pity, regret, sympathy, indifference or judgment. Our reaction determines us. If we react with judgment, for example, there is a defensiveness behind it. Judgement means we distance ourselves from the other person who did it. But in reality, in Oneness there is no separation, if we separate, we do not recognize a part in our subconscious, we push it deeper, that is, we are very much dealing with what has happened. So, the solution is not to judge but to understand. Understanding is not the same as

approval. Only by understanding can we evolve, and only by understanding our fellow human beings can we lead them towards higher consciousness.

The events of our lives are always arranged around us in such a way that to reveal the flaws, shortcomings and wounds in our personality. If someone is sexually abused as a child, there is a damaged or deficient paternal pattern behind it. For the child, the father is the embodiment of protection. In this respect, the first seven years are the most important. If, for whatever reason, the father does not fulfil this role, a damage or deficit is created in the child's personality (astral body). It is like a wound. The interaction between the wounded child and the outside world will continue in such a way that the child will experience it as if everyone is touching this wound. But she does not understand why this is happening. She desperately tries to find an older man to hold on to (e.g. a trainer) instead of the father, but she is repeatedly disappointed, since all men will only show her what is missing from her.

The child grows up, and the shortcomings of the father's pattern are then reflected in the shortcomings of the male pattern. This problem can go as far as the absence of a male pattern, which the person can compensate for either by completely shutting herself off from sexual roles or, on the contrary, by unscrupulously switching her sexual partners.

In our case, the swimmer girl was really in trouble. She has revealed her trauma in the form of a scandalous book, but she has also drawn attention to the problems not only of her own but of all traumatized adult women in similar situations. The father's lack of care for the child at the critical time, for example because he is busy, absent from the family, or because he is autocratic, dominating, and generates fear in the child which the mother cannot counteract, is enough to show the shortcomings of the father's pattern. Specific knowledge of the situation is needed to detect this. The further development of the damaged personality will lead to the fact that he/she will not be able to start a family or a lasting partnership, will not have children or, if he/she does, will pass on his/her own damaged pattern. This is how the psychological damage is passed on from generation to generation, until someone realizes that it can be resolved, can be worked out.

Deep psychological wounds of this kind are usually the result of past lives, and the present life is a repetition of the past. The incarnation of the victims of the period after the Second World War has not yet ended, so we cannot expect much good. Children will be born with serious psychological scars into families where these psychological scars will be suffered again in a different form. It is (also) our job to raise awareness of how these traumas can be dealt with and prevented from being passed on. This does not happen at the genetic level, so it can be done through personal development.

I would also like to touch briefly on the perpetrator side. In my way of looking at the world, the role of the perpetrator is to draw our attention to a deficiency, the flaw, the defect, what we have within us. This does not absolve him of any consequences! I repeat, we do not want to judge, we want to understand! The less self-awareness the perpetrator has, the more the deflection mechanism kicks in: he did no such thing. It does not mean that he is lying, but that he really does not remember. The mind banishes from the consciousness a pattern of behavior what is totally unacceptable to it such an extent that it can only be brought to the surface by hypnotherapy. He will die believing in his innocence all the while. What led him to pedophilia would require a separate analysis. Only that man could judge him who would not be tempted by massaging beautiful, young women's bodies day after day. We must accept without judgement that this is the nature of man. There are men who are pedophiles and there are men who have not yet been found to be pedophiles because they are not put in that situation. In my personal experience, around fifty per cent of girls have had a pedophilic experience as a teenager, perpetrated on them by their father, brother, close relative, teacher, coach, etc. In practice, the girls who get away with it are those who are either bodily underdeveloped or ugly.

This does not mean that we have to live with it! We women have to accept that this is the nature of men. Mothers must teach their daughters how to avoid sexual harassment. How does the mother react? She wants to ignore it. On the one hand, she does not want to realize that her daughter is growing up and that her body is more attractive to men than her mother's. On the other hand, she deflects! Because if she didn't, she'd have to face the fact that it happened to her too. If she doesn't know, she doesn't remember because she's locked it

away in her subconscious. Everything that happens to her daughter is her mother's pattern. What the mother has not processed, the daughter will give as a task to help each other to understand. If this does not happen, the suffering continues.

At the latest after death, we have to face all the information locked up in our subconscious. This is the real hell! Because the person is reliving everything that they have not processed in their life, and experiencing everything they have done to others as if it were happening to themselves. This may seem like self-punishment or punishment from God, but it is actually the Universal Laws at work. There is no way to avoid it. It is not a matter of belief system. There are Laws that neither the material sciences nor religions have revealed to people, because they cannot, just as a kindergartener cannot be taught the university curriculum. He/she who becomes mature enough will seek the path to true Knowledge.

From now on, let be our goal to gain a deeper understanding of the events and actors around us, and thus to raise the awareness of ourselves and others! It is up to us to do so. If we do, we will most certainly feel much better in the world and others too, around us.

Edification of the adaptation of the rock opera "Stephen the King"

In Hungary, we are slowly getting used to everything becoming a 'case', if we don't have any case, we make one, and we chew the rubber-bone what the media has thrown to us. First of all, I have seen the adaptations of the play on TV from beginning to end. I do not think it is ethical for me to express an opinion on something I have not even watched.

For me, the music and the lyrics of the piece have always been and remained full with elementary power. It is a genial work; it is genial for us Hungarians, because the musical motifs based on folk music elements are part of our culture, as is the Hungarian language, which is extraordinarily expressive and can only be truly appreciated by those who know other languages well. The artistic value of the piece has always made me forget the presentation itself, that is, the form in which they try to clothe the work. The work of the chorus and the

dance ensemble, the power of the crowd scenes, makes me up for the fact that the solo singers could not really sing (respect to the exception) neither now nor in the previous versions.

After that, a few words about the scandalous processing. The director strove to bring the message up to date, and to do this he wanted a non-costume performance. I would like to point out that this has not been achieved. If a play is performed in period costume, it is costumed, but the play remains costumed even if some of the actors are dressed in SS uniforms, as in this version. The artificiality of the costumes has therefore not been avoided.

Let's look at how to update the message of the play. To understand this, we must first be aware of what the original work itself says. The message of the rock opera, as intended by the author, was clearly and unambiguously expressed in both the old and the current production. Probably because the composers knew what they wanted to express. ***Embedding a national culture in a cultural environment alien to it and integrating a nation into a larger entity is bound to pose problems and compromises, whether the alien cultural environment is Russian, German or European. In return for their support, the representatives of the foreign culture demand compromises and guarantees, which the leader of the country is forced to give, even against the interests of his own nation. This has been the case in the past, is the case in the present and is likely to be no different in the future.***

If the parent has children, then in return for support and belonging to the family, the parent expects the children to behave according to the family's customs, e.g. to sit at the table at a certain time, dressed, eating fried chicken with a knife and fork. (There are places where this is not the case, but then you have to adapt to other habit.) If the child does not like this, he/she can leave the parental home as an adult, become self-financing and he/she can create the suitable conditions according to his/her custom for eating fried chicken. If he/she cannot do this, there is communication, or in other words, the negotiated way of resolving the conflict; during which the child can say that he/she is very hungry and ask to excuse him/her that he/she is eating fried chicken with hands and feet, in underwear.

Another part of the original message is that any leader who is forced to confront the short-term interests of the people for the long-

term survival of the nation must rely on an army of banger to whom he must hand out money, wealth and position in return for support.

No leader, from Stephen, through Matthias, to Kádár, to the present day, has been able to avoid this, neither here nor abroad. The ideal democracy is a wishful thinking, and people came from far away (e.g. America) can say what they want, we cannot control it.

Onto this clear message of the play was superimposed by the confused message of the director's personal interests and desires. ***One of the messages was that we are tired of politics!*** While people are indeed bored with politics because it is not about them, but about internal division, this message has not got through because it led to self-contradiction. What do people do when they are bored of politics? They don't engage with it, they look for other activities. That is what the Hungarian man do. What the director should have done was to immerse himself in art, and then he could have remained authentic. But he just pretends to be bored with politics, but at the same time he really wants to be near the meat pot.

The other part of the message was that the current Prime Minister (Orbán) should be pushing for European integration rather than declaring 'war' for foreign countries and introducing dictatorial elements into domestic politics. The director wanted to convey this message by updating the play. Such a message can only be conveyed if the audience can replace the characters in the play with the current political actors of the day. The director thought that Hungarians substitute Koppány with the Prime Minister and thus realize that the fight for freedom was a lost cause. The Hungarians was supposed to replace Stephen with the opposition leader who wanted European integration. And here comes the problem: there was no one! The Hungarians could not find a single opposition figure whom they could successfully identify with Stephen. So, all the Hungarians, for lack of a better, substituted Stephen with the Prime Minister, which situation made the message of the director's intentions confused and unintelligible. Thus, the director unwittingly placed a deeper understanding of the current Prime Minister's position into the people's minds.

This is called the boomerang effect.

From the diary of a misunderstood genius



An exciting self-awareness method is to occasionally put yourself in the perspective of another person. There are many insights to be gained. To do this clearly, we need to be in a state of total acceptance and non-judgement. I wrote this ars poetica for someone else. If anyone were to

recognize a real person from it, it is merely the work of a non-existent "coincidence". I recommend the practice of this method for those who have a lot of problems with others. If you are not successful in understanding the other person, I am happy to make myself available for our self-knowledge training where the method can be mastered.

The diary:

"1. I was born into this country to save it, to hold it together and to lift it up... The last time when I was head of state, the form of government was a kingdom. But now I have to play democracy. But there is no democracy, and there never has been, except in illiberal form. Why is no real democracy? Because it would require citizens to have the capacity to take responsible decisions, and that is lacking. Democracies in their name are (and always have been) controlled by a narrow elite who use the media to influence the people through their emotions and achieve their own will. Since I have no intention of creating a kingdom, I can only do the former.

2. I am aware that I am a divisive person with many enemies. However, I am free of any counter-emotions, because I am not governed by emotions, but only by calm, logical necessity. In this reverse world, people label me a liar when I speak the truth and assume me to be truthful when I lie. That's why I'm not too motivated to tell the truth. Everyone gets as much of the truth as he/she can bear. I always make statements according to the long-term interests of my country.

3. I have practically no honest supporters who see through my plans. If I don't want to be mad from responsibility and loneliness, like Széchenyi did, I need to find partners for my work. I won't bother about who supports me and why, because everyone will join me on the basis of their interests. That would be the case even if I were doing the opposite of what I am doing now. That's just the way people are. King Matthias had no choice. He rewarded his followers with what he took from his enemies, he made a few gestures to the people, yet he became the symbol of the righteous king. That is how much people's opinions change in five hundred years. Anyone who wants to move faster than his time must always do more or less violence to those who impede progress. This has always been the case in the history of the world. Fortunately, I do not have to resort to physical violence, I am content with applying strong pressure and using the loopholes provided by legal instruments. Those who support me out of self-interest will sooner or later be caught. Just as I cannot count on their loyalty, they cannot count on mine. This is called a pawn sacrifice in chess.

4. I have to create a domestic bourgeoisie so that we are less vulnerable to foreign capital. I can only achieve this by concentrating the funds in the hands of my supporters. I am aware that they do not meet my expectations, either in intelligence or in commitment, but for the time being, I am surrounded by such people. The aim is to keep as much of the money in the country as possible. In time, the incompetent will drop out, become poor, get caught, and the next generation will increasingly earn their wealth by their abilities. Similar processes took place in all developed countries during the original capital accumulation of the last centuries, of course they don't remember this and now looking at me, they don't recognize their old selves and demagogically blame me. But I learned everything from them, I model them.

5. I will uplift a community with all the infrastructure that people need. There will be a stadium, a small railway, whatever you want. I create this as a model for the people. Those who follow can achieve the same things, but the envious don't understand. They accuse me of chasing my own dreams. Yes, I am. I want to set that example for

everyone, follow your dreams and insist on them. If you're persistent enough, you'll make it. Everyone has to lift up their own environment, where else can I start but where I was born? First take care of your house, then your street, then your village (town), then your county (district), then your country, and only then take care of the world. If everyone did this, the whole Earth could become Paradise. As long as we blame others for our own misery, we will never get out of it.

6. I had to find out something for the country so that they can live the unity in something. I thought I could find it in football. Incidentally, I love football too, but it could have been anything from me. It would be impossible to create unity by supporting research about the sex lives of leaf frogs. I needed something that everyone understood, that the majority liked and followed, that could be used to drain emotions. I'd rather have the crowd go wild at the football match than beat his wife at home. The stadiums should not only be used for football matches. They could also host theatre performances or classical music concerts, but how much demand is there for that? They could be the scene of community gatherings, or a fairground where people could take their goods out to exchange with each other. I create the conditions for building, but I can't give everyone the imagination to be able to bring the buildings to life. This country has been physically and mentally oppressed for too long. We have been drained of initiative and creativity. I would like to give people back their freedom, but freedom cannot be given back until they know the difference between freedom and licentiousness. Freedom does not mean to do everything, but freedom to do what brings us closer to our goals and does not limit the freedom of others. At the moment, I have to set limits to my people's experience of freedom, because I see liberal permission leads them to a dead end. Liberal permission equals national suicide.

7. I've pumped a lot of money into the economy, sports, education, health... But I see money disappearing in the intermediate channels and not reaching its destination. It is like watering burnt-out grass, the weeds are more violent and grow faster than the lawn. It takes longer, more careful maintenance, constant weeding, until the lawn is established. It takes many, many hands to pull out the weeds. Many

people criticize the money invested in sport, but it is so simple. Sport is the quickest way to get back the money invested. What comes back can be used to support the rest. Health care, in its present form, is a “sickness care”, in which everyone is interested in staying sick as long as possible. It is a straight road to bankruptcy. Conditions had to be created in which people were forced to recognize that they would be best off if they did everything they could to avoid illness. Quality education costs a lot and increases the brain drain from the country. We are constantly training the intellectual elite of developed countries on the poor Hungarian people's money. We should not train Hungarian for the developed countries, but for our own country. And here we need skilled workers. This will soon be the biggest shortage abroad, and then everyone will see that I made the right decision. No one and nothing can stop anyone in learning who wants to learn. A good example of this is Lomonosov, who came from illiterate parents, educated himself in a self-taught way, and then, at the age of 17, set off on foot across the Russian snowfields to continue his education. And so, after an eventful life, he became the greatest Russian physicist, chemist, linguist, poet and philosopher of his time, who knew 26 languages. There are plenty of good examples, one should not follow the parasitic, lazy, shirker alcoholics. If one wants to know, make the effort.

8. I act according to my faith and to the best of my ability, with full commitment to my country, I am proud to be Hungarian. Only posterity can be my judge."

Edification of a Football Championship from the perspective of spiritual self-knowledge



Everything that happens to us has an impact at every level. Spiritual self-awareness encompasses all these levels and analyses them together.

What we witnessed at the European Football Championship is a collective creation. Once a certain level of technical skill and

routine has been achieved, the victory or defeat of a team is determined by which side can believe itself capable of winning. In this respect, the trainers have been of decisive importance, having built different models for themselves living in Germany than the coaches here, who worked under the Hungarian curse for decades. It would have been impossible to win with the latter because they did not believe in winning. Even though they had the same team, and even though the preparation could have been similar, the lack of creativity would have made the match hopeless. The same was reflected in the fact that the over-50s were the ones who did not believe that the team would make it to the tournament.

Let's look at who makes up the army of fans who follow the team to every city? From one to the next, they're young men under 30, who no longer bear their parents' patterns of hopelessness because they were born at a different age. The influence of the hard core of supporters has spread to the Hungarians at home, and all Hungarians have cheered and celebrated almost as one. This is how the collective Hungarian success was created, to which the contribution of the supporters' camp was invaluable. When everyone as one person starts to believe that something is possible and sticks to their stance, then it will happen. The differences between the various teams are precisely the result of this creative force based on faith.

Of course, there are Hungarian sceptics who did not like this success. Those who tried to spoil the good mood, who tried to trivialize the achievement and drive a wedge between the national unity that has so rarely been achieved. What disturbed them? The

Hungarian team's performance can be understood in two ways. One is how they compare to themselves, and the other is how they compare to others. They outperformed in both respects. There is no such thing as absolute performance, it is a fiction, so it is not worth discussing. The complainers, for whom generally nothing is good, and nothing is as good, as it comes true. They are the ones who would not be happy even if everything were exactly the opposite, because they have it in their nature to try to break down the self-confidence of others. Their main motivation is fear. If they are unsuccessful, then no one else should be successful either, because if they are, it may turn out that they themselves are responsible for their failure, and it is no longer possible to blame the ancient Hungarian curse for the stagnation. All the political subtext that is thrown into the sport is just part of their deflection mechanism.

In football, as in everything else, everyone plays themselves. The finger-pointing starts, who was at fault for a penalty. In vain, the past still haunts us. The referee made the decision as it appeared from his position. He couldn't look from elsewhere but where he was. Why is this so hard to accept? Why must we look for bias and partiality behind everything? The one who made a mistake mainly made a mistake in not being able to maintain his impartiality, he was overcome by emotions and fears and were dislocated from his own inner beliefs. But this happened to the Hungarian team only for a moment, and this is a forward-looking phenomenon. The past is gone, let us move on, let us stay in the present moment, because we can live the present only then.

Why did the country unite around football and why is this result an epoch-making achievement? Although we have outstanding athletes in other fields, the important point is that this is a team effort. There are no outstanding players in the team, but they were able to play in a coordinated way. That is what trainer has taught them. This has always been a weakness for us, Hungarians. We are capable of outstanding individual performances, but team play has not been one of our strengths. On the other hand, football is the team game that most people know the rules of, with boys and girls kicking the ball together on the playground from a very young age, so we are a country of ten million footballers. And its significance lies precisely in the fact that it can serve as a model for us to recognize the importance of teamwork

and team play. So, what we have now seen in football can happen in any other field.

And that's the point! It can be implemented in any other area! Even in politics. Whoever has the clearest intentions and whoever sticks to his/her guns will achieve his/her goal. But this cannot be done with the representatives of the past, they are already on the runway, they have written themselves off. They will covet power for a while longer, but then they will be forced to give up for good. Every age inevitably produces its own ruling elite. Those who walk carefully in the world get behind forward-looking intentions to support them. This is our country, no one will raise it up for us. Our youth is just learning that nothing is impossible for them! Go Hungarians!

The stink bug

We can see the best through everyday situations in life how much spiritual awareness has permeated our outlook. There is often a significant difference between reacting to an event with ordinary awareness (mind-consciousness) and spiritual awareness. Ordinary consciousness triggers an instinctive indoctrination and after analyzing it one can arrive at a spiritual insight. If it is successful, it leads to a real sense of happiness and liberation.

I live in a green area and I love plants. My terrace is full of flowers, some of them overwinter in my room. Of course, the flowers are also loved by the stink bugs, because they also like to lick nectar. When winter comes, the stink bugs try to move into the warm room to overwinter there too. I don't like stink bugs as much as flowers, so if I spot them I try to put them into the cold winter night. How cruel of me! But that's the way of life, the bugs' fate, to fight to survive.



That night I was meditating on how creation works. How we are able to create from ignorance what we don't really want, and how we can become fully aware of everything that happens to us. In principle, of course, I know, but the practice does not always bring the desired result. I

was already on the verge of dreaming and waking, in the happy slumber that the night would bring the missing realization, when something touched my face... Well, no angel, sad to say! Instinctively I put my hand to it, and the trouble was done. A stink bug spat its stinky, disgusting sap at me.

That's! Of course, I woke up immediately and ran to the bathroom to clean the stench off myself. My back was tingling with disgust and the very thought that this was happening to me and right now. I felt the same helplessness as if I had been raped, or peed on, or splashed with faeces, or contaminated with some other disgusting thing. And all this from a rotting, stinking, disgusting insect. And what's more, it's happening in my meditation room, where everything is especially clean. Since I moved there to sleep, knowing that I am protected from all filth, except of course the filth that comes from me...

Back in my room, I searched for minutes for that bastard to take revenge on it. I turned my bed over, because the thought that it might have hidden there, gave me the creeps. I couldn't find it anywhere. I opened the balcony door to let the stench out. I stand there in my negligee, bloody cold, long past midnight, wondering if I should move to another bed tonight, because the thought of the stink bug attacking again at night is unbearable. I won't be able to sleep peacefully because of it. Or should I change the bed linen, since that could be contaminated too.

In the end, common sense and laziness won. It's all a joke! Am I going to run away from an insect? It would look good to have a stink bug chasing me out of my room and out of my bed... I aired out the bedding a bit. It still stinks... I turned it to my foot so I wouldn't smell it. Should I change the bedclothes or shouldn't? Damn it all! It's not killing me. As I was laboring over this, the thought kept coming back to me: why did this have to happen, and why now? This bug had been hibernating in my room for months, peacefully snoozing in a hidden corner. What was I thinking about before the event happened? The unconscious creation...

Yes! Got it! On the border between sleep and wakefulness, a sudden realization came: lavender! I couldn't help but burst out laughing when the picture came together.

For Christmas I got a bottle of lavender oil, which I didn't really know what to do with. Then I decided to use it to make a lavender

night cream. I put it on and went to bed. How was I supposed to know that the scent of lavender would attract stink bug s? Nor was I aware that there was stink bug slumbering in my room. I smelled lavender so intensely that the poor thing woke up from its hibernation thinking it was spring. In fact, it just wanted to lick the lavender nectar, as it had been hungry during the winter. I could perceive the whole event as if I was a flower, kissing with an insect, rather than a fallen girl with whom an unclean thing happened. The bug only picked out stinky liquid because I startled it by waving my hand. It was in a stressful situation and its instinct is to defend itself against the attack. And that's how it defends itself against a potential attacker.

I have realized. *The reason we have unconscious creation is because we cannot always take all aspects into account. We have unconscious creation because we focus mainly on ourselves, we don't consider the nature breathing around us. There is unconscious creation because it gives us experiences that we might never consciously venture into. At the same time, every experience we have, expands our knowledge of both our external and internal worlds.*

A yogini and Hungarian health care

Those who are close to me know that I consider myself more of a yogini than anything else, so I am often confronted with the distance that separates my approach from everyday thinking. Recently my driving license expired and I had to go to the doctor for health test being necessary to the driving license. Since I don't have my own driver, and my husband wants me occasionally to carry him rather than the opposite, I need a driving license, there is no other solution.

I thought that between seven and eight in the evening would be just right, I would have finished my work by then and the pensioners would have gone to home. Last time I had been in the doctor's office for five years in the same case, so I hadn't calculated that the office had moved in the meantime. Fortunately, not far away, and the second person could tell me where. So, I got to the office 20 minutes before eight. There were a few people hanging around, so I thought I could do it.

The receptionist wanted to let me in through her body only, but I resisted and didn't shy away from a little pressure. Of course, external pressure used to increase internal (blood) pressure also, but I figured that a good breath exercise while waiting, would do the trick. But there was no time for that, the assistant called me in immediately and started with a blood pressure measurement. I would not think that I was so pumped up...

During the data reconciliation, we got past the initial astonishments about how long I had not been here, how long I hadn't been sick, etc. and then she asked for my medical records no more than a year old. There were none. I told her everything was fine and she calmed down. In the meantime, the doctor finished with the other patient and it was my turn. I hoped that she wouldn't spend the last ten minutes examining me too much, because one who seeks, that finds, and doctors are quite good at that sort of thing. She immediately asked me when I had been – she started to list – these examinations and fortunately she mentioned that these were compulsory (?) in every year. Of course, they are perfectly all right, I said. How could I explain that I was not in the target group at risk? In gynecological terms, for example, those have the risk factors who a) are having an affair, b) are not having an affair but are bored with their husband, and c) have no one to have an affair with. Cases other than these are negligible. We scrolled down, came to the next page of the data sheet. When did you attend these – she listed them over a page – the biannual check-ups? Well, then, looking her in the eye, I told her that I had no intention of attending these examinations. – But what am I supposed to write here? – She asked perplexed and suddenly her eyes lit up and typed into the computer: 'The patient is refusing the tests because she is asymptomatic at the moment.'

Fortunately, I had regained my sense of humor by then and chuckled at her solution. Once you are in the Hungarian health system, you can only be sick patient, a cured patient and an asymptomatic patient, but you cannot be healthy. But what would it look like if the diagnosis on the form was 'healthy'? An insoluble contradiction! How could I explain to her the creative power of the word? The used word: illness starts to create itself in most of the patients' mind. Of the ten minutes, she could spare me, 90% was administration, and the rest was examination. I was given a stamped 'suitable' and a referral for a lab

test. I could have negated that too, but I would not want to abuse her trust, human relationships are built on trust. Without that, society starts to fall apart. Otherwise, she's a perfectly nice woman, helpful, kind, but philosophically hopeless. We are worlds apart in our outlook. There is no chance for her to understand in this lifetime that thanks to yoga philosophy and yoga practice, there is no disease for me, there is only wrong mind-thought that can induce disease, but if we correct it, the symptoms don't develop because they are not needed.

Well, the first act is ready, I'm going to drive home. The car doesn't want to start at all.

– Where are you in a hurry? – the soul asks.

– Look, I know that nothing is urgent for you, because you are timeless. But I have to get things done on time. Besides, you came here to learn how the material world works. How would I have a driving license if you are not interested in it? – replied the mind.

– It's true. – said the soul quietly, and fell silent.

I don't live far away, but I'm full of luggage. It's nice to have a partner after all. I called my husband to pick me up. We packed the luggage to the other car because the electric lock didn't work, and we left the car in front of the office. It was blind dark, let's leave the problem for the next day. The next day it turned out that only the contact was getting loose on the battery.

Any situation where there has not been complete harmony between the soul and the mind requires post-processing to gain a deeper understanding and restore harmony.

Processing: A task can be approached with an empty, decentralized mind, without purpose or intention, but since other people will certainly have purpose and intention, in such cases theirs will be fulfilled. Then we let things happen. The assistant would have sent me away because she was anxious to get home. I would have had to go back at another time. I had other plans in the next afternoon office hours. Next week I would be driving with an expired license, breaking the secular law, which has financial implications. Mornings are for patients who don't have to go to work, not for me. Another solution is to focus the mind on the goal. This is what I did in the above case. The stronger the focus is, the greater the chance of success; or failure, because focus always means neglecting what is outside the focus. This neglect results in karmic retroaction. In this case, I didn't

look up the address exactly, because I thought I knew, I turned off the road, crossing through an empty area to get there faster, and the contact of battery became loose on a bump. Of course, all this could have been avoided if I hadn't been in a hurry...

How can we live karma-free in this world? It is not always possible. If we cannot, it is advisable to move in the direction of creating the least possible retroaction. Either I negate the health examinations or I do them, but then I negate the work time. This is how the world is built. If we want to live completely karma-free, then there is nothing left but to withdraw from society. But then we can neither influence nor experience it. So, we have the soul which is responsible for our spiritual development. But mind is what is the driver and the doer of worldly tasks. That is the reason why we speak about mind control, does not its dismantling. We should never neglect to make our mind more and more refined. Only a refined mind can be transmuted, fully imbued with the soul. If we strive to do our work in unity, we will find ever more perfect solutions to our tasks and remain in harmony – if not always with the world – at least with the Cosmic Laws.

Why did the dinosaurs die out or are humans more intelligent than they were?



Many of researchers around the world are looking for an explanation for the sudden extinction of dinosaurs. Many theories have been put forward, but none have been proven and none are likely to be. If a scientific researcher comes up with an unprovable theory to explain a problem, it is called a working hypothesis, but if an ordinary person comes up with one, it is called pseudoscience. I am now putting forward a theory, but I leave the categorization of it to the reader.

In the beginning, there were only herbivorous dinosaurs, and because they were large, voracious animals, they grazed the grass and the leaves of trees over vast areas. They moved on from the devastated

area, and the vegetation that had been left behind, took several years to regenerate. At first there was enough green space available, so the dinosaurs became very abundant, with no natural enemies. As the green space became scarce, the dinosaur herds fought each other for food. After a while, however, they could not get enough food even at the cost of killing their own kind, so some of the dinosaurs switched to eating meat and consumed the ones that died in the fight. As a result, the carnivorous dinosaurs became very abundant because they realized that it was much easier to obtain food by eating herbivores. The herbivorous dinosaurs suddenly declined in number and became extinct. So, the carnivorous dinosaurs were again short of food. They tried to help themselves by eating the weaker dinosaurs after mating. If the male won, there were fewer females and offspring, but if the female won, the number of males decreased, and the eggs laid were devoured either by the female herself or by other dinosaurs. Since they had no in vitro fertilization (IVF) program and sperm bank, their terrestrial appearance ended quickly.

The question is, why hasn't the world's scientists come up with this version? Because if they did, they would be forced to admit, as I have, that there are many similarities between the extinction of dinosaurs and the current pattern of human behavior.

Humans also conquer a territory and exploit, devastate it unscrupulously. They mine it, dig it up, pollute it, cut down the vegetation and they do not replace it with new one. When an area is exhausted, they leave it and move on to another area where the same thing happens again. As long as there was something to exploit, humans proliferated. Slowly, the untouched areas are running out, so the struggle for material wealth has begun. Then let see how do the sexes treat each other? In the poorest countries, where food shortages are most acute and which were previously exploited by the strong nations, there are fewer and fewer women, because they are killed in infancy, because there is only a problem with them. The remaining females are gang-raped by the males and then hanged on the trees to make even fewer. From here it's just a step that they eat them. Since there are few females, the males will commit homosexual rape on each other, thus putting a stop to their own reproduction.

In a subtler way, we can see the same in our own environment, in Middle-Europe. We let big capital in, the giant banks, they destroyed

everything and then withdrew. Yes, that is the characteristic of big capital. People, didn't you know it before? Marx and Engels said it in vain? Then we look at the relationship between the sexes. If the man is the stronger physically or personally, he will oppress the woman, in more serious cases terrorize, beat, rape her, so that he will have no partner. If the woman is the stronger, she will dispossess the man and put him on the street, so she will not have a partner. The hatred of the sexes for each other is deepening, so it is spreading to seek mates among the same sex. Of course, there will be no offspring and the population will start to decline unless women give birth through a program of IVF using sperm bank. The question is whether this will not result in that they are only willing to give birth to girls, so as not to breed the aggressive males... I will stop here in running the thought experiment, because maybe love and human reason will win.

Human thinks that he/she is the most advanced living being, he/she is above everything, therefore he/she can do anything. But there is someone who rules over everyone. The only exceptions are those who rule over themselves! If man does not recognize any God as superior to himself/herself, he/she is governed by the natural laws of evolution. So, we have a choice, God or evolution? I make the choice easier - because there are some important differences between God and natural law. Natural laws are cruel, they know no exceptions or mercy, they are deaf and blind, they are not worth praying to, but they are extremely just. For at some point, all power will collapse, all empires will fall, all oppression will end, and everyone will die.

In the case of God, there is a glimmer of hope... that it is all a game, a dream from which we can awaken. The human soul does not accept annihilation, finitude, purposelessness, hopelessness, because all these are qualities that can be linked to matter. It is not by chance that the concepts of spirit, ideas, love, God, which are above matter, were born in human consciousness. Matter cannot create the concept of God. It would be exactly like giving a robot the task of creating a sentient human being. Each entity can only create that quality from himself/herself that is within him/her. But God can create anything because everything is present in Him.

We are here on Earth to live the human quality and to recognize the divine quality in ourselves and in each other. *"Tat tvam asi."* Loosely translated, *"What you recognize in yourself that you are"*.

If you recognize the animal, you are that, if you recognize the human, you are that, if you recognize the spirit, you are that, if you recognize the soul, you are that, if you recognize the God, you are THAT!

Wagner: Parsifal



Recently I had the opportunity to attend the rehearsal of Wagner's opera *Parsifal*, among the invited guests. The invitation meant free participation. The audience was accordingly selective, as the snobs either didn't come or left after the first act. Accordingly, the music found an appreciative ear among the highly disciplined audience.

Indeed, not a single mobile rang out, the intervals were not accompanied by coughing fits, and at the end the audience did not jump up and run to the cloakroom, trampling each other, even though *Parsifal* is a difficult piece, not only because of its length (nearly five hours, with two intervals) but also because of the depth of what it has to say.

The opera is based on an episode of the Grail legend. In the play, the truth content of the story is not the point, but the eternal truths, the understanding of which allowed the viewer to leave with a truly cathartic experience. The Grail Knights guard the sacred chalice with which Jesus held the Last Supper and in which his blood was caught. They draw strength from it. However, because of their leader's sinful relationship, they have lost the spear with which Jesus' body was pierced on the cross. The spear is guarded by an evil sorcerer, a servant of Satan, who once sought to join the ranks of the Grail Knights, but was not accepted by them, and so he sought revenge. This spear can be retrieved, only by that who is pure, uncontaminated by worldly beliefs or knowledge, and resistant to temptation. He is Parsifal, who sets out to retrieve the spear. At the beginning of the journey he is a

completely unconscious, one might say simple-minded figure, but at the end he has become a powerful, strong, courageous, wise leader, through experience of life and through understanding, accepting and experiencing the suffering of others. He takes on the role of King of the Grail Knights, giving the knights back their strength, power, self-respect and meaning in life.

It was a cleansing and empowering experience in my own journey. Some thoughts that came to me as a result.

1. Everyone's own service is the most important thing, because only through his/her own service can he/she grow. In this sense, it is not the actual acts of service or the meaning of service that is decisive, but faith in the importance of service. Translated into prose, no matter what you do, just do it with a pure heart and believe in it. The smallest act of service to God can lift you to the heavens if your intentions are pure.

2. Perfection is only attainable by a process. Whoever and whatever you are now, wherever you start from, if you are guided by pure intention, you can go anywhere and accomplish anything, but you can expect neither thanks nor gratitude for it, because you are doing it for yourself.

3. No matter how much you sacrifice, if you do it for the result, you won't get it. If you then deny God out of pride, you will find yourself on the opposite side. But since there is no partiality in God, He gives everyone the right service. The highest service is not measured according to which side you are on, but according to the degree of love in you.

4. If you have undertaken a service for God, it is yours, no one can take it away from you. Do it, whatever the cost. Neither life nor death can save you from it; only you yourself can save yourself by entering into a higher service.

5. An object is holy if it is considered to be so. The faith of the people fills it with power. Never put your strength into an object to draw comfort from it. Put your strength back into yourself, that you may be the source of your own strength. This is how you achieve independence. But give honor to sacred objects for the sake of the people who need this indirect service.

6. The darkness does not approach you to tempt you, but because it desires to be saved. But you can offer it salvation only if there is no

judgment in you. If you promise it redemption full of judgment, it will be redeemed and you will take its place.

7. There is only one difference between the source of darkness and the source of light. Darkness turns in on itself, not allowing its light to spread to others. So, darkness is light withheld. The eternal property of light is that it is in a constant flow. Therefore, light cannot be held back for long, because it explodes, destroys, who blocks it.

8. Creation is the eternal play of the emanation and retention of light.

9. Love equals light.

Faust's story as a love relationship ideal-pattern



Before I get into the story, I note that I write nothing accidentally; all my writing has my own experience as a germ. From this germ unfolds the thought process. The germ of the following story is a conversation with two of my fellow poets, which took its final form in the course of processing. The two separate experiences were condensed into a single event, as they both revealed the same internal energetic structure.

For literary people, hopefully the Faust name will mean something, but as the symbolism of the story is not likely to be clear to everyone, I will briefly outline the essence of the story in my reading. Faust, the magician, toys with the forces of darkness, wandering the pathless ways of his own unpurified subconscious, while imagines himself as a master. Meanwhile, the holy and pure woman Margarita appears, whose overwhelming love redeems Faust from his own darkness. This archetypal male-female relationship pattern is so deeply ingrained into the subconscious of those who living in Christian culture that it is unconsciously present in the everyday world, where the man expects the woman to cleanse him of the daily mud of life (accept him inside and outside as dirty and filthy as he is, keep him clean in all aspects of life, etc.).), and she

imagines that he will be changed by her love (no more drinking, no more fighting, no more swearing, goes on the straight, etc.).

The only problem with this pattern of relationship is that it never had a basis in reality; it is a fiction that emerged from Goethe's subconscious desire and is in fact a symbolic description of an inner process. And the essence of the inner process is that the holy and pure FEMALE is nothing but kundalini shakti. The redeeming feminine quality that cleanses from all impurities, the rise of this power brings the man to his desired divine quality, agape, all-overwhelming love, tantric oneness with woman, with god, with everything that exists. The projection of this inner process is the reason why the man looks to an external person, the woman, for purification, for ascension, for the appearance of all-overcoming, redeeming love in his life.

Let us see what would happen if there was an incarnate woman capable of this redemptive process, who would represent such a level that she could raise the man to the divine heights by the power of her love, and he would be enlightened in one fell swoop and at the same time experience the most phenomenal sensation of love? Such a woman is a crystal-clear lake, a mirror of water, devoid of emotional ripples, yet her touch gives off the highest vibrations: the tremors and resonance of a heightened desire for the experience of oneness. The man goes to the shore of the lake:

– Please, take me into yourself, purify me with your love by the experience of oneness with you!

– All right, but then completely immerse yourself in me, give up your limitations, let me into yourself until the inner water is completely exchanged for the outer water in you, and these two are no longer distinguishable.

– I thought, I'd just stick my dick into the water... and after I made myself come and let my darkness – which was unbearable even to myself - into you, I'd go on to be free to do what I've been doing.

The lake says no. What could she answer? Tantric love, agape, requires the fulfillment of a single condition, which is aptly expressed in the Sufi saying, "If you come with me, I will go with you...". Thus, seemingly, the woman remains alone, but only on this terrestrial plane. For the woman, an opportunity to move on to another dimension may open up, where she can find an entity who satisfies this condition. Or on this plane, she can realize Ardhanarishwar Shiva, the Siva Shakti

unity within herself, which outside corresponds to the neutral gender, and inside it is the experience of the total unity with her own energetic qualities.

Spiritual perspective of the film "Son of Saul"



We humans are unique and unrepeatable creations of God. When we add our unique vision to the world view, we want to show the completeness. "Son of Saul" is a work created from a unique point of view, my opinion also reflects my own, unique perspective. It is not my intention to orientate anyone or to

present my opinion as absolute truth, but merely complete the overall picture in order to make it more entire.

In modern cinema, as in this case, we have to get used to the fact that there is little or no story or text. The vision dominates the film. And everyone interprets the spectacle as they wish. This makes the film sufficiently mysterious. The viewer doesn't really understand what is happening and why, nor do the characters themselves, but one can guess that this is not the aim. We are in an irrational world where it is impossible to make sense. The Nazis who maintain and control the camp appear in the film only as background characters, as if they were supporting characters and indeed, here everything is happening within the people.

Saul is part of a group in the concentration camp whose job is to load the naked deportees into the gas chamber and then clean up the bodies after they die. The corpses are dragged to the crematorium, burned by another group, and the resulting ashes are shoveled into the river. Meanwhile, members of the group swap valuables found in the victims' clothes among each other. Each has a different purpose. In principle, everything must be handed over to the camp director, but we know human nature... There are those who want to get weapons for jewelry, others want a camera to record the horrors for posterity,

others just want to say goodbye to their wives... Everything has to be paid for. After gassing one of the transports, Saul notices a boy who is brought out of the gas chamber alive and still breathing. Not for long, of course, the autopsy man quickly does what the gas couldn't. In such a case, the camp authorities order a strictly documented autopsy. Saul decides to get the body and bury it according to Jewish ritual, for which he needs a rabbi. From that moment on, he becomes obsessed with this as the only meaning of his life. No matter what the cost, no matter what goes on around him, he is driven by a single purpose. Why?

The title and a few words suggest that Saul found his son among the corpses. In fact, the film does not make it clear whether Saul has a son at all. The whole obsessive quest for burial remains completely irrational regardless of whether the victim is indeed his son. However, if we imagine a deeper metaphor into the film, we can discern a specific motivation. Consider someone who cleans up mountains of corpses day after day, without purpose or prospects. That's not exactly something you can reasonably do. If one wants to survive, one needs a purpose. This is what we see in Saul's companions, clinging to worldly goals to keep hope alive in themselves. But Saul does not want to survive, he is not interested in life or death, so the soul unconsciously throws in an unworldly goal for him. As a believer, Saul feels the boy is innocent. He proved his innocence by surviving the gas chamber. That is why he must be buried, because then this innocent soul will go to heaven. So, Saul is fighting to help, according to his faith, an innocent soul to get into the Kingdom of Heaven. If he succeeds, he will be the one who helps others. He doesn't say this, no one would understand, perhaps he himself doesn't understand. That the sacrifice is his son, he says to outside world only, in a spiritual sense the Son is the Savior.

Saul obtains the body from the autopsy master and hides it in his bed. In the meantime, he does his best to find a rabbi who will undertake the funeral.

Finally, after unsuccessful attempts, almost at the cost of his own life, he saves the life of a deportee from whom, someone says, is a rabbi. The film leaves open the question of whether the man is really a rabbi. The viewer suspects that the rescued man, guided by his own instinct for life, is trying to play the rabbi. Meanwhile, in a moment of

chaos, Saul's companions successfully break out of the camp. Saul goes with them, carrying the corpse on his shoulders and dragging the rabbi, who is an indispensable prop. During the escape, he has to cross a river, which carries the body away from him, he is almost drowning, but eventually a companion drags him out onto the riverbank. Here, he collapses exhausted, when the boy he had been trying to bury appears. Once again, the film leaves open the question of who Saul saw. The viewer knows that *this* boy cannot be *that* boy, but a beatifical smile appears on Saul's face because he knows that the Son is alive and will help. Now he can die in peace.

And now we come to the full explanation of the metaphor. Whether the makers of the film are aware of what I am describing or not. Artists can intuitively feel the reality. Intuition does not work on some "a blind hen can find a seed" principle. Behind intuition there is a background knowledge, elements of which one is not able to recognize at the moment. "All the world's a theatre," Shakespeare said, also with intuitive insight. In the Universe, there are many films in which we are the characters. These films are taking place in a certain parameter space (information field), the stage of LIFE. In these films, consciously or unconsciously, we take part in order to get to know ourselves and the Creator. In the Holocaust "film" that took place, many exams could be taken, which was associated with entering a higher school. I myself was once in this film and passed almost all my exams. Perhaps the same beatifical smile appeared on my face when, at the moment of death in the gas chamber, I saw my son (the Son) descending from the light and coming for me. "Let's get out of here," I said to my other son, who had died earlier but was still with me.

Why do we still have to deal with the Holocaust? Because we still have fellow human beings who have not made it out of the Holocaust "film" into the Light. For them, the Holocaust is still going on, as if time has stood still. Also, because we have fellow human beings for whom the Holocaust will only come afterwards, and we want to help them to pass their exams.

What we think now to be life it is a dream. It is up to us whether our death will be an awakening or whether our bad dream will continue...

The beginning of the "holy war"? (Attack in Paris at 13/11/2015)

Now no one can have any doubt that it has begun... This war will not be like the previous ones. This war is sneaky, insidious and without a declaration of war that can strike anywhere, anytime. This war, whatever anyone may make it out to be, is not a religious war, nor is it an economic war. What we are about to face is a war of cultures. It is a clash between two cultures that see themselves as superior to all others. In my analysis, I would first of all like to make it clear that when I talk about Christian culture, I do not consider it to be the same as the Christian religion, and similarly, I do not consider the Islamic culture to be the same as the Islamic religion. In a manner of speaking, the values of neither culture have anything to do with the values of Christianity and Islam in a religious sense.

What can Christian culture be proud of when it puts itself above others? What are the values it stands for? Is it the ruthless exploitation of underdeveloped countries, or the unscrupulous exploitation of the Earth's reserves? Is it the license of everything proclaimed under the banner of freedom? Which is illusory, because the "can-do" everything attitude applies only to the rich. Is it the misconceived love that has reduced the sublime of the unity of sexuality to the level of pornography, or the tolerance masked as liberalism that treats 'otherness' in such a way that 'normality' ends up being deviant? What are the religious values of this culture? A religion where even its priests do not keep the Ten Commandments (thou shalt not kill vs. the Inquisition, religious wars; thou shalt not steal vs. the use of the faithful's donations for personal use; thou shalt not commit fornication vs. pedophilia, children born out of wedlock). A religion where even some of its 'saints' wander on the intermediate planes of existence... How many people has this culture raised up into the mystery of God-consciousness? Which, by the way, could be the only meaningful purpose of all earthly existence, since all other purposes are temporary and do not lead out of the material world.

But on what does the Islamic cultural circle base its own superiority? The word 'Islam' means complete surrender to God, and the word Muslim means reconcilers. These two ideas would be the greatest value of Islam as a religion, and this is precisely what the followers of the cultural circle are furthest from. Since they cannot

surrender themselves to God, they surrender themselves unconditionally to a leader who calls himself the governor of God. Since they cannot make peace within themselves, they are far from any form of reconciliation. How far from the teachings of their prophet are those who, keeping women in ignorance, brand them as inferior? Those who hold women responsible for the uncontrollability of their own sexual desire and make them wear chadors and burkas instead of exercising self-discipline and abstinence? When minors are raped in the sanctity of marriage? When their prophet's last teaching on his deathbed was, "Respect women, because they are fragile jewels."

Ignorant believers, of course, do not understand why God does not intervene on one side or the other, thus deciding the rhetorical question of which culture represents the "true God"? But the answer is simple: God has NOTHING TO DO with it! This earthly world was created because God here does not interfere with our creation. Here we can live "undisturbed" by God, all that is within us, and it is necessary to experience this in order to realize what is within us, and then to be able to choose what we create from it in our present reality. We have within us God and ungodliness, peace and war, order and chaos, and from this we create what we are receptive to.

True, we can turn to God to intervene and help us. "Ask and it shall be given to you." However, the result of divine wisdom is not always what the applicant has consciously asked for. Let us give it a try! The members of the Christian cultural community will pray to their God: 'Lord, protect the values of our Christian culture and give us peace! God listens and answers (if there is anyone who can actually hear it): I don't see any Christian values I should protect; *asking canceled*; as long as you are unpeaceful, you cannot receive my peace; *praying canceled*.

The members of the Islamic cultural circle will pray to their God: 'Lord, destroy our enemies, for they are Satan's race, so that we may create the Islamic State throughout the whole Earth.' God and answers (if there is anyone who can hear it): The enemy is inside you, only you can destroy it, but since you asked so nicely, I will now destroy your physical body so that you can face the Satan inside you on the intermediate plane of being.

Thus, the war will end in an apparent victory for the Christian culture. The question is, at what cost? In other words, when will the

realization come that the goal of the struggle is total purification. And the struggle has become an external struggle because it has not been carried out internally. Since every external fight is with an internal enemy and it is only personified by someone outside.

And what can an enlightened person ask from God in the present situation of humanity? *Give them according to their faith, that they may know Thee, Lord! Om! Amen! Om!*

Journalistic ethics or the twilight of objective reporting



As a reader (audience), I would like to receive the following from both print and electronic newspapers (media):

1. Objective, strictly factual information.
2. Opinion-forming, unbiased analysis of the facts.
3. Cultured, disciplined, self-critical debate, viewing the other as an equal partner.

What do I get instead?

Instead of 1: information that distorts the facts, makes assumptions about them, and includes elements that make the facts more colorful, digestible and "sellable".

Instead of 2: analyses that want to influence public opinion, treat the facts with emotion and prejudice, and are full of biased judgements.

Instead of 3: smearing, mud-slinging, discrediting each other.

Regardless of what a young journalist learns at school, life will quickly reshape his/her views if he/she wants to stay in the profession, because he/she will be placed in a context where the trend is to represent the sponsor's interests or to serve the interests of a lowly educated class in order to sell the paper (program). There has probably never been (and probably never will be) pure journalism that is truly ethical, because journalism and the media have become a tool of power. The rapid flow of information via the Internet has made it possible to influence large groups of people in a short space of time using the media. The people who have power will not therefore give

up the opportunity to preserve their own power or the intention to overthrow others, and few journalists are prepared to sacrifice themselves on the altar of truth and morality.

However, the conscious behavior of readers can change the situation. The reader can learn to read between the lines and filter out the inappropriate, misleading or half information, so that to be able to discern the stripped-down facts. The reader can also learn to recognize at what points the journalist has been influenced by his/her own emotions about the facts, what events have provoked his/her passions and judgements from him/her, and how this has distorted the transmission of information to the reader. Since only the mind-consciousness can be influenced, achieving a higher consciousness allows the personality to form own opinion. This is the first stage of distinctive knowledge.

Information of which only fifty percent is true, and we can't tell which fifty, can be considered hundred percent false. In that case, however, we would be left without information, because we could believe no one. So, we have to learn to identify which fifty percent is true and filter out the rest. As long as our filters are not working properly, we will be exposed to political, economic and cultural pressure from the media, which will try to force down our throats a view that is not our own, but which is repeated so often that it slowly becomes ingrained and it is then difficult (but not impossible!) to get rid of.

The media (also) use two basic tricks to influence the masses: one is repetition. The short, popular slogans are often repeated like the mantras. The human mind has a characteristic that the frequently heard words from short-lived memory (operational memory) are transferred to the background storage of the mind, and once they are there, they are recognized as one's own and believed to be one's own thought. The other trick is to make it seem as if the views they present is completely universally accepted, only you stick out of line if you think differently on the issue. This makes the reader (audience) feel insecure, thinking they are themselves the idiot if they disagree with the train of thought. Plus, the many dissenters can't get a say because they can't find a forum. Since dissenters exist in isolation from each other, they know neither about each other nor others about them. This is how a majority opinion can remain hidden or in the minority.

Fortunately, the flow of information does not only take place across media, i.e. on a material plane, but the thoughts of all people form a single common information field. When a thought occurs to someone, it can be felt by those who harmonize with it. The more clearly the thought appears, the greater will be its effect, which will first be hidden and then more and more openly manifested in the consciousness of others. This is how we shape the world with our thoughts. The world around us is nothing but the material embodiment of the collective thought field.

Clear your emotions and thoughts and choose to become a self-aware, responsible person. Follow what your innermost, purest feelings dictate if you do not want it to apply to you:
"Let's eat shit! Millions of flies can't be wrong!"

Are all people (lifestyle, culture, nation, religion, etc.) equal and equally valuable?

If we dare to say no, we are branded as Nazis and racists, if we say yes, we are liars and hypocritical. Therefore, the most of people do not take a stand in public, and if they do, they try to conform to the majority opinion of the moment. However, everyone is forced to take own stand, and if he/she are truly honest to himself/herself, both extremes can fill him/her with doubt.

The liberal approach forces people to answer: yes, yes, yes, and let's admit that it has many benefits, because it moves people away from a self-centered approach towards tolerance and acceptance of each other. But it is enough to take a look at society to see how this is not the case. If so, why don't all people get equal pay? If so, why are peoples who can be ruled over by oppressors? Why are some cultures preferred, others subordinated, some religions supported, others persecuted? If so, then all oppression, all discrimination, all subordination, all persecution should be abolished immediately. But this would lead to chaos and a total crisis of values, which we are already witnessing. If a democratic, liberal, tolerant culture is given and accepts all violent, intolerant cultures as its equals, the latter will wipe the former off the scene of the Earth.

A democratic, liberal, tolerant culture would be wiser to say that all people (lifestyle, culture, people, religion, etc.) are equally valuable to ITSELF, but not necessarily to others. To express it another way, every person (lifeform, culture, people, religion, etc.) is as valuable as it considers itself to be, and as valuable as it can make others accept it to be. But what would give anyone the right to forcefully impose on others such people (lifeform, culture, people, religion, etc.) with whom they do not wish to identify. Not because they don't accept them (usually as equals), but because they don't consider them valuable to themselves.

Many people have already played this philosophical discourse in themselves, and have not got to the essence of the problem, which I would now like to highlight. All people have the same essence in terms of their innermost being, but they are at different levels in terms of spiritual development. No one would think of putting the button of the atomic bomb in the hands of a child. There are also child souls, child peoples, child cultures among human beings who can only lead childish lives because they cannot live with the ideals of democratic, liberal freedom. In a way, they have not grown up to it. In other words, they are not entitled to it. Freedom and liberalism are for those peoples who are capable of self-limitation in order not to oppress others. At present, all peoples have failed this test, the East in a different way from the West. That is why democracy and liberalism will be marginalized on Earth. I am sorry, because I had fun with it, but I have to admit that humanity is globally immature. That is why I accept that a tougher, more dictatorial culture is beginning.

Liberal democracies have to learn that neither democracy nor liberalism can be exported, whereas dictatorship and intolerance are very easy to import. The consequence is that every man, every people must be allowed to develop at his/her own pace, within the ideological framework of his/her own culture and religion, in his/her own country, because only in that country can he/she survive. If they try to tear him/her out of this, he/she will resist and even turn against those who, in their own way, wanted to help him/her. If the power still insisted to reshape them, it would be violence from that. US is very proud of the (partial) integration of blacks, but let us not forget to add that a hundred years of slavery contributed to these successes.

If we are looking for an answer to the question of what is valuable, we have to answer that it is different for everyone, because it depends on the people, the culture, the way of life. However, only that which advances spiritual development, raises consciousness and leads to the realization of the innermost essence (soul) of man can be considered universal value. Therefore, if a person does not live according to the universal value system, his/her way of life is worthless, even if he/she carry the values in himself/herself, and is certainly not an example to follow. If the question were now to be asked whether an average Western European way of life or an average Islamic-Arab way of life is more valuable according to the universal value system, I would say that both are worthless. So, if they wipe each other off the face of the Earth, no harm done. I regret the huge material sacrifice and human suffering that all these costs when it could be avoided. Some (Eastern) cultures have already learned that the external struggle is only an appearance of the internal struggle. Whatever we do not face within ourselves, we must face outside e.g. on the street. And if we still don't face it, it eventually forces an external struggle. So, let it be. My children, fight! We, more conscious, will watch you with compassion from the edge of the sandbox, and when blood is shed, we will lovingly bandage your wounds.

The background and futility of religious wars

There are eight billion people on this planet, and they're still growing. They kill each other, torture each other, trample each other in the mud... Why? For food, for land, for a better life, for economic and political power... They do all this with the false ideology that they, their people, the followers of their religion or their God, require more opportunities, land, rights than others. Because they, their people, are the chosen ones, their truth is the only exclusive truth, their religion, their God is the only true one and everyone else is wrong.

But the reality is this:

- Everyone is entitled to as much of the material goods as they can create without harming others.

- Everyone has a partial truth, because he/she cannot grasp the whole truth with his/her intellect.

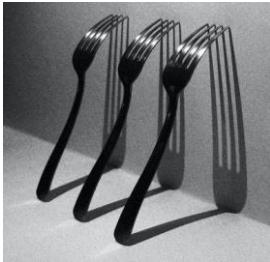
- Everything and everyone have a right to exist on Earth, because this space of life was created for the purpose of allowing everyone to try everything out, to realize the consequences.

- All religions and all ideas about God are a narrow, incomplete patchwork compared to the Reality, which is the source of unimaginable, non-transferable Salvation.

While in the field of material possessions everyone wants to benefit himself/herself, in the religious and ideological arena everyone wants to teach, enlighten, lead to God, convert, redeem others. ***But it should be done exactly in reverse!*** Material wealth can only be created together and with each other, and the Earth can only be preserved together and with each other. On the contrary, we can only achieve our salvation and redemption for ourselves.

I represent this truth!

Light and shadow – All war continues within us!



Many of you expect me to give an opinion on the war. I look at things from a different viewpoint, not from the side of judgement. In a dual (bipolar) world, there will always be war because light fights with darkness and darkness fights with itself for light, and these forces are embodied by people. Those who cannot accept this can try to change their existence plane, but they will realize there that up to the highest world duality is present, therefore war is present. In the highest world (Oneness), there is no more struggle, but at the same time there is no more movement.

Struggle, therefore, is a necessary element of existence in the dual world. The question is rather, what form should we give to the struggle? Obviously, the least expedient is war on the physical plane. People have long been familiar with economic warfare, but it is not much more benign, it just involves less spectacular destruction and is not broadcasted by the media permanently. It could also be a mental battle at the negotiating table. This is what people call "peace negotiations". The agreement of peace talks is always temporary

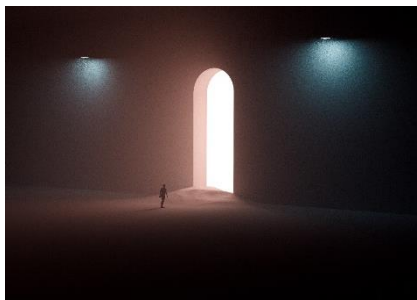
because the agreement is a function of the power balance of the moment, which is always changing, so the fighting is renewed.

Why can't people agree? It would be too easy to say that it is because of money, power, the desire for territory. The deepest, root-cause is that they don't know how to pursue fight in themselves. The external struggle always comes from neglecting the internal struggle with oneself (our shadow self) and consequently projecting it. The personality does not fight the battle of light and darkness within oneself, but by projecting one's own darkness onto the others, one makes an enemy of the others and fights the battle with them.

The exoteric (external) ways of religions do not lead people out of duality. For these, either Satan becomes the culprit, or the 'false' gods of the other religion, and some even go so far as to say that it is God himself who has created the world wrongly and the atheism is the direct consequence of this idea. There is no God, because if He is, He would not allow to happen war. It is clear that only the psychological defense mechanism pushed the causes further and further away from the individual.

The only way to fight the inner battle is spiritual self-knowledge, the yoga of mind control, exactly what UCCM (also) shows people. My question then is, why are there not long, crowded lines of disciples lining up to learn the method? Because the hardest thing for a person is to face their own darkness. It is much easier to point to the other: he/she is the cause of all evil, darkness, wickedness. So, the external struggle remains. And for those who have recognized that the source of all fight is within themselves, the struggle is over both inside and outside. And this inner struggle can only be fought by everybody in the name of oneself.

Secret of long life – All Soul's Day



From time to time, news comes out that people who have lived 100 years are asked what they think is the secret to longevity. And depending on their level of intelligence, they answer, sometimes cleverly, sometimes with nonsense that reveals they have no idea. I'll put forward my theory, although I'm

not yet 100, but I could be, I'm just not going to take the chance. The secret is the much-debated life energy and how to use it.

You are born and at the moment of your birth the date determines the amount of life energy you can utilize throughout your life. It's like a bank account that you can manage and the majority are just consumers who take out, only the minority who pay into their account. As the saying goes, some people burn the candle at both ends. Let's see, what is it that leads to the rapid consumption of life energy?

- An unhealthy lifestyle (alcohol, drugs, nicotine, contaminated food, etc.). This is because the life energy has to correct the defects that these substances cause in the body.

- For men, frequent sex (or masturbation) without love. Eastern yogis have realized for thousands of years that ejaculation involves the release of energy. Basically, it is the cause of earlier death of men, women are surviving them by 10-20 years. Women take up life energy during sex even when they have not orgasm.

- Stressful work. The problem here is not with work because if work is useful to society, it falls into the category of service, which we will come back to later. The problem is with the attitude to work. Why is work stressful? Because you're afraid you can't live up to it. So, look for a job that is commensurate with your skills. No job is menial, it's only the human attitude that makes it so.

- Negative thinking, emotions: anger, judgement, resentment, envy, spite. What you think, say, do to others, you will get back. A familiar thought... Jesus said.

- Unnecessary activities that consume a lot of energy: e.g., revelry, partying. Many people, by shouting and jumping in a closed space, consume a lot of life energy, even if they feel afterwards that it was good. Furthermore, this includes shopping, when you don't really want to buy anything, you just look around, but in the end, you are still drawn into buying something that is totally unnecessary but looks good. Holding on to useless things takes life energy, but doesn't give you anything to recharge in return. There are so many activities that people like but are useless.

Let's also look at how to increase the amount of life energy, i.e. deposit it in the bank account.

- Selfless love. Love as energy is always replenishing you and it is available in unlimited supply. Whoever radiates love serves humanity because he/she multiplies love in the world.

- Selfless service is when one does not live for oneself. This activity is not to be confused with self-sacrifice. In self-sacrifice, you are not living your own life, but what someone else forces upon you through conformity or emotional blackmail. Selfless service is also the development of a skill, if that skill can be used for the benefit of society. Selfless service does not mean not receiving anything in return, because that would be self-sacrifice, but expecting nothing in return and accepting what you receive.

- All spiritual progress is in the direction of selfless love and selfless service, only the steps are different.

It may seem a contradiction that people who do a lot of evil can live a long time. Even today, we find WWII criminals who are sentenced at 90 (+X) years old. Many rich people who have done much harm to the world live to a great age. How is this possible? They without exception serve the darkness, draw their energy from that plane, live off the energy of others, exploit others. Let us think of them with love, because by their activities they indirectly serve to maintain the dual world. In a homogeneous world, there is no change, only existence; the continuous play of light and shadow results in evolution. Let no one be fooled by hypocrisy! Among God's 'servants' there are ambassadors of light and darkness in similar proportions to those in other areas of society.

If I know all this, why did I side with the light? It is because consciously only the light can be served, because inherently there is

no other. ***As soon as a single object is born that stands in the way of light, there is already a light-shadow play, which is nothing other than Creation itself.*** With all this knowledge, I might as well live the maximum lifespan allowed to man (which is 120-130 years at present). Why will I leave much sooner? It's like when you go to a New Year's Eve party, and a few minutes after midnight you pick up your tent and get ready to go home because it's not worth staying until dawn. You've already had the New Year's toast, afterwards everybody sleepy and drunk, you've listened everybody's stupid jokes. If you're not drunk (you're not under illusion), then this party is not good enough to be worth staying for.

Finally, what does it have to do with the All Soul's Day? Don't hold your loved back on this earthly plane after their leaving. On the one hand it drains your energy, but on the other hand this terrestrial party is not so good, that they are worth to stay with you. Let and help them go with the angels to their true home. Everyone will be much better off!

The school of life that cannot be avoided

Many people think that once they leave the classroom, learning is over. I must disappoint them, it goes on. Everyone goes to the school of life, whether they want to or not, and the more they resist, the more bitter learning becomes for them. Moreover, in the school of life, it is not necessarily those are successful who think themselves to be. Since in the school of life the curriculum is different.

Two main tasks of secular education



The most important task of secondary and higher education should be to equip students with 'distinctive knowledge'. By this I mean the development of a basic ability to **distinguish relevant information from irrelevant, real from unreal**. This skill can only be imparted by someone who already has it, and therefore cannot be taught by just anyone, in just

any way. To develop and maintain this skill within ourselves we need the teacher to have unlimited access to and freedom of choice of the information and methods to be taught. He/she must have sufficient time to study them and thus to train himself/herself.

The second most important task of education is to **transform theoretical knowledge into practical knowledge, i.e. to apply what has been learned**. This means developing a basic skill of how to turn a written task into a practical activity. If given a topic, how to process it (composition, poem, essay), if given a recipe, how to cook it, if given a technical drawing, how to create the object depicted, almost doesn't matter in which area we acquire this basic skill, because if we can do it in one area, we can do it easier in another.

Around 1% of the population can develop these skills – even in the absence of education or even in spite of it – if they are not attained in

public education, either because they were born with them or because they received them from their parents. Therefore, any potential political intentions which want to educate people by destroying education to turn them into a mass of sheep, has been doomed to failure for millennia. People, guided by their own life instincts, either develop these skills through opportunities outside education, or if their instinct for life is diminished, the population is doomed to extinction. These skills are essential for survival and adaptation to dynamically changing environmental conditions.

I myself have worked in public education for nearly forty years, and I can see that within the system it is almost hopeless to achieve the above. That is why I have decided to start my own courses to develop these basic skills by using and adapting common behavioral patterns (formulae). One possible means of doing this is through self-knowledge, skill-building training, which deals with general life tasks, but the methods used can be applied to any area of life.

Levels of knowledge and real knowledge

There are several levels of knowledge acquisition: 1. gathering information, 2. putting it into the mind (memorization), 3. understanding it, 4. integrating with other knowledge already present in the mind and a higher level of understanding, 5. living it, applying it in everyday life. Let's review these levels for a deeper understanding.

1. gathering information

How do you normally start when you want to find out about something? First, we start by looking for information and gathering it. People used to get the information they need from libraries, nowadays they get it from the internet. Most people stop at this stage, i.e. they do not incorporate the information they gather into their minds, but see it as a preparatory stage for a decision mechanism. Many people like to collect information, as others the stamps, they don't really do anything with it, but they feel good when they have it. It gives them a sense of security. Nowadays, people don't go into the second phase because there's no point in memorizing knowledge when everything is

just a click away. But the sense of memorization is not to use the mind as a substitution of the internet.

2. *putting information into the mind* (memorization)

The first essential question is how do we decide what to put in the mind? If you are preparing for an exam, the situation is clearer because the nature of the questions dictates your options. In general, the aim is to get the relevant, correct and useful information in. However, until we can distinguish, we have to include everything. Why? The mind can only process what it holds. What is left out, it will not have any idea about. Therefore, there is an initial loading of the mind-computer that takes place in primary and secondary education. This is extremely important and determines a lot, because most people correct very little after that. Young people, for their own sake, should not miss this opportunity. The question should not be asked here: what is this or that for, what is the need for it? It is necessary because we need a base to start self-development, just as a computer starts up only if it has an operation system. This initial state is the benchmark against which the need to input other information is judged.

The five basic skills, the development of which is most important, and the associated centers and tools, are summarized in the table below:

skill	body part, center	subject, tool
movement coordination	hands	writing, musical instruments, handicrafts
	body	sport
logic	logic center	mathematics, natural sciences, computing
oral expression	verbal center	languages, literature, poetry
harmony, intuition, symbolism	art center	music, visual arts, poetry
social skills	socialization center	group game, social sciences, (religious) ethics, group dynamics, financial literacy

This is roughly the structure in schools, but with distorted proportions. It is important to make people aware of this, that what the school does not provide, the parent can replace. Once the basic skills have been developed, the individual becomes capable of self-education and life course correction.

3. understanding the information

Knowledge can only be understood once it has entered the mind's database. There is no external understanding, the mind cannot put itself outside of itself to interpret what is not present in it. This is where most people get stuck. They want to avoid memorization, so that they only want to bring into the mind understood knowledge. Of course, this effort is all in vain. Once the knowledge is in, a connection can be made between the existing mind content and the new information, and thus understanding can take place.

4. integration of information with other knowledge already present in the mind, and achieving a higher level of understanding

Point 3 continues by adding new knowledge to more and more already possessed knowledge. This is a process that takes time. The current school system leaves little time for integrating information. If integration is not achieved, higher understanding will not follow, and knowledge will be an isolated set of knowledge that cannot be dealt with. Thus, they begin to wear out, i.e. they are stored in the background (relegated to the subconscious). Information in the subconscious does not become applicable knowledge because it is inert. It must be reactivated by repetition before it can be used.

5. living through, application in everyday life

Living through means being able to put the information into practice without any special preparation. As we have learned to walk, we don't have to think about how to walk, because it has become a skill. In the same way, we should develop the skills to use our other knowledge in at least one or two selected areas.

Knowledge lived through, i.e. knowledge that has become practical knowledge, turns into real knowledge only, because it is incorporated into a higher energy body in the buddhi body, which is the intelligence field. We work on building this up from life to life. The way to build a highly developed buddhi body is through the schooling of the mind.

There are trends that brainwash the unsuspecting masses with the slogan "empty your mind". It is indeed useful to empty the mind of

unnecessary information. Superfluous information is that which does not serve the development of the individual or society. However, in order to make clear to someone what is superfluous, the mind must first be filled, only then can it be emptied. Therefore, slogans distributed without explanation, which are suitable only for people to misinterpret, miss the aim.

Until someone is in a position to decide what information is important to them, I recommend learning about the natural sciences. This is where you cannot go wrong, because scientific facts are stubborn things, but you can gain objective observation, an unbiased description and explanation of phenomena. The skills developed in the study of science can easily be developed in other areas. It is easier to find our way back to God, and to see the connections of creation when we study the divine creation (Nature) than when we study the human creation (society).

The relationship between information and knowledge

The most important feature of our time is the information revolution. The internet gives anyone unlimited access to information at any time. The flood of information that hits our nervous system every day is inestimable, but what do we do with it? Mind is not successful in processing this, so it is stored in the subconscious, and unconfirmed information is constantly dropped and deleted. We never have time to check whether information is correct? That is why many people still take for granted any information that comes to them through written or visual channels. But even those who are among the doubters are subject to mental manipulation which aim that the trade participants recruit customers to their products. Consumers who are slowly becoming immune to advertising will be handled with advertising-aimed reporting, which is more dangerous because it provides a scientific and logical argumentation for why we need the product in question.

There is, however, another side of the phenomenon, which is already becoming apparent to the observant. As the amount of information increases, so does the ignorance of the masses. Even the well-informed will be able to grasp less and less of what is going on

around them. Today's pupils are no longer taught to acquire knowledge, but to gather information, and the teacher expects from pupils the knowing of information. Moreover, since no one is in a situation to know the correct information with certainty, the teacher expects unconsciously the same answer as he/she has given to the question. In this system, those who can tune in to the teacher and read the answer out of his/her head do well.

This is not a new feature of the education system. It worked in a similar way 40 years ago, but then it was noticed and exploited by the astute, like me only. If I wanted to be successful, but didn't want to waste time learning something, I have worked out some questions and the answers to them. Usually I got the worked-out questions. I only experienced the limitations of this method when I was unable to tune in to an antipathetic teacher, but it worked well with sympathetic ones. Today's students, however, will soon have no chance to acquire real knowledge because they confuse information gathering with knowledge.

The difference can be most simply explained as knowledge is the part of information that an individual can consciously use. Let's look at an example. A student is given a description of, e.g. a work process. If he/she learns it and can recall it, he/she has the information. If he/she is able to put the description into practice, he/she has acquired the information and gained experience during the implementation of the work process, e.g. that the information is real, as it has proven to be feasible (e.g. many food recipes are available on the Internet, which is not workable).

Up to this level, we cannot talk about knowledge. Knowledge begins when the student understands what and why he/she is doing something, which steps and why follow each other in a given order. Once one understands, one is able to modify the description, to replace the steps with other steps, i.e. one is able to apply what one has learned in a creative and autonomous way. While technological progress cries out for workers at this level, education is moving further and further away from training young people to do so. Why?

Since the world exists, acquiring of real knowledge is expensive. Real knowledge has always been the property of a privileged few who could afford (they had time and money) to acquire real knowledge. And public education is cheap and must remain cheap to ensure that

everyone has access to it. What must therefore be acknowledged by all those who come into contact with education is that if they want to acquire real knowledge, they have to invest money, time, absorption, dedication, in short, sacrifice. Why? **Because real knowledge is power over oneself, and he/she who has power over himself/herself has power over others. Therefore, the prevailing ruling class has always guarded the path to real knowledge so that only the privileged can get there.**

What is true for the acquisition of worldly knowledge is also true for the acquisition of intellectual or spiritual knowledge. Quick courses of this or that kind of spiritual training are only good for gathering information, they only give the impression of knowledge to the participant, who thinks that he/she has now acquired some special (secret) knowledge. In reality, this information is usually available on the internet. The abundance of information, the lack of practice in searching for it and the lack of creative application of the information acquired is that makes the taught seem so special to the participants in a given course.

It is pointless and inappropriate to shift the blame and fault others. In this universe, everyone can only fool themselves. Everyone has to decide what they want to do. Are they content with information, which is just a crumb of real knowledge, or do they want to feed on the bread of knowledge? From this moment on, no one can say that they did not know about all this because there was no one to enlighten them. I have said...

If you want real knowledge, seek out UCCA's Spiritual Self-knowledge Lifestyle Training, which will set you free from all mental influences, whether secular or religious.

The role of art in the development of consciousness



In the beginning, man created religions in order to gain knowledge about the higher ideals by studying them, and to awaken the inner ideal within himself/herself. Religions conveyed a clear set of values and truths, that goodness would be rewarded and evil would be punished, fall or be transformed.

As the following of religions became more and more marginalized, religious ideals were eroded and the arts took over the role of guiding people towards the inner ideals. In fact, this is the sole purpose and meaning of art; to awaken and strengthen the inner moral values of love, truth, and devotion that lie dormant in the depths of people's consciousness. The process of degradation of the arts is illustrated by the rewriting of the classics. To do this, the ideology has been manufactured that they must be updated. Well, they don't have to. The viewer will update them if he/she wants to. It is unnecessary for the director to chew our brains about his/her own twisted concept of a subject. If you go to a performance today, you are confronted with the playing as a buffoon, the actors' overacting, the broad gestures, the shouting, the swearing, which have become indispensable props. There is hardly a performance in which there is not at least one phallic symbol at the center, and the actors do not strip down to at least half-naked, as if they suspect that without it no one would pay attention to them. The essence has been lost, art has been devalued into a means of self-expression for a minority.

We could still hope in fairy tales, for a while. Today we have reached the point where even educated people are not aware of what makes a story a fairy tale, what makes a work of art, and what their function is. The role of fairy tales was, and is now, precisely to awaken and reinforce in children the inner ideal-pattern, by suggesting that the motivation for goodness is love and the motivation for evil is the lack of it. In fairy tales, goodness always triumphs morally over evil, thus reinforcing the belief in justice. The function of fairy tales is not to

show what the "real world" is like. Because the "real world" is not reality, but a distorted reflection of it. If the ideal is not conveyed, only a distorted reflection of reality is fixed, and the personality loses its grip, its moral hold, and its values become distorted.

It is hard not to notice that this intellectual and moral degradation is being carried out by design, with the unconscious or conscious complicity of the media, celebrities and now even 'artists'. It may be that real artists and art have been marginalized because they do not promote themselves loudly enough and do not get enough media attention. Intellectual undemand, lack of higher ideals, produces bio-robots for the labor market who can be herded at will by those who maintain and run consumer society.

The current social formation will fail internationally because it is not sustainable, because it serves the interests of a narrow interest group. The question is: will it not be replaced by chaos, dictatorship and aggression? Whether this can be avoided depends on those who have still been able to maintain their inner stability, their faith in love, goodness, higher moral values and IDEALS.

Science and esotericism?

One of my dear readers raised the question of whether, with the views I represent, I am worthy and qualified enough to teach at, what he called, the country's most prestigious university.

I will briefly explain my answer. Firstly, I meet all the conditions set by the university. Secondly, I do not teach esotericism at the university, but science. In other words, I teach esotericism outside the university. Of course, my reader obviously has a problem that with which approach can I teach anything to today's youth? My answer is that I teach everything with a SCIENTIFIC approach and demand.

So, how do these two concepts in the title fit together? The greatest scientific thinkers have never avoided engaging with philosophy, simply because, when the limits of science are reached, the question of why, how and in what way the world around us – which we study with the tools of science – has come into being, is inevitably raised. Many people, when they hear the word philosophy, flee because they remember their schooldays and react to the situation with strong

emotions. I completely understand them. When I was student I had thrown only two books in the corner. One was a textbook on scientific socialism and the other was the Bible because I found neither of them authoritative and true.

For once, do not take flight. Let us first define the meaning of the word philosophy. *"Philosophy is a discipline concerned with the universe, nature, the cause and purpose of life, the ordering principle in history, the possibility of knowledge and understanding, the nature of beauty, art and language, the nature of legal and political norms, the rightness or wrongness of actions, the existence of God and transcendence. The branches of philosophy are, accordingly, metaphysics, ontology (philosophy of existence), philosophy of history, epistemology (theory of knowledge), philosophy of science, philosophical logic, aesthetics, philosophy of language, philosophy of law, philosophy of politics, ethics, philosophy of religion."*

I declare that esoteric teachings are among the highest philosophical teachings. So high that very few thinkers can grasp the depth of the teachings, and even fewer can live them in the circumstances of everyday life. The average person cannot be expected to understand and study esotericism on a philosophical level, simply because they do not have the training and mind-schooling to do so. That is why esoteric teachings have appeared in a highly simplified (one might say degraded) form in Hungary and elsewhere. The content of the books has been further simplified by the visual media, and anyone who encounters this is justified in thinking that a whole system of delusion is unfolding. One can play the piano on artistic level, and one can tap something on the piano that will annoy the neighbor to death. Still most of the people, if not completely tone-deaf, can hear the difference between the two.

This is with esoteric teachings too. Of course, for my part, I would be happy to teach esotericism at the highest philosophical level, if I had someone to teach it to. One of my books published on the Internet was not accepted by a publisher precisely because it is too high for the level of the average reader today, and therefore cannot hope to make enough money to be worth publishing. In this book, too, I have tried to make my approach accessible to the widest possible range of readers.

Here I must also mention a philosophical question of epistemology. The acquisition of knowledge is not the same as the incorporation or integration of knowledge. Just because we read something does not mean we know it. Just because we have learned something does not mean we understand it. Just because we understand something does not necessarily mean we can apply it. Anyone who has taken an exam in their life can experience this. There are therefore several levels of knowledge acquisition: 1. gathering knowledge, 2. putting it into the mind (memorization), 3. understanding it, 4. integrating it with other knowledge already present in the mind, 4. higher levels of understanding, 5. living it, applying it in everyday life (see above).

Most people don't even get to the first level! And those push themselves on the loudest who stopped before the third level! But you can only teach those who want to reach the level five.

Why did I have to respond to this reader comment? I will tell you a story that every REIKI user has read, every REIKI teacher knows, but how many of them have achieved the 5th level in cognition? Master Usui was asked by a disciple how it was possible that Jesus healed by laying on of hands. Usui did not know the answer, so he set out to find it. This is how he discovered REIKI, which can be used by everyone, but only a few people are allowed to reach the consciousness of Jesus. Usui knew something that today's professors had not yet recognized. When a question is asked outside, the question first appeared inside because the questioner is ONE with the answerer. In the same way, if a doubt arises outside, it is present inside. But if it is answered, and the doubt is dispelled within, then there will be no one who ask it outside.

Good and cultured communication



One of the main sources of disagreements and disputes we experience in everyday life is a lack of good communication. Unfortunately, when we turn on the TV, listen to the radio or read the newspaper, we find no signs

of civilized communication even among professionals. In fact, we get the feeling that they are deliberately trying to exaggerate the difficulties of communication, creating conflicts between the parties in dialogue. Then how are ordinary people can learn this skill if it is not possible from their parents, teachers or media professionals? This situation has prompted me to write a short summary on the subject (which, by the way, is taught in detail in UCCA's Spiritual Self-knowledge training).

The first step is to open up to the partner you are going to talk to. We don't know what he/she will say, but if we start with a preconceived notion, there is no chance of understanding each other. Receive, let them in what he/she wants to say; let he/she say what he/she is going to tell. Only when we have received it we will be able to speak about it. If we don't receive it, what could we speak about it? Only our prejudices. Only when we have received it can we form a complete picture of his/her ideas. When we perceive his/her thoughts in their entirety, let's take over the word and support our expressed thoughts with visual language. It is always easier to convey a picture than to parrot empty words.

Miscommunication can be studied in many situations:

1. The interlocutors are talking about their saying by breaking off each other. There is no real inclusion here, they don't even realize what the other person is talking about, they just push their own opinions. Result: mutual incomprehension.

2. One does not let the other speak. He/she does not want communication, which is based on reciprocity, but to attack the other, to impose his/her own opinion and will. Don't stop arguing with him/her, because he/she will only drain your strength. - "Excuse me, but I have important business." Step aside at the right moment. He/she will find someone else to talk to.

3. The interlocutor wants to put the word into your mouth to get your agreement, which he/she uses to justify himself/herself. A solution may be like as the previous point.

4. The interlocutor (e.g. boss, spouse, parent) manipulates from a position of superiority through intimidation. This can be done directly, e.g. by making you feel vulnerable. Dealing with this requires serious internal work. I will tell you a simple Taoist martial arts trick that can be useful in some cases. If you are attacked, then dodge (take a virtual

step back), if you are attacked further, then attack back (take a step forward). If you are attacked again, repeat the algorithm. The point is to keep the front line in place. Once this type of interlocutor wants to win, he/she will soon realize that he/she can't cope with you and will look for someone else to overwhelm or who will knock him/her down.

5. We find deaf ears at the person we are talking or they play 'dustbin' (child, spouse); they do not answer any word. Be persistent, learn to communicate with pictures, because it will go through even if they close themselves for your words. If you are more skilled and know your partner, you can throw them a bait (desire) or touch their sensitive spot (fault) to turn to you his/her attention. Then get back to what you were saying. Success requires pure intention.

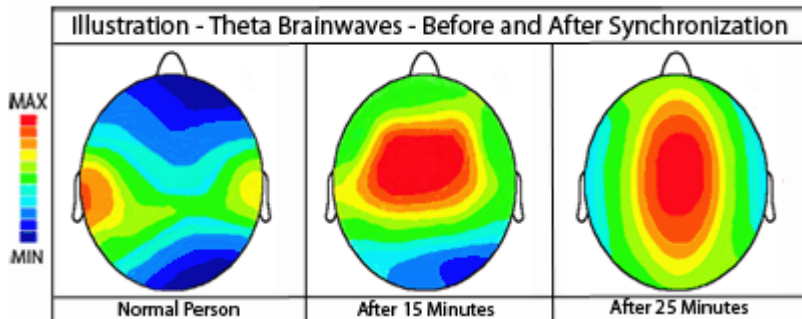
The most important:

- Respect everyone, whatever (good or bad) they have said to you, because they have brought information to you. It's up to you to decide what you use it for and how you use it.

- Pure love should be your main motivation, because it shows the power to make the other person unmask and open up to you.

It's just a matter of choice...

Fixations of the mind and their impact on personality and society



I have interpreted the mind, for ease of understanding, as a computer, which is a combination of hardware (central nervous system) and software (programs loaded onto it). One might rightly say that the human mind is not a computer, but a much more complex

concept. For the sake of analysis, let's divide our consciousness into mind-consciousness and higher-level consciousness. Everyone has a higher level of consciousness, but it may not be able to use it in every situation if it has not undergone some training. We will now look at what prevents us in real life situations from reacting to an event with our higher consciousness?

Mind-consciousness is considered a set of programs, or behavioral templates, which are captured by observing patterns of behavior in the environment (parents, other people). Their role is to help us when we find ourselves in an unfamiliar situation and don't know how to deal with it. These templates become mind-fixations when the personality cannot get rid of them, cannot change them. Once a pattern of behavior has become a fixation, it becomes an obstacle to personal development and even to social development, since social development is achieved through the development of individuals. I would like to illustrate this by means of a recent event.

There is a civil servant who is newly appointed as Secretary of State for Education. As she has never been in this situation before, she does not (cannot) know how to handle it. If she were a person with a deep self-knowledge and a high level of consciousness, she would be able to express herself, for example in a media interview, but in this absence, she reacts with a template borrowed from others. This template is nothing more than a mask behind which she hides her real personality and opinions in order to meet expectations. Expectations from her bosses, from public opinion and from the media, and they are partly or totally contradictory. In order to meet the expectations of her bosses (which she does not know because it was not told her), she should say as few facts as possible, because facts are stubborn things and can easily be accounted for. To meet the public's expectations, she should be honest, direct, accessible and responsive to the public problem. To live up to the media's expectations, she would have to say smart and important things like someone who hit the nail on the head. Under the strain of the mask, the mind is even less controllable than usual. In such cases, the mind picks up a memory trace of unprocessed frustration for the person and starts talking about it. It happened so, that the Secretary of State wanted to draw attention to the importance of modernizing education with an example from chemistry, which immediately showed that she already had problems with

understanding chemistry at an elementary level. The incident immediately triggered a qualification rush in the media, everyone analyzed the speech from all sides. The most cultured critic was a science representative who wanted to use the incident to draw attention to the importance of teaching science, which is entirely justified. However, in the meantime, he pointed out that homeopathy, which is a pseudo-science, is spreading because of the shortcomings of chemistry. However, the homeopaths raised their heads and protested for that on what basis those doctors who, only after 6+3 years of study, can prescribe homeopathic remedy, are classified as quacks. The example shows that we have got very far from the original topic, and all because of a slipshod speech.

What is clear from the example is that everyone instinctively expresses what they fear from, or what they do not understand about themselves or the world. Every manifestation is instinctive until he/she has uncovered the fixations of his/her own mind, that is, the mind-programs that carry fear, misunderstanding, frustration for him/her.

The first essential conclusion is that we cannot use our own consciousness when we wear a mask to meet some external expectation. A further conclusion is that all public figures motivated by the desire to conform are forced to wear a mask. A mask that presents a prefabricated image to conceal personality flaws, personal opinions, or perhaps true intentions. The public actors use the mind-consciousness during their performance, and we must treat everything they say knowing this. They act like a programmed computer, clicking on a pre-written program and playing it back. If something interrupts them, they either talk nonsense or they get angry and start to abuse the other person. We cannot judge them because no one is an exception. All human beings work like that because that's how the mind-consciousness works. We can figure this out for ourselves through self-reflection. Think back to a fight with a partner, a mother-in-law, a child.

Another case of mind fixation is shown by the reaction of the representative of science in the previous example. His frustration is that he does not understand homeopathy, and he thinks that with his ability and scientific training he should. So, if he does not understand, then the only explanation is that homeopathy has no scientific basis, and then it must be rejected. By the way, nobody understands

homeopathy, and it is not scientifically based, but that does not mean that it should be rejected out of hand, but that it should be investigated. The fixation of the mind is thus manifested in the scientist's insistence on explaining phenomena within a certain epistemological system, and if this fails, he is inclined to declare the phenomenon non-existent and the observation unscientific.

Our next observation is that we use mind-consciousness whenever we seek to understand or explain phenomena in our environment using only the mind-content we already have, and do not seek to expand the mind-content, i.e. to acquire additional knowledge or experience. The "scientist" mind represents closed knowledge. He/she can take in no more, so he/she is closed, for him/her the acquisition of knowledge is over, what is beyond it does not exist, cannot exist, because he/she cannot grasp it. But this attitude is not only characteristic of the scientific intellect, but of all people who close themselves off from further cognition. It also appears in the parent-child relationship, for example. For the parent, what the child sees or experiences does not exist, because the parent does not see or experience it. In the same way, the unbeliever does not perceive what the believer perceives, and the line could go on.

The reaction of the homeopaths in the example examined was an emotional reaction. Someone questioned the legitimacy of their activities. They find that homeopathy works, so they believe in it. They do not feel the need to prove the mechanism of homeopathy by scientific means. This type of fixation is emotional fixation, which is also a mind activity, because the mind is also the seat of emotions. Emotional reaction can be recognized by the fact that it is defensive, it does not use arguments, it seeks to achieve an effect solely by operating on one's own and others' emotions. One could reply that the doubt of science is justified, that homeopathy has not been scientifically proven to work, and that is why we recommend such and such experiments.

So, our next point is that we use mind-consciousness even when we are emotionally attached to a position, situation, person, solution, and we don't examine the facts, because the mind is processing emotions. Emotional attachment is caused by the fear of being wrong; furthermore, by drawing strength from the object of attachment to avoid losing it; and by material, moral, spiritual interest

that we do not wish to confront, but we add emotional coating to our naked interest to make it more appealing. We need this self-justification or self-deception because by openly admitting our bare interests we are not able to consider ourselves good enough. This is the motivation for all hypocritical charity, when our basic interest is the exact opposite of what our actions represent (prolonging the dying so that the incurably ill suffer further, providing shelter for dogs but banning the homeless, welcoming immigrants but wishing them to hell). We act out of emotional motivation, but we do irrational things. Emotional fixation is also a characteristic of religious people. In such cases, the object of attachment is God, not the Absolute Reality, but the religious worldview of God, a kind of schema programmed into the human mind over generations of socio-cultural development. Religious wars are about defending this schema (alongside implicit economic interests, of course).

So, when human thinks of himself/herself that his/her mind cannot be identified with a computer that works only with prefabricated programs, because he/she is a higher entity, a sentient being, a spiritually autonomous individual capable of free opinion making, then think of the above. What he/she thinks of as his/her own emotions, are mental functions programmed by his/her parents, what he/she thinks of as mental autonomy, is a constraint course run along the boundaries of his/her mind, what he/she perceives as free opinion making, is an unconscious absorption of the influence of others.

However, there is a way out of this situation, a way of training and controlling the mind, which can be learned in UCCA's self-knowledge training.

The liberal delusion, or there is no liberalism in the kingdom of God

This was probably the fact that the first human couple faced at the moment of their expulsion from Paradise, but they were still hoping there might be somewhere else.

Liberalism was originally an idea of liberation from tyranny, but it has now undergone such a metamorphosis that it has become a pseudo-liberalism, and its objective turned to the liberation from all

oppression. At first glance, the absurdity of this distorted idea is not apparent, since it might lead us to believe that it is the key to real freedom, since no oppression is pleasant. But oppression is also the oppression of one's elementary instincts, so let us not oppress them in order to be free! Let us make love where and how it pleases us, let us do intimate thing where we need to. What do you care that others may be bothered, they are the illiberals. We don't have to stick to our gender either, if we feel we were born in the wrong body, we are free to change our gender, we have the option. Were you born male and want to have a baby? Were you born a woman and want a penis? No problem. Let's not dictate to our children – what am I talking about – let's not even suggest what we think is right, lest we infringe on their freedom. At school, the teachers should make an effort to fill some knowledge into their pupils, in order not to violate the students' personal rights by daring to demand it during an assessment.

If the generations brought up in this way, become incompetent to do anything else than drinking, using drugs and making sex, the liberals want to solve 'cleverly' by immigrating migrants, for example. Of course, they know they won't solve it, but by the time all these turn out for the society, they've already got rich and are happily enjoying their retirement years on an island paradise that hasn't yet been swallowed by the ocean due to global warming. Irresponsible adults raising irresponsible offspring are digging their own culture's grave.

Of course, this pseudo-liberalism is doubly FALSE, first in principle and secondly because it is deceptive, because it is only for those who can afford it, though it suggests that this trend is available to everybody. In (pseudo)liberal societies, the average citizen is just as oppressed as in autocratic societies, but he/she can pretend to be free. The representatives of contemporary liberalism have moved away from the realization of genuine freedom towards the construction of a dictatorship of liberal elites, and either do not want to face up to their error or, worse still, consciously build on this ideology.

In the earthly realms, of course, anything can be tried, including this, there will be no immediate consequences, the retroactions may not be felt for a lifetime or two. But in the heavenly realms, the closer you are to God, the more immediate the repercussions. Here I must immediately clear up a misunderstanding. There is a transcendental

realm, above the Cosmic Laws, where there is no repercussion of any kind, only those who can enter it no longer have any individual aspiration. Those who have any chance at all of entering some lower heavenly realm may be placed on planes of existence similar to the paradisiacal state, which serve as a temporary home for evolving souls to rest and process their experiences between incarnations. These temporary homes operate according to strict principles governed by Cosmic Law. If they were not, they would not be able to survive in the long run. Why is it important to see the analogy? Because as below, so above, and vice versa. Every law that we observe in the earthly realm applies in the spiritual realms and vice versa. We do not always notice the correspondence because of the different time planes.

The Realm of the UCC (see later) is perhaps the most liberal system. I could not find anything more liberal with a magnifying glass. There are hardly any rules. Here the rules are that everyone has a place and a service to serve in the system, one must evolve to change, and if one does not, one can easily find oneself outside the Realm. Why? **If a unit** (be it anything, an empire, a country, a city, a family) **is given, and one keeps taking out from it, and does not put one's best into it, then that unit will either fall apart, or those who are within it, out of self-defense reflex, will unload the parasite in time.**

There are also non-material realms that are overtly autocratic in structure. In these, law of the fist prevails. Whoever are stronger, more violent, or have more supporters, impose their will on others. We can experience the same thing here as in some earthly societies, except that one cannot die in them. Therefore, many people call this plane of existence hell.

Both types of spiritual realms can be mapped onto Earth, into material existence. It depends on us which one we choose, but we cannot blame others that they created our situation instead of us.

Democracy, or what would be good for the Hungarians?

(satire)



Those who follow my writings know that I have a slightly different perspective on events at home and abroad than usual. The essence of this different perspective is that life is a game of self-discovery, in which some people play consciously, others unconsciously, and no one actually dies, only "a little", then he/she is reborn and the game resumes in a different line-up.

The Hungarians are dissatisfied, stubborn sort, never happy with the way things are, as if they don't know (yet) that everyone creates his/her own destiny, that there are individual, group and national karmas, which are the joint task of the individual and the community to solve. If the current one, who is presently, is not good, then I wonder who would be a good leader in Hungary today? If you were to ask people to look back on the country's history over the past thousand years and you ask them who they think of as the leading statesmen they consider to be clearly positive, the most likely candidates would be King Stephen, King Matthias, Lajos Kossuth, István Széchenyi, Ferenc Rákóczi 2nd. Where are the former greats of our country now, if everybody is reborn once? Why don't they come here to help us, to lift our country up?

And now everyone (who doesn't know yet) hold on... The late King Stephen is currently in a material body, but he doesn't live here and he is not a worldly leader. Maybe he shouldn't have been canonized and then we could have gotten him back to run for it once again. Now, let's do a thought experiment, how would function the deified founder of state? To do that, you have to start from how he worked then, because everybody moves on (or not...) from the experiences of his previous lives. Stephen called in foreign soldiers and used them to obliterate half of the country who refused to convert to Christianity. They received, in addition to death, confiscation of property, the latter was distributed among Stephen's supporters. Okay, we have him to thank for our existence as a country, but certainly those who were liquidated in the past would not be too grateful to him that they are Christians

now, because individual grievances would drive them into the counter-camp as an unconscious motive. Anyway, let's not envy Stephen, he has enough problems. It is natural that someone who was once a secular leader of a country should now aspire to higher task and want to try himself as a religious (spiritual) leader in a wider community. It is not that easy (either).

The late King Matthias is also in a material body, living among us, and a secular leader. How did he function in those days? He protected the country from the Turks (now the migrants), what he took from his enemies he distributed to his supporters, he exploited the people, yet the people loved him. I wonder what he is doing today? The same. It is totally irrelevant that today we have a so-called democracy. Democracy as a method of government dates back to the ancient Greeks. Because of the beautifying distance and our own illusions, we think that it was fine once and we have lost something. Greek democracy worked no better than it does now. Those who were rich could pay off the people and the orators to campaign for them. Even then, the one whose name was the most public and promised the most won. True, anyone could stand in the market place and make a speech, but that is still the case today, see the demonstrations. They stand up, speak and go home. This was already a method to defuse tension in the time of the Greeks. Well, maybe we would be better with those who were not kings!

Based on my past lives and my situation, I can say that I can find the connection with almost everyone in the beyond who was ever considered someone in this country (if one doesn't believe me, can check it out...). I asked the late Kossuth if he would like to be born today and take a leading role, because he is still remembered with love and respect by the people. No, he said; he would rather become a priest, but not a leader under any circumstances. Why? Because it is true that the level of awareness is the same low today, but everyone thinks they are exceptionally clever, and they are guided only by their own interests, which means that this nation cannot be guided by his methods. Because of this disunity, the country needs a strong one-man leadership if the nation wants to remain in whole and doesn't want to lose its identity completely. The late Széchenyi said the same thing and he was going to be a scientist. He will share advices from out of

the field as a political scientist or a sociologist, this comes with less responsibility.

In desperation, I turned to the late Ferenc Rákóczi 2nd. Lord, I ask you to take over the leadership of this country so that order and tranquility may finally prevail. I will consider it, was the answer. But you can see that I personally was the biggest loser of the Rákóczi war of independence, total confiscation of property, exile... I think you can understand that I will not undertake it again under the same conditions. To get back my wealth, influence and power, I am willing to be born into the family of the greatest Hungarian oligarchs. The only problem is that the difference is too great in the intellectual resonance level.

So, here we are. I only note quietly that Horthy and Gömbös (late Nazi leaders) volunteered, but I signaled them to wait.

Democracy against autocracy



Some people feel that democracy as an institution is under threat. I would like to make some observations in this regard, which I have concluded by analyzing historical contexts. Regardless of the social structure of a country, democracy always exists when and as long as there is no one capable of acquiring and retaining absolute power. Democracy is therefore the cooperation of many mediocre people in order to be able to organize the governance together. At the moment when a single person who can do this alone appears, democracy will be present at most formal. In different cultures, at different times, there tend to emerge outstanding personalities who, because of their abilities, acquire and retain absolute power, simply because they are outstandingly talented in one or more ways, then the others. The existence of talent does not imply that one is a benevolent person, nor even that one is a humanist person, nor even that one uses one's talent for the advancement of the community. It may be that talent is limited solely to the management of power or an extraordinary willingness to

compromise in the squeeze of controversy, but it may be that he has caught an upward social trend line at the right time.

Autocracies are never overthrown by the people, nor by some opposition. They are just tools. One-man power collapses of its own accord, its time runs out, the air around it runs out, the trend lines slip away, new generations resonate with a different outlook. And until that happens, "Let every soul obey the powers that be, for there is no power but from God, and what power there is, it is ordained of God." (Paul's Letter to the Romans, 13.1)

True, that people with outstanding talents could "play democracy" for the sake of others, e.g. to teach and develop them. If they do not do this, why not? Simply because talent does not go hand in hand with wisdom. We can be born with talent, but to become wise is only possible through experience and the correct processing of that.

What can a person do, who lives in an autocracy and aspires to democracy? One thing: to become a sage!

The Hungarians' mission and service



I have been incarnating in my current quality for about 700 years in Hungarian-inhabited areas, so I am not considered an indigenous Hungarian. Before that I was born in many countries and cultures, I am a true multinational and multicultural person. Now, yet I live my Hungarian with full

devotion, I would not move to another region under any circumstances. Where one is born, there is the task. For some reason one has chosen this country, this people, and one must integrate his/her self-fulfillment into this culture; his/her mission calls him/her here.

A small nation among large nations has two options: either assimilate or preserve its identity. The question is, is there any value in Hungarians why we should choose to preserve our identity? My answer is YES.

Firstly, the language, which is beautiful and special; a universal value, worth preserving. It has deep symbolism and unparalleled expressiveness, its vocabulary is almost infinitely expandable, it is compatible with foreign words, which are easily incorporated. It is capable of expressing the most abstract thoughts, while being characterized by a sophisticated logic. It is concise, rich in symbols, almost painterly. All these things are known in the great languages, but there are very few small languages that can compete with the great languages in expressive power. The poetry of any language, from Shakespeare to the Shi-King, can be rendered in Hungarian without loss of content or formal information.

Secondly, what we call the Hungarian approach, which I myself often criticize, is a characteristic information field. Yet, if we purge it of the personal deposits that contaminate it, we arrive at the level of folktale wisdom and a particular logic. Quite unparalleled depths can be discovered in the so called 'folk common sense' approach, which is unfortunately on the verge of extinction due to the distorting influence of the media, but some of it has been preserved in literary works, in fictions and it may not be too late to save it. The result of this unique perspective is that so many excellent skulls have been born in the Carpathian Basin over the centuries, who, even if they did not speak Hungarian, have become the dominant figures of their time, embedded in this information field. The Hungarian people deserve not to disappear in the multicultural graveyard of nations, because in the last millennium neither the powers of the South (Roman Empire), nor those of the East (Tatar, Turkish, Soviet), nor those of the West (Austrian, German) have been able to crush it. In many cases, it was resurrected from the ashes as a phoenix.

Let us then examine how national identity consciousness can be preserved in a world that is moving in the direction of a misinterpreted and misguidedly implemented multiculturalism that seeks to confuse everything. There are examples to follow among the Jewish people. The Jews are among the most successful nations and have the most personal successes, despite thousands of years of systematic attempts to exterminate them. What is their secret?

1. Togetherness. A Jew supports a Jew in every corner of the world. Therefore, we should not be angry with them, but follow them. Let us carry out the following thought experiment. You win the lottery

jackpot. Who would you give it to? I guess: your children, parents, friends who think the same way. So, why are you upset when the people in power do the same things you would do? The Jews go one step further, they are able to mobilize the members of their own nation. This is made possible by a strong national consciousness that overrides individual interests and is systematically reinforced at the social and family level.

2. "Effect, create, enlarge!" Now, this was not said by a Jew, but by a true Hungarian poet (Ferenc Kölcsey). Jews just do it! They have influence, they create and they enlarge. Or did not a Jewish teacher (Jesus) say in his parable of the talents that who cannot increase his talents, from those will be taken away? This means that whoever does not learn to create, he will not have it! You cannot expect anyone to create for you what you need and no one can execute it for you, because if you have not grown up for the possession of some goods, you cannot keep them.

3. A strong family. The Jewish family is a conservative, patriarchal model, in which the head of the family is the man who carries the family name further, and those who carry on the name of the head of the family belong to the same family. In this system, the woman who marries into the family takes the name of the head of the family and belongs to it until she changes her name. There is either no divorce or, if there is, the children belong to the head of the family because they bear his name. Christianity has loosened this model because it does not understand it. Jews, on the other hand, do. The common name defines the common family karma (life task) in which the wife and children are obliged to participate, and this is guaranteed by the name recording. Thus, there will always be someone to carry on the family business; what the parent has created, the child is obliged to preserve and develop. Elite families deliberately invite children to be born who are capable of doing this.

4. Common language, common culture. All of these represent the cohesive forces of the nation, which are consciously cultivated. Many Jews learn Hebrew even if they do not use it.

5. Religion. Religion for Jews is not based on faith, but in many cases on knowledge. Those who think seriously about making their mark in the world undergo deep religious training, which establishes their morals and values, and not incidentally their sense of being

chosen. Ideally, the latter can be used positively, i.e. for the benefit of humanity. Religious belonging, and the studies that go with it, give them the inner strength to endure and survive extreme circumstances. The strength of the Christians' faith, the depth of their religious experiences as a whole, compared to the proportions of the population group, does not even come close to that of the Jews.

There are many other components which I do not wish to analyze further. So, if a nation wants to preserve its national identity, it is worth considering the above aspects. Every nation, which want to survive, has to find itself individually and nationally. They must seek those factors that can provide a sense of belonging for their members. In Hungarian case, if it is football, then so be it. There is no other sport in Hungary today that can move as many people as football. Football is a sport that everyone can play, even if they do not always hit the ball, but at least they can run after it, and universal principles dictate that everything should be done for the process, not for the result. And those who shout in the stands, letting off steam, are not beating their wives at home. We also need to find areas where the nation can perform differently or excel from the average, and develop them as a priority, be it spa culture, equestrian sport or organic farming.

All I can say as an encouragement that in the next centuries, the Hungarian people will have everything they need to find their mission and service in the world. This mission and service may be so noble and so high that if they are able to fulfill it then it may even elevate the Hungarian nation to the ranks of the most outstanding nations before God. And those who do not wish to participate in it, and who work against this mission, will lose the opportunity to be born Hungarian.

Property as a task



Since time immemorial, there have been very many poor people and very few very rich people. It is a common view among the poor to blame the rich, who gain wealth through the sweat of the poor. Let us now examine the issue from the point of view of spiritual self-knowledge.

Acquiring, maintaining, augmenting and using property is just like solving a school lesson. Each person solves the task based on his/her personality traits (abilities, honesty, diligence, solidarity for others or lack thereof). Just as in school, in life we can't catch everyone using an unauthorized aid or using a foreign pen. The universal law of karma knows and does exactly what it's supposed to do, and you don't even have to believe it. Of course, it is easier for the one who believes.

So, to own property is a TASK, not a virtue, not a glory, not a reward. In the long run, over several lifetimes, wealth (as a quality) can only be retained by those who have acquired it honestly, who do not cling to it and use it to help others to rise. Let us take a look at these characteristics.

To acquire wealth in an honest way means to become wealthy by obeying the written and unwritten laws of the time, by exploiting opportunities, by using one's own talents, and by respecting the principle of doing no harm. Non-attachment implies that one regards one's possessions as having been borrowed from the Universe to be cared for, maintained and elevated. Possessions include everything, plants, animals, people, but also projects, intellectual/spiritual products, buildings, land, depending on the nature of the possession. One person may have an agricultural estate or an industrial plant, another may have software, another may have knowledge or money, but all these are possessions for which the individual who owns them is responsible. If one has agricultural land (it may be a small garden), one has to cultivate it, keep it clean. If one owns a factory, he/she must produce something useful in it and market it. If one has an intellectual product, he/she must publish it, so that it can be used for the benefit of

mankind, if one has money, he/she must invest it. One must do this in such a way that he/she preserves and multiplies it for the benefit of himself/herself, his/her family, his/her city, his/her country, humanity. His/her activities must be for the benefit, first and foremost, of his/her immediate environment, but also, depending on the size of the estate, for the benefit of the increasingly distant environment, for its economic and spiritual advancement. In this case, one is a good master, and his/her fortune will be returned to him/her in the next life, because he/she is born into the right family, and when he/she leaves he/she can place his/her fortune in capable hands, in hands that will carry on the task. If he/she makes mistakes in carrying out the above principles, he/she will regress to a greater or lesser extent, depending on the extent of the mistake, and he/she may have to repeat certain steps from the beginning to become aware of the mistake he/she has made. So, someone who is rich now has already been rich in a previous life, and has made relatively few mistakes in the past. However, it may be that his/her current wealth is a first attempt, or that he/she is trying to meet a challenge that he/she is failing. Wealth is never just a matter of blind luck or connections, but also of imagination, creativity and the ability to be in the right place at the right time.

Anyone who does not have the gifts needed to build wealth must learn it, or if they do not want, they must give them up. It does not make the slightest sense to blame others, to judge others for his/her own pennilessness. With the energy he/she spends on berating others, he/she might as well start taking small steps towards ascension.

A person who is penniless may be penniless because he/she has never owned anything. He/she doesn't know what it means to have something, he/she doesn't understand why others have it, why he/she doesn't have it. Because he/she has never owned anything, he/she does not respect what others have, but takes it away so that he/she can have it. Unfortunately, what one achieves is that in the next life he/she will own neither anything. If someone has at least a small house or garden and does not keep it neat and clean, it means to the Universe that he/she does not value his/her own property, and therefore he/she will not get even that much next time. Some people are penniless because they have made a big loss and lost everything. They have mismanaged their previous wealth, e.g. misplaced it, squandered it, harmed others, committed illegalities, made bad investments out of ignorance, or

undertaken a task beyond their abilities. Those who have owned property before are more likely to climb up the ladder and have a greater inner motivation to try. The biggest problem is therefore the penniless who have never owned a bed in their lives.

The rich will do well if they gradually teach this section of humanity a taste for private property. It is important not to give it to him/her, but to work for it, for then it will have value. For example, the homeless person should not be given an apartment, but a ground, building materials appropriate to the climate and simple tools. If one doesn't know what to do with them, then he/she remains under the sky, if one builds his/her own stall, then others should stop bothering him/her in it. Many leaders fear that this will lead to ghettoization. Yes, it will, but there is no alternative. Homelessness cannot be eliminated by giving property, because those who have never owned property have not developed the ability to create and maintain property. If one gets house, he/she flatten it or convert it to money and he/she become homeless again. Not because he/she is such a jerk, but because he/she doesn't have in his/her personality to own private property. Another possible tool is the education of young children - even in kindergarten - to respect and properly own private property. They should have their own pillow, blanket, bed, which is theirs only as long as they go there and which they are not obliged to give to anyone else. His/her bed should come with a sack in which he/she can put his/her personal things that belong only to him/her, his/her teddy bear, his/her drawing, his/her book, so that he/she can create an intimate sphere for himself/herself when he/she uses the bed. This can be further developed at school. A private classroom, which belongs only to the class, which is free to decorate, within this a private surface, which they are personally responsible for the appearance of, a private desk with a lockable drawer. These are just ideas, which can be modified and adapted as you wish, to help develop in people the ability to own and use property properly, which are not necessarily innate skills.

Decision as a task

The discussion of the internal processes related to individual decisions is part of our self-knowledge training, and I will not analyze now the decision-making process from this point of view but from the community perspective.

There is a community. Who has to make a decision that affects the whole community? The one who is in the decision-making position. Why? Because, he/she has the most complete information to make the decision due to his/her position. He/she can still make a wrong decision, but his/her role is not up for discussion. The others can give their opinion, tell how they are affected by the decision, but they cannot decide, because the right to decide that person has, who is in the decision-making position. And in this respect, it makes no difference whether the decision-maker is a politician, a school principal or a company director. In a society there will always be people in decision-making positions, whether they come into their positions by election or by inheritance, because a society cannot function any other way. One can disagree with the decision taken, one can object to it, but it applies to everyone. Furthermore, it is easy to see that, in principle, there is no decision that everyone will recognize equally as correct, either because their personal interests are different or because their real interests are not perceived.

Today in Hungary, everyone is trying to play the role of "advisor" to influence the decision-making process. In the media, there are often self-styled spokespeople giving their opinions on what decisions should or should not have been taken by those who are in decision-making positions. The only problem with this is that the volunteer "advisers" do not have the information they need to make the decisions. So, let's see, who can be an adviser? 1) Someone who is hired. 2) Someone who is an expert in a subfield. So, the job of the person who becomes an adviser is to explain to the decision-maker the specific criteria and context of the sub-area for which he/she is an expert. He/she does not decide, but informs. However, his/her opinion does not necessarily have to be reflected in the decision, because the decision also has to weigh up priorities.

The self-styled spokespeople, however, are neither experts nor advisers. What are they? They are smart-alecks who stir up sentiment

against someone (something) or for someone (something). Put another way, they are the ones who stir the emotions of the community concerned about the decision. They will always play on emotional strings, i.e. they will never argue facts against facts, because that would be an expert attitude. Most people are emotionally influenced. What do we mean by that? That they will be influenced mostly by their fears and prejudices. These emotions have nothing to do with reality, but reflect the person's individual, subjective attitude to the subject in question. Emotional manipulation is a pressure tactic. On the one hand, it is used to make uncertain the decision-maker and, on the other hand, it is used to force the decision down the throat of the community. Emotional influence and the pressure that goes with it are part of the political games. Political games are like partnership games, there have neither end nor length. They are both characterized by the fact that neither party can see clearly because of the emotional blackmail of the other, and therefore always wrong decision is made. Because of these mechanisms, the community cannot function effectively, it is not possible. In general, the right side plays the role of husband (father), the left side the role of wife (mother) and the people are in the role of children. In Hungary this is distorted because the left side has slipped into the role of mother-in-law. Here, a broken family has been created, where the father of the children lives with his mother-in-law.

Those who do not see the laws of motion of the socio-political process long for a pure political life without games. I suggest that they should look at their own partnerships and how they play the games. How could politics be without games, if the participants, even in the immediate family, cannot avoid the games that arising from conflicts of interest? Even there, someone's interests are always at stake, and in most cases the child's. The father (right), the mother (left), behind the back of the child (the people), in bed (in economy), usually co-operate and agree on the sharing of power, money, etc. And if the father is forced to live with the mother-in-law, the children are played off against each other. Of course, the richer the family is, the more the children get, and the less the conflict of interests arises. In Hungary, the people represent the children of a poor family who should have been placed in foster care by the guardianship authorities a long time ago. But not all of them have foster parents (jobs abroad), so most of them end up in state care, which we know is not the most ideal

environment for growing up. However, if the children (the people) grew up, they could take their destiny into their own hands.

A society can only function well, can only be managed effectively, if its members are conscious, prepared, independent, impartial, unbiased, and unemotional persons. If this is not the case, then the society cannot be led, only misled. If the people are lucky, which is rare, they will be misled in the right direction, otherwise they will run extra circles. In Hungary today, almost everyone is dissatisfied with the situation of their own and of the country. Let's see, who wants to become more conscious and influence the decision-making process with awareness? I don't see the ranks of disciples at the door of those who can move society out of the deadlock towards consciousness. Until then, there is unlikely to be any significant change.

Priorities in decision situations



In some decision-making situations, many people survey mistakenly the priorities that determine the quality of their life experience. The following set of criteria contains my suggestions based on an in-depth analysis of the human psyche, irrespective of any religious principles. The following need not be agreed with, and can be analyzed, but it is indisputable that those who correctly

set priorities for themselves become happy, balanced and successful people.

A suggested order of priorities for both sexes:

A/ Own spiritual development. This is in line with the first commandment of Jesus ("Love your God..."). This means us to love divine quality existing inside us, since this divine spark of soul has come to return to its own divine quality as soon as possible after countless experiences, understandings and recognitions on Earth. After that, however, the order of priority proposed for women and men is different.

For women:

B/ Maintaining, protecting and developing the partnership

C/ Caring for children with love

D/ Work for benefit of home (i. e. housework) and society

E/ Caring for parents and relatives

F/ All other (other people, dogs, cats, etc.)

Let's look at the reasons why.

1) Female's energy is the sustainer of the universe, in this sense women are responsible for raising the next generation and through this for the maintenance of society. She can only do this in a stable and balanced partnership, and therefore needs to develop and maintain this partnership in order to be able to do all other activities successfully. If she does not have a suitable relationship, she will either not be able to undertake children or will be forced to raise them in a broken family, and she will be required to be a creator (male) in her social division of labor, which is not her own quality by definition.

2) Work is important for women in order to gain opportunities for development through independent experience, independently of their partner.

3) Because parents come after these, it is advisable for them to live a life in older age in such a way that they need their children at the least and only as a last resort, so as not to hinder their children's development.

For men:

B/ Work for the benefit of society

C/ Maintaining, protecting and developing the partnership (housework at home to help the partner)

D/ Caring for children with love

E/ Caring for parents, relatives

F/ All other (other people, dogs, cats, etc.)

Let's look at the reasons why.

1) Male energy is the creator in the universe. Through his activity will develop the earthly creation, the general well-being, he will provide the material goods for his family. He can only achieve this if the woman supports him with a stable family background. A woman who recognizes the essence of the female principle only enters into the

role of creator (putting work before family) if she is forced to do so, e.g. if she is abandoned, cannot find a partner, is dissatisfied with her husband's creation.

2) For the man, the next element is the preservation of the partnership, since the whole family provides the most supportive environment for the development of children.

3) Raising children is a direct task for women (because of their ability to respond to the child's physical and emotional needs) and an indirect task for men (to create material wealth and become a role model), this is why it is ranked earlier for women than for men.

4) Parents are ranked fifth for both sexes, because for those who have started a family, their primary tasks are with their own family; their own family is their priority. This is in the interests of all generations, since if there are no offspring, the social division of labor will be disrupted and the care of the elderly will be jeopardized.

5) From the above, it is clear that the creation and care of offspring is not the highest priority for either sex. The reason for this is to be found in the aims of creation. The aim is to achieve progress and god-consciousness, and the obstacle of this is too many offspring. No religion has cleared up the misunderstanding that God said 'Multiply and populate the Earth'. God was forced to send mankind's ancestors out of Eden because they would have disrupted the order of creation by their unconscious and unrestrained reproduction. Thus, He created another plane of existence where man could experience the consequences of his unrestrained reproduction. The divine sentence is therefore rightly, 'Multiply and populate the Earth, *not the EDEN*'.

6) In a society with healthy thinking, everyone knows that the interests of humans come before the interests of dogs, cats, etc., and does not spend their time fighting for the welfare of animals. However, if one takes point A/ seriously, one is also aware that mankind is not the possessor of the Earth and its goods, only the host, the beneficiary, and will have to give it back or pass it on at some point.

It is also possible to try out other ways of living according to other priorities; each one can, of his/her own free will, realize his/her own ideas. However, it would not be advisable for anyone to forget that every human being is a cell of the same organism, and for historical-cultural reasons we call this organism God. In our body, if a group of cells does not function according to the purpose of the whole

organism, it will be excluded and become cancerous. Then that group of cells either learns to fit in, or eventually the whole organism dies. The similar thing happens in God's body in one exception. If mankind is a cancerous tumor on God's body, it will be cast out into the garbage heap (Earth) and there it can continue to multiply and after it completely depleted that, either it will fit into the divine order or it will eventually die.

Love as a task



The other day I received a letter from an unknown follower urging me to return to the love of Jesus. She also included a free downloadable book, which turned out to be a recent bible. Well, it is not the modern version of the old one or an edition with spiritual commentary that might get my interest, but a text dictated by a modern medium and put into the mouth of Jesus. The text itself, nothing special, slogans about love, nothing new. It may still be an enlightening experience for many who have become disillusioned with official Christianity, but to call it a Bible is a gross exaggeration.

But I'm not actually typing this to report on the above. Recently, one of my followers pointed out to me that it was not my teaching that really grabbed her, but the few moments when she saw a tear in my eye. Though, really, I was not in a state of pure love then, but my emotions were bursting to the surface. These two events gave me the impetus to deal with love, and to do it in public. In my own way, of course.

The vast majority of people have no idea of pure love because they have never experienced it. Pure love can be experienced energetically, but they are simply not tuned into that vibration, so they don't feel it. They mistake the expression of emotion for love. Emotions form a bond between human and human, they are full of bias, expectations, attachment, some are honored, others are excluded. But there are those who desire exactly that. True love, on the other hand, liberates,

detaches, makes you independent, and flows equally to all, in a way that promotes your development! They do not need then! It is better to depend, to cling and to bask in the suffering of love, and to enjoy the unconditional receipt of everything we desire from the other. After all, that's the everyday pattern, and that's what we think is normal. People are used to the idea that when someone talks about love, they write flowery words and emotional outpourings all over the paper, and the one who really loves is the one who plays wish-fulfilling tree. I am a human of facts, and facts are stubborn things!

Jesus loved purely, without emotion. I don't have to go back to him, because I am in him. Love does not come from someone else, because it surrounds us. We live in a vast field of love that is constantly flowing around us. I do not expect Jesus to love me, but I love him. That is why love flows to me. People, on the other hand, expect each other to love them. And I teach them not to expect it from the other, but to learn to feed from this infinite field of love and to give to others as much as they can take. This field of love is unconditional, but the ability to receive it is conditional. That is, not just anyone can join to it. People exclude themselves from connecting to the love field. It's like free internet. You don't have to pay for it, but you have to buy a device to connect to it. In our example, love is unconditional and free, you just have to develop the ability to connect to the net, otherwise there is no reception. And then you don't understand why even God doesn't love you.

I teach people how to develop the ability to connect to the field of love within themselves. I do not (always) transform cosmic love down to their level, because I am not contracted as a transformer. That's what angels are for, but what can I do with you if you can't even come to an angel course?

And now let's see, why can't people connect to the field of love? This world is about fulfilling desires. Everyone is brought here by their desire. What happens if your desire is not fulfilled? Then you get angry at the person who doesn't fulfill it, or the person who makes you not fulfill it. Either people or God will be to blame for not giving it. That anger is just enough to shut you off from love. How can you achieve your desire? By taking control of your destiny and learning to create it. If you can't do that, you will be forced to give up your desires. There is also a third option. The God who fulfils all desires gives everything

to those who, with a purified mind, surrender themselves completely to Him. The way to love once more:

- 1) developing the capacity to create,**
- 2) renunciation of all desires,**
- 3) full self-surrender.**

In UCCM, all three pathways can be practiced separately and together. For those who still do not understand this, there remains the longing for things beyond their reach, the anger with which they blame others, and the suffering from lack of love. And it is right.

Some thoughts about love



*If one retains it, one forfeits it.
If one diffuses it, one enlarges it.
It binds together and it frees.
It makes forget and it will teach.*

- Love is that cannot be acquired with money, power or knowledge, but only with transfer.
- Love is what everyone expects from the other, though we should learn to give and receive.
- Love is that cannot be possessed, only allowed to flow out.
- Love is the greatest teacher, because it makes you forget your ego.
- Love is what created and keeps the created world in moving.
- Love is the presence in a flow, a balance of giving and receiving, if there is no balance the flow stops.
- One who cannot love others cannot love oneself, because one can only give to others which is already present in him/her.
- The closing oneself off from love is the excluding of progress, because the experience of love is the metamorphosis. If the caterpillar shuts itself off from love, it will never become a butterfly!
- It is not enough to feel love inside, but it must be expressed, because it is strengthened through the interaction into creative force.

- Self-love is not the same as selfishness, it is the recognition of our own divine essence.
- To love someone more than anyone else is not love, it is dependence. You think that he/she gives meaning to your life. The only one who you can love more than yourself is God.
- Why can't you love God? Because you're angry with Him, you think He's taken something from you. No, you rejected Him.
- What is missing for seekers of God to experience love with God? CONNECTION!
- Why is love of God the first commandment of Jesus? Because apart from love, you have nothing to give to your Creator, because everything belongs to Him, just as you belong to Him.
- As soon as you recognize God within yourself, CONNECTION is immediately established and the living flame of love (AGAPE) is born.

The tragedy of mankind

Can we hope to be saved from the heat of death by some deity?

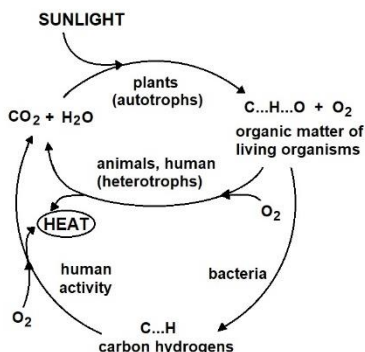


In what follows, I will explain on a scientific basis, but in an understandable way, why the end of earthly (physical) existence is inevitably necessary globally. In other words, life on Earth and on any planet is only a transient phenomenon, the conditions for life are only temporary, and this is clearly encoded in the laws of nature. For the materialist, the natural laws are eternally given; for the believer, they are forced to accept that God has created the natural laws and that is the point. Some basic knowledge of chemistry and physics will be necessary, but this should not deter anyone, because it will be clear to all without chemical and mathematical formulas.

Simplify the process so that you only need to know the chemical symbols of three elements: C (carbon), O (oxygen), H (hydrogen). Let's consider that all we need to understand the essence can be produced from a combination of these: hydrocarbons (C---H), organic

substances that build up the bodies of living beings (e.g. sugars; $C\text{---}H\text{---}O$), carbon dioxide (CO_2), water (H_2O). Since life was formed on Earth, no external supply of any of these elements has arrived on Earth, so these elements are present in unchanged quantities, only their form of appearance is different, as they have been assembled into compounds. Some living organisms are autotrophic (self-sufficient), i.e. they produce oxygen and organic matter ($C\text{---}H\text{---}O$) from CO_2 and water. They do this using solar energy. This process is called photosynthesis. The other part of the living organisms is heterotrophic (they feed on the bodies of other organisms, and from the point of view of our discussion it does not matter whether it is a herbivore or a carnivore). These creatures consume ($C\text{---}H\text{---}O$) and the end product is CO_2 , water and they use oxygen in the process.

There are also creatures (micro-organisms) that, in the absence of oxygen, produce ($C\text{---}H$) from ($C\text{---}H\text{---}O$), their productions are the hydrocarbons we need so much (oil, natural gas), which we then burn in the presence of oxygen to produce energy, while they are recycled back into CO_2 and water. The bodies of dead organisms are transformed into CO_2 and water, whether they are consumed by other organisms or decompose naturally. The process is illustrated in the following figure.



Looking carefully at the figure, it becomes clear that the three elements are in a cycle, they are constantly changing back and forth, and their quantity is constant, which is set for a longer period by the ratio of autotrophic and heterotrophic organisms. When CO_2 increases due to human activity, a compensatory mechanism is triggered to restore the balance, and heterotrophs start to

die out. We are seeing this today with the extinction of species. The delicate balance could also be restored by increasing the number of autotrophs, i.e. by planting vegetation and forests to increase oxygen and decrease CO_2 .

Many environmentalists have already come this far, and some countries have even agreed to reduce CO₂ emissions. Let's look further at the figure, will reducing CO₂ emissions solve the situation? It won't, because dead plants and animals will still produce CO₂, even if they are not burned by humans, but decompose through natural processes. Looking even more closely at the diagram, we can see that sunlight is being fed into the apparently equilibrium system, driving the transformations, and that sunlight ultimately produces HEAT. However, thermal energy can only ever be partially converted into other energy, according to the Second Law of Thermodynamics, i.e. heat is lost in all energy transformations. (Many self-taught inventors have wanted to disprove this theorem, but no one has yet succeeded.) So, regardless of human activity, our world is heading towards heat death because sunlight is absorbed by matter and transformed into heat, causing changes in it. If we used solar energy, we would still produce heat, but we would not produce CO₂. We can only burn as much carbon as is present, but these were once plants and animals and in an oxygen atmosphere they will in any case be converted to CO₂ on a much slower timescale. Reducing the amount of CO₂ would still be desirable because it would slow down the onset of heat death. The heat released could be partly radiated into outer space. It would not be able to radiate in its entirety, because the atmosphere would not allow it, and an atmosphere is necessary for life, so a part of the heat remains and increases over time, i.e. the temperature of the life-bearing planets will definitely increase, namely in proportion to the amount of energy used by living beings. This is why space scientists think that Venus is our future, Mars our past, and that life should be exported to Mars for the survival of mankind, where, again of course, conditions for life would only be temporary, if they could be established at all.

The Sun is therefore such an atomic reactor that converts the energy of nuclear fusion into light, which is then scattered, absorbed and ultimately converted into heat by the elements of the solar system (planets, moons, particles, living beings). However, heat can only be experienced in the presence of matter. Outer space is cold because there is no matter in interstellar space to absorb it, so there is no heat. In fact, the light produced by the stars, absorbed by matter and producing heat, blows up the balloon of the Universe, this is why the Universe is currently expanding. The expansion of the Universe is

currently thought to be the result of the Big Bang, but a much simpler explanation is that it is nothing more than a thermal expansion process. The fate of the Universe is unpredictable by human means, and one has to go into philosophical speculation to find an answer.

Whether viewed from a materialistic or idealistic perspective, it seems that life has been incorporated into the workings of the material Universe as a temporary phenomenon. Atheists can oppose God, but they fail against the laws of nature. Wherever we continue our existence, the same laws would be in force, which means that we would have to move again, in search of a new home, a new Earth.

The atheists believe that the individual human life is finite and ceases to exist at death, by the same reasoning it would be natural that the life of all humanity is finite too; it is born on a particular planet and then dies, and that is the fate of the world. Why is a problem to accept this and why should try to conquer other planets in order to survive? If we can find no higher purpose here on Earth than mere survival, why would we want to export ourselves to another planet? The reason of this is to avoid having to face the meaninglessness of all existence. For if there is no purpose or meaning to the existence of humanity (neither its formation nor its destruction), then there is no purpose or meaning to anything in the world, and why should we get out of bed at all? This is why people set certain goals, which they then make the meaning of their existence. But these goals are all false goals, and achieving them leads to nothing, because they are merely a deflection of the real question.

I regret to say that no real purpose that gives meaning to human existence globally can be found without faith in God. This is man's greatest tragedy, or greatest fortune.

The art of self-destruction



A significant number of Hungarians practice self-destruction on an artistic level, and even are proud to it. Of course, they are not responsible for anything, since everything that happens to them is the result of a miserable interplay of external circumstances. The problem is that nobody cares about this excuse. From whom do the self-destructives expect their fate to change for the better? Perhaps from Santa Claus, or from the good fairies, or perhaps from God. I'll explain why that's not possible.

The first method of self-destruction is to deceive oneself: "I am not good at anything, I can't do this, I won't survive this..." However, the reality is that one does not encounter a single task for which one is not prepared in principle. But people motivated by fear would rather avoid the task than face the test. The joke is that if they started, they would get help immediately, and if not the first time, but they would be able to solve the task by repetition, which would help them get out of the situation enriched with experience, strengthened, their self-confidence would increase, and in time they would be able to perform even more serious tasks. Not to mention that they would feel more comfortable in their own skin and in the world.

The second method is when someone distances themselves from the task: "I hate this, I don't want to do it, I always get the dirty job, I'd rather put it off until tomorrow, let someone else do it..." in fact he/she knows he/she has to do it and he/she will, but he/she suffers a little from it, expressing his/her dislike of the activity. The disadvantage of this is that resistance consumes energy, which can make you extremely tired in the performance of the task. And then one can go on crying about how tiring the work is. No activity is lower or dirtier than any other. We are who classify the activities as such or such. Take the case of someone is a drain clearing. Wow! Now that's a dirty job. Why? Every person usually wipes an ass once a day, if they have small children or elderly relatives than even more. The management of metabolic products is a particularly important activity

for society. But if someone belittles himself/herself for this, society will give him/her the same feedback to recognize the shortcomings of his/her approach. If something has to be done, one should do it cheerfully, because then the time goes better and we don't get so tired in it. And if we don't like it, change it, find something else to do. If we can't find any, then the job is ours.

I use to act that I pay attention. If I see a task to come, I keep watching. If I see someone catching after it, I let it pass. If I see the task pass by me, then I let it pass too. And if the task stops in front of me and doesn't want to move away, I do it. It is true that in this way I get that tasks that others have refused, but in every case, I am better off than those who have turned away from it. That is why I am regarded as someone who can "make gold out of shit". Work is play! If you play it, it requires no effort. It makes your life easy and relaxed. You laugh at it all and therefore others are happy to come and play with you because life seems easier with you.

The third method of self-destruction is when someone belittles the other person: "You don't know how to do this; it's not for you; you're not capable; you don't have the talent, knowledge or experience..." These are the words used to sweep away the opinions of women, children, employees, the less educated, the elderly, etc., by those who imagine themselves superior. What will be the consequences? "I have to do everything, because nobody can do anything!" Surprising? Behind this attitude lies the distancing from the other person and his/her particular way of looking at things. So, here the self-destructive doesn't distance himself /herself from the task at hand, but from the other person who (in his/her own way) wants to help. The point here is that since he/she knows everything better, he/she can only accept as a helper someone who thinks exactly like him/her. And therein lies the fallacy. Because he/she sticks to his/her own ideas, he/she refuses to see the potential in the ideas of others. The other person's idea may be flawed and impractical, but there may be a tiny kernel of ideas that, if they were integrated, would move forward. As a result, everyone would feel better, become a useful member of a community, and the community would progress. In other words, teamwork is not a virtue of the know-it-alls. Yes, because it requires humility and the putting the individual in the background. This is the secret of success in Far Eastern cultures.

Then there was only one request left. Why does God beat the Hungarians? What do you do with your child if he/she hasn't learned his/her lesson for the umpteenth time? If you really love your child, you teach him/her to learn, to solve problems, to work hard, to face challenges, in short, you teach him/her to be independent. If you don't act like this, he/she will be a parasite on you even in your old age.

God is wiser than you. God does not beat you with a stick, only with fate. He says, "I have given to all human strength from my strength, wisdom from my wisdom, knowledge from my knowledge. Just enough to enable you to do your tasks. I expect no more, only this. If someone does not live with these abilities, he/she has denied Me and all that I am in him/her. That is, for him/her I do not exist." And if for someone God does not exist, then there is no one who can help him/her, because everyone is preoccupied with himself/herself, and this is most typical of those who are self-destructive.

All suffering, all difficulties, we create for ourselves. This material world was not created by God for us but we created it so for ourselves. The world that God has created for us, our real home, is prepared, but only those who have learned the law of creation and interaction here in the material world can enter it. The self-destructors do not want to learn these laws, so they are not entitled the divine realm until they are able to cure themselves of self-deception.

The psychology of suffering.

Suffering = penance (tapas in Sanskrit)



I have an old "disciple"... I have summarized the lessons of his story. How can I call him when he considers me his master but he has never followed any of my instructions? Anyway, he thinks of me only when he gets into money trouble. As it is now. Interesting thing is this masterhood... Some "disciples" expects financial help from me, others, who are "healers", turn to me for health and when they are in trouble, for guidance. And

when I tell them to follow my life way and come to learn to me, they say: we follow the great masters and learn from them! Where are, now, the great masters who claim to be divine (demigod) incarnations? None of them can even fight the crown virus...

But let us return to the "disciple". The disciple has been an alcoholic, drug addict, smoker, depressive and heart patient for twenty years. One of the first who was thrown out of public employment. For months he has had no income, no heating, no hot water, no money to make phone calls. The doctor's office is closed and he can't even get his medicine, anyway he has no money to pay for it. I received a 16-page hand-writing letter from him describing his situation. Me, who hasn't seen him for 15 years. Apparently, I am the last straw he has grasped; everyone has sent him away, he is hoping in me. What can I do? I can't send enough money anyway. The last time I sent money and food vouchers, I made him promise to use the money to buy pots and pans he could cook in, because it was much cheaper, and he even got food recipes. Of course, he spent the money n drinks. I decided to stop supporting him. He is still better off than many people in Hungary because he has a home to live and gets one meal a day in the free-kitchen.

A week later I received a 36-page letter, an even more detailed report, and that's where the story starts. With no money for booze, drugs or medication, he started to go through withdrawal from all of these at the same time. This means, in practice, that he has been suffering from waking hallucinations for weeks. He sees people who are not there, talking to him, examining him, bullying him, trying to kill him or, on the contrary, trying to save him, all the while he is tormented by self-blame and fears he is going mad.

This is a journey into a previously repressed dimension of the subconscious, already opened up by alcohol and drugs and he had to drink again and again to avoid having to face it. The same thing happens after death, a journey into the psychedelic world (bardo), but now he is experiencing it in his lifetime. His hallucinations are a peculiar montage of the thrillers and fantasies he has seen, in places even familiar scenes are recognizable. Two things follow from this: on the one hand, we can see the extent to which the subconscious is poisoned by these films, and on the other, the filmmakers may have been confronted with the filmed scenes in a delirious state. Our

"student" is looking for a way out of hallucinations. He thinks about music... He has collected a lot of good music (Freddy Mercury, Michael Jackson...). He is shocked to find that it puts him in an even worse state. No matter how "good" the music is, if he has resonance with the composers' state of consciousness, who had the same problems as he has. He is desperately searching for an angelic meditation music. He had it, he just erased it, he needed the space for someone else. And then he finds it on a tape, and he has yet an equipment to play it on. He finds solace in it. The writing is a good idea too. It brings him into a higher state of consciousness because he has to concentrate on forming the letters and formulating the thoughts, it brings him out of the subconscious. That's how the weeks pass. Meanwhile, he had two (near) heart attacks, without medical care, who could know about it (or who did care)?

The letter is quite consistent, despite the hallucinations. It can be sensed that he at least occasionally views them, he knows they are not real, he is not completely immersed in them. He thanks for my writings, which he has read, which I have made available to him free. He thanks me and I know, that I teach the way to higher consciousness for this reason.

What has this man gained from all these experiences? He is free of the fears he had been taking medicine for. He has got rid of his addiction to alcohol and drugs, and even the heart medicine has become unnecessary. If he hasn't taken it for two months and survived, why should he? This could be the start of a new life for him. Let's keep our fingers crossed that he succeeds! This is what I can support.

"This, monks, is the noble truth of suffering: to be born is suffering, to be old is suffering, to be sick is suffering, to die is suffering, to be with not-loved is suffering, to be separated from loved is suffering, do not reach our wishes is suffering, — in other words, the five elements of personality that cause the attachment to existence are suffering..." "This, monks, is the noble truth of the origin of suffering: the cause of suffering is thirst, which leads from one rebirth to another and, coupled with joy and desire, finds pleasure in this and that, — the thirst of delight, the thirst of origination, the thirst of passing away." (Gautama Siddhartha Buddha)

Instead of New Year's resolutions: existence ennoblement and self-smile



Every New Year gives people the opportunity to start afresh. Instead of making the usual resolutions, if they haven't worked so far, let's make a new one. To help you to do this, I'm introducing two new concepts.

Existence ennoblement

Do something every day so that you in your environment and your environment in your presence, mutually feel better yourselves. All it takes is a smile or a kind word. After every negative thought, consciously think two positive ones about the same subject. Do the same with words and actions. Stop chanting why you can't do something or why it is impossible to achieve something. Instead, think about what you can do to change the situation. Billions of angels and masses of enlightened people are working to make things better for you. Please, at least don't overwrite it! We cannot create it for you and instead of you, to be better, if you do not want to, because you keep creating what you fear. Take just one minute each day to think about using your existence to serve some higher purpose, and if you have the opportunity, do it. By doing so, your existence will become nobler.

Self-smile

Smile at yourself in the mirror after you get up and before you go to bed. Smile at yourself when you've done something you can't identify with - thinking it was stupid - and do it in different way next time. Stop beating yourself up! No one but yourself will hold you accountable for anything, because that is not done by persons, but by universal laws, which always consider sincere effort. If someone hurts you, look in the eye and smile, "Is that really what you think of me?" If someone is giving you a hard time, ask, "Is that really what you want for me?" Everything we wish for others is fulfilled in us, because that is how the law of unity works! Smiling at ourselves resolves situations that we have not been able to resolve properly. This is the smile of

forgiveness, whereby we forgive ourselves for not being perfect. And just as we are able to forgive ourselves, we forgive others. For we can only create outside ourselves what is already present within. Love yourself, since only then can you love others. Love exists. It is alive independently of everything and everyone.

I wish you

- *renewal in existence, salvation in passing;*
- *discipline in obligation, grace in suffering;*
- *embracing of life-play, understanding of turns of fate;*
- *creative strength, calm, soul-peace and noble trait.*

The collapsing world view (or the bubble effect)



My worldview has collapsed already several times. I've since realized that this is a natural phenomenon and I'm consciously shaping it before it collapses again. I consider this process as a personality development.

The very first worldview collapse is usually experienced as a young child by one's son (daughter). This is something what some may never forgive their parents for, others, even after a processing, find it difficult to forgive. Such a worldview collapse occurs if it turns out that the parent lied or failed (or refused) to protect the child; in short, the parent - who is responsible for the child's security - turns out not to be omnipotent but a weak person, who is existing in a state of doubt, uncertainty and fear. Subsequently, in the individual's life, there are many more collapses, which may be linked to the partner, friends, ideologies and ideological systems. These are disappointments that require a reorganization of one's perception of the world and one's place in it. A bubble bursts, and it turns out that the world outside the bubble is different from what it looked like inside.

Then there are collective, group worldview collapses. There are many of these in science, to name the most famous, the Sun does not revolve around the Earth. Such was the election of 3 April 2022 in Hungary for some people, but such was the case 2000 years ago for the Jews when someone said - and insisted, even at the cost of crucifixion - that he was the Son of God.

In order to understand what happens when an individual or collective worldview collapse, we must first look at how does a worldview come into being? A worldview is a model created by humanity from previous individual or collective experiences. It is taken up by the individual's mind-consciousness. At the earliest it is loaded by parents as a starting operation system to start the mind-computer of their child. This worldview needs to be developed as the environment changes around us, and the individual modifies it through external influences with varying degrees of success, if they can find the right information.

What are the barriers to develop further the worldview model?

- **There is no demand.** My grandfather knew it so and he was fine with it. Then the personality does not feel the urge to change his/her worldview. This is most common in closed communities where traditions are very strong. The disadvantage is that the community and the individual adapt poorly or too slowly to the changing world, and thus lag behind in social evolution, and may even fall out of evolution. This is the case, for example, of the North American Indians, who have omitted to integrate and they have been exterminated, or of certain sections of the Roma population, who are lagging behind in social development.

- **Closed box effect.** The individual develops a worldview that is different from the rest of society and does not integrate it into the overall social worldview. In such cases, the parental model is overwritten, but the new one is not linked to a group consciousness. This is the case of geniuses and madmen. This includes autistic people. Disadvantage: if an individual model cannot be integrated into society, or no effort is made to integrate it, society will judge the worldview as superfluous, disadvantageous, and react by excluding and isolating the individual.

- Strong group consciousness. Everyone in the group to which the individual belongs thinks alike. In this case, the group's community worldview is accepted by the individual. If the group becomes large enough, in a mutually reinforcing process, they believe that their worldview is right and everyone else's is wrong (e.g. groups with different gender identities). Disadvantage: this can result in the group being excluded by the majority of society, or if the group try to force the social acceptance, it can result in the community approach turning against them over time. Indeed, if a group forces acceptance of its viewpoint, this does not mean that the approach has been effectively integrated.

What do the worldviews that have been formed in this way have in common?

That they all derive from illusions, insofar as they are created by mind-consciousness and the higher consciousness has not reviewed the model and its applicability. But to develop higher consciousness, one must work, and even find and learn the methods by which it can be developed. Since the mind-consciousness itself does not think of itself that it needs to evolve, its evolution will come about through the collapse of own worldview. This means that individuals and groups will interact and fight each other; political, economic, social and religious ideologies will clash, which may result in sacrifices, crises and wars. We are witnessing this in our environment. Only worldview models created with the highest consciousness will endure. Spiritual enlightenment itself, also is the result of a worldview collapse.

A concrete example

The children learn the story of two stubborn goats who meet on a bridge and neither wants to let go the other. If we look at the Russian-Ukrainian war, for example, from a divine perspective, this is essentially what is happening. If one is not reconciled to the divine perspective, then substitute an Alien (coming from Andromeda fog) who, from his own perspective, looks at it in amazement what these idiots are doing? Both sides stubbornly cling to their own partial truths and give no room for the other's partial truths, and it ends in failure for

both sides, and even endangers the wider environment. It is the same context that underlies the struggle between interest groups with opposing points of view (e.g. LGBTQX and opponents, or opposing political or religious systems).

What would collapse if someone accepted the partial truth of the other side? Ego, self-centeredness. The illusory consciousness that only "I" can be right, and everyone else who sees and perceives reality differently is a stupid player in the collective game who must be exterminated and eliminated. However, the research of thousands of years of wisdom shows that the "other" cannot be permanently eradicated, because it is reproduced, replaced by another person, group or people. Because that is the nature of our reality, because difference is the driving force of development, and sameness creates permanence, where development stops. If one does not consciously strive to improve one's outlook on the world, one is forced to change by external circumstances, by collapses. However, it is always advisable to build on existing traditions, because if this is not done, change will be too rapid and the response will be resistance and struggle.

This, the collapsing worldview is, one of the tarot cards, the Tower. The meaning of this cosmic path of initiation is that everything that the individual has been clinging to with his/her Ego-consciousness is collapsing. Everything that he/she has held as valuable is destroyed, lost; nothing that he/she has held as true is no longer true, and in his/her frustration the whole personality becomes disillusioned with everything, escapes into alcohol, drugs, depression, and ultimately even suicide. But this initiation path is part of the game of life, only if one doesn't understand it, thinks that everything is over, because one cannot live as would like or as has lived.

Indeed. We have to change inside and outside. Once we pass the test, the door opens for us to move on.

Reasons and explanations for the differences in near-death experiences



Near-death experiences have one thing in common. For those who have experienced "death" it is certain that their experience is real and everyone else is wrong. In order to understand the near-death experience - as a phenomenon - let us adopt some basic principles as a starting point. Let these be:

1. Death is a phenomenon of life. If only the one who has lived can die. In this sense, it is natural, and all the connections which determine our life apply to it.

2. As you live, so you die. In other words, death is the whole of life condensed into it, death is the summary of life.

3. It is given to everyone according to their faith. As in life, so at the moment of death, faith determines what happens. By faith I do not mean exclusively religious ideals, but what a person is able to believe, can happen to him/her.

These principles are enough, and now let's move on to understanding the most important phenomenon of life, death. All that I am describing is my own personal knowledge, tested on myself and on dying and deceased persons, and gained from meditations with high (enlightened) masters, and from studying the sacred writings of many religions in a meditative state. Each person can verify for himself/herself the points I have described according to his/her own awareness.

For example, if you sit quietly contemplating a dying person, you can sense something leaving them at the moment of death with their last breath. Let's call this something the soul. But what is a soul? The physical body is permeated by bodies of energy. The etheric body remains with the physical body for some time after the soul has passed away. At death, the vital organs are no longer functioning, but the body is still warm. The individual organs can no longer function, but their cells, as independent cells, still live for a while. The etheric body, therefore, is not part of the soul, it is a field of vital energy that

permeates the physical body and gradually decays after death. As long as the etheric body permeates the physical body, there is a chance for the soul to return to the body. Near-death experiences can occur during this time. It can be sensed that tiny particles of 'light' (which are not the same as photons) enter the cells of the physical body. As long as this process is going on, you can be sure that you will not die! All that exits the physical body, the soul (in the broader sense), is a collection of astral, mental, causal, buddhi bodies, with the soul-spark or Overself (in the narrow sense we call it the soul; I call it the soul-spark hereafter). The Overself is a single luminous point, no larger than the size of a pinhead. This soul-spark is enveloped by energy bodies.

From the average conscious person, the soul-spark is transmitted through the mouth, and it pulls the enveloping energy bodies with itself. That is why the Hungarian language says that he/she "breathed out his/her soul". So, if you leave through the mouth, you will not see a tunnel of light or any other such image. The soul-spark leaving through the mouth will be enveloped by the energy bodies, so that the only perceptible reality for the entity will be his/her own astral-mental information field. If one is strongly attached to living persons, the living may appear to him/her, if to deceased persons, the deceased may appear to him/her. This is why, for example, some people, coming back from the verge of death, report that their deceased relatives were waiting for them. If a person has a religious or spiritual life, they may have waited by angels, masters, god-forms etc., i.e. they may really be given according to their beliefs. If a person follows the light beings after death, he/she will go to the so-called lower Eden, from where he/she will be reborn after learning. During the teaching, with the help of the guides, he/she can process his/her past lives and, at his/her own free will, modify and correct his/her mistakes in a future life.

At the moment of death, someone sees a tunnel of light when they pass through the fontanel. At this point, the soul-spark does not take the lower energy bodies with it, only the causal and buddhi body remains on it, which is "pulled" by the soul-spark at the moment of departure. The entity sees a tunnel of light because he/she finds his/her way out of the physical body through a light conduit (nadi) of the mind. In this case, he/she leaves the astral world without touching it (or just glancing at it) into the causal field.

If the person does not find the tunnel of light or does not follow the light beings, he/she becomes an inhabitant of the astral world. The astral world can be divided into several levels, ranging from the lowest (called hell) to the lower Eden. The levels are separated by virtual gates and empty ("uninhabited") layers. From the lower level, it is not possible to go up by self-energy, but from above it is possible to descend. In the present age, unconscious rebirth from these layers was also possible, governed by the law of resonance. The astral world is the collective field created by living and deceased people, it contains all the emotional images that people have created during their existence and have not withdrawn because they have not understood them. Those who control these images wander freely within them, but the majority, "drunk" with fears and desires, drift towards total unconsciousness.

Coming back to near-death experiences, it is possible that someone is conscious already in the astral world and perceives these images, with or without near-death experiences. Much of today's 'art' (horror, zombie, pornographic films) comes from this level. The information contained here are the unprocessed images of people's emotional bodies (otherwise known as pain or astral bodies), which the living being banishes to the unconscious, but are forced to confront after death.

Quite often, the human being on death's doorstep sees nothing but darkness. This means that he/she will see nothing after actual death, because death will result in total unconsciousness. His/her consciousness-continuity will cease at the moment of death, as if he/she were in a deep sleep. In this deep dream-like existence he/she drifts unconsciously, perhaps for millennia, until one day his/her drift leads to a rebirth in which he/she is as unconscious as before. When he/she is born, he/she brings with him/her the world of feeling he/she experienced as an inhabitant of the astral world. But one day the time of ascension will come for him/her too. Understanding all of this is important to conceive why so many dark souls were born nowadays. If they could be guided towards the light, the quality of life on earth could be greatly improved.

What happens with us after physical death?



The following summary contains the combined knowledge of the next sources: early Christian sacred writings, Jewish Kabbalistic traditions, Egyptian Book of the Dead, Tibetan Book of the Dead, Hindu scriptures (Bhagavata Purana, Tantric Writings on the Mahavidyas), as well as my own personal experiences of the

intermediate planes of existence.

The physical body of a human being is interwoven with several energy bodies. The first and densest energy body is the etheric body. The etheric body is connected to the universal life energy field through an energy channel that connects at the fontanel. This wire is like a power plug. The soul (hereafter considered as a packet of information consisting of additional layers) enters the physical body through a bodily orifice at the moment of birth and exits through a bodily orifice at the moment of death. Both the point of entry and the point of exit are determined by the level of development and consciousness of the soul. For the average person, whether a believer or an atheist, the entry and exit points are the orifice of the mouth. Dark souls enter and leave through the lower orifice, and highly developed souls enter and leave through the fontanel. Enlightened souls enter and exit in the area of the Sahasrara. There are souls who enter through the orifice of the mouth but leave in the fontanel because their personal development in that lifetime has reached that level, and similarly, if one has entered through the fontanel, one can reach the Sahasrara. It is rare, however, that one has entered through the mouth and exits through the Sahasrara, because a single life is rarely sufficient to bridge this level gap. Above a certain level of consciousness, one knows about oneself and others where one has entered, and is therefore aware of the possibilities for oneself and others.

At the moment of death, the only change is that the "network cable is unplugged". From then on, the etheric body of the person is not directly connected to the life energy field. The etheric body begins to

decompose, followed by the disintegration of the physical body. Before death, the entity already feels the time approaching, but clings to his/her physical body because of his/her attachments. He/she feels from it that less and less energy flowing through the wire that connects him/her to the life energy field. The more conscious the entity is, the sooner he/she realizes that the time has come and the shorter will be the period of dying, and if he/she leaves with full consciousness, he/she can remain in full physical, mental, etc. power until the last moment. It is worthwhile then to pay attention to those who have declared themselves as spiritual teachers, religious leaders, yogis or avatars how they die. In neither case is advisable to die in bed with pillows or in hospital, connecting to infusion if one does not want to refute one's own claims about oneself by dying. So, when the soul feels that there is nothing else left to do, that he/she must leave, he/she leaves with his/her last breath through the mouth.

So, the soul leaves as a package of information. When the connection with the physical body is broken, the person finds himself/herself in the information field that he/she has stably reached in his/her life with his/her consciousness. This level is usually the astral-mental information field. It is nothing but the sum of the person's emotions and mind-thoughts, but not only the conscious part of these, but also the unconscious, repressed part, closed into the subconscious mind. In other words, the deceased person will continue to drift under the guidance of his/her emotions and mind-thoughts. For example, if he/she has very strong positive or negative emotions attached to a living person, he/she will remain attached to that person and try to influence him/her. Since the most powerful mind-thought in our lifetime was already fear, after death we will experience any fear patterns that the person has banished to the unconscious. Also, even the most absurd desire he/she never wanted to face will be experienced. In case anyone thinks the latter is a good thing, they are sadly mistaken. For example, one who had longed for immense wealth will experience it like a madman, bathing in a shower of money, frantic and screaming, or sitting trembling with fear on his/her treasure chest, dreading every moment that he/she will be robbed. If someone has longed for excessive, non-standard sexual pleasure, he/she will constantly experience it, in a way that he/she does not want to stop; even he/she will not be able to stop, get out of it, until he/she faints or

even dies, but since it is not possible to die here, he/she does not see a way out of the activity in which he/she got stuck. If in his/her life he/she has feared persecution, he/she will constantly flee, if he/she has killed, he/she will be involved in a killing spree in which he/she alternately kills and is killed, but since there is no death, the activity is endlessly repeated. This plane of being is called bardo in the Tibetan term, and hell, in the Christian belief system. I will use the term bardo hereafter because it better expresses the meaning. The Christian hell is associated with the doctrine that God's punishment will cause sinners to go to hell and suffer. As a partial truth, this works indeed on this way, except that it is not God who punishes, but the defiled, evil-ridden mind-content is lived through after the death.

There cannot be died, but it can be felt pain, it can be got wounds that never heal. There is hunger and thirst, but it cannot be satisfied because it does not cease. At this level, indeed, beings wallow in blood, pus, filth, and flipping out of themselves, howl in pain, fear, or desire. And this is not even the deepest level. I will refrain from going any deeper, but if you are interested, read Dante's Divine Play, look at Salvador Dali's paintings. If you do not want to get to know this reality as a cultural experience, you only have to turn on the TV. Indeed, what is going on in the world today is almost the embodiment of the bardo on the physical plane of existence. By the way, it was no different before. For there are entities who were born again from the bardo level into the physical body. Since their reality before birth was what they experienced in the bardo, they can only continue to experience the same afterwards.

So, the bardo is experienced by everyone after death, but some people just overlook it because they know it's not their reality. His/her reality is in higher realms than this. But the average person, not having practiced his/her faith, not knowing the working of spiritual worlds, thinks of the bardo as reality when he/she enters it. Having experienced what, he/she fears or desires, and having had enough of it, he/she turns to God for help, and then a luminous shape, a spirit being in the service of God (formerly a human), appears to him/her, who has undertaken the task of leading him/her out of this plane of existence. Only those who, at the moment of death, immediately follow an Elohim (the angel of guidance), or enlightened masters, or leave with full consciousness (liberated souls), or die concentrating on

some aspect of God, etc., can pass through the bardo. Exiting the bardo essentially involves the transformation of the person's astral-mental information field, a kind of emotional-mental "death". In other words, the person takes off his/her astral-mental body, or at least is ready to do so.

The soul then finds himself/herself in the causal field. He/she is usually guided here by helpers. Here he/she will have the opportunity to confront his/her unfinished business, to decide when, with whom and where he/she will be reborn. He/she will plan the task, play the scenes several times to practice them, and then wake up again in a physical body, in a new astral-mental field. This is how souls evolve from life to life until they can finally leave the physical plane of existence. The causal plane of existence is now spoken of by many as the Kingdom of Heaven. Far from it. The Kingdom of Heaven is much higher, and we haven't even mentioned Transcendental Reality. The only reality is Transcendental Reality. Everything below it belongs to the created worlds. But let us return to the causal plane of being, because this is available to every righteous man who turns to God, at least when he/she is in trouble.

On the causal plane of existence, there are worlds (hereafter called countries) created by the enlightened masters. Here everything is present that is necessary for further development. The soul is taught, and often healed, which means that the "wounds" (defects) of its former astral-mental body are removed, replaced in whole or in part. The soul, first with help and then by its own efforts, becomes able to create for itself a more advanced astral-mental body, which is necessary for its next birth. Having reached a sufficient level, one may even remain on this plane of existence and evolve further to work off the remaining karma to attain buddhi consciousness. After entering buddhi consciousness, he/she will have further opportunities, depending on the system he/she has evolved in and the aspect of God he/she is attracted to.

Returning to causal fields, this plane of being is divided into countries. Countries have borders, which are guarded (by energetic walls or persons) and each country does not necessarily give entry permission to anyone. In many cases they ask for a password or symbol. The reason for this is to protect the evolving souls who are there from people who do not know or do not want to follow the rules

and regulations. A resident of one country can only enter another country if he/she knows the entry code and is willing to abide by the rules yonder, at least for the time he/she is there. Even if he/she does not agree with them, he/she must abide by them so as not to disturb the progress of beings or confuse the teaching in the minds of disciples. In these planes of being there is still form and shape similar to the one here, but it is brighter and purer, in this sense there is also mind, but the form is not physical in nature. One could say that the form is there the idea of the physical form. There are human relationships, but there is no sex, because whoever desires it must be born on the physical plane. There are colors, smells, sounds, tastes, tangible energy flows. On this plane of being, everything is about evolution. Anyone born from such a place has the chance of never returning to the material world after countable incarnations.

Some countries accept pure souls only, those who have been purified during their life on earth. Others accept those too who have a long way to go. At the moment, these latter countries do not have the capacity to receive, purify and retrain all souls who prays to God from the bardo. It is for this reason that divine law allows for rebirth from the bardo level (without retraining). There are plans that if the capacity of the spiritual lands continues to grow the possibility of being reborn from the bardo will cease (*note: this was realized from 2021*). This would mean that only after proper retraining would it be possible to re-enter into the material world.

Those who reach a certain level of enlightenment leave through an opening in the skull. The most easily recognizable place is the fontanel. Those who leave through the fontanel are placed on the causal plane (see above) and this represents a release (moksha) from the cycle of existence. From here there is still voluntary return if the entity wishes to evolve at an accelerated rate. Further openings can be evolved in the cranial area, which are not inherently present, but can be developed during the spiritual way of life. These lead to buddhi or atman consciousness without touching the lower planes of existence.

The UCCM is working to create a new realm that will act as a spiritual healing and retraining center for souls in the process of being born. This work is already taking place on a physical level, as those who come to us can receive energetic cleansing as well as spiritual training. Our self-knowledge training is the part of the re-education

that is essential for consciously experiencing life situations in the material world and entering the higher worlds.

What happens when we dream?

INTRODUCTION:

Chuang Chou dreams that he is the king, living in a luxurious palace where he feels completely free and happy. The king lies down in his canopied bed and falls into a deep sleep. He then dreams that he is a penniless beggar, living in a tin hut at the edge of the forest. Now, the question is, who will Chuang Chou be when he wakes up?

When we dream, our consciousness shuts down, and this state models our experience after death. In the moments following death, brain activity gradually ceases, but the mind does not cease. The mind is made up of the central nervous system and of the contents of the mind. The mind content can be defined as an information field that generates body sensations and all the emotions and thoughts, and is carried by the central nervous system. The central nervous system is therefore the hardware, the mind content itself is the software. The information field, the totality of our emotional and thought fields, does not cease to exist immediately after death, but lives a kind of independent life, and this lasts as long time as long it is sustained by the attachment of relatives and individual desires, fears and attachments. This field of information cannot be detected by current scientific methods without its carrier (the central nervous system).

Let's get back to dreams. A person with ordinary consciousness, who does not fix his/her mind on a particular goal of self-realization, has diffuse mind activity during waking life. Since he/she has not developed higher centers of consciousness, the control center ceases to exist when the mind is switched off. In its absence, during sleep, the mind computer jumps randomly between different programs stored in the brain that have not been erased or



understood. The successive activation of fragmented programs can create the illusion of a continuous series of events that can be assembled into a story. If a program is activated, say, where an imprint of fear is situated, the person may experience the fear in a dream, which may have physical symptoms. If one can live through the fear fully and after waking up understand it, one is free of it. But if he/she dismisses it as a dream and stops dealing with it, the dream can become a self-fulfilling prophecy. In such a case, he/she later says that he/she had foreseen it and will take the event as fate. In fact, the situation could have been avoided by processing the mind content at an appropriate level.

The experience after death is very similar. The deceased is confronted with his/her fears, and if he/she can "wake up" from them, namely if he/she realizes that these are his/her own unprocessed mental blocks which have been clouding his/her whole life like a bad dream, and which now - after death - can be ended, he/she can put down the emotional-thought information field and move on. Similarly, this happens when it is not a fear but an unfulfilled desire is recognized. However, for the most part, fear is the strongest subconscious motivation.

Let's see, what happens when a person with higher individual consciousness dreams? Higher consciousness is present even when waking consciousness is switched off. If there is still mind content present, that is, the mind is not yet completely cleared of background programs, the mind starts to operate randomly, clicking back and forth, touching the non-conscious content. Higher consciousness then realizes that these are shadows, not reality. One perceives concretely that one is wandering in the shadows. Since one has no fear of them, one cannot be drawn in by any of the shadows, so none of them come into play. Thus, one soon transcends the realm of shadows and enters the next level, which is causality, the realm of cosmic laws.

The realm of law can be visualized as a set of cosmic lines of force. The higher consciousness moves between these lines of force, looking for a way out, and examining whether its actions conflict with any of the laws. The lines of force coil together to form knots that enclose cavities. These cavities provide the space for higher consciousness to move. It tries in vain to go against a line of force, it bounces off it. As long as it realizes that it either goes with the lines of force, i.e. accepts

that cosmic laws determine the rules of the game, or it can rise above them. Pure love or pure consciousness (or both) can lift the individual consciousness out of the labyrinth of lines of force (the causal field). For this, the light must be sought. If this is done, then at that moment the causal body (all the lines of force) disappears and the individual consciousness is liberated.

The lowest level of higher consciousness is in principle available to anyone with proper training and practice, although a certain level of educational background is also required. With this level of awareness, various psychological illnesses, which are self-regulation problems affecting the mind, can be avoided. As long as the mind is trying to control itself, there is always the possibility of an event occurring that causes a loss of control (e.g. outbursts of anger, despair, depression, emotional ups and downs, etc.). The mind can only be safely controlled from a higher center of consciousness. In our time, the psychiatric illnesses are on the rise and a good way to avoid them is to practice yoga-based mind control (available at UCCA's self-knowledge training). People who have developed the highest level of awareness are 'awake' even while asleep. This means that their consciousness is present in deep sleep, although it is not detectable to an outside observer.

So, our dreams show the unprocessed contents of our minds, and model the situation we will face when we die. It is therefore worth paying attention to them and processing them with awake state. Until one has achieved a "waking" consciousness during sleep, one cannot speak of liberation from the cycle of existence – by one's own efforts – but one can trust in divine (angelic, master) grace.

Returning to the question posed in the introduction, what will Chuang Chou be when he wakes up? Most likely he will be a beggar, until he recognizes that he is realizing his own mental reality (fear), and until he begins to transform his inner reality from beggar to king.

Personality layers or the three-legged stool of stability (IQ-EQ-SQ)



If you have ever had to sit on a chair on uneven ground, you may have found that only a three-legged chair can remain stable in such conditions. Let us now apply this analogy to the human personality and identify the three components of personality which if they are developed, can enable us to maintain our composure, inner harmony, capacity for action and, in short, stability in any situation. The unevenness of the ground symbolizes the storms of life that inevitably come and go when we live in the world, because we cannot free ourselves from the law of counteraction.

For people with a physical perception, the three-legged chair can be formulated very simply: food, sex, rest. This is also true for members of the animal kingdom. If one of these components (legs) is damaged, the animals will fall. Food satisfies the instinct for sustenance, sex satisfies the instinct for species preservation, and rest regenerates the effects of life's stressful situations.

But human is a more complex being, and he/she faces very early that the three components mentioned above are not enough to provide a sense of personal comfort. This confrontation occurs, when a feeling of inadequacy arises because one or more legs are not the same length and the chair starts to wobble. There is not enough food, no one to have sex with and no time or opportunity for rest. In such case, demanding, violence, supplication and other methods are futile, since the individual will be unable to satisfy his/her desires because of his/her inner deficiencies.

Let us then look at what the three legs of the chair are at the level of the inner components of the human personality. The first is IQ. Developing intelligence means acquiring a confident knowledge of the world (facts) and how it works (context). IQ is mainly associated with intellectual ability, logical thinking and situational awareness. IQ therefore measures the development of a certain area of the brain, which is the area responsible for sequential thinking, i.e. the ability

and speed of deducing a logical sequence from A to B, B to C, etc. IQ is both inherited and developable. Persons with low IQ has a disadvantage in the struggle to obtain food, as they can only occupy low-paid jobs in the social division of labor. Because the IQ leg is short, the other legs cannot develop properly, or if they do, the chair wobbles. People with a high IQ can take up managerial positions (in science, economics, etc.) because they can position themselves well and they have good situational awareness. However, their emotional life can be shallow and they are rarely happy. They have difficulties to find a partner, or the partner is subordinate to them, but they rarely divorce, and if they do, the partner leaves them.

The second component is EQ. EQ is commonly referred to as emotional intelligence and essentially encompasses the emotional life of the individual. It can be seen as an individual's ability to put oneself in the shoes of others, to empathize with others' emotions, to experience deep emotions, to analyze them and to control them. Once one is aware of one's own emotions, one is able to understand the emotions of others, and thus to manage the reactions of others. Another area of the brain is responsible for emotional life, which, unlike the previous one, represents a brain function characterized by not serial, but matrix-functioning neurons. For people with a high EQ, because of the matrix type of functioning, everything is connected to everything else, so they can see connections that are hidden to people with a high IQ. Very simplistically, men tend to be more IQ and women more EQ type thinking, but there is quite a lot of overlap nowadays. So, IQ is responsible for more rational, while EQ for more intuitive thinking.

People with a low EQ have a shallow emotional life, they can only experience love at the level of sexuality, or it is not important to them at all, and they may not understand what they are missing in the other person. Individuals with high EQ are pleasant, harmonious personalities, loving and lovable, self-sacrificing, inclined to be charitable or willing to join a high IQ partner in service. If high EQ is associated with low IQ, they will always remain in the background, playing a subordinate role or holding low-level jobs, remaining a neglected personality. For this reason, they rarely feel fully happy. When high EQ is combined with high IQ, they are able to perform high quality, successful artistic and creative work.

The third component is SQ, or spiritual intelligence. By spiritual intelligence, I mean that an individual seeks meaning in his/her life above material world goals. This could be service to others (sick, disabled, vulnerable, animals, etc.), action for noble goals (freedom, equality, fraternity, etc.), in short, some idea becomes the guiding principle. The idea could be God too. The SQ is located in a third brain area, in which neurons have an integrating function. They receive stimuli from the outside world and respond to them in the sense of a universal unity principle. As this brain area is located above the IQ and EQ center, it enables the individual to relatively subordinate his/her own personal interests and his/her personal ego center in order to develop the idea. A person with a high SQ is able to live and think in unity within the narrower or broader field in which he/she operates. A person with a high SQ can often become a priest or a hero of freedom.

High SQ does not necessarily go hand in hand with high IQ and EQ. This gives rise to the following variations:

1. **High SQ, high EQ, low IQ:** The idea for which the ego is being pushed into the background may be false or outdated. Thus, in the absence of a sufficient IQ, the individual may make sacrifices for wrong ideas, even at the cost of his/her life. Such individuals are easily led by leaders with high IQ, even if their SQ is low. Since he/she does not notice that the leader lacks the principle of unity. He/she lives even the wrong idea with total devotion, believing in it unhesitatingly. In essence, this includes the believing masses.

2. **High SQ, high IQ, low EQ:** These persons are leaders for the idea of being chosen. We all are equal, but they are the more equal. Their idea, their God, their faith is the real one, therefore they engage in proselytizing activities. Since they tend to see others as inferior, they oppress or seek to convert them. This includes philosophers too who, instead of experiencing the idea (God), engage in endless philosophizing about it.

3. **High SQ, low IQ, low EQ:** These are that believing masses who will kill for an idea, whether it is true or false. Their IQ is low to overrule the leader, their EQ is low to empathize with others. Thus, they remain in blind faith and destruction state in order to help their own followed ideals to triumph.

4. All the three components are high. The individual is able to choose a credible, forward-looking idea and to live it out and realize it in himself/herself with total dedication. In this case, there is a chance for the individual to move to the next stage of development, and his/her consciousness rises above the level of the mind.

So far, I have only talked about brain functions and perhaps not even touched the soul (as a soul-spark, Overself, an eternal substance of divine origin). As long as people are not aware of the workings of their minds, the soul – in the true and full sense of the word – remains dormant for them. EQ, as a brain function, has nothing to do with the soul in the transcendental sense of the word, although it is often confused with it. Likewise, SQ has nothing to do with true spirituality in the transcendental sense. SQ is a brain function, material in nature, measurable by instruments, quantifiable. SQ is a mental projection of spirituality in the transcendental sense. So, when I say in my writings that even believers experience God, religion or unity only at the level of the mind, I mean the above, i.e. they have not yet found the connection with their non-material (transcendental) center of consciousness.

For balanced personality development, as well as for the higher stages of spiritual development, all three components are needed. The foundation for these is laid down in the UCCA's Spiritual Self-knowledge training.

How the IQ and EQ centers work



IQ, or intelligence quotient, is the oldest measure of intellectual ability. IQ tests measure primarily the ability to recognize logical relationships, speed and situational awareness. Brain areas responsible for serial (sequential) thinking play a role in regulating logical abilities.

High IQ means mathematical, in other meaning, “masculine” type thinking. In a person with a well-developed IQ, the mind works by connecting new knowledge to an existing chain of logic. The logical

chain can have multiple branches, but the point is always that, to connect and then retrieve information, one has to go through a particular section of the chain in sequence. The running through of the chain can be so fast that it is almost imperceptible as we move through it sequentially. To take the letters of the alphabet as an example, A is followed by B, C, D, etc., and finally W, but instead of this, a trained thinker throws in W, as the result, immediately after A, and in case of long logical chains, not everyone can follow this. In my forty years as a teacher, I have been exposed to many different ways of thinking. For example, I regularly found that the logical abilities of university students from certain developing countries are below those of Hungarian students studying the same subject. In case of the former, the omission of a single logical step results in them losing the thread of the deduction, and this is particularly the truth for women. Hungarian students thinking is becoming more "masculinized" as a result of schooling, so the differences in logical thinking are reduced.

Additional abilities examined by IQ tests are combination skills, insight, and with these they intend to measure the ability to recognize situations and leadership qualities. This may be the ability to navigate in a diagram, a map or a maze, which also implies a masculine or rational disposition. This ability is considered masculine because good problem solving requires that the solver is not influenced by emotions. For example, during a lifesaving task, the decision should be made based on the recognition of the essence, not on the basis of individual sympathy motivated by emotions. Spatial vision is also tested by rotating and positioning geometric shapes, and there are also 'cuckoo-egg' type tasks, where the item that does not fit into the sequence has to be selected. There is no test that measures only IQ completely clearly, as human personality is much more complex and IQ tests are also created by human beings. Thus, more and more IQ tests include tasks measuring empathy, which brings us to the concept of EQ.

EQ or emotional intelligence attempts to quantify someone's ability to emotionally align with another person, i.e. how empathetic they are, how able they are to put themselves in the other person's shoes. Emotional intelligence, however, does not simply require emotional attunement, but it is a brain activity in which distant points of the nervous system connect to each other, resulting in the observation and understanding of a situation from multiple directions. Here, therefore,

the formation of temporary nervous system connections does not take place along a logical line, but through an, often indefinable, common element. To illustrate with an example, during the thinking process, A, B C, etc. group of neurons are connected to each other, which are located distant in space and there is apparently no connection between them. Yet they are connected by something, namely the information content they store has similarities. This similarity may be only apparent, formal and without logical basis. This is the principle of intuitive thinking, which searches for as yet unrecognized connections by analogy. In this sense, EQ can also be associated with creativity. This type of thinking pattern can be considered to be "feminine" thinking. Its characteristic is that everything is connected with everything, this is a realm of random associations. This type of thinking is also able to find a connection between a knitted sweater and a telephone cord, i.e. both are "yarns". As I mentioned above, the connection is not random, but because the common element often remains unexplored, it is classified as random. Balanced personalities can activate both types of center depending on the situation and the task.

IQ test values really only give an acceptable result between 100-120%. Not by chance, since those who make them belong to this category, so, they receive feedback on their own intellectual abilities. Below 100%, it is possible to detect intellectual disabilities, which are almost exclusively the result of damage of a brain area (even fetal) and above 120%, it no necessarily reflects the abilities of the personality, because it underestimates people with different thought patterns than the average.

I would like to illustrate this with an example of a cuckoo-egg type problem. Take the apple, plum, banana, strawberry sequence. From this, the cuckoo's egg, based on the different patterns of thought, will be: 1. **banana**, because this is the only tropical fruit. This answer is based on the most common template. 2. **plum**, because it is the only stone-fruit. This would be the choice from botanical point of view. 3. **apple**, because it is the only one which starts with vowel. This would be the answer from linguistic approach. So, how can we decide, on the base of the answer, who is more intelligent? This example is just to illustrate that some questions in IQ tests are based on generally accepted mental templates and will be specific to the people who

prepared them. A different or template-less thinking pattern does not produce the result that is generally accepted.

How the SQ (spiritual intelligence) center works

It has been known to brain researchers for perhaps a few decades that there is an area of the brain (in the frontal lobe) called the SQ center. Suitably selected test subjects were given tasks or put in a situation where they had spiritual experiences and activity in different areas of the brain was measured. This is how they found the SQ center, which is responsible for the experience of higher ideas beyond the material and mental. While the neurons of the IQ and EQ centers are characterized by frequencies between 15 and 30 Hz (basic waking state) when they are active, the SQ center operates at 40 Hz (the alpha state is characterized by frequencies between 7 and 15 Hz, while the theta state is characterized by frequencies between 3 and 7 Hz). For the activation of SQ center, the IQ and EQ centers must be quieted down to at least an alpha state, as is commonly known among meditators.

Everyone has an SQ center, but it doesn't operate in everyone. Initiations, religious upbringing, meditation practice, yoga, traumatic experiences (serious illness, death of a close relative, personal near-death experiences) can play a role in activating the center. The same brain area is activated by drugs and other mind-altering substances too. In most cases, the center is only active for a few minutes, during which time the person has a religious, spiritual or other experience that they know is missing from their everyday experience. The general experiences are uplifting, almost ecstatic bliss; a sense of identity with a particular thing, person, group, idea; existence in timelessness, eternity, flight, being bodyless, etc. The experience is extremely intense and therefore memorable. This extraordinary intensity is given by the frequency of 40 Hz, because the generally known mental and emotional activity never reaches this frequency. The experience of unity can vary in extent (from a single person to the Universe) depending on the individual's awareness. After the experience, the individual feels that he/she has become a different person, has gained new insights, and has experienced something special.

According to brain scientists, the human mind is innately built to live through spiritual experiences. In this sense, religion is coeval with man and cannot be erased, because this center exists and is activated from time to time. Such a center has not been found in animals, so it is, to our present knowledge, exclusively human. Materialistic researchers, of course, do not consider the existence of the SQ center as evidence of God or of any super consciousness. The research on this center has so far been done on people with both IQ and EQ centers functioning at a remarkably high level. Therefore, researchers have concluded that activation of the SQ center necessarily leads an individual towards the pursuit of higher ideas.

I would like to share my own observations on the functioning of the SQ center. Nowadays, it is fashionable to activate the SQ center, e.g. by initiations. It is true that spiritual teachers do not tell the initiate anything about this, and in many cases, themselves do not know what they are doing.

1. Consider first that case where a person with a high IQ but a lower EQ is initiated. In this case, the least effect is expected, as the high IQ prevents the individual from believing the experience of the initiation is true. The individual says, that 'I may have seen something, but it must have been a delusion, it is not worth dwelling on', and the mind returns to its old patterns.

2. The next case is when an individual with a high EQ and a lower IQ is involved. In this case, the individual with a high EQ will have a powerful experience, but will not be able to process and integrate the experience into his/her personality. In more severe cases, they may even go 'mad'. The SQ center, as it were, starts to live an independent existence taking control of the individual, who hears inner voices, instructions, has visions and obeys them without self-control. Once a brain center has been activated here and has disconnected itself from the other centers (including the ego center), the coordination of mental activity is disturbed and symptoms of schizophrenia may appear. However, if the person is able to believe in the higher idea they are experiencing and makes further efforts, the IQ center is activated (switched on) and everything becomes clear and understandable at once.

3. The next situation is when both IQ and EQ center are low. In this case, they are already operating at a low frequency, and do not need to

be quietened down, e.g. by meditation. In this case the initiates become puppets of the initiator and follow without thinking any instructions that appear in their mind. The thoughts that appear may come from their own unpurified mind or from the spiritual leader, who may instruct them, for example, to kill the unbelievers in the name of God. The prophet (or god) speaks to them with great intensity, and because they can actually hear it within their mind, they will not doubt it. They have no remorse, and even later they do not realize the gravity of their actions, and are indifferent to the consequences. So, the root cause of religious fanaticism is the activation of SQ center by initiation or religious life (brainwashing), complemented by low IQ and EQ centers.

4. When someone receives initiation, and at the same time SQ center activation, in such a way that both IQ and EQ are high, or one activates it themselves through regular practice (meditation, yoga), then the possibilities for further development open up. Thus, he/she becomes able to evoke this high ecstatic state at his/her will and experiences that the enhancement of the state leads to further special experiences.

In the following, I will illustrate the effects of the activation of the SQ center using the examples of two well-known historical figures (this introduction not intended to be a biography).

Muhammad was born around 570 A.D. into a respectable but impoverished merchant family. At the age of 25 he married a wealthy widow 15 years his senior. He thus became one of the richest Meccans. Muhammad was a gifted young man with a remarkable imagination, strongly influenced by the prophecies of the Christian end time and the different religious cultures he encountered on his trading journeys. Later, he sought to discover his own inner world through fasting and spiritual exercises. At the age of 40, he was contemplating in a cave when the Archangel Gabriel appeared to him and gave him a vision that profoundly affected his personality. As a result of the visions, the SQ center was activated, which strengthened his sense of mission. On the basis of these visions, he began to develop the teachings of Islam (meaning: devotion to Allah) The SQ center triggered the development of the IQ center, which elevated Muhammad above his contemporaries, but the development of the EQ center did not keep pace. Muhammad's life was accompanied by visions later on too,

which he increasingly triggered at will, and with which he emphasized the realization of personal and worldly interests. After failing to find followers in Mecca, he moved his headquarters to Medina, where, as a result of his leadership, economic policy, and justice of the peace skills, he soon became the ruler of the city. After consolidating his power in Medina, he launched an armed struggle against the Meccans, the Jews and the nomadic tribes. His method of warfare was raiding merchant caravans. After Mecca had surrendered, he expelled the infidels and declared a holy war (jihad) against them. The nomadic tribes united in the Islamic brotherhood, therefore they could no longer fight each other, so they launched a war against the unconquered territories.

Buddha was born into royal family around 560 B.C. He was so deeply moved by the sight of others' suffering that he embarked on a spiritual quest and dedicated his entire life to finding a way out of suffering. So, first the EQ center was activated, and its functioning was so intense that the contents of the mind almost came alive for him in the inner experience. He did penance to the point of asceticism and came to the brink of death, yet he could not stop the thought process (IQ center). The IQ center in his consciousness was constantly searching for the why of things. High EQ and IQ activity and the persistent intention activated the SQ center and the gods appeared to him. Buddha had such a high IQ that he doubted the gods appearing in his visions, he did not believe that they were the ultimate reality because he did not get the uncontroversial truth by them. Thus, he realized that what he was seeing was his own inner reality, i.e. the programs of the gods in his mind (SQ center). Therefore, he erased the images of the gods from his mind. But thus, without any connection to the gods of the macrocosm, he could not have any other realization than that HE IS GOD ('I am the teacher incomparable with anybody').

The most important difference between the two world teachers is that Muhammad subordinated the SQ center to the lower center of the mind (ego center) and therefore devoted his spiritual faculties to worldly goals, while his EQ center was not developed to the extent of empathizing with the suffering of others. In the Buddha's case, the programs of the SQ center were cancelled, so that neither worldly nor otherworldly goals arose. As a supplementary point, I note here that in Jesus the programs of the SQ center were subordinated to a spiritual

center above and beyond the mind, which led to the service of the Father. Other conclusions that can be drawn from the God-realization level of the world teachers are the subject of my other writings.

To summarize my writings on the subject, the outstanding functioning of any center (IQ, EQ, SQ) alone neither makes you happy, nor leads to lasting success in life. In contrast, the balanced functioning of the centers makes the individual happy, harmonious and capable of development.

What (also) is spiritual self-knowledge good for?



Brain researchers around the world are working hard to find the cause of senile dementia, but so far without success. All that has been found so far - lesions in the nerve tissue - are not causes of the disease, but its consequence. The disease is affecting increasing numbers of people in the western half of the world. Because senile dementia is accompanied by complete mental and physical decline, it is unpleasant for the patient and his/her relatives. The patient, up to a certain point of decline, is still aware of his/her situation, and is therefore distressed by the knowledge that he/she is less and less able to carry out his/her accustomed activities. Later on, he/she is unable to conceive of his/her situation, while the relative may be confronted with the signs of deterioration on a daily basis. After a certain level of deterioration, it is no longer possible to care for these patients at home, as they require 24-hour supervision, and their placement in nursing homes is also limited, leaving them in inpatient (geriatric) wards of hospitals, where they are condemned to a slow death. The exception is, of course, if someone is able to spend a considerable amount of money to pay for 3x8 hours of nursing care for them, but even then, the decline cannot be reversed. There is no known cure for the disease.

In the following I will interpret the disease from the point of view of esoteric psychology. If one accepts and understands this, one can avoid a similar fate for oneself later on.

The central nervous system (hereafter called the mind) is seen as a computer with a background storage memory (Winchester) and an operational memory. To use a simple analogy, we identify the background memory with the permanent memory, where we store data that can be retrieved at any time. Operational memory is the short-lived memory, where temporary information is stored, overwritten again and again by the current data, and from which important data is constantly transferred to the permanent memory. Anyone who regularly works on a computer knows that after a while, various programs, information and error messages start to accumulate in the background memory. Everything related to the operation is automatically stored, and the user also consciously saves a lot of data that he/she intends to use later. If the computer is not maintained, it slows down after a while and then freezes more and more often. In such cases, experts recommend expanding the memory or reinstalling programs. What is natural for a computer, why does it seem unthinkable for the human mind, either the faults or the correction of them is considered?

The initial symptoms of senile dementia are exactly the same as the symptoms that our computer produces when it starts to run out of background memory. The short-lived memory simply fails in patients, while the long-lived memory continues to function perfectly for a while. The reason is that information can no longer be transferred from the operational memory to the background one because it is nearly full, so the operational memory is always overwritten with new information. The retrieval of data from persistent memory, the remembering, will continue without problems for quite some time. At this point, the patient can remember perfectly what happened when he/she was six years old, but has no idea where he/she put the spoon that was in his/her hand a minute ago. If maintenance is neglected, the recall of memories becomes slower. This is because there must always be a certain amount of empty space in the background store, where data is moved. If there is no room for data movement, retrieving information that has already been committed will take more and more time and eventually slow down to the point where it becomes

impossible. The patient remembers less and less of the events of his/her life, but is still able to carry out everyday actions. Later, only some of these remain, e.g. he/she can still make coffee, but he/she is no longer able to perform the sequence of actions related to cleansing. Eventually everything falls out, he/she no longer recognizes anyone, he/she talks to himself/herself, coherently for a while, then incoherently, and eventually these ceases too and he/she is no longer conscious.

We can only erase from the mind those memories that have been processed. So, our mind-computer is full because we have processed very little of the vast amount of experience that we have accumulated in our life(s). Because of the lack of processing, they are in a jumbled, disorganized state and take up much more space. There is also fragmentary information, unconnected to anything, waiting to find its place in the processing. If processing is delayed, the disordered pile of fragmentary memories takes up huge amounts of storage space and hinders rapid recall.

Our spiritual self-knowledge training gives you the opportunity to gradually process and clear your mind and then delete unnecessary information. This involves the shedding of enormous spiritual burdens. It is advisable to start this process as soon as possible because, unfortunately, experience has shown that after the age of 60, the mind becomes so bogged down in its own patterns and so full that the practitioner is unable to absorb the necessary knowledge. In other words, the maintenance program cannot be loaded because the memory is filled up! And the repeated installation of the programs needed to function is nothing more than a rebirth after death.

LESSONS FROM THE SCHOOL OF HEAVEN

The connection

Just as a teacher can have a decisive influence on us in the earthly world, so it will be important also from the point of view of spiritual development, who we come into contact with when we enroll in the heavenly school. Similar attracts the similar, that is, the law of resonance determines our attractions. We take pattern from our masters, they become our role models. Our masters, however, only provide the model for our development, we will be able to find our true path through a relationship with our divine essence (Atman).

How do you know the real master?

Many people nowadays are looking for a (spiritual) master or teacher to help in the orientation in the world or to find the way, peace of mind and happiness. Many people are looking for, but few of them find a path that leads somewhere and is not a dead end, from which only after some time turns out to lead nowhere. Many people also show the way of Jesus as an example to follow, since there are no number of religious communities working in the name of Jesus. In comparison, the number of those who truly recognize the essence of the Way is insufficient.

The way of Jesus is: ***"Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength."*** But we can only follow this guidance if we can give a clear answer to the question: who and what is the God we should love with all devotion, where can we find Him, what is His name, etc.? Let us now consider this God as a kind of cosmic intelligence, and let us neglect from names, because to hear names we would risk that not everyone would be able to recognize this cosmic intelligence in the name. Since this cosmic intelligence can only be approached through love, anyone who feel no love, will not have the chance to experience it, no matter how smart or educated they may be. Where is this cosmic intelligence, where do we look for it? It is everywhere and in everyone, including us. So, the first thing we have to do is to find it in ourselves, because if we don't, we will find it even less in others, since we have the best chance of knowing ourselves. Therefore, God will first manifest from us, from our heart, through the projection of our love, as our own divine part. So, the answer to the original question is that **the true master is the one who leads us to our own divine part, to the divine self.**

Analyzing the question further, what if we have not yet found this divine self, or we only think we have. The legitimacy of the question is that there are always more self-proclaimed prophets than real ones. What then gives us guidance? In this case, cosmic law can provide guidance. These laws reveal the basic principles of how the universe works. The Law operates on the same principles at all levels ("As below, so above; as outside, so inside"). It ensures that the effects of what we do come back to us (the law of resonance, or "One reaps as

one sows"). It ensures that the conditions are created for us to fulfil our desires (law of creation), considering that the greatest motivating desire is fear. Therefore, the object of fear is always created first, so that we can get rid of it. It ensures that we can live our free will, which is limited only by the free will of others, and without taking this into account, violence will prevail in our environment. The aspects of the Law could go on and on. So, the answer to the original question is: **the true master is the one who leads us to the realization of these cosmic laws.**

What happens if we are not able to understand or obey cosmic laws, what can serve as a guide for us in the world? Well, that's when religious prescriptions, patterns of behavior come in. Religious observances do not explain, they command. In the same way that a parent instructs a small child what to do and how to do it. Religious patterns cannot consider the diversity of human culture, the many facets of what we want to experience, and are therefore specific to a particular religion and culture, and can only be applied within that culture. In the present age when the cultures are mixing, when followers of different religions live side by side, the contrasts arising from different patterns are sharpening. This is the age when humanity can move up a class if it realizes that it should live governed by Overself (Atman) or at least cosmic laws instead of religious patterns, since religious patterns have become an obstacle to peaceful coexistence and further development. What if humanity does not recognize this? Well, then comes the killing, which contradicts the basic rules of all religions, but all religions will be able to justify the reasons.

The question arises, should we kill at all? According to the divine commandments, we do not, but what is the answer given by cosmic laws? The answer can be deduced from the laws: ***the redemption of wickedness is its destruction.*** In killing, we do not destroy the divine self, for it is eternal, but we peel away the layers that have covered it. Human is inherently good by God; if someone is redeemed from his/her own evil, he/she can be liberated. We are not obliged to tolerate evil and the limitation of God-given free will by any religious precept, as long as we ourselves do not hinder others. The answer to the original question is therefore: **the true master is the one who, by opening our eyes, frees us from religious patterns.**

Why is Yogananda my role model?

- He taught by example from his own life. He knew his youthful shortcomings and gradually perfected himself. He knew that this was man's destiny, necessarily the destiny of all human.

- Although he was a monk (living in a renunciate life, who took a vow of virginity), he accepted male-female relationships and sexuality as a perfectly natural part of life, the physicality as a necessary part of the satisfaction of desires. He didn't forbid, didn't order anything, he waited. It is up to the disciple to decide what is best for him/her.

- He was free from all judgement and prejudice, he did not even think of judging others, because he was fully aware of their situation, of the role they were playing on the stage of the play of life. Not just the role, but the essence of the role: everything that came from it and everything that followed from it. He perceived people's lives as a process, from which a single moment is only the here and now.

- He was free from all attachments, he had the same attitude to life and death, to health and sickness, to joy and sorrow, yet he was not indifferent. An indifferent man is a dispassionate man, but he was full of life and joy. The inner happiness that imbued him made him unattached, he knew that this happiness was the happiness of eternity. It would always be present in him, in any situation, because nothing could happen that would not serve his progress, his deeper understanding of the Creator.

- He was simultaneously present with full consciousness in all created worlds. Many yogis are closed off from the events of the material world, either because they are not interested in it or because they consider it a source of sinful things. He appreciated all as a reality show, was created for us to learn about the workings of creation.

- He was able to live in unity with everything and everyone, because the "good and bad" classifications ceased to exist for him. But this did not mean an approbation of suffering and hurt. When people harmed others, he was always sad. He understood both good and evil. He sympathized with the good who suffered from the evil of others and forgave the evil for their ignorance. He was above duality in all respects, the bipolarity of the world left his outlook untouched.

- He provided everyone exactly then, exactly as much and exactly what was necessary for their development, and a little more, which the disciples only understood when they reached the next level.

- He was characterized by unshakable faith and trust in God, which can only come from knowing the Overself. One who believes through the mind, always falters, because the mind is, by its nature, fickle and doubtful.

- He was patient with others and himself. Patience fed his perseverance, and perseverance always wins.

- He changed his features like someone changes his clothes, yet he always remained himself. He personified fire, water, earth, air with complete authenticity. He represented the qualities of the primordial elements both in pure and blended form.

- His personality was completely imbued with a transcendental love for the Creator. Yet this did not mean the turning away from human. He did not convey Love, but he was Love himself.

Although Yogananda is theologically Hindu, he is the most prominent twentieth-century follower of the Jesus way. His whole life is an example to us that the inner religion is ONE, as God is ONE. The inner religion is free from all the frills that the theologians have imposed on it. This kind of unity is characteristic of the God-men, who have lived in themselves the unity of the Atman with God.

Why is Yukteswar Giri my master?

I prayed to Yogananda for years, because he was the only yogi sympathetic for me who was still on the level that I had chance to find a connection with him. He gave me guru mantra, but surprisingly not to himself, but to his own master, to Giri.

At night, I practiced in a spiritual yoga school on the causal plane, together with others. Initially I was not aware of it, but one day I recognized Sri Yukteswar Giri as the yoga master. While Yogananda gathered students from all over the world, he supervised the practice. Everyone moved upward with their consciousness on the susumna at their own pace.

In the group, I was the last in the que. When the others reached the highest point, they concentrated and then left for another plane of existence (shedding the causal body). When I also reached that point,

after a short meditation, I went back to my masters and indicated that I was not going any further. "Why didn't you do it when I know you can do it?" - Yukteswar asked me sternly. I was afraid he would not understand and would get angry with me. "Sir, I desire something else. I will not go any further as long as my masters are on this plane of existence. It is befitting that you go on toward God, and I stay here." At that moment, Yukteswar congratulated and hugged me, and Yogananda chuckled quietly at my embarrassment. This unity experience revealed to me Yukteswar's personality and level of accomplishment. From there, a much deeper collaboration began, which eventually led to the founding of the UCCM Spiritual Realm.



Sri Yukteswar Giri

About medial message transmission

We live in a fast-paced world, where people are in a hurry to acquire all knowledge. He/she does not have time to read the writings of the enlightened masters of the old ages, and besides, he/she thinks that they are out of date. If we want to realize God, then come on, we can acquire the knowledge sufficient for this in a weekend. At least that is the claim of the preachers of those crash courses who are responding to the human need that some people are longing for in today's God-less world. Spiritual forms of training are also competitive, like in professional sport: who and with what can over promise the other to come out on top. And indeed, the writings of the masters of old were antiquated in their language, written in flowery language, in symbols to discourage the uninitiated. The man of today is not prepared to decipher symbols, nor does he/she have time to acquire deeper knowledge. So, he/she tries to salve his/her conscience by paying for a course where, in a few hours, he/she can pick up a few scraps of knowledge that is really open to all, but only the prepared can enter the treasure trove of hidden knowledge. The courses include psychic training, but even in its absence, anyone can still become a psychic. If he/she is looking hard enough, he/she is sure to find an entity (angel, archangel, master) who will dictate something to him/her, or if he/she does not find, he/she thinks to find it. The point is that he/she has become a medium and now can spread the word to others.

Based on my writings (e.g. Dimension Gate), I may be considered an angel medium by some, but I have always denied it. In decades of working with angels, I have always been convinced that angels do not have intention to dictate books. They just suggest topics, whisper a thought or two to fill in one's lack of knowledge in certain areas, and that's it. Of course, this doesn't mean that others can experience something different. The ignorance of the spiritual stage is so immense that it is almost impossible to explain how the adult beings of the Universe operate. Instead, let us examine how can we recognize unreliable mediums and teachers? Those who can do credible psychic work no longer really need to be medium, as they have access to the collective knowledge of the Universe and can become teachers of credible knowledge rather than medium of uncertain credibility.

However, while credible teachers impose conditions for the disciple to attain true knowledge, mediums of dubious ability place before everyone the mess that has been created by the activities of their muddled minds.

How can you recognize the teachings of a discredited medium?

1. Teaching is always playing on the human vanity, expectations, emotions. This is one of the bases of its persuasive power. Because when you are praised, then you rejoice, open yourself, give confidence, and more readily believe all further assertions. E.g. the teaching convinces you that you are already perfect, you don't have to do anything, or if you do, do what you want to do anyway. That's genius! Who likes to be put in their place? That is so uncomfortable! Who would want to sweat on a rocky, winding mountain path when they're promised a helicopter to take them up? The lazy and unmotivated are very happy to accept this self-justification. To a certain extent, every teacher uses emotional motivation to encourage the disciple. A master of mine once said, "If spiritual masters were always sincere, no one would start on any spiritual path." Spiritual practices lead to results after persistent work, and at the beginning of the path you don't see how long and bumpy the path is. If the disciple could see it, he/she would easily waver. In fact, God is always just at arm's length, but as one moves on, God is always moving away. It is part of the game. Divine grace is an unpredictable source of power, but if one doesn't start, the odds are absolutely zero.

2. The teaching encourages you to throw away all that you have learned, for now you have attained true knowledge, and you will no longer need the knowledge you had before. With this train of thought, they want to eliminate your ability to revise the teaching. If you discard all your previous knowledge, it will remain only what you get there. This is again a genial trick, for then there will be no debate, not just substantive debate, but no debate at all, since they give you no tools to refute or reflect on the teacher's doctrines. Conversely, if you are a believer that does not mean you have to put aside your common sense. Cogitation on new knowledge is necessary and important. All new knowledge can be integrated with the old, and when something is no longer needed, it is automatically erased by understanding. There

are many lessons that are eternal. If, on the other hand, someone claims to give original teaching that supersedes the teachings of the timeless scriptures, there is always reason to be suspicious. It is common for world teachers to start a new religion or philosophy, but even they build on old foundations.

3. Only a very observant, learned disciple would notice that the teachings mix real and false doctrines. They start with some authentic teachings to switch the mind to the receptive function. For the human mind works in such a way that once it has been successfully opened, it believes everything much more readily afterwards. Once the receptive function has been established, the biggest bullshit can be poured on you without suspicion can arise. Therefore, it is advisable to select and review new knowledge after receiving the teaching. In other words, let take notes and read it several times to see where the train of thought is not smooth. Most of the time, you may find that there are gaps in the text. This indicates that the teaching is not coming from the same level, there are jumps in it. In such case the teacher's mind jumps and you can catch this, but it could also be that he/she has just gathered the teaching from different masters at different levels. If the teaching is false, you feel a signal in your heart. If, on the other hand, there is a stabbing pain or a sense of a knife sting, then the heart chakra has not yet been fully purified, and the knowledge is not compatible with the disciple's belief system. This may be due to an attachment to an old image. Then further inner work is needed to decide whether the reaction will be acceptance or rejection. So, if you listen with your soul, you cannot be led astray. And if you are able to listen with the soul, then you definitely need an authentic teacher.

4. The new trick is to make spiritual teaching appear to be scientific (I'm not talking about scientific high standards!). This can be perpetrated on people of average literacy who are already heard about this or that, but they have no deep knowledge of the subject. It's a great way to spice up spiritual lectures, and it's very trendy. The point is to get as few people to understand it as possible. They like to bring in e.g. DNA, ATP into the discussion, but without having any biochemical connection to the question. Let it be clear that DNA is a double helix, not three, four or five. The self-realized masters, and Jesus also, had a double. And if one is not talking about the material level, then there is no point in mentioning DNA, because where there

is no matter, there are no chemical molecules present. When explaining what is not material, one can at most use the analogy of material parallels: it is as if... Words have a creative power, if one does not learn to use words precisely, then stupid things will come out of one's mouth. Don't turn your mouth into an anus! Jesus said, "Let your word be yes, yes, no, no". This way he reminded to the importance of purity of words. If the spiritual teacher does not strive to purify his/her words, how can he/she be able to help the disciples to purify their minds.

5. The medium can only use the tools of his/her own mind during mediation. If he/she has little philosophical and scientific education, he/she will be unable to translate the suggested ideas into ordinary language in such a way that they have coherent sense. This is another reason why most medial transmission is a confused, disordered, illogical set of words, and if the medium puts it together afterwards, the mind inevitably interferes. Below is an example of this. In psychic work, great importance is attached to two brain centers, the pituitary (hypophysis) and the pineal gland (epiphysis, not to be confused with the epiphysis of the bones). I have just recently read in the writings of a supposedly high-level medium that these are enlarged as a result of spiritual development and produce more growth hormones and melanin, which slows down or eliminates ageing, for example. At this point several misconceptions about the facts have crept into the psychic's mind, it would have done no harm to check. For one, the psychic confused the location of the pituitary and epiphysis in the brain. On the other hand, it would be quite a big problem if there were more growth hormone, because then a serious and incurable disease (acromegaly) would develop in the grown-ups, which would be accompanied by elongation of the protruding parts of the body, and the whole body would become distorted. Furthermore, the pineal gland hormone is not melanin but melatonin. (Melanin is the skin's dye.) Melatonin does have a role in preserving youth, but the medium hasn't got it. Although melatonin is an endogenous hormone, a good portion of it penetrates from the lymphatic system into the stomach, where it decomposes. So, it is in vain if one produces more of it with his/her enlarged pineal gland. There's a little trick you can use, you have to stick your tongue very far back. But you can't talk with your tongue stuck back. This also shows that one has to choose, either one

remains quietly young or if one speaks out loud one will grow old early.

6. In the old days, psychics had it much easier because the mental plane was less polluted. So, even if the medium did not involve higher spheres, one could hope for a useful result. Nowadays, however, too many skillful magicians are able to touch thought patterns and insert into the collective unconscious of humanity information they deem important. Others "read" them and disseminate them as real knowledge. In doing so, followers walk into a trap of creating what the magician intended to achieve. The situation is not much better if the magician does this unconsciously. In this case, he/she reads what he/she has inserted as real. Even highly accomplished teachers fall into this error, and their entire work becomes the philosophical speculation of a highly sophisticated mind. How is this possible?

7. As long as one does not become a citizen of the macrocosm, no matter how successful a medium is, he/she communicates only with his/her own internal spiritual programs. These inner programs (angels, archangels, god-forms, etc.) can be activated without switching off the ego center. The ego program embodies the separation from god, so as long as it is functioning, it can always interfere with the message transmission. Thus, it mixes the real and the unreal without the medium himself/herself realizing it.

Predictions, prophecies and their mechanism of operation

My writing was initialized by reading The Book of Revelation by John. Everything I describe here applies to all prophets and prophecies, in past and future.

Prophecies and predictions divide humanity – like religions – into believers and non-believers. That is why some people believe everything, while the majority of people reject everything. Yet prophecies and predictions are as much a part of our culture as poems and novels, and our duty is to learn from them, to understand their meaning. Everything we study in the outside world, in the macrocosm, ultimately leads to a deeper understanding of ourselves, our own personality, our mental functioning, our microcosm. Therefore, we

cannot exclude anything from the scope of our investigations, because everything, the whole cosmos around us, serves the purpose of bringing us closer to ourselves.

However, for the comprehension is not enough to try to observe and understand phenomena with our minds, because the mind does not allow objective perception. We deceive ourselves countless times if we judge things from the level of the mind. How to look at things from other levels has to be learned, just like how to read or write.

The first question that arises in connection with the subject in question is: how suitable are the persons who have given (are giving) prophecy or predictions about the future of man (humanity) for this task? My answer: more or less. Religious people would probably mention the absolute faith in God as the number one condition for someone to be credible as a prophet. In my opinion, however, the number one condition is "purity". What does it take to be pure? The mind. That means no karmic germs in the mind at all (or at least not related to what is prophesied). Karma germs are unprocessed (unconscious) information that influences the prophet's vision. If we look at past prophets from this view point, not many of them will stand the test. The result is that at best only half of their claims may be true, and we don't even know which half? What do we do with such prophecy? Should we throw it in the bin? Until there is no better, do not. Let us try to understand human nature better through it.

Most contemporary Christian (or Christian approach) "prophets" base their prophecies on *The Book of Revelation*, trying to unfold it with varying degrees of success, which then becomes a prophecy of the end of the world. I will now explain the working principle of prophecy, without intending to sway anyone's faith in what they believe.

What is the purpose of prophecy and the prophet?

A prophecy is a vision that the prophet experiences in an altered state of consciousness. The vision may be about the future of humanity, a revelation of God's will, the initiation of a task.

The clairvoyant prophet must be without purpose (at least at the moment of prophecy), because having a purpose already gives a certain orientation. In John's case, the purpose is clear: 1) to confirm the early, persecuted Christians in their faith by promising them

election and salvation in the Kingdom of Heaven, 2) to influence the persecutors, the unbelievers (Gentiles, i.e. all non-Christians), by foreseeing for them punishment, suffering, even hell beyond death, 3) to exalt Jesus.

These are the natural, conscious and subconscious intentions of a devout prophet. The prophets' job is to strengthen the weak in their faith. They are also fond of scaring people with God's punishment in order to achieve their goal of making more people convert or change their behavior. It is important to note that in this writing John testified of Jesus as the Savior (the Lamb) before whom the whole world bowed down, because only He was worthy to open the seventh seal of the sealed book.

Unintentionality would mean that the prophet surrenders himself/herself to the Almighty Universal God (as Jesus did) to be manifested through Him. At this point, I need to clarify my purpose too. Well, my purpose is to reveal the workings of the human mind. I am not committed to any religion, I do not want to convert anyone, I just want to see the facts clearly and show them. However, I am committed to the service of the Almighty Universal God, who is independent of religions, and to the truth. This defines my approach.

How is prophecy generated?

The altered state of consciousness above the mind that gives rise to a vision can occur spontaneously or consciously. In case of John, the state came into being spontaneously in which such gates were opened for him that he saw into another dimension. John, or his followers, interpreted what he saw as the future, and so it became a prophecy.

My first comment on this is that one of the biggest challenges of visions is the perception of time. Anyone who has ever been in an altered state of consciousness knows that in this state there is no time. Time is the product of the mind. In visions, past, present and future are perceived simultaneously. The mind can arrange events in a chronological order according to some logic when one returns from the altered state of consciousness to the ordinary, mind-conscious state. In John, we observe that he did not even attempt to put into chronological order, what he saw, so thus his vision can be considered prophecy at most partially. In a significant part of the vision, in another

state of consciousness (dimension), he observes the play of symbolic appearances of future and contemporary events.

What do we see when we have a vision?

As I mentioned, the vision is created above the ordinary state of mind-consciousness. In order to know what we see, we need to know at least the following layers: ordinary consciousness, unconscious, collective unconscious, superconscious and collective superconscious. And these are still only layers that can be related to the mental level, which only indirectly related to the Transcendent (insofar as they are a narrowed projection of it). John could hardly have been aware of them, nor could he have had any yoga training to control the center of vision. The yogi learns to control his/her consciousness, to shift his/her attention and concentration to a specific center of consciousness, even to raise it outside himself/herself, and to maintain these states stably. This is how the yogi's clairvoyance comes into being, which in this way is no longer a spontaneous visionary mixture, but a conscious contemplation and understanding of the world of phenomena.

So, what did John see, and do we have anything to do with it here and now? John has glimpsed the layers above and below the collective consciousness. He saw that the majority of people, motivated by dark and unwitting forces of the unconscious (Satan), had acted in the past, were acting in the present and will act in the future, and that their consciousness was being pulled back to the deep astral planes (hell realms) by these mental forces. He also saw that from these states of consciousness (worlds), faith in angels, Jesus, God, could lift people into higher states of consciousness (worlds, e.g. the Kingdom of Heaven). And this applies both to their life and to their state after death. In other words, there is a continuity of awareness, **the state of consciousness you reach at the moment of death continues after death!**

All these statements cannot be concluded from the text directly but from content behind the lines only. It may be that the point was lost in the storms of history, or that John understood only that much of his vision, or that he was able to convey only that much to the people of his day. Let see some quotes:

17.8. *"The Beast which you saw was and is not; and out of the abyss it comes up.... The inhabitants of the Earth marvel at the Beast that was and is not, even though it is."*

17.9 *"Here is the mind in which is wisdom."*

The beast is, the Satan, that it was, though is not, emerges from the depths of our own subconscious, representing the motivating forces of our ignorance, darkness. That is why it was, though it is not, because if we clear the mind, it ceases to exist. 17.9 contains the gist, but you can see that the sentence is not finished. The mind in which there is wisdom (no unconscious, dark motivating forces) is victorious over Satan. But if a person does not develop this wisdom, then his/her faith is the only thing he/she can hold on to. I will refrain from further literal analysis of the text.

But what is the book with seven seals, the seventh seal of which only Jesus can break? All the explanations so far have interpreted the book of seven seals as a description of the future of mankind, which will take place until the Last Judgement.

My opinion is different. The book of seven seals is the book of Cosmic Laws. Everything that happens to mankind is the result of divine Cosmic Laws at work, not divine punishment. The vision wanted to show John the workings of the Laws. According to the Law of retroaction (karma), everything you do to others you do to yourself, because ALL IS ONE. If you ignorantly separate yourself from the Oneness aspect, you exclude yourself from the Oneness, and to be excluded from the Oneness is the hell itself. In this sense, it becomes clear why Jesus is the only who saves. From what does he set free? From the effect of Cosmic Law, in a narrower sense from effect of the law of karma. What did Jesus represent? Christ love!

So, Christ love is the only thing that breaks the wheel of karma, that is, it overrides the law! This is the most important meaning of the Book of Revelation. It is useless to wait for or to fear from the Last Judgment, because it is happening all the time as an initiation path. Instead of this: **"Seek you rather the kingdom of God."**

The essence and operation of "clairvoyance"

Or how many of the predictions are true?

Prophecy has accompanied human's life since his/her awakening. Everybody is interested in the future, wants to see the future because he/she hopes perceived or real benefits from this. Below is a summary of the most important principles that fortune tellers should adhere and implement in order to be useful members of society through their predictions.

Principle of separation (externality)

The clairvoyant should be consciously above the sequence of events he/she is observing. Since the perceived information becomes conscious and is processed and is formed into words through the mind, the mind could not be allowed to give any mind content to it which is originating from the perceiver. This means that the perceiver would have to look at the events with a completely purified mind, with no fear, no judgement, no other emotion, not even mind-thought associated with it. Otherwise, the seer adds his/her own mind content to what he/she sees, whereby it is colored and distorted by his/her own impressions. During foresight, the seer will be confronted with the sequence of events with which he/she resonates, so if he/she has a fear of, say, war or disaster, he/she will tend to see it as inevitable, as only one of the probable outcomes. The clairvoyant should therefore always be able to see what the probability of the event he/she sees is, and what other outcomes are possible, with what probability.

The principle of unity (oneness)

The clairvoyant has to identify with the event he/she is witnessing, he/she himself/herself is at the center of events, events are happening around him/her, but they cannot touch him/her. He/she lives in it and sees it at the same time from higher aspects. The experience of oneness with the events and the simultaneous presence of the higher consciousness result in his/her being able to understand the essence, the higher meaning, the purpose of the events. Although he/she is one with it what he/she sees, he/she is in a state that the outcome of events cannot influence him/her. Unless he/she can apply unity and separation together, he/she is watching his/her own creation as a

potential reality. A good example of this is Rudolf Steiner, who unconsciously projected his own creation (his mind-content) into the mental sphere and then perceived it as a reality independent of himself. So, what he saw was not reality, but his own creation, and he made it his (and his followers') reality. This condensed into a created world, which is fine if there is a way up from it, otherwise it is called a dead end.

The principle of tuning to the levels

The human consciousness (as a microcosm) is layered. The same layering can be observed in the macrocosm. When one wants to gain information with clairvoyance, it is useful to tune in the levels of the macrocosm from layer to layer. This works by deciding which level one wants to view, the lower (below the earth plane of existence), middle (earth plane of existence) or upper (heavenly) worlds. It's good to have a spiritual helper (guide, master, etc.) who help him/her to keep his/her consciousness on the given plane of existence as long as the vision experience lasts. In addition to the problems mentioned above, one of the most common mistakes that seers open all the layers of their consciousness at once, and thus perceive what is happening in all the layers of consciousness of the macrocosm at once. The problem with this is not only that it requires enormous mind capacity (hardware), but also that they cannot separate the spheres. Without adequate hardware, the seer can go (temporarily or even permanently) insane. And if even he/she cannot manage to separate the spheres, the others, he/she is trying to inform, will not manage at all. In such case used to happen that the seer has a vision about heavenly trumpets, heavenly hosts, fire, while the depths of the Earth open up and the Beast (Satan) pokes his head out of it, spewing fire. Calm down everyone, ordinary mortals on Earth will see none of this. However, their lives will be affected by the activity of the forces of the lower and upper spheres, so they will perceive that their fate is changing for the better or worse, but that is all. What has happened is that the seer (e.g. John) has simultaneously perceived a symbolic rearrangement of the forces of the celestial spheres (planes of existence) and the lower spheres and he was unable to treat this as a separate reality from the earthly reality and has simultaneously showered his visions on his uninitiated fellow human beings, who will react to this either with fear or rejection. If

they react with fear, then they can be manipulated and herded into a pen like sheep, and if they react with rejection, then the whole vision becomes meaningless because it does not trigger change. Every vision has a real basis, it should be taken as a sign and used to shape attitudes. If humanity does not change their present attitude, they will obviously go downhill. In order to make aware this, it would be more useful to have some objective, analytic warnings, which the seer formulates for humanity on the basis of his/her own vision, instead of a diffuse, confused, symbolic catastrophe vision which the seer himself/herself cannot interpret. This would, of course, require higher intelligence.

The principle of focusing

One should be able to change the focal length during the vision. Occasionally, one should zoom in and out on details. This should be understood in the way as Patanjali states in the yoga sutras that the yogi can become both tiny and giant at the same time. It is a completely wrong idea that a yogi changes physically, even if others see it that way. A yogi can contract his/her consciousness to a small size and penetrate an atom and see what is happening inside, or expand his/her consciousness to the size of the universe and observe it. During the process of clairvoyance, this technique can be used to refine information. By zooming in, key events and individuals can be identified, and by zooming out, the global context and scope of the event can be revealed. Take the example of Noah when he saw that there was going to be a flood. He thought the whole Earth would be flooded, but only one coastline was affected. Because of a lack of proper focus, other seers may also perceive a local disaster as a global, because their consciousness can only comprise their own environment, perhaps their country or society.

Everything, seen by Nostradamus, Father Pio, the blind Bulgarian prophethess, etc., is full of the above errors. About 50% of what they see is true, we just don't know which 50%. If you talk to someone and you know that only half of his/her statements is true and you don't know which half, do you give credence to his/her words? No. It's the same with predictions, you have to treat them with reservations. Even though Nostradamus was a genius, Father Pio a stigmatized saint, and here and there they found the truth, to develop the power of clairvoyance one needs mystical yoga skills based on clearing the

mind and erasing the ego program. (About stigmatization as a Christian mind program I will provide information in another article.) If we examine the predictions we already have got with a clear mind, we will be able to find the information in them that is helpful.

The ethics of clairvoyance

The ability to tune into the levels also allows the seer to have insight into the astral-mental levels of his/her fellow human beings, namely into the subconscious of others. But consider, if this is forbidden to angels, for example (it violates the law of free will), what right does a human being have to do this? In any case, it requires the verbal permission of the person in question, and the purity of the seer's intention ensures exemption from karma. Any information seen, whether concerning a person, a whole society, the past or the future, is confidential and subject to a duty of secrecy, which can only be disclosed in appropriate circumstances and in a proper context. Exceptions from under this rule are divine teachings, which must be proclaimed in accordance with divine intention. The purpose of secrecy is to prevent prophecy from becoming self-fulfilling prophecy. For the prophecy is amplified by people's fears, thus increasing the likelihood that it will be created. This is why Nostradamus mixed his visions. In case of fulfillment, the prophet could be glad, "I told you so", but he/she could not be blissful because with his/her prediction he/she undertook a karmic burden, since he/she was involved in creating the event. Therefore, it is advisable to give the situation as an alternative, e.g. if you behave this way, this will happen, but if you change, that will happen. In reality, there are always more choices. If the psychic recognizes only one of them, it is a sign of a narrowed state of consciousness, caused by his/her fears or desires. There is no 100% determinism, the occurrence of any event is characterized by a certain probability, which may be close to 100%, but only reaches it at the moment of occurrence. If the opponent has already pulled the trigger, even at the last moment there can be a creative thought that gives a new direction to the events.

Finally, we must never forget that the world around us is our collective creation. What we create will be our future. And to know this, we need only look within ourselves, no prophets needed.

What Christmas means in the light of Jesus' temptation

Most people probably associate Christmas with the celebration of love. But now I want to look at Christmas from a different perspective. Christmas is also a celebration of renewal. This is the time when we recharge ourselves with love energy and feel the urge to change our way of life in the New Year. This leads to New Year's resolutions, which we do not always keep. On Christmas Day we celebrate the birthday of a world teacher who was born 2000 years ago, whose life has set an example for mankind that still has an impact today. Of course, we tend to dismiss His example by saying that we would never be able follow Him, because He was Jesus, and where are we from Him? But Jesus said that He is the Son of God, and we are also the Son of God, and all that He has done, we can do. So, why don't we do it? Perhaps because we do not understand how the teaching applies to us.

Let us now look at the temptation of Jesus. We are tempted every day, and how often do we remember the answers He gave? Yet, if we could relate His answers to our own situation, it would help a lot.

"Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. And when he had fasted forty days and forty nights, he was hungry at last. And the tempter came to him and said to him, 'If you are the Son of God, tell these stones to become bread.' And he answered and said, 'It is written: A man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.' " (Matthew 4.1-12.)

What does fasting mean in the wilderness? Jesus went out into the wilderness, in conditions similar to those in which Moses lived with his people during their forty years of wandering. John the Baptist also lived in the wilderness, and many Indian yogis, such as Swami Rama in the present day, lived as a hermit in the jungle for a long period. In natural conditions, far from the possibilities of civilization, only those people can survive who live in harmony with nature. For them, nature manifests itself, speaks, gives signals, reveals its secrets (where to find water, food, how to survive in the presence of dangerous animals). This trial is therefore about that the yogi (who wishes to become a

godman) having an experience of unity with nature. This experience of oneness is multi-layered. On the one hand, the yogi realizes that as a human being, he/she is the part of nature, he/she could not exist in a material form without nature. On the other hand, he/she realizes that the processes of nature originate from him/her, that is, he/she creates them. If, for example, a poisonous snake or a lion comes along, it is attracted by him/her and not the living creature is responsible for it, because it follows only its natural instincts. If the yogi is one with nature, he/she is also one with the Cosmic Laws, and knowing them he/she never commits violence on nature. That is, he/she does not wish the stones to turn into bread!

The tempter comes from within, and the yogi manifests it to an external entity to confront the inner, yet unexplored, forces that are hindering himself/herself. The tempter awakens from a part of the mind (the manas, responsible for doubt) as a universal mind-program. The tempter tries to create a division in the yogi, and if the yogi enters into the game with the tempter, he/she loses, and if he/she engages in a fight with it, his/her power is exhausted. If Jesus, for example, succeeds in turning stones into bread, he violates the Cosmic Law; if he fails, he loses faith in his own god-manhood; if he struggles, he resists himself, because the tempter is one with him. This "vicious circle" was ingeniously avoided by Jesus in his response. So, Jesus had to reject the tempter, saying that God's will be done, and he would rather starve to death, but he would not do anything to violate the Cosmic Law. This allowed him to gain the siddhi (special capability) that later appeared as the ability to multiply bread, fish, turn water into wine. Why? Jesus was signaling to the Universe that he would never do anything to violate the Law, in other words, he would never manipulate the matrix of the material world in an arbitrary and gross manner. The delicate web of the matrix of the material world can only be interfered with locally and exceptionally, otherwise it will collapse. Just think what would happen if, for example, a politician was given materializing powers. He/she would realize unprecedented wealth for himself/herself and his/her inner circle, which he/she would compensate with the misery of others, since he/she would unilaterally direct the resources of the matrix towards himself/herself. And when we see this, we know that it cannot be sustained as a permanent state, because everyone is part of the Oneness! To use another example,

what is the impact of food distribution by charities? This is the manifestation of a collective social distraction. It is a way of easing consciences and removing the self-reproach that comes from the fact that some people have more than others without deserving it. It is not love and compassion emerges in it, but pity and belittlement. It suggests to the other person that he/she cannot help himself/herself, so he/she will not even try. It creates the misconception in the needy that they - merited by their mere existence - must be supported by society for free and without pay, rather than they strive to get ahead. This will increase the number of people in the queue, from which we know it cannot last for long, because there is Unity, everyone must move forward together. If nothing else, everyone could pray, and in doing so, they would already be doing something for the upliftment of himself/herself and his/her surroundings.

The multiplication of the bread of Jesus was always preceded by the teaching of the people, by the Word, because man does not live by bread alone, but by the holy Word of God! And if they did not have enough food to give to the needy, He used his ability in exceptional situations, to increase the faith of the people, and never to satisfy personal needs or those of His own circle!

In summary:

- We are all the part of nature; without it we perish.
- We shape nature with our consciousness, but that does not give authority to do violence to it.
- We must use nature's resources in a way that benefits all (people, animals).
- Each person must contribute at his/her own level to the maintenance of himself/herself and the society.
- We turn to someone with love when our actions help to lift them out of their situation.
- The tempter is within us, we invite the temptation to us. The faults are not those who highlight our shortcomings with their temptation.

These follow from the Cosmic Laws, and if we do so, we move towards Oneness, otherwise we move away from it.

"Then the devil took him to the holy city and set him on the roof of the temple. And he said unto him, 'If thou be the Son of God, jump down: for it is written, He shall command His angels concerning thee, and they shall bear thee up in their hands, lest thou strike thy foot against the stone.' Jesus said to him, 'But it is written: Thou shalt not tempt the Lord thy God.' " (Matthew 4.1-12)

Temptation on the path of God-realization takes the form of inner visions, which may be hallucinations experienced in waking, meditation or dream imagery. In all cases the vision is so realistic that the experiencer has no reason to doubt in it. In many cases, the inner image is lived through such an extent that it is projected outside the experiencer, external images and shapes appear, and the effect is even extended to objects or other persons. We speak of awake hallucinations when the experiencer, while continuously perceiving the image, comes and goes, and he/she even answers other questions put to him/her. Less conscious people may become frightened in such cases, because they cannot control the vision, they may think they are crazy, and in some cases, they may even go mad. The above quote shows that Jesus was in complete control of his mind, which was now projecting an inner vision of death into his consciousness. The fear of death is a root fear in man, whoever one who is freed from the fear of death becomes the "master of death". For him/her, death no longer exists and he/she can bring others back from near death and even, in the highest realization, from physical death. If the experiencer can master his/her inner visions, he/she can visit the collective astral and mental fields, enter and influence the visions of others. We know from Jesus' later actions that he received these 'siddhis' so that he not only became the 'lord of death' but could free others from their inner demons. Inner hallucinations, as activated negative mind-programs, can take over a person to such an extent that he/she cannot cope with them on his/her own, and so he/she becomes mad in the eyes of others, or in other words, possessed. Exorcism is nothing more than freeing a person from these unleashed negative mind programs.

The vision of jumping down from a height and then God will save you is also a universal program that appears in the minds of yogis at a certain level of consciousness. The challenge in this exercise is that the yogi has to know where this thought comes from. There are

teachers who encourage their followers to jump at such times (e.g. Osho). However, by doing so, they prove that their realization is not yet complete. Jesus made it clear that there is no need to jump. Why? Who is it in me who says that I have to jump? If God, then I am still separated from Him, if the tempter, then why should I obey him? If one does not immediately feel the right reaction when a thought appears in the mind that something should be done, it is worth waiting for a clear intuition. The first time I experienced something similar, I waited. I knew Osho's teaching and I should have jumped according to it, but my intuition didn't justify it. My waiting became fruitful. A suspension bridge appeared at the edge of the chasm, leading to the other side. I started across the bridge, which was flanked by a railing. Later the handrail disappeared and I continued on. Then the bridge disappeared from under me and I walked calmly on as if it had one. This jumper's universal program arises from the fact that there is no direct connection between 'Anja chakra' and 'Sahasrara'. Some yogis try to solve this lack by jumping, but this does not lead to stable realization, so they often fall back into a lower state of consciousness. The missing connection has to be built up and for this one has to move purposefully. In the Kabbalists' formulation, there is no helping sefira at the stage connecting 'Tifereth' with 'Keter'. On the way to the 'Keter' there is a 'daat' at a certain height, which is usually translated as a chasm.

Let's go back to getting rid of the fear of death. What Jesus accomplished in a single thought, we can only do, perhaps, in several steps, but we can! For me, the last vision with the tempter personifying death was the following. I stood in the middle of a square as people screamed and ran. Death is coming! Within seconds the square was empty, doors and windows slammed, people locked themselves in their houses. I was alone in the square and waited. Death had arrived, its icy breath touched my face, a slight shiver ran through me. I stood before it, ready to protect people from death. "What do you want?", I asked. "Nothing from you. Let me go, I'm taking someone with me tonight." I stand aside from the way. After all, it's just doing its job! He/she who wishes to be the master of death must be aware that he/she cannot stand in the way of nature. Everyone must die, it's inevitable. That is why any manipulation of death only makes sense if it helps the development of the person or his/her relatives. Here is another

experience I have had in this regard. My father was dying in the mental ward. He had not known me for a long time, struggling with his inner demons in his own closed world. I knew the time would come soon and I am able to help him after death only if he remembered me. Then I decided to connect him to my own life energy. When this happened, he suddenly sat up, his mind cleared for a moment, he said my name, and then he has lost his mind again. Then I withdrew my life energy from him, because I had achieved my goal, he knew me. I could not stand in the way of death, I could not influence the state he had to thank himself, but by entering his consciousness I could sign him that he could count on me.

He/she who is master of his/her own visions, of his/her own inner images, becomes master of himself/herself in the collective astral-mental sphere. This gives us the opportunity to enter the realm of the dead and wander in the bardo in search of the person who is waiting for our help. This work also has its own rules, as you can only raise a person as far as their consciousness will allow. This was the case with my father, who could only be lifted in several steps from the inner illusion of the hell he had created for himself.

What lessons can all this teach the average person who does not yet have special skills? Abilities (siddhis) are also programs that can be initiated. However, it is not advisable to force the Universe to start them. It is much more appropriate that one attains the state of mastery of the mind through continuous self-development. Here is an example of how the inner tempter can also deceive people those on the spiritual path. A Hungarian couple in searching of God were committed devotees of Sai Baba. On one occasion, Sai Baba spoke about the possibility of feeding with light. Incidentally, Sai Baba had never fed with light, but he appeared to the couple and instructed them to switch to feeding with light. The result was that the woman died of hunger during pregnancy, their child almost starved to death and the man was sent to prison. What happened? The inner tempter appeared in the form of Sai Baba and gave the instruction that led the couple to their mistake. Many spiritual seekers go astray because an inner voice instructs them to, for example, "Sell everything you have, because God will take care of you." The person sells everything and soon finds himself/herself homeless under a bridge. The reason is that many people today become spiritual seekers without a thorough spiritual

knowledge of the workings of the mind and how to purify and control it. Many people want to become saints or gain special abilities without having any idea about the lives and experiences of the real saints.

In summary:

- The inner tempter always attacks at your weak points, where you don't have enough knowledge, enough experience of the subject. It clings to a desire what we want to live. If we cannot immediately give up the realization of the desire, it is advisable to be well informed about what the realization of the desire entails. Once we have gathered enough information, we can then decide whether to go ahead with the fulfilment of the desire or to give it up.
- Our other weakness is our fears. This is when the inner tempter frightens us with unresolved fears, and even proffers protection if we try to experience the fear on the physical plane. It is possible to get rid of fears, but if you have never done this before, it is advisable to talk to someone who has the necessary knowledge.
- The most important thing is to constantly face oneself, to constantly self-educate, to deepen the process of self-discovery. Our spiritual development cannot be measured by how many courses and schools we have attended, how many initiations we have accumulated, how much spiritual literature we have read and how much we can quote verbatim. It is all about how much we are able to consciously deal with our life situations, how much we understand what is happening to us, how quickly our thoughts are realized.

"Again, the devil took him to a very high mountain, and showed him all the kingdoms of the world and their glory. And he said to him. 'I will give you all these things if you bow down and worship me.' Then Jesus said unto him, 'Depart, Satan: for it is written, thou shalt worship the Lord, thy God, and thou shalt serve only Him.' Then the devil left him. And behold, angels came to him and ministered to him." (Matthew 4.1-12.)

Jesus was originally summoned by Simon the Essene high priest to give the Jewish people an anointed ruler. Jesus knew this, and had to decide whether to take up the fight for the throne, as David had done in his day. In an armed struggle, he would certainly have had

supporters and allies, and even a chance against the Roman Empire, which was showing signs of decline. If he accepted it and won the battle, he would have been able to build a very strong empire, based on which he could have enforced his teachings on the whole Earth. Later, during the Crusades, the doctrines of Christianity were spread by force of arms, so the possibility was in the script of the divine play. Jesus, through his master Simon, embraced the Jewish-Egyptian spiritual teachings. But Simon soon found that Jesus' knowledge went far beyond his teaching and Jesus' approach was far more universal. This was due to the three sages who appeared personally at his birth. The three masters, representatives of the three mystical schools (Buddhism, Hinduism, Zoroastrianism), remained in telepathic contact with Jesus until they passed on their knowledge. These teachings, moreover, only helped Jesus to access his inner knowledge and to recognize the Truth which then appeared in his teachings. In the knowledge of this Truth, however, it would have already led to self-contradiction, if he had attempted world domination.

The inner tempter also has the task of revealing to us some unconscious mind-program. Once identified, we can choose to implement or reject it. Jesus recognized that the Laws of Moses did not represent the highest truth. The principle of "tooth for tooth, eye for eye" re-creates individual and group karma, weaving it into a never-ending chain. Therefore, he has preached a religion of love, which offers the possibility to set down the karmic burdens.

But let us return to the dialogue with the tempter. The tempter is called Satan in the Christian Scriptures. But the tempter rarely appears as Satan, if Satan appeared as Satan, the task would be too simple. Satan, according to Indian philosophy, is maya who seeks to lure the aspiring souls into an illusion. Therefore, the tempter is usually can be recognized from offering worldly glories, goods and pleasures. The tempter can also appear as a divine personality and in this case, it suggests that he is the god and must be worshipped, or on the contrary you are the god and he starts begging you. The divine illusory energy, maya, has very varied games. When Jesus was tempted, Satan took divine form and asked to be worshipped as a god. That is why Jesus replies, "Worship the Lord, your God and serve him only." Jesus recognized that duality was still present in his view, and in so doing he finally overcame his separation from God. If one has realized

oneness with God, then there is no one who can ask him for worship. Therefore, if there is one who asks for worship, he cannot be the Supreme God, because then there is no unity with him. Thus, the illusion in Jesus' view was definitively dissipated. To characterize this unity he later said, I see what my God does, and I do the same. Jesus was thus realizing the divine idea in the material world.

The story of the temptation of Jesus accurately shows the final visions of his revelation to late posterity, allowing comparisons to be made with similar experiences of other world teachers. Let us compare his visions with Buddha's ones. Buddha first came to the brink of starvation as an ascetic and he was ready to die. In doing so, he achieved the conquest of the physical needs of the body, but failed to control the thoughts. So, he gave up asceticism and began intense meditation. In the process, all his life flashed before him. Then he was tempted by Mara, the god of death. Buddha knew then that only the continuity of consciousness is broken when a new body is born, but the continuity of the unconscious remains, so there is no death. Therefore, the god of death could not affect him. However, Buddha also wanted to break the subconscious continuum, because from this sphere new and new thoughts would arise like desire germs. When he realized how to eliminate the subconscious continuum, his enlightenment befell. After that he had no intention of teaching his realizations because he thought no one would understand. Then Brahma, the Creator (the creator god of the material world in Hinduism), appeared to him, bowed down before him and asked him to start the wheel of the Doctrine.

Let us analyze this story of enlightenment. The first two temptations, and their solution, are exactly the same as Jesus'. The third vision, the appearance of Lord Brahma, is no longer regarded by Buddhists as a temptation, as it is believed to have occurred after the Buddha's enlightenment. However, I wondered what would be the result if it was still part of the temptation? If the tempter took the form of Brahma and bowed to Buddha, what was he suggesting? If the Creator bowed, then Buddhists believe that the Buddha is located higher than the Creator. From this scene can be derived the view of Buddhism that the realization of the Buddha is the highest and that the gods are our creations. In other words, Buddhism is actually an atheistic philosophy. However, if Brahma's appearance was the part of

the temptation, then Buddha failed to attain the highest realization and received only a partial realization (I will give a more detailed analysis of Buddhist realization in another paper). According to Jesus' answer, he should have said to Brahma: bow before the Highest Personality of Godhead, because I also serve Him.

The tempter is not necessarily calling the yogi to deny the universal God, because that would be too obvious. In my personal experience, when I had been so sick for hours after a yoga practice that I felt I had minutes to live, the tempter was only calling for the denial of a certain aspect of God. But, after refusing to do so, the feeling of sickness disappeared in a single second (and the tempter disappeared!). Apparently similar experiences have led to the view that certain religious groups honor certain aspects of God while others are classified to the false category. As long as one rejects an aspect of God, one cannot reach the Supreme, as All is One. This was made clear to me by an inner vision when God and Satan were transformed into one another. This essentially means, that God, using His own illusory energy (maya), sometimes plays Satan to convince Himself of the level of consciousness and love of His children.

With all this in mind, my self-realization is to play together with God a happy, self-forgetful game till the infinity, in order to know Him and His creation.

The Gospel of Jesus

Christmas is celebrated in the Christian world as the birthday of Jesus. Two thousand years on, who cares if he wasn't born in the same year, month and day...

In my previous writings on Jesus, I have presented extracts from the Gospel of Jesus. This Gospel was written by Jesus himself after his crucifixion. It is divided into three chapters: life, external and internal teachings. In the first chapter he tells us about his family and the events of his life. In the second, he describes his teachings to the public. A significant part of these is also known from today's Bible. The Gospels as we know them today, are based on the Gospel of Jesus, some parts of which were sent to the disciples around 100-150 A.D., who translated them into different languages and taught the people from them in the early days of Christianity. The last chapter was

addressed to the inner circle of the disciples and was never made public.

The existence and content of the Gospel of Jesus (or a part of it) is known by many people from various sources, but it is not accessible because it is hidden. Whether it will ever be made public is unknown. In fact, the official major religious communities have no interest to do it. a) The Jewish clergy does not, because then they would have to admit that Jesus was the Messiah, since he did not die on the cross. b) The Christian clergy does not, because then it would be revealed that they had been teaching untruths to the people for two thousand years and Christianity would have to be put on new bases. The Christian believers could no longer be treated as a mere flock of sheep who could only enter the kingdom of God with the help of the 'chosen ones' (priests). c) The Islamic clergy does not, because then it would have to be acknowledged that Mohammed was not the greatest teacher and his teachings did not supersede Jesus' ones. d) The Buddhist clergy does not, because then it would no longer be possible to deny that Jesus did not learn the Doctrine from the Buddhists, but possessed all the knowledge, and even higher one, compared with that Buddha transmitted. e) And for the Hindu clergy would be embarrassing because they put Jesus in the category of an ordinary prophet. In essence, there would be no mass acceptance of Jesus' teachings at present, since even the public teaching of the Bible is only sporadically understood and followed.

But nothing in the world is lost, even if it is physically destroyed. Thoughts arising from divine consciousness leave an eternal trace in the information field of the Universe. And here it is accessible to those who are ripe for it. The rest must seek for the teacher who is authentic to them. Similar attracts similar. Everyone will be guided to the one who they need, even to experience an "astray", and everyone will receive as much of the teaching as they can accept. Despite all rumors to the contrary, this Universe is exquisitely organized and precisely ordered. One marvels only at it, and delights in it. It is like the movement of water molecules, swirling back and forth, constantly colliding with each other and changing direction, their movement seems chaotic, but from a higher level the whole stream is moving together and surely towards the sea.

I will continue to present the gospel of Jesus as much as I have the opportunity. It may be that many will only encounter the teaching that applies to them after their death in the 'training center' of the spiritual world.

How to make the kingdom of Mary and of God a reality?

Or rather, how not to.....

As the supposed time of the apocalypse seems to be approaching, smaller and larger religious and other communities are being born or making their voices heard, which want to realize the kingdom of Mary or God in Hungary. My initial jubilation at this seemingly positive vision was overshadowed by the realization that how each religious community envisaged this kingdom.

- My first realization was that all of them are differently.
- The second is that each one considers their own vision alone to be salvific.
- The third is that they want to impose their own ideas on others.
- The fourth is that neither vision has anything to do with Mary or God.

On the contrary, the naked truth is that neither God nor Mary wants Hungary to be the kingdom of God in the sense that some religious communities and their leaders imagine! This is urged by some power groups in order to introduce a kind of religious dictatorship under this heading. Such a religious dictatorship could impose state-religious regulation of people's private spheres on a dogmatic basis. It would dictate what you can do, what you can believe, and you can be sure that it would not give room for intellectual free-thinking.

As long as there is no unity of vision, reality fortunately overrides visions.

As perhaps we should do...

"Ten Commandments" in the Kingdom of God:

In the kingdom of God that I envision, the following principles are fulfilled:

1. Everyone shall be free to exercise their belief in a manner which does not restrict the freedom of others.

2. Each person thinks and promotes what he/she thinks is right about God and religion, respecting the human dignity of others.

3. Any discrimination and coercion on the basis of religion shall be avoided unless the belief system is incompatible with fundamental human freedoms and human dignity.

4. Churches and religious communities are concerned with the regulation and development of the spiritual life of those who voluntarily join them, and stay away from all political and economic games.

5. Churches, religious communities (and their leaders) step aside from the path that connects man to God, they do not form an exclusive right to tell how to get to God.

6. Churches, religious communities (and their leaders) entrust to God and cosmic laws the administration of justice and the observance of moral standards by people.

7. The leaders of churches and religious communities show people the way to God-realization by personal example.

8. The leaders of churches and religious communities strive to find and reconcile the universal human and moral values of every religions.

9. The leaders of churches and religious communities are working to reinterpret religious dogmas in the light of modern times and the results of science.

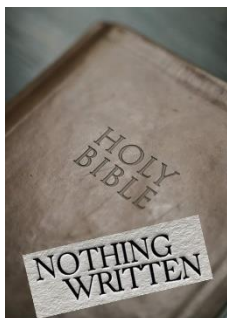
10. They strive to develop their religion from an emotional-dogmatic approach to a logically structured philosophy, teachable by scientific methods, which frees people from bondage and fills them with real happiness.

And the supreme commandment!

LET EVERYONE FIRST REALIZE THE KINGDOM OF GOD WITHIN HIMSELF/HERSELF! For you can only create outside what is realized within you.

Atheism vs. theism

The psychological components of belief and "non-belief"



Faith and doubt are as old as mankind. Both are the part of evolution, sometimes one, sometimes the other brings forward the natural cognition process. I note that the opposite of belief is not disbelief, this is why I use the term "non-belief". Let us now consider the main motivations for the emergence of belief and non-belief. What goes on in the human psyche when one commits to one or the other?

1. Fear

Since time immemorial, humans have been afraid of the unknown, of natural disasters, catastrophes, death, events beyond human control and all phenomena that are beyond our level of knowledge. God-believers (theists) resolve this fear by trying to replace it with fear of God. The believers' approach is that God is behind every event, so if one behaves 'well', one need not fear that unpleasantness will happen to him/her. If it happens, it is God's punishment, and for that one must keep introspection and penance.

According to atheists, the world around us is governed by natural laws, and the more we know about them, the less will be the unknown. As our knowledge increases, our fears decrease over time. However, the occurrence of unfortunate events, of random strokes of fate, is unpredictable, and so there is no defense against them. Such is nature, and we have to accept it. Atheism can hardly solve man's fears at the psychological level, since, despite the increase in scientific knowledge, the objects of fear are constantly being recreated. If we know e. g. the cause of lightning, we may no longer fear it, but then UFOs appear which we start to fear of again. In other words, fear never disappears in the atheistic system, only the object of fear changes. Fear does not disappear in the theistic system either, because one must always fear God in it, since an unpredictable, unknowable higher power governs the existence. The theistic system is more reassuring in that, while we cannot expect mercy from natural laws, we can placate

the gods and hope in their mercy. In this sense, it certainly increases man's chances of survival, i.e. it is beneficial for society as a whole.

2. Upbringing

The attitude towards the question of belief or non-belief is in large extent determined by the narrower (family) and wider (social) environment in which the individual is embedded. In a religious society, the chances of becoming an openly atheist are small. This is not only because one doesn't undertake the exclusion, but also because religious behavior patterns are given for children what only those individuals are able to call into question who have exceptional intelligence and ability for independent thinking. If only the family is religious, but atheism is present in society, the chances increase that the individual will be able to override the family patterns, i.e. rebel against them and identify with the opposite behavior pattern. In both cases, the common feature is that the individual's choice of attitude towards theism or atheism is not based on his/her own knowledge, but on a pattern that the individual judges to be more favorable to him/her. The majority of people are conformists, i.e., after a temporary rebellion, they will follow the family behavior pattern in the long run.

3. Education

People growing up in an atheistic school system will tend to think that the results of science can explain everything. So, God will not be needed. Only primitive, uneducated people cling to God, who weak to cope independently with the challenges of our time. Education therefore works against the development of faith in God up to a certain level.

But those who look deeper, especially if they have a background in the natural sciences or philosophy, are required to realize that the laws of nature regulate all the phenomena and processes of the material universe with such precision that they preclude the possibility that a higher intelligence will be left out of the equation. The operation of natural laws at all levels (mathematics, physics, chemistry, biology) testifies to an intelligence which, if we are atheists, we must attribute to the intrinsic property of matter. In that case, inanimate matter would be far more intelligent than we humans. Think about it, we cannot consciously control which DNA segment is activated in our cells,

while the molecules in our cells organize this on their own. Would the sub-units of our organism function unconsciously more perfectly than what we perceive with the trillions of nerve cells in our consciousness? Would the part be capable of more than the whole? It is a total contradiction. If we don't want to face this contradiction, we must make matter our god directly. In the latter case, however, we are back from atheism to theism, because we do not believe in God, but in the matter.

4. Experiences

Experiences of God affirm one's theism, in many cases they can turn one's perspective from atheism to faith. However, these experiences always occur in the psyche of the individual, i.e. they are internal experiences, even if they are perceived as external phenomena. For example, when Virgin Mary appears, she is only seen by believers. If others are present, they either don't see her, or they see something else, or they explain the seen differently. Experiences of God are therefore personal experiences, cannot be reproduced volitionally, and can only be communicated to others to a limited extent, since they have no evidential value for them. An experience of God is therefore evidence only for the experiencer, for others it is at most a belief.

In contrast, the presence and influence of matter is experienced by all. If, on very rare occasions, someone overrides the laws of matter and performs a miracle, he/she is either an illusionist, a fraud, or a miracle-working saint. The fact that we all experience matter all the time is not proof in itself that it exists. Precisely, certain psychological experiments prove that our perceptions can be misled, and they also call into question the authenticity of our experiences. In hypnosis, for example, one can give a suggestion that, say, the snowman is your beloved, and you will greet it accordingly. This can be conducted in such a way that the subjects will not remember hugging a snowman after hypnosis. Experimental results under hypnosis strongly question the veracity of our material world. After all, if we are all hypnotized in the here and now, and the hypnotic suggestion is that this material world is the only reality, then few people can 'wake up' from this hypnosis on their own. In this case the question arises, who hypnotized us and why? And the answer can only be that a higher intelligence,

which could be God too. Whether we are atheists or theists, the material world as a stable support can easily slip out from under us when we start looking for a higher truth.

5. Activation of divine archetypes

The divine archetypes are high-level programs encoded in the central nervous system which, when activated, result in the experience of God or divine abilities, qualities, or turning towards God. They can be activated through deep prayer, mantra, meditation, initiation, yoga practice, special experiences. When this happens, the individual begins to function in the world according to a new program, because his/her previous programs are overridden by the activation of the archetype. This is also the explanation why some people subordinate himself/herself to the service of a particular form of God and believe that to be true and other false, and others why do not believe this all. An atheist can be sure that no divine archetype is active in him/her, but at the same time it is present in an inactive form. If you want to be sure of this, you can activate such a program yourself. It is not easy, but it can be done. The presence of divine archetypes in the human nervous system raises the question: who implanted these programs and why? This is particularly interesting if we have grown up in an atheistic environment and have only heard of God from fame, i.e. it is impossible that we could have been implanted with these programs in this lifetime. A possible answer is that they were implanted in us by God Himself or through past life experiences. But if we accept this answer, we have become theists.

Another question is, if they are programs, why should we activate them and obey them? This question was also raised by Buddha, who also experienced the activation of divine archetypes in his own mind and eradicated them. Thus, Buddhism is atheism experienced at the highest level. Here, the gods are part of the samsara (cycle of existence), above which our consciousness must be raised. Buddha did eradicate the gods, but he could not eradicate the dharma (the Law that organizes the universe), so he could not escape having to put the Law in God's place. The Law is comforting to the human psyche because it is predictable, gives a framework, but it does not give grace because impersonal Law is eternal and immutable. Thus, Buddha could only propose an idealistic atheism as an alternative to materialistic atheism.

Theistic systems also have divine laws which are dependent on God, and He has the power to change them or to give dispensation from the Law. Theism is therefore more reassuring in that, by honoring an archetype, through a relationship with it, we can connect with - according to our faith - the programmer (God) and hope that He will free us from the grip of the program.

6. The meaning or meaninglessness of existence

Until this time, we have not sought an answer to the question: what is the meaning of existence? For most people, the meaning of existence is to find the source of happiness. The atheist derives pleasure from the enjoyment of the material world. Using the word pleasure in a broader sense, I don't just mean material pleasure, but also the pleasure of doing something creative because that is what one wants to derive pleasure from. However, in the long term, there is no point in creating, because all creations are destroyed, forgotten, there come always new ones, and the iron teeth of time do not spare the result of creation. For this reason, every creator must one day face the fact that he/she has created for himself/herself, in search of his/her own source of pleasure, and consoles himself/herself in vain by claiming that he/she has tried to do good for others. The pleasures that can be experienced in the material world are always limited, because few people are allowed to satisfy their desires without limit. And who cannot satisfy those, suffer and is unhappy. But even the one who has been given everything suffers, because he/she will suffer illness, loss, and he/she will die too. Buddhism's solution to this is to leave it all behind and enter nirvana. There we will be happy, but we have to give up all our desires.

So, in the atheistic analysis of the meaning of existence, we have so far concluded that existence has no meaning. If you want to enjoy you will suffer, if you want to be happy you will have to give up all enjoyment. In the theistic view, existence is created for reasons outside of us. God created it, it is His responsibility, whether we want it or not, we are part of it. If we behave well, we get a gift that makes us feel better here or in the afterlife. Another thought is related to this. If I live my whole life as an atheist, believing neither in God nor in the afterlife, and yet after I die I find out I was wrong, that will be quite

an unexpected challenge! If, on the other hand, I have lived my life as a believer, and after death it turns out that nothing exists, then my situation remains the same essentially. There won't be who is disappointed. And there will be nothing to be disappointed in. For anyone who is frustrated by the meaninglessness of existence, or who does not want to be surprised after death and wants to be prepared for all eventualities, belief in God has more to offer than atheism.

7. Recognizing the inner IDEAL pattern

Each person has his/her own ideal image; this is himself/herself in the state of perfection. This is not a schema or role model drawn from the outside world, based on human patterns, to whom we would like to be compared. It is much more and different. Ideals carry qualities in their most perfect form, but they do not contain all the qualities that exist. The multiplicity of ideals, on the other hand, shows the infinite variety of properties. This inner ideal is a fully developed transcendental body, the center of which the Hindus call atman. The ideal is a person who you are when you have attained divine perfection in your chosen qualities. When this ideal is recognized in someone, it, as an inner master, guides the person towards the realization of the ideal. The recognition of this inner ideal destroys the atheistic concept. On the one hand, how did it come into us? It is not possible through other people in the material world, because then they would have to stand on the level of perfection of the ideal. It is possible by masters who have already attained the ideal, but then from where did they get it? On the other hand, the ideal cannot be a property of the material constituents of our body, because matter cannot create an ideal. Yet if we were to suppose matter to generate the ideal, matter would immediately cease to exist, because it would override itself, since the ideal is more perfect than matter. The thought only that the ideal entered into matter to make it perfect, does not lead to contradiction. The ideal can only come from one place, from God. Anyone can meditate forever or examine the whole universe atom by atom and still find no other explanation. The ideal gives meaning to existence, for the goal is to achieve the ideal. And the purpose of the ideal is to serve the God who created it. This also solves the question of the desire for happiness. In this view, the source of happiness is the ideal's love for God. This love arises from the realization that God has given us the

possibility to accomplish the ideal, and thus evolving to become consubstantially the same with Him. The experience of love for God is a source of transcendental happiness, and nothing else can be compared to it what has an earthly origin.

No one can claim that he/she does not have this IDEAL in himself/herself, simply because he/she has not yet found it. Doubting its existence does not make nobody any happier, but the tiny germ of happiness is immediately born in one when he/she begins to recognize it in himself/herself, because the so far experienced meaningless, hopeless languishing, fear and death cease.

If all you have done was to read through this writing, you have already taken the first step towards the realization of the ideal. Welcome!

The Enlightenment

To be or not to be, or does God exist or what ...?



UCCM does not define itself as a religious community, but as an organization of spiritual free-thinkers. In this sense, there is not and can not be a taboo subject, and any questions raised are legitimate and worthy of further thought and response. I would therefore encourage everyone to feel free to ask questions on topics that one nowhere has dared to raise.

I am going to start with a subject to which some members or leaders of religious communities usually react angrily, namely, is there a God and what if there is not? There is only one sensible short answer to this question: 'It is given to each according to his/her faith.' Those who don't believe, don't have, and those who do believe, have, regardless of who or what real or supposed evidence is presented. We might as well stop the analysis here, but I will go further. Having absolved

myself from the stereotypical yes or no answers to the question, I am free to consider all the possibilities. I can interpret God any way I want. Let's define God as IDEAL from now. Since time immemorial, man has been creating ideals to which he/she measures himself/herself. He/she can then place this ideal within himself/herself and set it as a goal for himself/herself to achieve; as well as placing it outside of himself/herself and above himself/herself, to whom he/she must submit. If we look at these ideals, we see that they have evolved or at least changed throughout history, first they were humanlike (e.g. in Egyptian or Greco-Roman polytheism). These gods (ideals) squabbled, fought among themselves, sometimes took human form, made love to human beings, or even took humans into their midst and cast gods from their own kind to the Earth. This image has evolved and become ever higher, more perfect and at once more inaccessible.

In this sense, we cannot say that God does not exist, because IDEAL has always existed and will always exist. Nor can we say that IDEAL is not real, because it is present as a mental reality for all who are attracted to it. One can therefore create one's own IDEAL or accept an IDEAL created by others and place it inside and outside oneself. This IDEAL becomes his/her god.

What if someone does not create or accept any IDEAL? In this case, they do not develop or regress. Think about it, for animals there is no IDEAL, no goal to move towards. An animal eats and does its need when and where it can. A predatory animal will not respect man because man is not an ideal for it, but a potential source of food. If there is no external or internal IDEAL, then there is no moral value system to which the members of society must conform, so everyone will be motivated by the satisfaction of their personal needs, and the limits of this determined by the prevailing balance of power (law of the fist). The minimal development of this is the recognition of the benefits of belonging to a group, because if we are Horde 1, we can safely destroy Horde 2, take their goods, torture their members, because it isn't be stopped by the internal or external IDEAL.

So, if humanity does not intend to move towards a primitive society, it is advisable to adopt a higher IDEAL that gives moral sustenance and shows a pattern of communal behavior. From the foregoing, we might be led to believe that the IDEAL was created by humanity. Yes, but where would man get the pattern for the IDEAL if

it did not exist outside of him/her or within him/her, in some unexplored, hidden corner of his/her being? So, if IDEAL did not exist in the absolute sense, we could not create it, because we would not have a pattern for it! We can say, of course, that there were people who were more perfect than the contemporaries and they were formed to IDEAL patterns. Indeed, the entities considered as divine emissaries or divine incarnations became IDEAL patterns for humans, and that was their function. They embodied, they formed for us - to the extent of their abilities - the absolute IDEAL. If this were not the case, then the question would have to be asked: where did they get the model for themselves? Obviously, from still higher entities, and the question would immediately form an infinite line, at the end of which would be the absolute IDEA, who is none other than God. **God is therefore the absolute or highest IDEAL!**

Man, if he/she wishes to evolve, chooses an IDEAL, places it within himself/herself as part of him/her, it becomes the goal to be achieved, and when achieved, he/she raises the IDEAL still higher, and thus moves steadily towards the absolute IDEAL. This is how the development of every man proceeds. At the beginning the IDEAL is another person (parent, teacher, master, celebrity, rock musician, who knows what...), but beyond a certain point of development, the IDEAL inside is no longer an ordinary person, but an entity that embodies the absolute IDEAL; or even the absolute IDEAL (God) himself. This is so because beyond a certain level of consciousness, one feels that for him/her the average human IDEAL is insufficient, does not offer any possibility of progress, and then he/she must raise the ideation to a level beyond the material world. This path is called God-realization, and this involves realizing the inner IDEAL raised to transcendental level.

What happens if someone does not put the IDEAL inside themselves? Then he/she cannot realize it. Because everyone can only realize what is within himself/herself. If someone has a rock musician as an IDEAL, but does not live the ideal within himself/herself, he/she will never be a rock musician. If one wants to achieve the absolute IDEAL (God), one must place it into oneself. If for someone the IDEAL is an external ideal, then his/her vision remains dual (dualistic). There is he/she and there is God, somewhere out of reach, who rules over him/her, or who thinks about him/her, whose salvation

is to be awaited, or whose punishment is to be feared. This is why the average believer (religious) person, though possessing a highly vibrational outward ideal, can only in a few cases follow the principles of the IDEAL he/she has chosen. They do not actually live according to their chosen beliefs, but follow their inner instinct programs (e.g. fear). They will experience a shift from that point when they are able to live the IDEAL as part of themselves. The transformation of the outer IDEAL into the inner IDEAL is therefore a process in which each person can move at his/her own pace.

According to this view, the question of whether or not there is a God, and whether or not there is evidence for this, is meaningless, because God exists only as an IDEAL, and is therefore real. In what follows, we will analyze whether the IDEAL patterns of the Absolute are really as far apart as the followers or leaders of each religion imagine.

The essence of yoga

Yoga is understood by an average person to mean the practice of certain postures (asanas) in the part of the world belonging to Western culture. This happened because the physical side of yoga was the most easily accepted and embraced by the western cultural circle. The postures are the closest to the generally accepted gymnastics. The reduction of yoga to postures, however, means that yoga is practiced as a fitness activity. It is true that postures alone have also effect, because they can trigger the flow of energy in certain parts of the body, thus releasing energy blocks, but on this way the potential of yoga is not fully exploited. Those who are a little more educated in this area may see breathing exercises, and perhaps even meditation in a more general sense, as an integral part of yoga. But yoga is much more than that.

Just take a look at the yoga books with photographs that are in vogue these days. The students demonstrating the asanas perform even the most complex postures flawlessly. Tune in and you'll find that their minds are moving even as they perform the asanas. Because there is one important thing that asana teachers don't tell their students, namely there is no yoga without mind control. Easterners forget to tell because

they take it for granted, Westerners because they may not know it themselves (with respect to the exception).

So, the asanas should be performed by carefully creating the image of the asana in the mind. To put it more plainly, we see ourselves doing the posture perfectly, and we are able to freeze this image, which means that no other thought can be present in the mind. Then the body can do nothing but follow the thought-image, because the body is nothing but the projection of the mind. And through practice, the bodily form comes closer and closer to the ideal. This leads to a kind of unity between body and mind. The body will not resist the will of the mind. This is not yet the highest unity that can be achieved, but it can be tried it is not so simple.

Until the practitioner can create this physical-spiritual unity for the intended period of time, there is no point in concentrating on any chakra during posture. Many teachers have their students focus their concentration on one chakra (e.g. the forehead or the crown chakra) because that is how they have learned it, but on this way, they do not achieve the goal of a precise execution of the asana and the dissolution of dualistic thinking. The experience of body-mental unity helps the student to integrate later into a higher unity, and this unity with himself/herself makes him/her credible in the performance of the asana, because he/she becomes one with the posture, thinking one hundred percent of what he/she is implementing. He/she is present in the moment, and that is one of the purposes of yoga.

During the posture, it is still advisable to push the tongue all the way back so that it touches the soft palate. This is usually said, but the technique is less so. Namely the tongue is constantly sliding forward due to the need to swallow, and force is needed to hold it back, making it uncomfortable. The technique is to create a vacuum in the mouth, as if you were trying to suck. Then the lower lip sucks in a little and the upper lip can slide on it. It may not look very aesthetically pleasing in a photograph, but it is very effective for an exercise to be built on it later. This trick can be used to reduce the swallowing reflex and fix the tip of the tongue to the palate. On this way, the practitioner will have a chance to feel something after a while, which will motivate him/her to continue practicing. Yoga teachers don't usually tell you this little trick, but I took the liberty of doing it because in our culture,

with the constant need to speak, there will be few people who will walk around with their tongues pushed back.

After that, just think how authentic is a celebrity who demonstrates a yoga exercise in his/her latest selfie. His/her mind is not on what yoga is for, but on how good he/she looks and how many likes his/her selfie will get. If even physical-mental unity cannot be achieved in yoga postures, where are we from the true and ultimate goal of yoga?

In UCCA Yoga School, you can learn the principles and practices necessary to progress in yoga.

What is Kundalini and what is it good for?

My closest student, and friend, likes to collect publications on Kundalini for me from the internet. He regularly keeps track of who, when and for whom has given a course, a meditation practice on Kundalini. So, I am up to date. In this way, he indirectly encourages me that if 'Molly' initiates Kundalini teachers, I should at least make some comment about the subject. This is a world now where the big boys' game can be tried out by the little ones. Thus, are born the broker Maries, who play the same game as the big brokerage firms, and in the same way, i.e. by cheating the customers. So, why should Kundalini Yoga be an exception?

First, I want to make it clear that it is one thing to write a book about Japan and another to live in Japan. Many people have written books about Kundalini who had zero experience of it. They have collected all the spiritual literature available and have given a more or less successful summary of the available knowledge, even from several points of view. Others run Kundalini courses and teach so called Kundalini yoga without having done the inner journey in themselves, and if someone tells them about it, they don't understand what it's all about. No-one should be misled by the fact that some teachers have studied with renowned (and not so renowned) masters and may have received initiations which lead them to believe that they are experts on the subject. This expertise is definitely relative if we compare to Eastern mystics or above all to laymen. It should be known that initiations and mystical teaching (in Egypt, South America, India and Tibet) are business (money-making) activities, where real

knowledge is rarely imparted to the participants. Even the most fortunate receive only partial knowledge, which in the West is considered knowledge, since here the ignorance is so great. That the mystic teachers of Egypt, South America, India or even Tibet are purer than the mystics of the West is a mere illusion, which stems from the fact that the disciple, looking from here, has no insight into their situation.

It is also interesting that Western authors, steeped in Eastern teachings and materialism at the same time, feel the urge to pull the mystical ground out under the feet of Kundalini and connect it to something tangible, material, a feeling, an organ. They think that the mystics of the East, lacking scientific, physiological and anatomical knowledge, have linked their inner experiences to gods and goddesses in some flowery language, what they just have to translate into the language of modern science and it will be all clear to everyone.

Speaking of which, the first thing I should mention is where do I come in? I am not sure that everyone has read my autobiography available on the internet about my inner experiences, or if they have, I doubt whether they understand or accept my situation in depth, in other words, whether they believe me, given that it is human to doubt, and the reader is not in a position to decide the veracity of what I have written anyway. My situation is unique because I am a person where inner experience meets scientific knowledge. Indeed, I feel that I have the possibility to go on the way and to find out what it is actually about and to be able to convey it. However, I also have a feeling that those who have really found the essence of Kundalini have kept the knowledge to themselves, or have only passed it on to their closest disciple and left the rest to run concentric circles around the essence. And, if that's the case, neither I can do otherwise.

In the followings I summarize my statements about the subject.

Theorem 1. Kundalini is a focused awareness that the practitioner directs to the central nervous system or parts of it . In this sense it is related to the nervous system, but it is not identical with it, just as the mind is not identical with the brain. The more intense this concentration is, the more nervous functions can be subjected to it by will, and in this sense, it can be played with by those who have boring hours. For me, however, Kundalini Yoga is not an end but a means, and this defines my approach to the issue. Therefore, I am unlikely to

be a popular teacher for those who want to gain special abilities in order to dominate others.

Theorem 2. It follows from the foregoing that without mind control, neither with physical nor with meditative etc. practices can develop Kundalini, and therefore anyone who tries to skip mind control as a task has no chance in the first place and risks going mad (or not experiencing Kundalini).

Theorem 3. Kundalini activity does not automatically lead to God-realization, demonic persons (black magicians) also work with it, perhaps that is why the clergy have always protected religious people from this power.

Theorem 4. Physical exercises, meditations, mantras, prayers for Kundalini awakening are necessary but not sufficient. They are necessary to facilitate the purification process, but not sufficient for the awakening. Only total self-surrender leads to the latter, and at this point everyone must decide who and what is the entity to whom he/she surrenders himself/herself, because that is what he/she will serve! Here I would like to point out that certain entities of the spiritual world do not lie to us any less than we humans lie to each other. And lying people attract lying beings to themselves, because that is the law of attraction.

Theorem 5. For people who are fully committed to God, the awakening of Kundalini is completely harmless, because they receive it for their service to perform specific tasks. Even then, however, there may be cleansing processes that test the practitioner.

The series of courses that UCCA offers (spiritual self-knowledge training and later the Yoga School) provide a solid foundation for those who are interested in this power.

Reflections on Osho's "Tantra: The Ultimate Understanding"

Once, about 15 years ago, I started reading the book. What I first noticed was that although all the ideas seemed familiar, and I could identify with most of them, I could hardly recall a single sentence. OK. I thought, the teaching must be too high. The author himself repeatedly emphasizes that it is a very high teaching, and I'm obviously still busy with understanding the little ones. Now I've run through the material

again. I think of myself that I practicing yoga and tantra together, merging what the author sees as separate paths. That is why I have decided to include Osho's teachings in my planned theme for the UCCA Yoga School "Deriving Tantra from Patanjali's Yoga Sutras". This book was a good starting point, since the author has declared himself to be an eminent authority on tantra and the ultimate understanding.

For me, it is no problem, after reading, say, a hundred pages in a day, to recall the content of e.g. the Vedic scriptures or the Bible. However, I could not manage with Osho's work this time either. After reading about twenty pages, I was not able to recall a single word. Reflecting on this, the first thing I realized was that the work was not sufficiently structured. Osho himself acknowledges this. He says: 'I speak in metaphors'. And that is the language of poetry. This explanation did not satisfy me either. For me, the language of poetry should not be an obstacle, even after 20-30 years I quote poems that I have read a few times. The content should not be an obstacle either, since every sentence is familiar to me from somewhere. And then came the recognition. This text is EMPTY. There is no personality, no power, no energy behind it. That's why it doesn't pass. It is similar to a raisin loaf in which raisins are few and rare, and the loaf is not very filling either, it is mainly filled with an airy emptiness. It is still an enjoyable read, and even when reading it, it gives a feeling of satiety, it confirms what one would like to hear: for example, *'you don't need to exert effort'*, *'it is useless to be active'*, *'don't seek anything, because you have already achieved what you seek'*. These are that part-truth slogans what give one satisfaction. But when we put it down, a sense of lack appears. The transcendental hunger! Then I found out his way of working. *'Be like an empty bamboo reed'*, the author says, quoting Tilopa, and he did just that. He wrote down everything that currently entered his mind from the primordial soup that is the intellectual field of all mankind, and poured it out unstructured on the reader, as if it were indeed automatic writing. All the while, he is not the least bit bothered by the fact that two paragraphs later he contradicts his former self. Why should it? If it bothers you, you'll sort it out.

Those, in whom resistance has aroused by what I have described so far, have obviously developed an attachment to Osho's writing, however, the reduction of attachments is one of the main pillars of the

book. So, if we want to proceed in the spirit of the book, we must continue to analyze this work impartially.

According to Osho, there are two types of thinking, one is logical and the other is intuitive. I think there is a third type, namely which combines these two. Osho is right to see that logical thinking is an obstacle because it moves along patterns, but so is the purely intuitive thinking. Namely, because after the instinctive experience, without logic, the experiencer is unable to understand, tell, compare what he/she experienced with the experiences of others. Osho himself goes on at length about how difficult it is to put anything into words. However, in my experience, this can be done effortlessly for others. The self-proclaimed Christs, the apparently enlightened are born as a result of instinctive, misunderstood experiences. Osho says that when you use the mind, always listen, don't identify with it, be alert! But if you want to have a mystical experience, then put your vigilance aside and surrender. Well, the mind is very good at pretending that you are the Christ, or that you are enlightened, or that you have awakened kundalini, if that's your desire. Then if you calm down in that, that is your failure. Osho gives an example to this, but he doesn't apply it to himself. Why?

I state that self-observation, self-examination (vigilance) from the highest state of consciousness available to you at the time, must not be abandoned under any circumstances!

Osho says that where yoga ends, tantra begins. It is true that yogis and tantrics like to distance themselves from one another from time to time, but to elevate this to a cosmic truth I would not recommend even to Osho. According to Osho, yoga is an effort for a goal, while tantra is a self-surrender to an experience. **I think yoga is the harmony of effort and devotion (surrender).** Patanjali, for example, says that concentration (dharana) is effort, while meditation (dhyana) is release, and samadhi is both. How can these two be achieved together? Well, that is the secret worth exploring. Excellent yogis have existed in that state of detachment, that natural state, which perfectly exhausts the Tantric definition of egolessness. For example, Sukadeva Gosvami, who could neither read nor write, lived in the forest, walked naked, was considered insane in appearance, although he was one of the greatest sages. Sukadeva's recorded words are known from the Bhagavata Purana, his words were the worship of the Supreme Lord,

not hymns in praise of emptiness, such as Tilopa's. In other words, **the realization of egolessness is not the same as the experience of emptiness.** Let us not confuse these two!

But who is this Tilopa, the representative of the Mahayana path of Buddhism, who has realized the Mahamudra (the basis, the path and the goal) by which instant enlightenment can be achieved? And now this is not the official Buddhist position or the teachings of Osho, but the way I see their situation.

To understand it, we have to go back a little bit to Buddha and Hinduism, from which Buddha started. Hinduism is based on three pillars (axioms) which need no further justification. Eternal are the Atman, the Brahman, and the Dharma. (Materialism is based on a single axiom of the eternity of matter, from which it derives everything. The axiom is a fundamental truth whose veracity is pointless to argue about within the given system.) The Dharma means the system of principles (rules of the game) that drives the Universe, when you escape (understand) its influence, you will experience the unity of Atman-Brahman. This is the end of the path. It is clear that it makes sense to build a philosophy on as few axioms as possible. Therefore, the Buddha said, let us examine whether the three principles are really eternal. Can we ascertain their truth content by experience or deduction? He started to dismantle himself into elements (hence originates the example of dismantling the chariot) and found no eternal part in himself, so he rejected the eternity of the Atman. In this case, however, Brahman is also lost. For Brahman is experienced only through Atman, Atman being the link to Brahman. Thus, one axiom remains: Dharma is eternal. Once you are out of its influence, the only reality that can be experienced is emptiness. On the basis of Osho's view, Buddha cannot be called tantric, because he arrived at the conclusion with crystal clear logic: there is no god, we contemplate the movements of Dharma, when it no longer affects us, we are in a state of emptiness. This gives us a tremendous experience of freedom, we owe nothing to anyone, there is no god to serve, we are independent, we have entered the abode without buttress... I will refrain from interpreting nirvana in this paper as it requires further reflection.

Tilopa says: *"Emptiness needs no support, the mahamudra rests on nothing. Without any effort, rather loosely and naturally, barriers can be broken down - thus freedom becomes attainable."*

So, Tilopa is revealing that there is a vacancy without buttress in the Universe. In it, effortless and unconstrained awareness can be experienced. In these two sentences, that is all he says and no more. What follows is my explanation.

Imagine that we are launched into the space in a spacesuit without being affected by the forces of any center of mass (Earth, Moon, Sun, etc.). We are floating in a vacuum, neither maintaining our awareness nor changing our position requires any effort. Of course, the fear of death takes hold of humans if one is attached to a physical body. But in a buddhi body, when we don't need food, oxygen, etc., it is a real experience of freedom. We fill the vacancy with our consciousness, that is, as far as we extend, we are surrounded by our own consciousness, which seems unlimited in this way, we feel ourselves well, we feel no urge to think anything, no impacts flow in or out. All around us there is the full cycle of Creation, but we have nothing to do with it, we have withdrawn from it, it no longer belongs to us, we can remain in this state of undisturbed tranquility for an unlimited period of time.

But the fact is that this living through also comes from desire. Here the desire is to withdraw from creation. And the satisfaction of selfish desires is only possible in illusion. Why is this an illusion, even though it is an experiencing reality? For the same reason that the material universe is reality, it is an illusion at the same time. It is reality while we are in it and illusion when we have left it. The force that moves creation (samsara) is inhomogeneous, there are condensations in it, these are the lines of force along which creation moves. The force that sustains creation is a homogeneous field. The field between the intersecting lines of force therefore appears to be empty, since it does not carry any information that sets it in motion. If we don't want to move along any lines of force, we have to look for an empty space between the lines of force. The lines of force are moving, but because we are trapped between them, we move with them. So, moving does not require effort. We use this homogeneous sustaining field, unconsciously, as a source of energy to maintain our consciousness. This homogeneous field is love. So, love allows us to withdraw from

the game, it respects our freedom. But for how long? For apparently eternity. But once the withdrawal of Creation begins, everything starts flowing towards the Source. The lines of force are getting stronger, the vacancies are getting narrower, the effect of the lines of force is getting more and more tense, and finally they push us into a defined direction. This is a forced path already. The most conscious ones reach the Source of their own free will, before the phase of Creation forces them to do so. For compulsion is no longer free, and under the influence of compulsion, the state without buttress cannot be maintained. But this is still a long way off.

If Tilopa were in such a vacancy, he would have the same experience as described above. He would not be available then either. He is not annihilated, only a purified part of his consciousness has entered this abode without buttress. The rest of his consciousness was shattered into pieces in the moment of physical death (the dismantling of the chariot). Such a fragmented piece could be born into the physical body as Osho, to unite the fragmented parts and return to Tilopa with new insights. When the return happens, Tilopa will decide how to proceed. For the time being, however, the reunification has not been achieved, despite Osho's cosmic orgasm.

I trust that my analysis will help for all my parts to an even deeper recognition.

OSHO HAS TRUTH (... and so am I)

I took the book with me on holiday to finish it. I thought, for all its controversial nature, it would still be more uplifting as the other activities we used to do on holiday, and I was right. Halfway through the book, I was not at all bothered by the contradictions, in fact I let myself drift along with the author on the waves of contradictions. It seemed as if he was walking around an issue from each side - the essence of which he could not adequately grasp - and this inevitably gave rise to apparent contradictions.

Somewhere towards the end of the book, a trick was revealed. **Osho writes that he never wrote a book.** He even gives the reasons why. Because he has nothing to say about anything. If he has no specific people to address, he has no thoughts to write down. This is the essence of the emptiness consciousness. So, how was this book

written? If he has remained consequent with himself, then he really did not write this book (or the others). The possible explanation is that his followers edited his books from his free lectures, who did not even have the respect for the readers to note at the beginning of the book that this book is a verbatim (or edited) publication of the lecture given at such and such a time. But then it is perfectly understandable why it has no structure and why it is diffuse. We are listeners to a free lecture. Moreover, the narrative was determined by the mind content, intellectual level and receptivity of the audience at the time. Hence the circumlocutions, the repetitions, the contradictions.

Somewhere around the two-thirds of the way through the book I become "enlightened". I read Osho to understand what he represents in the Universe. Although I study the scriptures and many of the related literature regularly, these are only benchmarks for me as I go on my own inner journey. I examine how others have experienced reality. When he wrote about being like a mirror, he was pointing to the realization of what he embodied. To be clear, I will explain the analogy. Wandering in samsara (cycle of life) can be seen as chaining to the law of effect-counteraction (action-reaction). I have already written about this in a previous poem:

*All material qualities, whether living or inanimate presently,
is chained by the law of action and reaction incessantly."*

So, if we eliminate the counteraction, we get out of the samsara. An effect comes, we don't respond to it, we don't interact with it, we just reflect it. That's essentially what he explains throughout his book, just in different words. This requires that we have neither rejections nor attractions, that we don't take sides with either the positive or the negative, that we just observe the samsara from a state of higher consciousness without participating in it. I actually teach this in my self-knowledge trainings, and even I give some techniques on how to do it.

For a more complete understanding, let's now consider all the possibilities of the interaction between matter and light. How can matter react to light?

- 1) total light absorption,
- 2) full light transmission,

- 3) full mirroring,
- 4) partial absorption of light, a) transmission of excess, b) reflection of excess,
- 5) total (or partial) light absorption, a) unchanged b) changed light emission.

Now substitute man for matter (microcosm) and any external effect for light (macrocosm). We get the same possibilities. Osho says that we can get out of samsara by choosing option 3, which is the highest realization. So, the highest teaching that Osho, referring to Tilopa, intends to present in the book is that when one attains enlightenment, from then on one no longer takes in any effects, because one does not need them (having perfection), but interacts with the environment by reflecting back all effects as not being of concern to oneself, but belongs to the originator of the effect. My opinion is that all five interactions can be perfectly achieved. In fact, the most perfect realization of the unity of the microcosm and the macrocosm is when one can take part any of the interactions, depending on the task. When I write these lines, I am using option 5, so I am accepting a teaching and then reinterpreting it and that is what Osho did in his book. It will be perfect if the reinterpretation does not take away from the original teaching but adds to it, complements it, makes it more complete.

For decades I have been studying the life paths, teachings and experiences of various saints, mystics and enlightened beings, and most of them claim that theirs is the one and only, or at least the highest, realization. This draws attention to some important points.

1) If something is the highest, then it is the end of the road and the limit, but God cannot be limited because He is infinite.

2) If one goes out of the microcosm through one gate into the macrocosm, one does not come back to see what happens if one goes out through another gate, and is therefore remains in the realization that there is only one way out, the way one left. This is true not only of enlightenment, but also of religious paths (the one we take is the only true path). This is due to the limitations of human consciousness.

3) For me, the greatest teachings were given by those who summarized the possible paths (gateways): Patanjali, Krishna (by Krishna's teaching I do not mean the narrow path represented by the

church of Krishna consciousness, the International Society for Krishna Consciousness)

4) There are world teachers who narrow down (specify) a broad path for a community (Krishna's teaching was first narrowed down by Caitanya, then his teaching was further narrowed down by Prabhupada).

5) There are world teachers who open a narrow path wide enough for many to walk on, opening a new dimension: Jesus, Buddha.

6) There are enlightened ones who find a hitherto unexplored doorway and demonstrate it to the world, e.g. Tilopa (and many others). There is not much point in comparing them to each other, because they have shown, in different times, to different communities, in different situations, a small or large slice of the Ultimate Truth. Our task is to find the system that best suits our personality, and for that we need openness and acceptance.

Let us now focus on Tilopa's song, which Osho intends to explain. What Tilopa is telling his disciple has already been told to others in different words. True, Tilopa came to this knowledge through his own inner realization, not by studying scriptures or from others. He gives his disciple a concise summary of his own insights as a personal teaching, which in this intimate relationship is addressed to the disciple and no one else. **Osho, on the other hand**, takes this intimate teaching as a starting point for an **attempt to widen the path**, in the course of which a number of disputable and even misleading statements are made, all of which give the reader the impression that they are Tilopa's teachings. Let us consider the most critical points of the explanation:

1) Principle: 'do nothing, practice nothing, be natural'

It is an illusion! For our current culture, there is no such thing as doing nothing. If you meditate on nothing (emptiness), you are still doing something. Rather than getting attached to "I must do nothing", do meaningful, well-constructed practices what you can release if you're going to be there. True, Jesus' disciples didn't practice anything, they just did their thing. But they had the opportunity to be constantly present in the consciousness of a world teacher. This is a special opportunity that is not given now, just as it is not given to be always in the presence of a truly enlightened master. Some may indeed retreat to an ashram to experience this, but the majority could not retreat even

if they wanted to because there are not that many ashrams in the world. Also, there are rules in the ashrams, most of them quite strict, which do not allow the natural way of life preferred by Osho. Residents have to get up at dawn, perform various tasks at fixed times to maintain the ashram, and can only follow the system's approach. The present ashrams, therefore, allow only the head master to lead a natural life, and he has to follow the rules by example. The rest, if they want to achieve free presence in an ashram, have to pay serious amount of money, which they have to earn outside, in society. You can't go to the forest either, because every forest is owned by someone, and you won't be alone there, you will have fellows, the homeless. The realization of the natural way of life was already rejected in Rousseau's time, it is a pity to bring up the subject again. Even a fraction of the eight billion people cannot live natural life on this planet; if we consider only the bowl emptying, the system will fail.

2) Contrasting the approaches of yoga and tantra

I myself was a tantric for the first decade of my inner journey, without having any idea of it. This is because the tantric path does not require any external knowledge. Since I had no external knowledge, I had no choice. My own inner experience was the basis of my development. I switched to yoga when I got tired of the fluctuation between plus infinity and minus infinity from moment to moment. I realized that this western type of civilization we live in cannot treat the first post-satori 'madness' that Osho writes about also. Western civilization interprets this phenomenon as a psychiatric condition. I have recognized that yoga has balancing effect and therefore essential if one wants to integrate into society. It is not important in India, and it is not important for Osho, but it is IMPORTANT for you who are reading my book, because there is no ashram or community here at the moment that will accept you. Neither your family nor the society nor the doctors will understand what is happening to you. In our culture, everyone is trying to get rid of the "mad", they put them in an institution, take care of them, deprive them of their freedom and treat with drugs them. You don't need to try it, I know, my Buddhist tantric master tried it. Seeing this, I started looking for a different approach, a yoga master, a religious community. By then, the tantric approach had soaked me to the point that I didn't fit into anywhere because I was negating all the rules. And nobody likes that nowhere. Fortunately, the

enlightened masters of the spiritual world are very gracious. Then I started to pray to Paramahansa Yogananda, because he was the most sympathetic yogi to me. After some time, I have found audition, and so happened that he gave me the guru mantra of Yukteswar Giri, who accepted me as a disciple, even though he is not a tantric himself. The second decade of my inner journey has been dedicated to yoga. Yoga and Tantra are two approaches to the same Ultimate Truth. In one who is truly self-realized, the difference disappears.

3) The problem of managing the ego (mind)

Some tantric masters have had their disciple delete their ego by focusing the inner energies before the disciples have found their own higher consciousness or have connected to the Cosmic Mind. This is why "madness" occurs. With the erasure of the ego program, the self-identification center is lost. This is the state of egolessness. This state makes the disciple a completely helpless puppet who can seldom come out of it by his/her own efforts. Fortunately, I experienced it when I was already on the path of yoga and had developed higher centers of consciousness. At this point, the "jump into nothingness" that Osho suggests is both totally unnecessary and dangerous. A bridge over the abyss can be built. As a Tantric, I have felt the abyss and the urge to jump too. Moving along the yogic path, first a bridge with handrails (rules) appeared, then moving on the handrail disappeared, later the bridge disappeared and floating remained ("...the mahamudra rests on nothing", says Tilopa), but this is not the end of the realization.

4) Mixing the external and internal paths

Osho intends to make the inner teachings of an enlightened master (Tilopa) more widely known, i.e. to make them into outer teachings, and therefore he reveals some of the connections in Tilopa's song. What is described in the book represents an external teaching, which is intended to attract disciples by showing that he knows the Truth, but the inner teaching remains hidden from the average reader. He does not make it clear that there is an outer way and an inner way. Let it be clear that who follows religious principles, rules, practices, rituals, is on the outer path. The external way is for everyone. One begins to walk on the inner path when one makes inner self-discovery the main means of self-realization. At a certain point this makes attachment to external rules superfluous. So, when Osho criticizes yogis, priests, holy men, he is actually trying to draw the attention of those who walk

the outer path to the importance of the inner path. By walking on the outer path, you cannot realize God, Over-Self, Truth, Oneness. Sooner or later, one must turn inwards towards inner realization. Turning inwards requires only a decision and can be done anywhere. He/she who remains on the outer path will not understand the essence even if he/she retires alone into the forest. In the UCCA Yoga School, we learn to contemplate the outer world, to conduct inner contemplation according to the same principles, and then to alternate the two, and the moment comes when it is realized that these two are identical. It is not enough to know this, it has to be lived. This is the first level.

5) The problem of ultimate truth

A certain Truth was realized by Buddha, another by Tilopa, another by Osho, they will meet once in infinity, just like parallels. I think it is foolish to jump into the emptiness without a clear definition of the goal, although that is the point of Osho's tantra. Don't search for Truth, jump into the emptiness and you will see! Hindu tantrics have a different view on the Ultimate Truth than Buddhist tantrics. The difference, therefore, lies not in the teachings of Tantra or Yoga, but in the Buddhist and Hindu understanding of the Ultimate Truth. The Buddhist tantric says to empty your mind completely before you jump so that no mind content can affect you in the final experience, and the Hindu says to concentrate on the aspect of God you want to realize.

So, the question is: **Does the last archetypal idea pattern left in the mind determine the Ultimate Truth after enlightenment or not?**

In principle, no, because at the moment of enlightenment all mental content is erased, and in practice, the enlightenment experiences we have at the moment show that it does. In other words, at the moment of enlightenment, everyone experiences what is the last mind content. Krishna predicted this:

"Whatever state of being one remembers when leaving his/her body, that is what he/she will undoubtedly attain." (Bhagavad Gita.8.5.). And enlightenment is just like death, it is essentially a conscious leaving of the body. Yet not everyone who leaves his/her body becomes enlightened, because the level of consciousness developed determines the quality of the experience. Divine archetypes (idea-models) that can be experienced in the mind are part of the world of the samsara gods. They provide the link to the divine forms of the

macrocosm. If the archetypes are deleted, there is no connection to the god-form of the macrocosm, so only the experience of emptiness, primordial light or dharma is possible, depending on the level of consciousness. If we retain at least one chosen archetype, then the Atman will, at the moment of leaving the body, connect us – through the active connection – with the deity form defined by the archetype.

Only by erasing the ego, emptying the mind, and other practices, the ultimate illusion cannot be overcome. The UCCA interpretation of Tilopa's teachings, and the answers to the open questions, will then be given in the UCCA Yoga School.

What is the enlightenment and how can it be achieved?

There are those who seek the answer to the question, and some will seek it later... There are those who seek enlightenment and those who seek God... There are those who serve themselves or others, and there are those who want to serve God... If someone says that he/she serves God, is he/she enlightened? If someone says that he/she has realized God, is he/she enlightened? If he/she says that God appeared to him/her, is he/she enlightened?

Let's pour clean water into the glass to see more clearly! The answer to the above propositions is by no means simplistic. All these are mind games in the realm of illusion. So, is there God or not, and if there is, then where is He, who is He and what does He want from us? There are a thousand possible answers to these questions, let's approach the questions differently!

Let's find what is common in enlightenment, God-realization and service? The **Oneness** with something or someone. From there, we just need to find with whom or with what do we want to be united? We can seek oneness with ourselves, with others (or a group) or with God (or parts of God).

Imagine you want to enter a building through a door, but you don't have a key to the door. The different religions and paths are meant to provide a kind of key. Many times, the key we receive does not open the door we are standing in front of. So, we either start looking for another key or another door. This is called searching for a way, this is

why we go to a different teacher or convert to another religion. Because there are several doors to enter the unity. If that is the case, then we should stop looking for the door and start to look for the master key that opens any door!

Some people see love, some see service and some see awareness as the guiding key. If we choose love, then the further question is, who do we love? Everyone? Okay, but what does it mean to love and how to love correctly? The same goes for service. Who do we serve? Everyone? Okay, but how do we serve rightly? Do I love and serve my dog and be its subordinate? Christianity, Krishna, Islam says the same thing, love and serve your God! This is the guiding principle (guiding key). Buddhism says, follow the highest consciousness! That is the guiding principle (guiding key)! So, we have the key, but where is the door? Who and what is God, and what is the highest consciousness if it is not God?

For millennia, countless people have followed a religious path, died a martyr's death for their religious beliefs, killed others for their religious beliefs, all the while failing to reach the Oneness. So, even though one knows the guiding principle, he/she cannot open the door. This is because people do not follow or misunderstand the guiding principle.

Here and now, we publish the UCCA guiding principle and its user guide, the guiding key. If you are having difficulties, we recommend you take some basic courses with us.

Guiding principles and the key to achieve Unity

1. The principle of gradual progress from the outside in and from the inside out

- If you want to enter the innermost room of a house, you have to open the front door first, and then the rest until you reach the door of the central room. If you act like a burglar who tries to go through the chimney or break down the door, you will hurt yourself. In the same way, if you want to get out, you must pass through all the doors to the exit. Remember, it's your house, you have the right to enter anywhere in it, and everything is unlocked by the guiding key.

- First put order in yourself, then in your room, then in your house, your garden, your street, your city, your country, the Earth. If you act

like the religious and secular leaders who want to put order on Earth first, without having done so in themselves, you will lose your position. If you get into a place (family, workplace, city, country) where there is more order than within you, then create the same order within yourself, otherwise you will lose the place you got into and you will be like the migrants who will be deported because they could not integrate into the community.

2. The principle of gradual progression from the bottom up and from the top down

- First learn to understand, accept and love yourself, then your family, then your co-workers, your people, the inhabitants of the Earth, the beings of the spiritual world, leave God to the end, He can wait until you get there. Otherwise, you will be like the priests, who are always imploring God, but who let the people support them, while they do not love them. They will certainly lose the trust of the people!

- Once you have experienced God's love, know that you must give love downwards, to where there is a lack. All that flows to you from above you must first incorporate into yourself before you pass it on. If you do not, you will lose your credibility. Everything that flows towards you, keep it flowing downwards, learn to distribute it. If there is no flow, the process stops.

- On the other hand, you can only give everyone as much as they can handle, be it money, power, knowledge or love, because they cannot accept the surplus, they will waste it or abuse it. Always pay attention to the process, be present in the flow!

3. The principle of counteraction (the principle of breaking karma and creation)

- If an effect is flowing towards you, you have something to do with it! What you attract to you that are you! As long as you distance yourself from something, you are far from Unity. Until you let it in yourself, you don't know what is your task with it. Let it in to change you, then turn it back to create change! In Unity there is no who judges and there is no whom is judged...

- What you attract, share with those you find worthy. Whatever you create, you create for others, because you do it for the process, not the result, so you no longer need the result of your creation. Whatever you create, share it with those who can continue to create it. The one who destroys (himself/herself or others) cannot enter your garden, neither

on Earth nor in Paradise. The only justification for destruction is if the goal is to produce a more perfect creation. If there are pests in your garden, you are free to destroy them, provided you can lead them to a higher form of existence, i.e. you can only kill without retroaction if you lead the creatures to a higher form of existence. In fact, you cannot kill anyone, only temporarily prevent them from being active in that form of existence. This can be done at all levels of Creation, but it is used only as a last resort. Rather, the keeping away unauthorized entities is chosen as a solution. You don't have to live in unity with someone who doesn't want to live in unity with you. Everybody excludes himself/herself of his/her own free will.

The master key (so that you can live the principles)

Doctors call it split consciousness, a condition in which someone recognizes multiple personalities within themselves, even though the whole of civilization on Earth is suffering from schizophrenia. This is the basic state of human on Earth. Awakening to this is an opportunity to be cured of split consciousness. There are several layers of personality hidden in everyone. Those, who recognize only one of these are called normal, while those who recognize the other personalities, are called insane. Enlightenment is a cure from this terrestrial schizophrenia. Enlightenment is a state of experienced oneness. With whom do you have to experience oneness? With yourself! Thus, what you create inside, is created outside.

The exercise:

At least once a day (preferably in the evening before going to bed), but it is better several times a day;

1. Focus on the ego center and say, "I connect the ego center with the causal center of consciousness. The ego center's job is to control my physical body under the supervision of the causal center."

2. Focus on the causal center of consciousness and say, "I connect the causal center of consciousness with the buddhi center of consciousness. The causal center's job is to guide my mind during my terrestrial existence under the supervision of the buddhi center of consciousness."

3A. Focus on the buddhi center of consciousness and say, "I connect the buddhi center of consciousness with the atman center of consciousness. The buddhi center is to serve the atman and to develop under the supervision of the atman."

4A. Concentrate on the atman center of consciousness and say, "I bow to the aspect of God from which I originate, serving Him with complete devotion and awareness."

You also need to create unity between your male and female aspects. The atman is neutral, in buddhi they are in the greatest unity, in the causal they are separated but cooperating, in the ego they are competing with each other or trying to suppress each other. Therefore, it is useful to complete the third point. You should only make this addition if you want to manifest yourself in the material world as a male or a female. If you are male, you put your feminine aspect in the background, giving your female partner space to express herself, and vice versa. If you want to be neutral, then the complement is unnecessary.

3B. After point 3A., you say, "My male and female personality layers are in complete balance, but they can function separately in harmony with one another."

With this mantra, you create unity within yourself between the different personality layers, and order them to subordinate under each other according to their functions. You are the atman, but if you cannot live it yet, you must give a role to your lower personality layers. Since you assign them the task, they will not overstep their authority. The atman has the same quality as God, it is one with God, not separate from Him. You have come here because you wanted to know yourself in a state separate from God, and you wanted to develop a buddhi consciousness that is capable of specific service. You cannot yet know from which part of God you, as an atman, have broken away. Accept where you have come from and you will return there with lived experiences. Once you know which form of God you wish to realize, which aspect you wish to serve, you can subordinate the atman to it. In that case, modify point 4A. in this way:

4B. Concentrate on the atman center of consciousness and say, "I bow to the (...) aspect of God, serving Him with full devotion and awareness." If you are Buddhist, put Buddha, if you are Siva believer,

put Siva, if you are Christ believer, put Christ, if you are Muslim, put Allah, if you are a Krishna believer, you put Krishna, if you are Jewish, put JHVH on the place of the aspect. If your atman is unsatisfied with your mantra, it will signal you anyway, and you will change the text.

In addition, that you create unity with the parts of yourself, through the practice, you are fulfilling all the three of listed principles. So, it cannot happen with you which is with some yogis or monks, for example, who reject their bodies and, although they are able to reach great spiritual heights, suffer from physical ailments. The duality in your attitude will be eliminated, this creates the full understanding, acceptance and love of yourself, enabling you to understand, accept and love others. Because of the principle of gradual progress, you move at a speed only what you can tolerate.

The effectiveness of the practice is prominent only if you have developed these centers of awareness and learned to focus on them. If not, we recommend that you take UCCA's self-knowledge training. Once you have established unity within yourself (as a microcosm), you can then begin to work on achieving the same at the level of the macrocosm. This is possible on Earth, but also beyond it. In the UCC Realm there are several masters who have realized Unity at the macrocosmic level after their death.

If you have received this teaching, you are in union with me and with all those with whom I am in union.

Welcome, you are appreciated!

The Spiritual Realm of the Universal Christ Consciousness (UCC) (hereinafter referred to as Realm)

The place and role of the Realm

The center of spiritual realm of the UCC is located in high Eden, but the boundaries of realm itself extend downwards into low Eden (and even below till the Earth) and upwards into low Heaven and even higher (till Transcendental Level). The development of this realm began in 2017 and it was gradually expanded. The boundaries of the Realm are guarded by energy walls. Access is possible through energy gates, by some leader of the Realm, or a delegated servant of the Realm, who introduce the soul of the deceased to this plane of existence or by angels if the soul of the deceased follows them. Persons living in physical body can enter through meditation if they have been authorized (initiated) to do so, or if they know the password (multiple passwords are possible), or if they are able to enter based on their inner knowledge. All the services of the Realm are available to anyone who has been authorized to enter, whether in a physical body or another body.

This Realm was created to allow souls to continue their development without being born on a physical level, and therefore the Realm can best be compared to a boarding school on a high spiritual plane. The school trains souls at different levels, so it is also possible to descend into the material world if the soul insists on physically experiencing certain desires. In this case, the realm is a temporary home for the soul while it prepares for its next incarnation. If a soul no longer needs to experience the physical plane, one can ascend with the Realm or, in the case of faster development, precede it. The limitation will be experienced to this only within oneself.

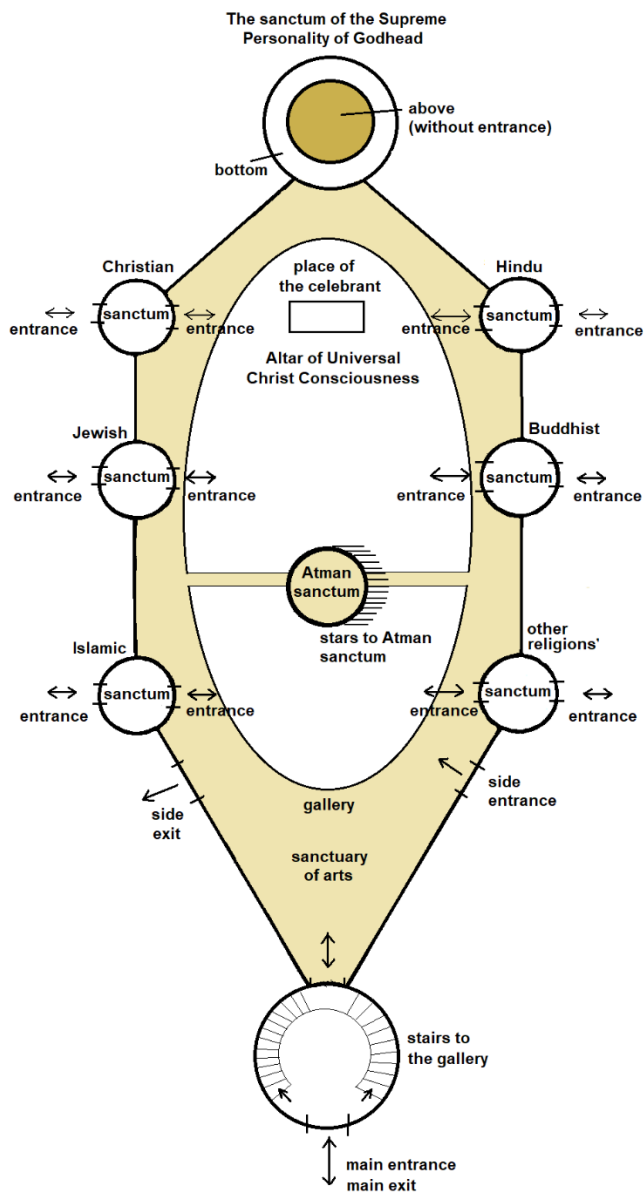
In the Realm there are still present the perceptions accustomed to the physical plane, i.e. the objects of the five senses: forms (touch), tastes (tongue), smells (nose), sight (eye), hearing (ear). What is different, however, from earthly conditions is that these are manifested in a completely purified form outside the individual, thanks to the high

entities assisting the Realm. Consequently, in the Realm, it is easier to purify the senses, because any perceived contamination can only come from the observer, who thus immediately perceives that the fault lies within himself/herself.

The construction of the Realm

Let us enter the Realm! Upon entering, we will first notice a domed building that stands out from the rest. This is the Temple of All Religions. Going straight through the main entrance on the ground floor, we will see the central altar. This altar is addressed to the Supreme Personality of Godhead. To the right (if our backs are turned to the altar) and towards the exit are the shrines of the Christian, Jewish and Muslim religions. The Christian shrine is decorated with crucifixes and holy images, the Jewish and Muslim ones are unadorned. Each sanctuary is separate from the central hall and has its own entrance from the outside, but can also be opened into the central hall. Moving outwards to the left of the central shrine, one can see the shrine of Siva, then Buddha, and finally the last shrine represents the other religions. To the right and left of the main entrance are stairs leading up to the gallery. Above each shrine in the gallery is a meditation room, to which the practitioner can retreat in order to meditate on the aspect of the deity appropriate to the religion. In the middle of the gallery, under the dome, is the Atman shrine. It can be accessed by a spiral staircase leading up from the ground floor. From the gallery, a spiral staircase continues to a door in the side of the dome leading to the open air. Outside, the dome is surrounded by a balcony with a magnificent view of the entire Realm.

We are now standing in the church garden, with our backs to the main entrance. In the garden, palm trees and pine trees alternate with colorful flowerbeds of flowers of all colors and varieties. As there is no weather or seasons, all the plants bloom at the same time and continuously, and although they bear fruit, they never die. Walking through the trees, you come to a huge square with a golden pond in the middle. The golden lake is fed by three rivers: the pink river of cosmic love, the bronze river of transcendental service, and the silver river of divine perfection meet here and flow together to form a



golden river. Around the lake, white marble steps lead down to the water. A little further away from the golden lake, three more lakes can be observed, created by the outflow of rivers. They are also lined with white marble steps. The lakes are used for bathing by those who wish to incorporate the information content of one of the three initiation paths to God-realization and to realize it to the fullest extent.

The revitalization units are located in the area to the left of the temple. This is where the deceased who are freshly arrived in the Realm are placed. In these units they can rest from the trauma of death, illness and existence in the bardo. They are assisted by healers in dealing with these traumas. Healing is the cleansing of the astral-mental body using divine energy, information input (homeopathy) and Ayurvedic methods. A special healing lake is also available for healing. Although there is no need for food or drink in this Realm, we maintain a relative form of nourishment because of the illusion of newly arriving evolving souls. In the far reaches of the Realm is an herb garden, and our servants (caretakers of the Realm) prepare medicinal potions and medicinal foods from these herbs. The purpose of all diets is to incorporate and assimilate the principle that the herb represents. Once the astral-mental body has been restored, souls are educated to work through the misguided programs of their previous lives and, if necessary, to develop a new life program. While this process is taking place, they are free to choose from the activities that take place in the Realm. They can acquire the necessary skills through tutoring or self-training.

The self-improvement units are located in the area to the right of the church. On the ground floor of a huge building there is a huge library with terminals where all the existing worldly, intellectual and spiritual knowledge can be accessed. Upstairs, several counselling services have been set up where, under the guidance of trained souls, evolving souls can receive guidance on the laws of the Realm, the behaviors and opportunities here, and questions about their future life tasks. Anyone can sit down at the terminals and use them, but they will only be given access to the knowledge they need and sufficient for them at the time.

In the area behind the church, on the opposite side of the three lakes, is the Forum. It is a colonnade connected by a hanging garden.

The hanging garden divides the Forum into sections, creating smaller and larger spaces that function as communal, social areas. Here, various performances and exhibitions take place. Everyone can show the community the knowledge or skills they have developed. Music, visual arts, science and spiritual presentations and performances will also be given space. Souls who wish to present themselves will post an announcement on the Realm in thought what they intend to present, and then wait on the spot for participants to arrive. The personal participation is only relevant for developing souls, more advanced souls can watch the show on video without in-person participation. The video service is, of course, conducted without technical means by mere thoughtful attunement, a skill that must be acquired. If evolving souls cannot do this yet, they must be present if they want to utilize benefit of the performance. Guest speakers, who are not inhabitants of this Realm, may also present their knowledge at the Forum. This may be at the invitation of the leaders of the Realm or at the offer of the speaker. There is, however, one special feature of the Forum that we would like to draw to everyone's attention. Those who intend to present themselves at this Forum should expect that their own inappropriate thoughts and actions, which are not compatible with the unity of the Realm, will sound in their minds as echo. This will help them to further develop their knowledge and skills. The students, on the other hand, do not receive the reflected information, so incorrect teaching does not result in karma for the teacher. In the center of the Forum is a deep blue pond of crystal-clear water with lotus flowers blooming. The pond is dedicated to the Supreme Personality of Godhead and His attendants (demigods, angels), so one who stays here and prays persistently, from time to time, may have the grace of experiencing God in His outside form, and may decide which aspect of God one is attracted to and which of them one wishes to serve.

Operation of the Realm

Recently, several souls of elevated spiritual level have joined us and entered the Realm to serve. They had already been on the path of Universal Christ Consciousness in previous lives, but as the time to organize the Realm was now, they were only just joining.

In the Realm, everything is created by thought and in the following, everybody is responsible for their creation. Self-contained creation can be pursued by those who are able to take the responsibility that comes with it. The rest of them can choose a creation process (project) that has already been started and stand behind it, helping to make it perform. However, everyone has the possibility to create living conditions for themselves (their own dwelling place, garden) to the extent that they are able. They can live in them alone or with companions. In these mini realms, he/she exercises and perfects his/her own creative capacity. These minor territories are located in areas away from the central units and they extend into low Eden. Transport can occur by thought, and for those who cannot, public air transport is provided between the central areas and the periphery.

In the Realm, animals are not present in the energy body, only in the form of idea patterns. Since the purpose of this Realm is really that to be school, everything here is for development. The aim is to purify the astral-mental body of all animal instincts patterns. The reception of animals would be to hinder this, and if we received them, we would be responsible for their uplifting. We, however, are concerned with the uplifting of ourselves, leaving the uplifting of animals to the Creator of the Universe. The Realm was created so that in it, without further physical incarnation, we could rise above our residual desires, and accordingly the goal is not to fulfill desires, but to eliminate them. Only the desire for God and service can remain in the minds of those who wish to exist here permanently. For the rest, we can only provide a temporary abode and prepare for their earthly incarnation. Yet if one were to create animals for oneself, this would drag one's consciousness back to lower planes of existence. If one were developing a sexual desire for a mate, both reciprocation and rejection results in that they would both have to be born into physical existence. The desire of others is only none of our task if we ignore or sublimate it.

Although there are leaders and led in the Realm, the hierarchical structure in the earthly sense is unknown. In Oneness there is no subordination and super ordination. Only those who can sustain themselves in the Realm by their own strength and rise with the Realm can be leaders in the Realm. To do this, one can use any means to purify oneself and to fill oneself with divine energy. One can meditate, pray, recite mantra, do yoga, and thus keep one's consciousness at the

right level. Evolving souls can remain residents of the Realm through the energetic assistance of masters. In return, they commit themselves to progress and serve the community of the Realm, i.e. they carry out the day-to-day activities, so that the leaders can ensure the spiritual upliftment of the Realm. In the Realm there is possibility for both spiritual ascent and descent. This means that one can rise faster than the Realm as a whole. This is certainly welcome, because if our companions are able to do this, their spiritual development will help the further development of the Realm in the long run. So, there is a self-regulating mechanism whereby the level of consciousness of souls will be proportional to the energy they put into their own development. One can also evolve through service, so if one does not seek to raise consciousness, one can also rise through love and care.

Intermezzo

I have tried to integrate into several spiritual-religious communities, without success. I have now come to realize that these communities are all faithful reflections of society, and cannot function differently from the society what generates them. Finally, I decided that I was no longer going to sit on the school desk in the far from perfect real world, so I created my own spiritual community here and in the world of ideas, and I will leave for the latter at the end of my life. And if I enter there, I will open the door to anyone who wants to come in. From now, however, no one can complain if they don't like the world of ideas I have created, because they have the opportunity to create their own and to learn how to do it. And if they are unable to do so, and have to return to the material plane of existence, then let them keep very quiet and not complain what a soulless, evil world is this, and how unfortunate they are. And if one denies God, one denies oneself, and one who denies oneself is miserable. But, it is enough one pure sigh of longing for God, and we will go for you into the deepest pit of the world of illusion, called hell, and you will never perish.

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Now I would like to tell you how I met the people I asked to guide the Realm. Once, I was interested in a biographical novel in a Catholic bookshop, but I put it back because it didn't feel authentic enough. As

I was about to leave, the person the book was about descended and stood in front of me like a wall of energy, so I couldn't go any further. "What do you want from me?" – I asked in my thought. "Connection." – came the terse reply. I went back and bought the book to read about his life. It was clear to me from what was written in the book that he had already walked two of the three basic paths to God, and the third was the last step he did not have permission to take. Jesus said of Himself "I am the way..." He knew all three ways, it was not up to Him that He did not have someone to whom He could pass on His full knowledge, and so the chain of discipleship of Jesus was broken. This exalted disciple of Jesus sensed in me that I had the link to the last step of the third way, though not on the Jesus line. But I cannot say of myself that I am the way, for I am only a signpost. But if someone accepts my signpost, he/she can find the way and become the way himself/herself. I directed him to Mahavatar Babaji to develop his kundalini power in that community, which he could not bring to fruition in his last incarnation for lack of a proper master. I knew that he would return and serve in the Christian cultural circle. He is currently directing the monastic order.

I got to know the other leaders of the Realm through their books and meditating with them. I could identify with their approach perfectly. At our request, the angels connect us with those with whom we have a common mission. All of them happily accepted to serve in the Realm, as if they were fulfilling some secret dream they had been waiting for since time immemorial. I am in constant contact with them, I sense their call, and I tune into them. Some of them have already been reborn as members of the Realm, which means that they have changed energy bodies because the energy body they developed in their last life was not suitable for their service.

One may wonder, what is the need of me beside such high-level entities? I had a very interesting experience of this. They always ask for my consent before they start any activity. At first, I did not understand why. Then I realized that I embody for them the quality of woman. I represent, quite specifically, the forces that are necessary to create and keep in moving the Realm. Simply because I have been entrusted with this task by the Supreme Mother Goddess on the basis of my deepened relationship with the Mahavidya. She has placed the ten cosmic powers at my disposal to be used according to the divine

will. An exciting, soul-stirring task, and just right for me. It requires a balance and perfection of action and inaction. There is a very special relationship between inaction and action which only those who understand the concept of action without intention can understand. *"He who sees in action inaction and in inaction action is intelligent among men, and his position is transcendental, even though he does all kinds of actions."* (Bhagavad Gita 4.18.) I cannot say that I have created the Realm, yet without the energies I have channeled into it, it could not have come into being and could not function. This is the very essence of the cooperation of the feminine and masculine qualities, when the force and its mover are one. However, this force that moves the Realm is not mine, I can only ask for it to be available for a purpose.

The unity I experience with the leaders of the Realm is something special, what I have longed for since time immemorial. For the first time I feel truly valuable. It's all for one and one for all. It is a principle I set out to achieve when I was in high school, but I could find no one in the material world with whom I could mutually achieve it. We work to help each other reach as high as possible because we know that when we do, we will rise. How different this is from the individual competitive sphere of the material world, where people seek to mislead, discredit and crush each other, which of course causes their whole community to decline. On Earth, even religious communities are built on hierarchical principles, where unity is created by forcing the members of the community to represent the opinion of the actual leader. In reality, however, this is a violation of the principle of unity. But let us return to the functioning of the Realm.

There are two ways to enter the Realm after physical death. By the law of attraction, that is, the principles, or a person existing in the Realm attracts a person. Or by divine grace, when we help a soul lost in the bardo and he/she is lifted up into the Realm. In the latter case, he/she will not be conscious there for a long time, but will "sleep" in a kind of coma. It will take time for him/her to wake up, and our healers will work on him/her until then. When he/she wakes up, he/she will begin to be trained and become aware of where he/she is, how he/she got there and what his/her fate will be.

What happens if someone who enters this realm does not show a willingness to cooperate and accept the principles of operation? In that

case, he/she will sink energetically and there will be no one to hold him/her. Then his/her consciousness will sink to a lower plane of existence. It can happen that one makes an ignorant mistake. He/she should then endeavor to correct it as soon as possible and apologize to all those who have been inconvenienced. On the other hand, those who recognize the mistake will immediately rush to his/her aid to rectify it together. This is in the best interests of all the inhabitants of the Realm. It is natural for higher entities to help the Realm, but their aim is to make everyone self-realized sooner or later and to give him/her an independent task. The principles to be implemented by everyone in the Realm are mutual respect, patience, tolerance, endeavor, commitment to progress, knowledge and acceptance of cosmic laws. At the level of the leaders, cosmic love, cosmic tolerance, the practice of transcendental service, the desire for perfection, the living of cosmic laws.

At the moment, there are a number of unfilled roles in the Realm, so these are operating at limited capacity. There are almost only developing souls present, many still dormant, so UCC leaders are working at both levels. To fill these roles, we are looking for people still in physical bodies or who have passed on. The former is being trained here on the earth plane of existence so that they can take up their duties as soon as possible, and at the latest after death. To do this, they must complete the spiritual self-awareness training and the UCC yoga school. Even without this training, anyone who is drawn to this path can gain entry to the Realm. In this case, they can take on a guiding role following post-death training, subject to appropriate suitability.

When the Realm was founded, it never occurred to me what situations might arise in connection with its operation. The souls who were raised to the Realm in the first rounds after their death were unteachable. They were unable to evolve using any of the achievements of the Realm, they were practically unable to grasp any of the teachings or opportunities. We were forced to send them back to Earth after a short period of purification. Training could begin with about 10% of the souls who are now residents of the Realm. They will be the ones who will be born and become disciples of the UCC here on Earth. The 1% or so of souls who, without further descent, can remain permanent residents of the Realm because they have

understood the mechanisms of its operation. One can only imagine what might happen to those who could not even be raised to the Realm because they are not attracted to the light, and even turn away from it.

Although the Realm is light years away from divine perfection, it is far superior to earthly conditions. I would never have imagined that if one entered such a plane of existence and such a community, one would not feel comfortable there. People are always complaining about how much suffering and misery there is here on Earth. Here is an opportunity for them to get out of it, and they wish to go back to misery, they miss the suffering, the failure, the struggle, but especially the relatives they have a bond with. They are unable to understand that human relationships are only temporary partnerships that last for a few lifetimes, and that man's eternal bond with God should be sought. We have had people leave us because of this.

I must tell you that in such a case we will accompany the person to the entrance of the Realm, and from there he/she must continue his/her journey alone, and we will not take any further responsibility for him/her if he/she should lose his/her way. Even though the person is aware that he/she is no longer in a physical body, he/she still wants to go back to Earth to be with his/her loved ones. However, this can only be done for a short time as long as the loved ones feed their astral-mental body with life energy by remembering them. As the memories fade, the energy becomes less and less for the deceased and they sink into the darkness of their own unexplored unconscious world. The path from the Realm to Earth is not easy either, for there is no guiding light in that direction. The guardian angel can only lead upwards to the Realms of light. If one wants to go back, it is only possible, by a "legitimate" way, by processing one's life, facing oneself, working out new life tasks, choosing new parents. For all this, he/she receives effective help from the teachers of the Realm. He/she will then find the path to consciousness quickly in his/her next life and his/her progress will be rapid, or, in the case of a highly developed person, he/she may achieve a continuity of consciousness in his/her reborn body even from the moment of his/her birth. Conversely, if he/she places himself/herself outside the cosmic laws, his/her consciousness will gradually decrease, eventually losing it completely, and in this unconscious state he/she will fall into a body to be born, with parents who are themselves in the darkest ignorance. Knowing these

regularities, we must be aware that those who are born into families where they become endangered, have chosen to be "outside the law" through their ignorance, their disobedience. If, by some miracle, no parent would take in souls who did not come from a higher realm, it would be much easier to purify persons stuck in the lower planes of existence.

I must also say that it is not only the fallible ordinary people who are dissatisfied with the functioning of our Realm. Sadly, there has been a recent case where a person who is considered a saint here on Earth has also left. In the Realm, it does not matter whether or not someone is canonized on Earth, only the level of awareness and self-surrender to service is decisive, everything else is irrelevant. In earthly circumstances, canonization often has an ecclesiastical component. It may be that the canonized have performed a commendable, even extraordinary, service on earth, but they have not gone beyond the level of mind-consciousness in their activities. In other words, their actions were carried out without knowledge of cosmic law, like a programmed bio-robot. Once in the Realm, it would of course be possible to rise above this level. However, if one cannot transcend the category of biorobot, and in the consciousness of one's own "sanctity" seeks to override the workings of the Realm, spreading one's own ignorance as knowledge, then we are forced to escort them out the gate. The healing takes place in the Realm only by energy and information input. We do not use earthly forms of care, because they are unnecessary there. If one is unable to detach oneself from the idea of how healing takes place on Earth, one has little place in our spiritual Realm. One can continue to play one's game at the appropriate level. That's why we recently asked a "saint" to build her own empire outside our borders.

I note that if the countless saints of Christianity were truly saints in the genuine sense of the word, it should not have been for me to found a Realm for Christian souls (though our Realm is not the only one, but there are nowhere near as many as there could be and need be). Holding a spiritual Realm in the high Eden, uplifting souls in from the depths, is not as ordinary an activity as, say, nursing the sick. The former requires adequate awareness, training, and especially contact with higher helpers. We have offered all former popes the opportunity to come to us and we will train them to become leaders who can create

their own spiritual realm. Why are there no dense queues of applicants? The first thing to recognize is that they need to develop! We are (still) waiting for them.

School system in the Realm

It has become necessary to develop the school system for the Realm. Originally, my idea was that all entities that stay here (by this we mean those beings who are awakened in the astral-mental body) would be given the opportunity to access knowledge freely and voluntarily take the opportunity to learn. However, seeing masses of people wandering around without a purpose, without the thought of getting to know the Realm, its leaders, its spirit, without researching how and why they got here, I have decided to introduce compulsory training and those who do not cooperate will have to leave. I have left too much to volunteering.

Entities entering the Realm, first in a dormant state, wait to be awakened. Meanwhile, they are continually scanned with a life-giving, cleansing light. Those who first "open their eyes" are lifted out and, if necessary, taken to the revitalization units where their astral-mental wounds are healed. Those who become fit to learn are first placed in a light column. Depending on how much light they can absorb, they are sorted into three classes. The degree of light reception provides information about the candidate's current level of consciousness, with shining him/her through. Each entity can request to be re-screened at certain intervals if he/she wishes to move to a higher class. During this process, he/she will be confronted with his/her own suitability for moving to a higher class. No one will judge for him/her or above him/her. The purpose of the classification is solely to protect and help him/her, to prevent him/her from undertaking and failing in a task for which he/she lacks the necessary awareness and training, and to prepare him/her effectively for his/her life on earth.

The first, highest class is for souls who have entered into the Realm saving their consciousness, or who can be classified here after screening. Their training begins immediately. The leaders of the Realm are introduced to them, they are shown around the Realm, and then told of the forms of training and service they can render, and

discussed with them the task they wish to undertake and the special skills and methods they need to develop. In the Realm, they can take on roles as guides, healers, counsellors, teachers. If they take on an earthly incarnation, they may be placed in positions of spiritual teachers, leaders, masters.

For them, the curriculum:

- to learn about their previous lives, to evaluate them; to discover, complete their shortcomings (partial knowledge),
- to learn the principles of the most important world religions, philosophies, ontologies; to discover their essence and limitations; to learn about cosmic laws,
- choosing a service and preparing for the chosen service; practicing the service, the chosen activity with computer simulation,
- developing mystical abilities to perform the chosen service,
- regular spiritual yoga practice, meditation, contact with the aspect of the chosen deity who guides their service,
- prayers, mantras for the upliftment of themselves, the Realm and the Earth,
- communication, contact with the inhabitants of the upper and lower worlds,
- ability to transmit knowledge (methodology: when, to whom, what, how to teach in theory and practice),
- understanding of the operation and possibilities of the Realm.

At this level of awareness, there is no compulsory 'timetable', nor compulsory 'class attendance'. They can proceed self-study using the library terminals, and can seek consultation from higher level masters, either in person or through spiritual means (thought transmission). They may be given a transfer of consciousness by the leaders of the UCC Realm if the candidate is deemed suitable. Leaders of the Realm will only be involved in training those in the first class, for the rest they will only give freely-attending 'lectures'. The first-class entities conduct the training of the others.

For second class entities, the Realm is only a temporary home, they have one or two more incarnations on the earth plane. They must to attend the required classes and are free to attend the afternoon "workshops", the informal lectures given by the leaders of the Realm and the first-class entities what they hold as training or as part of their

self-training for others. In these afternoon programs, they can ask questions, discuss, share their own experiences and insights with others. The mandatory training is conducted with the help and supervision of first-class souls.

Compulsory training includes:

- morning meditation and mental yoga exercises,
- exploration and evaluation of their past lives, exploration, completion of their deficiencies (partial knowledge),
- learning the principles of the most important world religions and philosophies, ontologies, exploring their essence and limitations, learning about cosmic laws,
- choosing a service and preparing for the chosen service, practicing the service, the chosen activity with computer simulation,
- developing mystical abilities to perform the chosen service,
- communication, contact with the inhabitants of the upper and lower worlds,
- ability to transfer knowledge (methodology),
- developing leadership and management skills from society to the family,
- learning to use the library, developing the ability to self-education,
- practicing evening prayers and mantras for the upliftment of themselves, the Realm and the Earth.

Second class entities, while in the Realm, may perform organizational, teaching, healing and other duties under the supervision of first-class entities. In their incarnations on Earth, they may take on political, economic, social leadership or creative (scientific, artistic) roles.

Those who are listed in **the third class** have many earthly incarnations to live. For them, the Realm offers retraining and further education. In addition to the compulsory training in the mornings, they are required to attend afternoon 'workshops', but the subject of the 'workshop' is optional. For them, the compulsory training is given by the first class and the optional training by the second class, while the lectures, which are open to all, are given by the heads of the Realm.

The compulsory curriculum:

- morning prayer,
- learning about their previous lives, evaluating them, identifying, completing their shortcomings (partial knowledge),
- deeper knowledge of the principles and rules of a chosen religion,
- choosing a service and preparing for the chosen service; coordinating the service of the community with activities in the material world,
- communication, contact with the inhabitants of the upper worlds,
- learning to use the library, developing the capacity for self-education,
- choosing the right way of life, right communication, managing family and partner relationships, knowledge of how to integrate into society in the material world,
- evening prayers and mantras for the upliftment of themselves, the Realm and the Earth.

Optional, compulsory exercises:

- assisting in organizational and logistical tasks,
- learning to creation by thought, e.g. gardening, caring for plants, preparing food and other operations related to existence,
- cleaning of, maintenance of, construction and design of small units,
- building and maintaining relationships with each other, with those about to be born, with those in higher classes,
- practicing the chosen earthly service, profession, vocation by means of modelling (computer simulation),
- practicing family and partnership tasks by means of computer simulation,
- attendance at free lectures.

Entities of the third class will, on landing on Earth, be engaged in the maintenance of the activities of the material world (crop production, animal husbandry, other farming, industry, commerce, services, etc.), and the aim is to be able to continue their spiritual development in accordance with these activities. They should strive to live in harmony with all beings, to be able to live in loving and peaceful coexistence with others and with their family members, to raise their children in a spiritual attitude and to prepare them for a conscious life.

It is our basic intention to send entities back to the bardo only if they are not willing to cooperate with their leaders in the long term. If

they do not perform their compulsory or optional activities properly, they will be transferred to a later class as repeaters. For these classes are restarted from time to time as souls awaken from the dormant state under the influence of energetic treatment. Class placement is always based on the light screening. The third class may be repeated several times. Rebirth is at a time agreed with the entity.

The experience gained from the operation of the school system is processed from time to time and, if necessary, modifications are introduced to make our training even more effective.

Objectives of the Realm

A) To ensure the spiritual development and further ascension of human beings (hereinafter referred to as entities) to their divine ideal. To this end, the Realm maintains a residential school system in the spiritual dimension, in which multiple levels of training, both theoretical and practical, are provided.

Entities can enter the Realm after their death on earth in one of five ways:

- 1) by invitation from the higher dimensions of other Realms by the UCC Realm's senior leaders,
- 2) by their own will, through their own consciousness,
- 3) by consciously following the angels,
- 4) guided by the designated leaders (masters, teachers, delegates) of the Realm, and by unconsciously following angels, from the earth plane of existence,
- 5) lifted from the psychedelic world (bardo) by the guides mentioned under 4).

The center of the Realm is located in the third garden of the Tree of Life (upper Eden, lower Heaven), but it extends both downward and upward, thus encompassing all gardens. Entities are placed in the garden corresponding to their level of development and are enrolled in the school system that operates at that level.

B) To ensure that the entities are prepared for their rebirth to earth. To this end, the school system provides a form of training in which the entities can learn and try their future earthly tasks, so that they can prepare for them. This is based on a computer simulation

program that creates realistic situations that the entity can experience and live through to understand, change and choose its personality traits.

C) To purify entities. Purification means the cleansing of the astral and mental contamination suffered in the psychedelic and terrestrial worlds, to the extent that it allows for schooling. Further stages of purification must be undertaken by the entity itself for its further spiritual ascension.

The Process of Integration into the Realm

a) Those who are admitted by way 1) are received by the founder, supreme leader or a senior leader of the Realm. He or his delegate shall guide them through the Realm, assigning them a residence, a place of work, a task, and servants.

b) Those who are admitted in ways 2) and 3) are received by organizing masters, who provide basic information on the workings of the Realm and then place the entities in temporary quarters where they may stay until further instruction. During the waiting period, they are free to move around the Realm in areas covered by their awareness, visit the library, attend events, meet and communicate with residents, and thus acquire information on their own. They have to wait until they are assigned a personal instructor from among the residents to help with housing and orientation. Once a personal interest has been established, the instructor is replaced by a teacher and a master foreman, whose study group and work group the resident is placed in respectively.

c) Entities admitted in ways 4) and 5) will be transferred to the reception center where they will receive first aid and basic information. They are not allowed to leave the reception center on their own. After receiving basic care for their injuries, they are escorted either to the health center (revitalization center) or to the temporary accommodation. Entities who are unable to regain consciousness in the second garden of the Realm will remain in the Health Centre until their fate is decided. Who are staying in the Health Centre will only be considered admitted when they have been granted temporary accommodation.

d) Compliance with the rules of the Realm is mandatory for all residents. Anyone who fails to abide by the rules after repeated warnings, or whose attitude is not improved, will be asked to leave by the senior leaders, and if necessary will be escorted beyond the borders of the Realm by the masters responsible for the order. In addition, any entity may leave the Realm of his/her own free will, in which case he/she has to take care of his/her own leaving, and may return in the ways already mentioned (1 to 5).

Rights and duties of the inhabitants of the Realm

a) Every inhabitant has the right to progress and learning at his/her level and the same is his/her duty, that is to say, every inhabitant is obliged to participate in some form of learning and work agreed upon with him/her.

b) The residents of the Realm (with exception of the invited ones, the founder, the supreme leader and the senior leaders) are not entitled to anything by subject right, but must participate in the creation of the living space, the care, the environment, etc., according to their abilities and the instructions of the leaders.

c) Residents have the right to ask for help in their own development and in solving their problems, and to this end they may turn to the instructor, the teacher, the foreman in the first instance. If they are unable to help, then the residents can ask for audition from leaders of the Realm in a second round, and from superior leaders of the Realm in a third round. For this purpose, they will make their request by "electronic" means.

d) Residents have the right to make use of extra-curricular opportunities (lectures, training, workshops, events, library, etc.) for their development, but these are not compulsory.

e) Residents have the right to quiet and peaceful study and development to the extent of their abilities and the duty not to disturb others in the same.

f) They shall strive to develop friendship, love, compassion and helpfulness in their relations with each other. They have the right and the duty to deal with any negative emotions and to ask for and receive help to do so.

g) They have the right to move in and out, change schools and jobs.

- h) Love affairs between residents are allowed, as long as they are conducive to their development and based on mutuality.
- i) For residents of the second garden, any form of sexual intercourse will result in departure from the Realm and rebirth on earth. The traditional form of sexual intercourse is forbidden because the outputting of energy at the lower chakra levels negatively affects the energy system of the Realm. Correcting this imposes an unnecessary burden on the senior leaders of the Empire.
- j) For the inhabitants of the third garden, a tantric form of sexual intercourse is allowed without energy projection, as long as the energy can be raised above the fourth chakra at least. If the chakra activity is below this level, they will be included in the second garden and will be subject to that rules. Tantric sexual practices may be mastered during their studies and practiced with a partner.
- k) The residents are obliged to respect and care for the flora and to appreciate the fauna (which is present in the form of ideas).
- l) If they still need nourishment, residents may only consume energized liquids (holy water, herbal tea, herbal soup), globules made from plants and their extracts, fruits, vegetables in raw and dried form, and seeds. Since they are present as energy, they are fully used up by the body and do not produce waste products.
- m) The killing of any animal or human being is prohibited and will result in immediate expulsion from the Realm.
- n) Any harassment, provocation, persecution or damage to the body of any living creature shall result in the isolation of the offender, who shall be treated by the caretakers of the appropriate department of the revitalization center and he/she will be reintegrated into the community after recovery.
- o) Entities of child age shall be placed in the child reception center. Children may wait to rebirth after cleansing or they are placed to residents (as foster parents) and incarnate with their foster parents at earth birth. Their education and development will continue at an age-appropriate level, in the absence of a foster parent by Realm's staff.

The Supreme Leader and senior officials of the Realm

- Universal Supreme Leader: Sri Yukteswar Giri,
- Universal Superior Leader: Rhasoda May (terrestrial name: Margaret Rhasoda Varga),
- Terrestrial leader: Margaret Rhasoda Varga.

The universal leaders can only be replaced by the entities above them and cannot be excluded from the Realm. They are bound to act in unity with each other, with their own leaders and with divine law. The universal leaders select the regional leaders, who are obliged to cooperate with each other and with the universal leaders. The selection of the regional leaders is ongoing.

- The leaders are appointed by the upper-leaders (superior or regional leader) and the supreme leader.
- The appointee may refuse the assignment, but if he/she accepts it, he/she is obliged to perform the task with full dedication until it is withdrawn (or returned).
- A supreme leader can only be a person who has a connection with the fifth garden (transcendental plane), a superior (or regional) leader can only be a person who has a connection with the fourth garden, and a leader can only be a person who is the resident of the third garden.
- Universal leaders and upper-leaders are not subject to the rules described above, but are obliged to act for and under the guidance of their own divine ideal.
- It is the duty of the supreme leader and the upper-leaders to ensure the realization of the goals of the Realm, considering the respective divine will and cosmic laws.

Further information is available from the UCCA Yoga School.

AFTERWORD

In my writings collected in this volume, I guide the reader from everyday life situations to spiritual experiences. True spiritual knowledge does not become ordinary even when applied to earthly life situations.

Spiritual knowledge becomes alive and authentic when its representative bridges the distance between heaven and earth. Clinging to the clouds, if our feet do not touch the Earth, no matter how we hear the heavenly teachings, we cannot create a bridge between heaven and earth. On the other hand, if we stand with both feet on the ground and sink our roots into the Earth, we are able to grow up to the sky.

About the author (brief summarization)



Margaret Rhasoda Varga (spiritual name: Rhasoda May) was born on 22th July 1957 (Hungary, Gyöngyös) as Margit Varga. She is founder of UCCM, leading yoga master and teacher of UCCA. She has initiation of different spiritual healing techniques. Expert in the religion-philosophical systems of Buddhism, Hinduism, Taoism, Christianity. He is also familiar with modern psychological trends and alternative healing methods. He started out as a naturopath, but later her inner journey

led her to a different direction.

Her scientific qualifications are: pharmacist and mathematician, she has PhD in pharmacy and chemistry.

She was a founding member and ordained priest of the Hungarian Essene Church of the Children of Light. Later, following her inner path, she left the Church. For four years, she was a personal disciple of the God- & Self-realization Foundation (India, Delhi) founded by Dharam Vir Mangla, whose guru is the world-renowned yogi Paramahansa Yogananda. She was also initiated into kriya yoga by the international master of Yogoda satsang. Her current guru and spiritual master is Sri Yukteswar Giri.

In addition to this volume, she has written and published several other books and poems.

Other UCCA publications

Margaret Rhasoda Varga: **22 Atlantean Initiation Paths Part I-II** (available in Hungarian) Music by S. Jancsó Miklós.

Lao-tze: **Tao Te King** (translated to Hungarian and interpreted by Margaret Rhasoda Varga) (available in Hungarian)

Margaret Rhasoda Varga: **Dimension Gate** (available in Hungarian)

Margaret Rhasoda Varga: **The Art of Living Life I.** Path to awareness and happiness (available in Hungarian and in English)

Margaret Rhasoda Varga: **The Art of Living Life II.** Change of mindset (available in Hungarian and in English)

Margaret Rhasoda Varga: **The Art of Living Life III.** (available in Hungarian and in English) *The book is the material of "IQ-EQ-QS" spiritual self-knowledge, lifestyle training (the basic level of UCCA "Tat-Tvam-Asi" Yoga School)*

Margaret Rhasoda Varga: **Interpreting the life and spiritual mission of Jesus** (available in Hungarian and in English)

Margaret Rhasoda Varga: **Meeting of Worlds** (Meditation talk with Sri Yukteswar Giri) (available in Hungarian and in English)

Margaret Rhasoda Varga: **Without Illusions** (available in Hungarian)

Margaret Rhasoda Varga: **UCCA "Tat-Tvam-Asi" Yoga School.** (available in Hungarian and in English) *The book is the material of "Tat-Tvam-Asi" Yoga School (first level)*

Margaret Rhasoda Varga: **The book of the inner path I-II.** (available in Hungarian and in English) *The book is the material of "Tat-Tvam-Asi" Yoga School (second level)*

Further information:

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Unity

**Silence permeates the soul,
intellect is tuned by the order.
Body frames both in whole,
while love tears the border.**

Rhasoda